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The Hoosier Association of Nutrition & Foodservice Professionals

VOLUME 46 ISSUE 10

SUMMER 2021

Indiana ANFP Fall Meeting Opportunities for Continuing Education



ANFP Fall Regional Meeting—Renaissance Downtown Hotel—Toledo, Ohio September 23 and 24, 2021

This fall, Indiana ANFP members will be able to select from three great meetings to earn the necessary continuing education. Because all three meetings are relatively close both with dates and geographic locations, the Indiana ANFP Board has elected to forgo the state fall meeting and encourage members to attend either the ANFP Fall Meeting in Toledo, Ohio, the annual Menu Directions conference at Notre Dame hosted by ANFP media partner Foodservice Director Magazine or the ANFP Illinois State Fall Meeting in Springfield, Illinois. The agenda and registration information will be sent out in a few days to all members for each meeting. All meetings will have 10 to 13 CE's available. This is a great opportunity for all our members to earn required CE's through quality programing. We hope to see you there!



Menu Directions—University of Notre Dame, October 17th—19th



Illinois ANFP State Fall Meeting—Springfield, Illinois

October 23 and 24, 2021

Welcome by Incoming Indiana ANJFP President Maggie Rowlands, CDM, CFPP

Presi-

Greetings to Indiana ANFP Membership

I would like to thank Brad Hayden for his leadership and willingness to always lend a hand in making Indiana a great organization along with all the board members and all the Indiana Members

So Tom asked me to tell a little about myself and my goals for Indiana during my term for the next two years. I have served Indiana as newsletter editor, treasurer, district president, district secretary since becoming a CDM in 2001. I stay active in OUR and your Indiana Chapter.

What is something you don't know about me? Been married to my David for 20 years and together we have 16 grandchildren and 7 great grandchildren. I have a secret love for Garth Brooks too! Too much info lol!!

I truly believe Indiana ANFP chapter is the best and we have some great stars rising in our chapter. I want "You" and Indiana to shine bright!

In order for this to happen I need your help and support from all 530 members.

I want to create a forum where all members can report their local activities they support in their communities, Indiana ANFP will help support any community service project that we can share with others. (homeless, feeding children, veterans and elderly as examples) WE all do something to help improve our community and isn't that what CDM does every day.

I want to build a partnership with states around



Maggie Rowlands, CDM, CFPP
Indiana ANFP President

Indiana in co-sharing meetings and our vendors and brokers to help us build better meetings without increasing our registration fees.

Our mission will be transparency, building relationships and succession planning.

Please don't hesitate to contact me for any ways you can help and get involved.

Volunteer Spotlight

Meet Amy Dillman, CDM, CFPP



In keeping with our tradition of continuing to recognize our Indiana ANFP members, we are recognizing Amy Dillman, CDM, CFPP who has just been promoted to the Director of Food and Nutrition and Environmental Services for IU Health Bedford and IU Health Paoli.

Anyone who has attended our recent Indiana ANFP meetings recognize Amy as one of our frequent speaker along with Andrea Armstrong to present the latest on regulatory topics and sanitation. NO meeting is complete until Amy and Andrea host Sanitation Jeopardy to test our Sanitation knowledge.

Amy was raised in the kitchen at IU Health Bloomington Hospital. She started at the age of 16 on the patient tray line and began working in the diet office within the first year. She started managing employee in her early 20's and has had an impact ever since.

Amy has spent her time as the patient service and cafeteria supervisor over the last 20 years.

Most recently she was promoted to the Retail Manager for IU Health Bloomington with her transition to Aramark., where she managed a full service Café and Coffee Shop with more than 30 employees.,

She received her CDM, CFPP precertification from the University of North Dakota in 2008



**Amy Dillman CDM, CFPP Director of Food and Nutrition and EVS,
IU Health Bedford and IU Health Paoli**

Amy is currently enrolled at WGU working on her Bachelors in Healthcare Business Management and hopes to complete her degree by June of next year.

Amy loves to spend time outdoors and enjoys spending time with friends and family.

My goal as a CDM was to obtain the tools needed to take care of our patients nutritional needs and maintain a high level of sanitation and safety throughout the department. It has meant so much more to me than that. Being a part of ANFP has boosted my confidence and helped me grow as a leader. The continuing education opportunities and consistent peer networking have been crucial to my growth in obtaining this director role.

From everyone at Indiana ANFP, congratulations on your promotion and we look forward to our next round of Sanitation Jeopardy!!

Congratulations to Bob Milligan, CDM, CFPP

2021 Distinguished Member of the Year



Bob Milligan, CDM, CFPP (right) receiving the 2021 Distinguished Member of the Year from Tom Thaman, CDM, CFPP at the Indiana Spring Meeting on April 23

On Friday, April 23, 2021 at the ANFP Spring State Meeting, Bob Milligan, CDM, CFPP was awarded the 2021 Distinguished Member of the Year. The Distinguished Member of the Year has been presented annually for almost 30 years by the Indiana Chapter to honor that one member who has demonstrated leadership to the Chapter and the profession. Bob has done that for almost 25 years since becoming a CDM, CFPP in 1996.

