



# INDIANA ANFP STATE OFFICERS

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# The Hoosier

**ANFP** Association of  
Nutrition & Foodservice  
Professionals

VOLUME 41 ISSUE 6

WINTER 2019/2020

## Let's talk about Leadership by Brad Hayden, CDM, CFPP

Seeing with 20/20 vision is a good thing but as 2020 is starting to roll right by our eyes, I have a question for you. Do you have a leadership development plan? Does your boss or superior just care about the job you are doing or are they interested in developing you into a better leader? Are you, yourself even interested in developing your own leadership skills?

My first year as a CDM, I remember my LTC administrator buying all the managers the book, "The 21 Irrefutable Laws of Leadership" by John C. Maxwell. Covering the laws of leadership each Friday in morning meeting with my colleagues was eye opening! The 21 laws expanded my perspective of leadership but more importantly, I got to understand my colleague's thoughts on leadership. Currently, I am paying it forward and reading this book along the sides of my two managers. Although this will be my fourth time reading it, I'm noticing certain sections and quotes that I didn't recall before.

"Leadership is influence!" Whether you work on your own or oversee a staff of six or one hundred, remember that influence is a key tool in leadership. Next time you are



**Brad Hayden, CDM, CFPP**  
**Indiana ANFP President**

working with your staff or others, observe or take notice of how you influence others. Do you abuse your power or control? Or do you have a positive attitude and polite behaviors to impact others? Leaders effectively build trust and increase their influence with others.

I believe that every single Indiana ANFP member is a leader! The simple fact to back this up is the CDM, CFPP credential. Obtaining this credential took hard work, and for some, a little blood, sweat, and tears! So, I challenge every Indiana ANFP member that reads this, to reinvest that hard work into becoming a better leader. If you accept this challenge, please email me at [brad-leyrh@gmail.com](mailto:brad-leyrh@gmail.com) with a quote, book, video, etc. and I will take these solutions and create a slide show to be displayed at our 2020 Spring State Meeting on April 22<sup>nd</sup> and 23<sup>rd</sup> at Cambria Inn Suites of Noblesville, IN.

## LEADERSHIP





## New Continuing Education Guidelines

By Tom Thaman,, CDM, CRPP—CBDM Board Chair



This past year, the Certifying Board passed a new rule that tightens the Continuing Educations requirement deadline. Effective May 31st, CDM's who are at the end of their three year CE period and do not have their logged 45 hour requirement will automatically be dropped as a CDM, CFPP and must retest in order to reinstate their credential. ANFP will continue to provide communications to members who are ending their three years. Reminders letters and emails will be sent to all members on this new guideline. If your three year period is ending

on May, 31st, review your continuing education to ensure that you have fulfilled this commitment of 45 hours including 9 sanitation and 1 ethics CE. If you are short in any area, there is a host of courses available in the ANFP Marketplace including the 1 Ethics CE. All courses can be purchased at a nominal cost. The Spring Meeting in Noblesville will provide 10 CE and a great way to obtain your balance and network at the same time. If you have any questions on this deadline, please do not hesitate to e-mail me at:

[thomas.thaman@eskenazihealth.edu](mailto:thomas.thaman@eskenazihealth.edu)

## Spring Meeting Featured Session: Active Shooter Training and Emergency Management for Non Clinical Staff



Justin Mast

On April 23rd at this years Spring Meeting in Noblesville, a very unique session will be presented. Justin Mast who is the manager of Emergency Preparedness and Response at Eskenazi Health in Indianapolis will be presenting a two hour course on "active shooter" training and emergency management for non- clinical staff. A nurse by pro-

fession, Justin has over 25 years of experience in Emergency Management and has assisted in many large scale natural disasters including Hurricane Katrina and the Ebola Outbreak. Whether the CDM works in a hospital, nursing home or school, the unimaginable threat of an active shooter exists in our world today, Justin will provide expertise to our group on how to react in these situations. This will be followed by an interactive session on how assisting medical personnel during a mass casualty situation. We hope you look forward to this informative session.



