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VOLUME 43 ISSUE 8

ANFP Association of
Nutrition & Foodservice
Professionals

WINTER / SPRING 2021

2022—A Year of Opportunities

By Maggie Rowlands, CDM, CFPP— Chapter President

Greetings Indiana ANFP members,

It's hard to imagine that we have celebrated Thanksgiving and Christmas is coming. Looking back over our journey this past year, it has had many ups and downs with staffing shortages, supply shortages and Covid and yet we still **persevere**.

As we look ahead into 2022 we are all looking for normal and I'm sure we are all asking what is our new NORMAL? Before this all began we all have attended ANFP conferences related topics on "What if are we prepared?

Those opportunities that ANFP offers us from the National and State levels have become utilized more than ever and all the networking with other ANFP professionals has paid off for many of us. Here in Indiana we have over 500 professionals and what a great resource this is for us. We the Indiana ANFP Board are here to offer our support to all our membership so please save the date below.

Your ANFP Board and Program Committee are working diligently on your



Maggie Rowlands, CDM, CFPP
Indiana ANFP President

Spring Meeting April 20, 21 and 22, 2021 at Fair Oaks Farms. We have a great line up already in place. I sure do hope to seek many of you there.

As you may have noticed I have been sending out information about ways to get no cost education hours and if anyone is not getting these please update your email info with National.

Indiana ANFP Spring Meeting April 21-23, 2022—Fair Oaks Farm



Please mark your calendars and plan to attend the Indiana ANFP Spring Meeting at Fair Oaks Farm in Fair Oaks Indiana, located 77 miles south of Chicago, 110 miles north of Indianapolis off I-65. For the first time ever, the spring state meeting will be held over three days with quality speakers and approximately 15-18 CE's offered with a three day total registration fee of \$90. Multiple and Single day attendance will be available. Lodging is available at the Fair Oaks Farm Fairfield Inn at economical rate of \$109 per night.

The agenda will be published in early March as soon as all speakers have been confirmed. Registration will also be available to our CDM's in Ohio, Michigan, Illinois and we welcome their attendance!

More information on this quality program will be sent out as available.



Enjoy Fair Oaks Farm



Fine Dining, Choose from 3 Restaurants



Daily Tours of all Production Areas



Workshops and Exhibits

Volunteer Spotlight

Meet Jared Grandlienard, CDM, CFPP

Jared Grandlienard will be one of our keynote speakers at the Spring Meeting on April 21-23, 2022, Jared will be speaking on Critical Thinking and Strategic Planning

Let's meet Jared. Jared is an Operations Director (District Manager) for Creative Dining Services. Jared oversees all CDS account activity for Indiana, Ohio, and Illinois. Before Creative Dining Services, Jared has over a decade of Foodservice Leadership experience through Senior Care, Hospitals, and Universities. Throughout his career, Jared has held various roles, such as Senior District Manager of Dining Services, Food Operations Manager, and Director of Sales and Marketing. He has led teams of 20 to over 300. Jared obtained his Certified Dietary Manager/Certified Food Protection Professional certification in 2018. Jared loves to utilize the knowledge he has gained from his CDM/CFPP accreditation to build his leadership competencies & to keep him current on Healthcare Foodservice Operations. Jared thoroughly enjoys the relationships & networks he has built through the Indiana ANFP. Also, Jared is a certified Lean Six Sigma Black Belt and enjoys leading projects with a focus on continuous improvement.

On a personal note, Jared received his Bachelors of Science in Hospitality Management from Purdue University.



Jared Grandlienard, LSSBB, CDM, CFPP

ty. Jared has been married to his wife, Becky, for over 11 years and they have three children: Parker, Ryder, and Saeler. Jared and his family reside in Fort Wayne, IN where Jared grew up. In his spare time, Jared enjoys cooking, playing sports, fishing, and being active with his family. Jared also considers himself a lifelong learner and actively seeks out new opportunities to grow as a leader and as an individual. Jared enjoys working alongside his employees to accomplish a common goal.

Maintaining Continuing Education through the Pandemic by Tom Thaman, CDM, CFPP



As CDM, CFPP's have been challenged by the demands in their facilities during the pandemic with both staffing and supply chain shortages, many have found it difficult to get away for a day or two to attend a regional, national or chapter

meeting to obtain necessary CE's to maintain their credential and grow their career.

ANFP offers many online educational opportunities both coursework and webinars. These edu-

cational opportunities range in price from \$12 to \$35 and cover a wide range of topics covering all 5 competency areas for a CDM, CFPP with 1 to 5 CE's awarded per course. The topics are assigned a competency level of 1, 2 or 3 which provides the CDM, CFPP the opportunity for advanced learning. Please check out the ANFP Marketplace on the ANFP Website for a complete list of course offering. CE Discounts are on going. If your CE cycle ends May 31st 2022, take advantage of these opportunities to complete your CE requirements!!

