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The Hoosier— Spring 2026

ANFP® | INDIANA NEWS

Association of Nutrition & Foodservice Professionals



2025 College Football Playoff National Champions - Indiana Hoosiers

Save the Date

Indiana ANFP Spring Meeting

Wednesday May 6 through Friday, May 8, 2026

Courtyard By Marriott

450 Marketplace Mile

Plainfield, Indiana 46168



Indiana ANFP is proud to host our annual three day workshop and meeting at the Courtyard by the Marriot in Plainfield, Indiana. The hotel is located in the Perry Crossing Shopping Complex with dozens of shops and restaurants available within walking distance of the hotel. Plainfield, Indiana and the Perry Crossing Shopping Complex can be accessed at Exit 66 off Interstate 70, five miles west of the Indianapolis Airport. Enjoy three days of great networking and high quality continuing education.

Leading with Purpose. Growing with Passion. Moving Indiana Forward

By Bob Milligan, CDM, CFPP—Chapter President, Indiana ANFP



Dear Indiana ANFP Members,

As winter begins to loosen its grip and we look ahead to the promise of spring, I am reminded that growth often begins in seasons of preparation. Spring represents renewal, fresh energy, and new opportunity — and that is exactly what awaits us at our upcoming Indiana Chapter Spring Meeting in Plainfield this May.

Our chapter continues to grow stronger because of leaders like you — professionals who show up daily to nourish, support, and advocate for those in your care. This Spring Meeting is more than just an event; it is an opportunity to reconnect with your purpose, strengthen your leadership, and invest in your professional future.

Bob Milligan, CDM, CFPP—Chapter President

We are truly honored to welcome Ken Owens CDM, CFPP, current Chair of our Association of Nutrition & Foodservice Professionals. Ken's presence represents the strength of our national organization and the unified voice we share as professionals. His educational session will not only provide insight but also inspire us to think bigger about the impact we make in our facilities and communities.

We are also excited to learn from Dana Fillmore, RD with Gordon Food Service. Dana brings extensive industry knowledge and national-level experience that will challenge us to refine our practices and elevate our standards. Joining us as well is Amy Bollam, RD from DiningRD, who will lead two engaging workshops. Amy's energy and practical approach empower professionals to lead confidently and implement meaningful change.

Many of you will remember the powerful message shared by Bianca Lindsey, CDM, CFPP at our Fair Oaks meeting. We are thrilled to welcome Bianca back to continue that momentum of inspiration and professional pride.

This year's program is designed not just to inform, but to ignite. Each session is an opportunity to sharpen your leadership skills, strengthen compliance and operational excellence, and return to your workplace re-energized and ready to lead with intention. As is our tradition, we will also host our Vendor Fair and something new a Silent Auction — opportunities to build partnerships, support our chapter initiatives, and enjoy the company of other CDM'S CFPP'S that makes Indiana ANFP so special.

Leadership is not about titles; it is about influence, commitment, and the courage to keep improving. I encourage you to invest in yourself and in our profession by registering today. You will find registration information and the QR code in this edition of The Hoosier.

Let us come together this spring in Plainfield to learn, to lead, and to move the Indiana Chapter of ANFP forward — together.

With pride and appreciation,
Bob Milligan CDM, CFPP

Register Today

Three Day Registration Fee—\$125

One Day Registration Fee—\$45

Retired Members Fee—\$80

Make Your Reservation by using the QR Code Provided



Three Day Registration -\$125



One Day Registration -\$45



Three Day Retiree Registration -\$80

Courtyard Marriot Group Rate of \$169 per Night

Reservation link below

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1758719092566&key=GRP&app=resvlink>

Or Call Courtyard by Marriot Reservations at

1-317-203-3372

Indiana ANFP Spring Event
Wednesday May 6th through Friday May 08th 2026
Courtyard by Marriott, Plainfield Indiana
Hotel Information and Room Block and prices coming soon
Approximately 12 CE's available