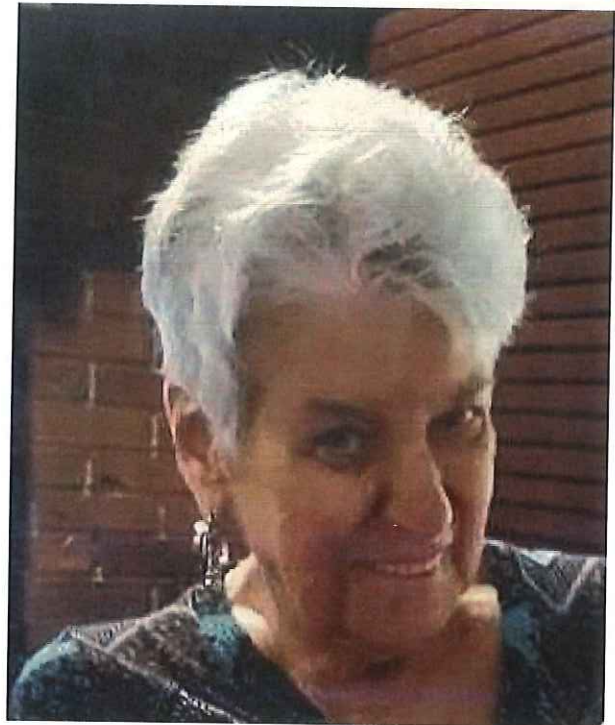
## Remembering Judy Stinemetz, CDM, CFPP By Tom Thaman

A couple of years ago, I wrote an article on Judy Stinemetz, CDM, CFPP on her love and dedication to volunteerism and what a great role model she was to our many members. Sadly, Judy passed away very suddenly on February 8 at the hospital she worked at for 37 years, Pulaski Memorial Hospital in Winamac. In looking at the many messages on Facebook and her online obituary, she leaves behind an extraordinary legacy of service to both the community of Winamac and to Indiana ANFP.

Judy was our longest active Member of Indiana ANFP having joined in the early 70's when the Dietary Manager Program was in it's early years. Judy was a constant presence in our chapter and attended most all of our Spring and Fall meetings. Judy served as a District President, Treasurer, Secretary and State Spokesman. She assisted with checking members in, introducing speakers and many times she would attend board meetings to provide us with guidance of her many years of chapter experience.

In her community, Judy managed the Pulaski County Human Services Food Pantry in Winamac. She served on the Pulaski Hospital Auxiliary. She was active in Republican Party Politics in Pulaski County and in her spare time bartended at the Winamac Moose. She volunteered for Head Start and held many fundraisers for the community. In 2015, Judy received the Hallack Community Service Award for Pulaski County. When receiving the Award in 2015 Judy said: "I have to stay busy and there is always something to volunteer for" Her passion for helping others were influenced by her parents as she was raising her family.

I have had the privilege of knowing Judy most of my 20 years in ANFP. I will miss Judy and miss not seeing



**Judy Stinemetz, CDM, CFPP 1942– 2020**

her at our chapter meetings. She was someone I could lean on for advise when I was chapter President in 2005 and 2006 which is so important when leading a chapter.

The thing we all liked about Judy is that she was fun to be around and very self depreciating but she really cared about people and was proud of her family who she dearly loved and even ten years after she retired, she wanted Indiana ANFP to succeed. Her legacy with Indiana ANFP was her commitment to volunteerism whether it be a small or larger role.

We are all better volunteers because of Judy Stinemetz!!

# Indiana ANFP Treasury Report

## Indiana ANFP Treasury Report

2-20-2020

**Balance Carried from 11-6-2019** **25,991.13**

Rewrite CD **3,000.00**

**Available Balance** **22,991.13**

### Deposits

1-24-2020 ANFP National Rebate remittance **1,750.00**

**Balance as of January 31, 2020** **27,741.13**

Treasurer Report respectfully submitted By

Maggie Rowlands CDM CFPP State Treasurer

Finance Committee 2019/2020 —Bob Milligan and Maggie Rowlands

## Board Meeting Minutes—September 25, 2019

Submitted by Stephanie James, CDM, CFPP

The Indiana ANFP Board Meeting was held at 5:47 PM on September 25, 2019 and adjourned at 7:00 PM at the Hilton Garden Inn in Bloomington Indiana.