Indiana ANFP Treasurer Report 12-3-21

ACCOUNT BALANCE

Balance as of July 27, 2021		23,853.98
7-30-21	Deposit ANF-1,365.00	25,218.98
8-20-21	Fair Oaks Deposit Spring Mtg 2022 #6170 -500.00	24,718.98
12-3-21	Chapter Donation to NFEF Foundation #6171-500.00	24,218.98
<u>CURRENT ACCOUNT BALANCE:</u>		24,218.98

Account Information as of December 3, 2021

Submitted By:

Bob Milligan CDM, CFPP

Indiana ANFP State Treasurer

Meet Anthony Neimeyer CDM, CFPP—From Student to CDM to Retail Supervisor in One Year by Tom Thaman, CDM, CFPP

In each Newsletter we like to feature a story or two on Indiana ANFP members. Every CDM has a journey to share but we sometimes overlook our new members and would like to introduce them to the Indiana ANFP members. This month, I would like to introduce Anthony Neimeyer, CDM, CFPP. I have known Anthony for about a year and am thrilled to share his story because he has joined our team as a Retail Supervisor at Eskenazi Health.

Anthony has an varied background. He was born in Hawaii and considers himself an “Air Force brat” and did a tour in the Navy stationed on the west coast. He eventually made his way to Indianapolis where he worked a variety of jobs including a Starbucks store supervisor. Along the way, he met his significant other, Natasha and they became first time parents in December of last year to a little girl they named Ophelia

We first met Anthony as a student at Ivy Tech in Indianapolis where he was completing his coursework for the Dietary Managers program. Part of that program consists of 150 hours of onsite intern experience which we host at Eskenazi. I was Anthony’s main preceptor. We had two to three week rotations in Production, Retail, Patient Service and Sanitation. Anthony did an outstanding job in every area he worked and projects he was assigned. He completed his rotation in November of 2020. What was very obvious during his internship was that Anthony had an exceptional technical skill set and could navigate any software program or app that we had available in the department. At my urging Anthony became a student member of ANFP which would elevate him to CDM status once he passes the exam. Anthony graduated from Ivy Tech in December of 2020 and in February of this year we had a retail supervisory position open up at Eskenazi and because the management team knew his skills from his rotation, he was our top candidate, starting the position in March. Anthony applied for a scholarship to take the exam through the NFEF and passed the exam and became a CDM, CFPP in May of this year.

Anthony is a certified personal trainer which peaked his interest in nutrition ultimately leading him to the Dietary Managers coursework at Ivy Tech. Anthony’s long range goal is to become a Registered Dietitian. The future looks bright for Anthony and look forward to his continued career growth!!



**Anthony Neimeyer CDM, CFPP
with daughter Ophelia**

The Importance of the Booster Shot



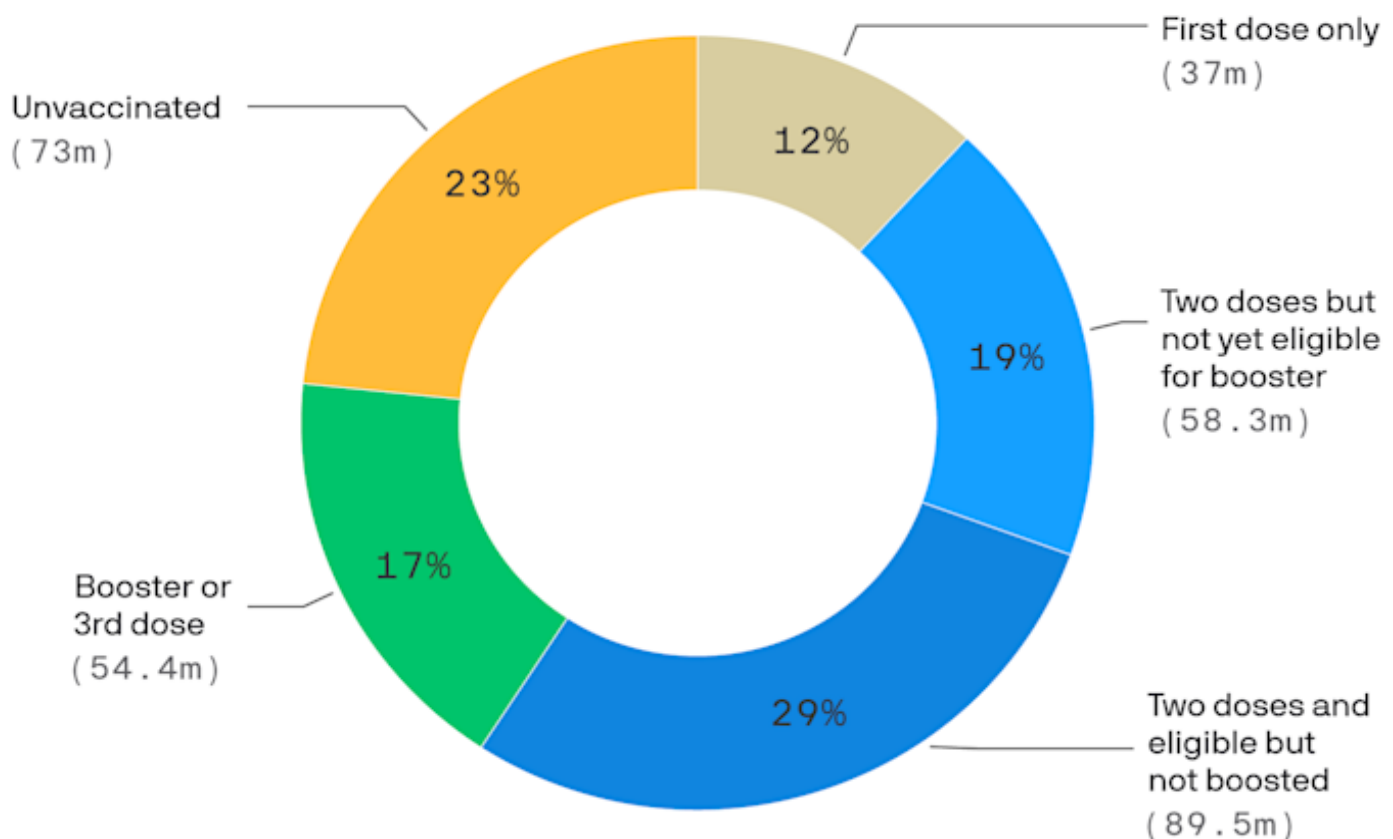
It is hard to believe by we are almost at two years into the Pandemic with no signs of it letting up anytime soon. While we are going through the second wintertime surge, as CDM, CFPP, it is important that we continue to recommend to our team to get the booster shot that is now available through most vaccine providers. Trial studies have shown that the initial two step vaccination shot effectiveness are reduced when the second shot was given more than six month ago. The effectiveness for the shot for the Delta variant to avoid a severe infection and hospitalization is at 70%. The booster shot increases the protection by 90% for an infection for the Delta variant and almost 100% against hospitalization of the Omicron variant.