Wednesday, May 6 th , 2026		
Time	Session	Speaker
Start at 10am	Registration and Breakfast on Own	
10:15 AM – 10:30AM	Welcome and Introduction	Indiana ANFP Board
10:30 AM – 11:45 AM	Tech-Enabled Choice: How Digital Tools Advance Self-Directed Dining	Amy Bollam – RD LD
12:00 AM – 1:15 PM	Vendor Fair	13 Vendors—information to follow
1:30 PM – 3:00 PM	Session name TBD	Sherrie Conde from Performance Foods
3:00- 3:45	Wheeler Mission Overview – TBD	Cindy – Wheeler Mission – TBD
4:00 PM – 5:30 PM	Second Session	Amy Bollam – RD - LD
5:45 pm - ??	ANFP Board Meeting	ANFP Board
Day 2 Thursday, May 7 th , 2026,		
Time	Session	Speaker
	New Registrations Breakfast on your own	
9:00 AM – 10:15	"The Learning Recipe: How to Train a Diverse Food-service Workforce"	Dana Fillmore – Gordons Foodservice
10:30 am - 12:00pm	Session name TBD	Bionca Lindsey
12: – 1:15 PM	Business Meeting/Luncheon	
1:30 PM – 2:30pm	Session name TBD	Bionca Lindsey
2:30 pm – 4:30 pm	Session name TBD	Ken Owens—National Chair ANFP
4:40- 5:40pm	Title: Peak Productivity: Practical Tips to Empower Your Team	Jessica Hogue – GFS
5:45 – 6:30		
Day 3 Friday May 8 th 2026		
Time	Session	Speaker
8:45 AM		
9:00am- 10:30AM	Food and Drug Interaction	Raja Hanania—Clinical Pharmacy Specialist IU Health Bloomington and Janet Martin, RD, LD-Clinical Nutrition MGR IU Health
10:30- 12:00	Trends with your people entering the workforce	Todd Sailor – Culinary Instructor Logansport High School
12:00	Conference Adjourned	
End of Conference		

Please Note: All Speakers have not been finalized as of 2/28/28. The agenda and all speaker slots should be completed no later than March 15th and information will be sent out weekly

Indiana ANFP Member Spotlight—Genny Nowicki, CDM, CFPP

In this issue of The Hoosier, we would like to spotlight Genny Nowicki, CDM, CFPP who has joined the Indiana ANFP Board this year as a Director at Large.

Genny is from Granger, Indiana and currently works as a CDM Consultant for Brickyard HC. Genny's consultant role takes her to 23 facilities throughout the state of Indiana where she supports and advises the day to day operations for her facilities.

While Genny's role takes her away from home, her wife of 10 years is very supportive of her professional duties. When she is at home, she loves to spend time with her husband, children and grandchildren.



Genny has been a CDM since 2001 and she received her precertification through Auburn University's CDM, CFPP program. Patty Norquest RD inspired Genny to take the course and become a CDM when she was working at Shamrock Gardens, an assisted living center in Granger.

Regarding her work as a CDM, CFPP, Genny says "With Coworkers. I value collaboration and supporting my peers. We all bring different strengths, experience and perspectives to the table. Helping each other grow, team and problem solving makes the Long Term Care better and ultimately improves the care we provide"

A Guide to Being an Effective Volunteer Leader

By Tom Thaman, CDM, CFPP



Two years I was asked to provide some feedback on a difficult volunteer project, a kitchen renovation that I was working on (non-ANFP related). I provided this list to the Administrator of the organization and it was well received and I would like to share that with our members if you are a volunteer in any capacity or a volunteer leader, I hope these tips are useful!

- Volunteer Leaders should respect all of their volunteers. Support them, encourage them, guide them, and show appreciation by thanking them for their service and appreciate what they are doing. Key phrases like “Thank you” and “I appreciate your efforts” go along way to earn respect as a leader.
- When leading a project, one of the prerequisites is to make sure everyone knows their role before the project starts. Answer questions on the mission or goal and the processes of the organization. Start up meetings are always best practice so all feel encouraged and supported....and excited.
- As a volunteer leader, if you are manager or leader in your professional life which you are compensated for, that does not necessarily translate to being an effective volunteer leader. The volunteers which you work with are NOT your employees. They are donating their time and talents for a common goal. If necessary, you may have to change your persona which can be difficult if you manage people in your working life. Volunteer leaders should avoid directives and never criticize a volunteer for making a decision even if it is one, you may not necessarily align with. If a volunteer leader is doing their job and communicating and connecting with their volunteers, everyone would be on the same page.
- Never question a volunteer’s professional competence. They may not have the same experience you have but they are bringing a specific skill to the team. Remember, if someone has been successful in their professional life, they are very proud of that.
- Reach out to a potential volunteer and invite them to join your team. That is a great way to for a volunteer to feel that they can make a difference. It also will be a great community.
- Celebrate and recognize to the entire community the successes of the volunteers. That can be done at a service, maybe a hosted dinner out, a small gift or even Thank you note. It can be small but it puts a great exclamation point on a successful project or event.
- As a volunteer leader, be flexible, create a deep bench. Unforeseen circumstances do happen and a volunteer may need to drop out of the project. It can be personal or professional. If everyone is working as a team and the leader has communicated properly, it should not be a problem.
- Always keep in mind that new volunteers are the volunteers for tomorrow. Embrace that!