In attendance was Bob Milligan, President, Maggie Rowlands, State Treasurer. Brad Hayden, President Elect, Rose Williams, Past President, Mary Casteel, State Secretary and Tom Thaman, Newsletter Editor.

Minutes from previous meeting were approved by Rose Williams, and Maggie Rowlands who 2nd the motion.

Treasurer report was given by Maggie Rowlands: As of June 2, 2019, Balance is \$23,547.66. CD is \$3000.00 Treasurer Report approved by Brad Hayden, 2nd by Rose Williams.

Chapter Budget was then reviewed by the Board. State meetings continue to run us into a deficit and discussed the possibility of having the first day meeting lunch on own as the chapter did in the past to save funds without having to push the cost off on the members and keeping fees affordable



Treasury Report  
Respectfully  
Submitted By

Maggie Rowlands  
Indiana ANFP  
Treasurer  
& 2019/20  
Finance  
Committee  
Bob Milligan



## Board Meeting Minutes—September 25, 2019 (Continued)

.Spring ANFP meeting had 53 in attendance with no first timers present.

Business Meeting for Thursday will include installation of the board

Old Business: ANFP Awards—January 15 is the deadline, state must submit someone for the awards to qualify for the rebate. March 15 is deadline for all awards

Indiana ANFP submitted a nomination for Maggie Rowlands for CDM of the Month.

Brad will need to delegate help for assistance in completing the Diamond Award Application

Newsletter Report: Tom Thaman is looking for a co-editor that can assist and eventually take on the newsletter at some point.

Discussed possibility of having a committee to assist with Policy Writing and changes and possibly retiring old policies.

New Business:

Spring IN ANFP Meeting will be held in and there are some speakers lined up unofficially already

Board discussed the budget for the meeting in April, lunch on own on day 1 and no snacks to keep costs down. Group is starting to outgrow the Cambria Suites and may have to look at alternatives. Possibly looking at the Muncie area and ask for GFS, Sysco or Piazza to help with donations to offset costs. The Fall Meeting will be in Middlebury, Indiana, Spring 2021 in the Indianapolis area the fall in southern Indiana. The 2020 ACE Meeting will be in Las Vegas and the Board will support the President, Vice President, Treasurer and Secretary to attend.

For the Diamond Award, Brad will need to develop a new project to the membership for the Diamond Application.

Indiana ANFP Awards will include: Administrator of the Year, Distinguished Member of the Year and a newly created Legacy Award.

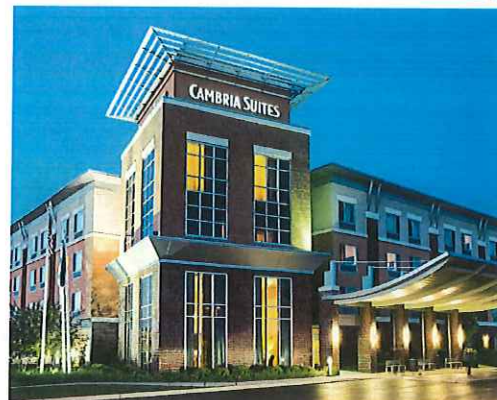
The board also discussed subsidizing the ANFP Courses as had been done in the past but the sponsorship was not successful so the idea as table for now.

Bob also transitioned from wall plaques to desktop awards. IN ANFP will continue to use Tri State Trophies in Evansville for their awards.