While there are breakthrough infections, there are usually underlying causes such as congestive heart failure or diabetes or other life threatening causes such as cancer or liver disease. The late General Colin Powell who recently passed away from CoVid had by also had been diagnosed with Melanoma and he was fully vaccinated. It does happen but is rare.

Continue to keep your staff informed and encourage them to seek the booster shot if eligible. If your facility does not require a mandatory vaccination yet, keep encouraging your team to get vaccinated. It could save their life! Below is the current data from the CDC as of December 13, 2021 on the state of vaccination in America. Please continue to “mask up” and practice social distancing. WE are NOT done with his thing yet!!

Vaccination status of Americans aged 5+

As of Dec. 13, 2021



Welcome Indiana's New CDM's



Bridget Anderson, CDM, CFPP
Gaston, Indiana

Joan Arnold, CDM, CFPP
Greensburg, Indiana

Wendy Carlin, CDM, CFPP
Cedar Lake, Indiana

Kyle Carmichael, CDM, CFPP
Greenwood, Indiana

Morris Chaney, CDM, CFPP
Zionsville, Indiana

Samantha DeCarlo, CDM, CFPP
Louisville, Kentucky

Steven Guy, CDM, CFPP
Kokomo, Indiana

Tamsen Leonard, CDM, CFPP
Edwardsburg, Michigan

Megan McManis, CDM, CFPP
Taswell, Indiana

Christopher Sipp, CDM, CFPP
Westfield, Indiana

Ryan C. Smith CDM, CFPP
Hobart, Indiana

Penny Tunis, CDM, CFPP
Winamac, Indiana

Ryan Kent Wagner, CDM, CFPP
South Bend, Indiana

Kurt Wilson, CDM, CFPP
Shelbyville, Indiana

Rebecca Woodruff, CDM, CFPP
Jeffersonville, Indiana



NFEF (Nutrition & Foodservice Education Foundation) is proud to support grant opportunities for nutrition and foodservice professionals and students! See the ANFP Website at anfponline.org for details!



Indiana ANFP was established in 1964 and is now in its 56th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

ANFP Regional Spring Meeting
April 21 and 22, 2022,
Nashville Tennessee

Indiana ANFP Spring Meeting
April 21 through April 23
Fair Oaks Farm
Fair Oaks, Indiana

ANFP Annual Conference and Expo (ACE)
June 27-30
Scottsdale Arizona



Season's Greetings and Happy Holiday from the Indiana ANFP Officers & Board of Directors

Maggie Rowlands, CDM, CFPP—President
Andrea Armstrong, CDM, CFPP
President Elect
Stepahnie James, CDM, CFPP—Secretary
Bob Milligan, CDM, CFPP—Treasurer
Tom Thaman, CDM, CFPP—Newsletter