Save the Date
Indiana ANFP Fall Meeting
Friday, October 9, 2026

Meals On Wheels of Central Indiana

At the Sol Center
708 East Michigan Street
Indianapolis, Indiana 46202



Nominate Someone Today

Indiana ANFP Awards

Distinguished Member of the Year

Administrator of the Year

Allied Partner of the Year

Nomination Criteria and Application will be available in January 2026



Indiana ANFP Gives Back!!

2026 Community Service Project

Cornerstone Living by Wheeler Mission

Each year, Indiana ANFP selects a Community Service Project to help others in need. This year, we have selected donating Cornerstone Essential Living kits to sponsored by Wheeler Mission of Indianapolis. Wheeler Mission founded in 1893 is a non-denominational, Christian, social services organization which provides emergency care, recovery services and Christ centered transformation to individuals experiencing homelessness, poverty and need in Central and South Central Indiana without regard to race, color, sexual orientation, creed, national origin or religion.

The Cornerstone Essential Living kit program by Wheeler Mission provides necessary supplies to those in need who are transitioning from homelessness to an apartment living situation.

The kits are divided into five essential areas including a kitchen kit, a bathroom kit, cleaning supplies kit, first aid and hygiene kit and a hand tools kit.

All members will receive an attachment with the news-

letter mailing along with a check list. Indiana ANFP will be sponsoring 1 complete set of kits.

Members will be encouraged to select a kit, purchase the items and pack into a box and send to: **Wheeler Mission, 3208 East Michigan Street, Indianapolis, Indiana 46201, Attention Cornerstone Living.** In the box, make sure to include the following note:

"This box was lovingly created by the members of the Indiana Chapter of ANFP, We hope your new home brings you peace and joy"

For those members attending the spring meeting in Plainfield we will try to assembler another complete through member donation.

Many thanks to Amy Dillman, CDM, CFPP for contacting the representatives from Wheeler Mission to participate in this extraordinary program.



Ways to Improve Employee Engagement by Tom Thaman, CDM, CFPP

In recognition in Pride in Foodservice Week which is celebrated in February, I wanted to share an article I wrote for Edge Magazine in 2017. Staff are the heart of soul of your operation!

- 1. Always Recruit the Best:** You always owe it to you staff to provide great co-workers with a team mentality. Avoid filling a position just to get it filled. Wait for the good hire that demonstrates the same level of commitment your team has. They will appreciate it.
- 2. Have a Structured Department Orientation for all New Staff:** The success of any new hire starts with the onboarding process. A structured program will ensure that they understand the expectations, policies and procedures. It is especially important for the CDM, CFPP to create a welcoming atmosphere by meeting with new staff on an ongoing basis throughout their Orientation Period.
- 3. Provide Staff with Yearly Goals that are Measurable and Attainable:** All staff appreciate a goal to work for so they have some control over their performance. Write goals that will help them improve their importance for your team. Review quarterly with them to ensure they are on track with a great evaluation.
- 4. Meet with Staff Individually:** The “one on one” with your team is a great opportunity for the employee to meet with the CDM, CFPP in a comfortable environment. It allows the manager to connect with their staff and work through concerns, safety and peer issues or even personal challenges that are interfering with their job. Everyone needs to know that their manager cares!
- 5. Write Thank You Notes:** Write a personal “thank you” note to staff that go the extra mile providing extra ordinary service and quality of product to your customers or have did something special that deserves recognition. A thank you note sent to their home provides a personal touch and makes the appreciation special.
- 6. Celebrate Work Anniversaries and Birthdays:** Celebrate longevity by hosting a monthly breakfast or lunch by recognizing years of service Recognizing birthday’s provides a personal sense of caring by the manager.
- 7. Create a Monthly Recognition Program that Recognizes High Performers.** Whether it is an “Employee of the Month” or “Star of the Month” program, staff recognition should be a formal ongoing program. A framed certificate or an engraved plaque for the employee to display is a daily reminder that their leaders value what they do.
- 8. Develop Leadership and Advance from Within:** High performers that there is a pathway for advancement in the department. Create leveling in job positions (Cook 1, 2 and 3) that increases responsibilities and an opportunity for higher wages and a pathway for advancement
- 9. Talk to Your Staff and Always Say “Hello” and “Thank You”:** Staff always want to know their boss is approachable and human. Show them through actions and words how much you appreciate them.