Bob has a true heart of a volunteer with ANFP starting as the District One President from 1998 to 2004. Bob also served as Newsletter Editor and Webmaster from 2009-2016 and Chapter President Elect from 2016 to 2017 and Chapter President from 2018-2019. It was during Bob's two years as President that he led Indiana ANFP as

one of the most transitional periods in Indiana ANFP's 55 year history. Bob led the way to centralize the leadership of the chapter by recommending the dissolving of the three districts and led by a central board of directors. By dissolving the districts, Bob created financial efficiencies by combining the district treasuries into one providing the chapter with the necessary capital to operate effectively. During Bob's tenure, he also helped developed several promising leaders in the organization. Bob received the State Achievement Award in 2018 and 2019 and was a Diamond Award finalist in 2019. After Bob's term of office ended, Bob ran for the ANFP Board in 2020 and was selected to serve a three year term. Bob has served as Board Liaison for the ANFP Diversity, Equity and Inclusion Task Force and the ANFP Edge Magazine Editorial Board. Bob is also serving the Indiana Chapter as treasurer and will be mentoring a new treasurer for the future.

A native of northwestern Indiana, Bob is currently the Dining Services Navigator with TLC Management in Marion, Indiana with many years of Senior Living Food-service management experience at several locations in Northwest Indiana. Bob has been a speaker at many ANFP meetings as well as a speaker at the Indiana Academy of Nutrition and Dietetics state meeting sharing his expertise in both clinical nutrition, leadership and food-service operations.

Bob's dedication to ANFP at a local, district and national level; in his 25 years as a CDM, CFPP is truly appreciated and his recognition is overdue. On behalf of Indiana ANFP, we are grateful to Bob for his leadership and his ability to navigate our chapter for the future!!

The Delta Variant—Five Things to Know

Reprinted from Yale Medicine published and updated July 22



For the first time in more than a year, we're feeling some hope—or at least cautious optimism—that the pandemic could recede to the background. But experts want us to know that there is still a concern that new mutations of the virus could bring it back, and it might be even stronger.

A major concern right now is Delta, a highly contagious SARS-CoV-2 virus strain, which was first identified in India in December. It then swept rapidly through that country and Great Britain as well. The first Delta case in the United States was diagnosed in March and it is now the dominant strain in the U.S.

[Inci Yildirim, MD, PhD](#), a Yale Medicine pediatric infectious diseases specialist and a vaccinologist, isn't surprised by what's happening. "All viruses evolve over time and undergo changes as they spread and replicate," she says.

But one thing that is unique about Delta is how quickly it is spreading, says [F. Perry Wilson, MD](#), a Yale Medicine epidemiologist. Around the world, he says, "Delta will certainly accelerate the pandemic."

From what we know so far, people who are fully vaccinated against the coronavirus appear to have protection against Delta, but anyone who is unvaccinated and not practicing preventive strategies is at risk for infection by the new variant, the doctors say.

Here are five things you need to know about the Delta variant.

1. Delta is more contagious than the other virus strains
2. Unvaccinated people are at risk
3. Delta could lead to major local outbreaks based on vaccination rates
4. There is still more to learn about Delta
5. Vaccination is the best protection against Delta

Note to all CDM's: If anyone on your team has not been vaccinated, please encourage them to do so as soon as possible!



Indiana ANFP Treasury Report



6/11/21—Balance Carried Forward :
\$26,938.27

Savings Gaming Account:
\$500.00

Expenses

Catering—Eskenazi Health
\$1684.49

ACE Meeting—M. Rowlands
\$1400.00

7/30/2021 Checking Account Balance
\$23,853.98

Savings Gaming Account \$500.22
Current Balance \$23,345.20

Respectfully Submitted by

Indiana ANFP Finance Committee

Bob Milligan, Maggie Rowlands,

Andrea Armstrong and Darryle Robinson

Welcome Indiana's New CDM's!!



Christen Alanis, CDM, CFPP
Rossville, Indiana

Joan Arnold, CDM, CFPP
Greensburg, Indiana

Ross Blankenship, CDM, CFPP
Indianapolis, Indiana

Morris Chaney, CDM, CFPP
Zionsville, Indiana

Tiffany Comp, CDM, CFPP
Plymouth, Indiana

Angela Delucca, CDM, CFPP
New Haven, Indiana

Laura Gerber, CDM, CFPP
Decatur, Indiana

Jennifer Glenn, CDM, CFPP
Jeffersonville, Indiana

Michelle Hershberger, CDM, CFPP
Indianapolis, Indiana

Polly McCorkle, CDM, CFPP
Noblesville, Indiana

Joshua Ogle, CDM, CFPP
Rochester, Indiana

Dominick Patrevito, CDM, CFPP
Lowell, Indiana

Ashley Rangel, CDM, CFPP
New Castle, Indiana

Robert Rockwell, CDM, CFPP
Griffith, Indiana

Kimberly Von Holtz, CDM, CFPP
Valparaiso, Indiana

Christine Wiles, CDM, CFPP
Elkhart, Indiana

Rebecca Woodruff, CDM, CFPP
Jeffersonville, Indiana

Robin York, CDM, CFPP
Crawfordsville, Indiana

Anthony Niemeyer, CDM, CFPP
Indianapolis, Indiana

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Indiana ANFP was established in 1964 and is now in its 56th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

September 22-24, 2021
ANFP Regional Meeting (13 CE)
Renaissance Toledo Downtown Hotel
Toledo, Ohio

October 17-18, 2021
Menu Directions
University of Notre Dame

October 23-24, 2021
Illinois ANFP Fall Meeting
Springfield, Illinois

April 21-23, 2022
Indiana ANFP Spring Meeting
Fair Oaks Farm
Fair Oaks, Indiana



Virtual Continuing Education Courses and Webinars

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ANFP Marketplace

<https://anfp.org>

A New Way to Learn!