Bob will be training Brad on making website changes to keep up to date on the information for Indiana ANFP

Indiana ANFP is not in sync with other chapters. The year will begin on June, 1, 2021 and not the fall of 2021. This will allow more planning a longer cycle before the SAA Applications are due. Installation of the new officers will be the spring of 2021 and not at the fall meeting. The treasurer position is currently available. Maggie will continue in this with Bob Milligan assisting until a replacement is found. Meeting adjourned at 7 PM.

**Indiana ANFP Spring Meeting**  
**April 22 and 23, 2020**  
**Cambria Suites,**  
**Noblesville, Indiana**  
**Agenda**



Cambria Suites  
 13500 Tegler  
 Drive  
 Noblesville  
 Indiana  
 For Reservations  
 Call  
 855-237-9296  
 Single—\$132.00

Continuing  
 Educaton  
 8 General  
 2 Sanitation

**Day One—Wednesday, April 22**

9:00 AM— 10:00 AM—	Registration/Breakfast on Own	Cambria Suites
10:00 AM—10:15 AM-	Welcome and Introduction	Brad Hayden, President
10:30 AM—11:30 AM -	<i>Creating NEAT Exercise</i>	Jeff Noyed, Wellness Manager Eskenazi Health
11:30 PM— 12:30 PM -	<i>Memory Care— Communication During Mealtime</i>	Barbara Minger RD GFS
12:30 PM—1:30 PM	Lunch on Own	Cambria Suites
1:30 PM—2:30 PM	<i>What Healthy Means to Me The Evolving Definition of Health</i>	Barbara Minger RD GFS
2:40 PM—3:40 PM		Carol Sorenson Hormel
3:40 PM—3:45 PM	Break	
3:34 PM—4:45 PM	<i>Leadership and Volunteer Training</i>	Tom Thaman & Bob Milligan, Indiana ANFP
4:45 PM –5:45 PM	<i>Sanitation Bingo</i>	Andrea Armstrong Amy Dillman, IU Health Bloomington
5:45 PM—7:00 PM	Board Meeting	IN ANFP Board
	Members welcome to Audit	



**Day Two—Thursday, April 23**

7:30 AM to 8:15 AM	Breakfast on Own and Registration	Cambria Suites
8:30 AM—10:30 AM	<i>Active Shooter Training and Emergency</i>	Justin Mast RN
	<i>Medical Training for Non-Clinical Staff</i>	Eskenazi Health
10:45 AM—11:45 AM	<i>Produce Trends for 2020 and Recall Alerts</i>	Whitney Scott
		Produce Specialist
		US Foods
11:45 AM—1:30 PM	Lunch, Business Meeting and Awards	Brad Hayden
		Indiana ANFP
1:30 PM—2:30 PM	<i>Just Culture and FMLA Training</i>	Sherry Jarczak
		Pulaski Memorial
		Hospita
2:30 PM—3:30 PM	Regulatory Update	ISDH

**Registration Form**

**(Please pre-register even if you plan on paying at the door), Return form by: April 12, 2020**

**Please include Registration Form & Check, make payable to: Indiana ANFP to:**

Mail to: Maggie Rowlands CDM, CFFP

2020 INANFP Meeting Registration Form

8141 S 700 W, Winamac, IN 46996

574-946-2151 or mrowlands@pmhnet.com

Name: \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

District # \_\_\_\_\_

DMA# \_\_\_\_\_

Facility name: \_\_\_\_\_

Check here if you need a receipt: \_\_\_\_\_

Check Appropriate Box

\_\_\_\_ 100.00 for 2 days \_\_\_\_ 50.00 1 day only

\_\_\_\_ 50.00 Retired members and guests (2 days)

\_\_\_\_ No cost to first time enrolled ANFP Students- 1 time

\_\_\_\_ RSVP and paying at the door.

\_\_\_\_ \$120.00 Walk in and not registered.

Full Refunds given if cancelled 10 days prior to the meeting. If the cancellation is less than 10 days you will receive \$20.00 less on the refund.

CANCELLED CHECK SERVES AS YOUR RECEIPT.