Indiana ANFP Treasurer Report

Submitted by Maggie Rowlands, CDM, CFPP



***Indiana ANFP Funds maintained through Crowded and managed by Maggie Rowlands, Treasurer*

Indiana Crowded Treasurers Report—June 1, 2025 thru February 25, 2026

Opening Balance **23,023.06**

Income

6-5-25—Add Back Expense from Tom Thaman	6.00
7-1-25— Jared Grandlienard for Fall Meeting	1.00
7-9-25— Teala Conway Fee for Fall Meeting	5.00
7-25-25-Rebate from ANFP	1265.00
1-23-26-Rebate from ANFP	1400.00

Total Income 2677.00

Expenses

6-20-24—Courtyard Marriot 2026 Spring Meeting	1000.00
6-20-25—Card Fee	6.00
9-17-25—Late Fee for Prior Approval	50.00
9-25-25—Speaker Gift Cards	100.00
9-27-25—Shein Co. Fraud Charge Report Filed	97.80
9-27-25—Fee for Replacement Card Maggie Rowlands	8.00
10-10-25-Robert Mulligan Reimbursed Staples Supplies	41.72
10-10-25-Fee for Transfer to R Mulligan	2.49
10-9-25—Dinner Meeting for Treasurer and President	34.95

Total Expense 1337.45

Community Project Kit Expense 1300.00

Balance As of 11-1-25 22,962.61

11-25-25-Provisional Credit Reversal 97.80

Closing Balance as of November 30, 2025 23,061.00

Closing Balance as of December 31, 2025 23,061.00

Opening Balance from Trans Pecos as of January 28,2026 24,460.41

Budgeted Expense Community Service Project 1300.00

Balance as of 2-25-2026 **23,160.41**

Welcome Indiana New CDM's



Misty Cline CDM, CFPP
Indianapolis, Indiana

Charu Chandra Pant CDM, CFPP
Osceola, Indiana

Robert Gauler CDM, CFPP
Romney, Indiana

Amy Lee Thomas CDM, CFPP
Vevay, Indiana

Robert Luke Hampton CDM, CFPP
Greenfield, Indiana

Kessikah Wolf CDM, CFPP
Decatur, Indiana

Mike Hurst CDM CFPP
Bloomington, Indiana

Naveen Bashra, CDM, CFPP
Westfield, Indiana

Doug L. McClure CDM, CFPP
Lebanon, Indiana

Ian Scherer, CDM, CFPP
Indianapolis, Indiana



2026 Indiana ANFP Chapter Member Count

Member Type	Not Certified	Certified	Total
Allied Professional	8	0	8
Pre-Professional	17	0	17
Professional	7	319	326
Total	32	319	351



Indiana ANFP was established in 1962 and is now in its 63rd year. With over 350 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, Newsletter Editor and (3) Director's at Large. Currently, we have two State Meetings per year, one three day Spring meeting held in central Indiana a one day meeting in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and 5-6 CE's per day. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 63 year tradition alive.

Upcoming ANFP Events and CE Opportunities

May 6 through 8, 2026

Indiana ANFP Spring Meeting

Courtyard by Marriott

Plainfield, Indiana

16 CE

October 9, 2026

Indiana ANFP Fall Meeting

Meals on Wheels at the Sol Center

Indianapolis, Indiana

June 15 through June 17, 2026

2026 Annual Conference and Expo

Rosen Center Hotel

Orlando, Florida



Virtual
Continuing Education
Courses and Webinars
available in the
ANFP Marketplace
www.anfp.org