\_\_\_\_ 25.00 FEES ON ALL RETURNED CHECKS

# Welcome Indiana's New CDM's



Victoria Lynn Bliss, CDM, CFPP  
Middleton, Indiana

Latasha Cameron, CDM, CFPP  
Hartford City, Indiana

Brandi Conder, CDM, CFPP  
Bloomington, Indiana

Karen Dryer, CDM, CFPP  
Auburn, Indiana

Amanda Fleener, CDM, CFPP  
Washington, Indiana

Seth Grant, CDM, CFPP  
Avon Indiana

Devyn Long, CDM, CFPP  
Jasonville, Indiana

Kuleza O Milia, CDM, CFPP  
Mishawaka, Indiana

Ian Norwood, CDM, CFPP  
Akron, Indiana

Leonard Parker, CDM, CFPP  
Bedford, Indiana

Don Curtis Schaeffer, CDM,  
CFPP Vincennes, Indiana

Angela Maria Seitzinger, CDM,  
CFPP , Crown Point, Indiana

Rita Shoaf, CDM, CFPP  
Lafayette, Indiana

Jennifer Simpkins, CDM, CFPP  
Brownsburg, Indiana

Diana Taylor, CDM, CFPP  
Columbus, Indiana

James Toole, CDM, CFPP  
Columbus, Indiana

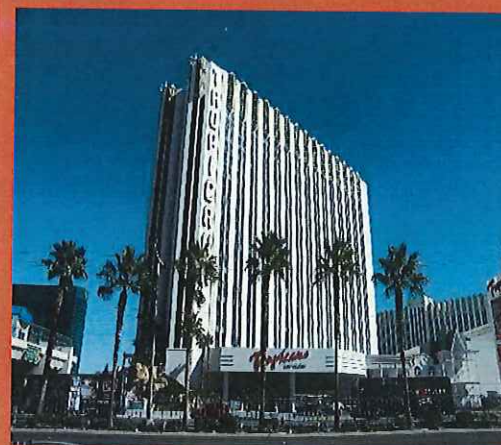
**CDM | CFPP**  
THE CORNERSTONE OF YOUR CAREER.

## Viva Las Vegas!!!! Join us at the 2020 ACE Meeting

This year's annual ACE Meeting will be held at the Tropicana Hotel located on the famous Las Vegas strip in Las Vegas, Nevada on June .

The annual ACE (Annual Conference and Expo) event is always an excellent opportunity to earn 20 Continuing Education Credits through a balanced agenda covering leadership skills, clinical nutrition, sanitation and a exhibit show featuring 50 + industry vendors and professionals. ACE is also a great way to meet and network with your peers throughout the country. Annual Awards are presented in several categories each year and each state chapter is recognized for their efforts.

The Indiana chapter is always one of the most active chapters in the country as evident by it's long history of receiving the annual State Achievement Award. This year should continue that tradition. Information and registration can be found on the ANFP Website and scholarships are available. Hope to see you there!



### 60TH ANNIVERSARY

2020 Annual Conference and Expo

June 15th Through June 18th,  
2020

Tropicana Las Vegas, Nevada





Indiana ANFP was established in 1964 and is now in its 55th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 55 year tradition alive.

## Upcoming ANFP Events and CE Opportunities

**April 15-17, 2020**

ANFP Regional Meeting (13 CE)

Memphis, Tennessee

**April 22-23, 2020**

Indiana ANFP Spring Meeting (12 CE)

Cambria Suites, Noblesville, Indiana

**June 15—18, 2020**

60th ANFP ACE (22 CE)

Tropicana, Las Vegas Nevada

**September 10-11, 2020**

ANFP Regional Meeting (13 CE)

Toledo, Ohio

**October 14-15, 2020**

Indiana ANFP Fall Meeting (12 CE)

Das Essenhaus, Middlebury, Indiana

## Pride In Foodservice Week



As part of Pride In Foodservice Week, Pulaski Memorial Hospital collected \$184.00 for the Neighbor to Neighbor Food Pantry from Super Bowl Jeans Day and change from customers in the Café!