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INSIDE THIS ISSUE:

Presidents Message	1
Indiana ANFP Spring Meeting	2
Indiana ANFP Spring Meeting Agenda	3
The importance of Volunteering	4
Member Spotlight on Dominick Patrevito	5
Hosting an Indiana ANFP Meeting	6
Treasury Report	7
Indiana Proclamation	8

The Hoosier—Spring 2025

ANFP Association of
Nutrition & Foodservice
Professionals

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SPRING 2025

Looking Ahead for 2025 by Andrea Armstrong, CDM, CFPP

Hello Hoosiers! I hope you have all gotten a chance to embrace the few days of warmer weather and peeks of spring just around the corner!

Just as spring is making its way around so is the next Indiana Chapter Conference. This three-day event will be packed full of excellent educational sessions, networking opportunities and a community project. The Spring Conference will be held in Middlebury, IN at Das Essen Haus on April 30th – May 2nd, we look forward to seeing you there and the chance to catch up with friends.

This will be my last message from the President as my term ends in June and I would like to take this opportunity to thank each of you, it has been a pleasure and honor to serve you all as the membership of Indiana ANFP. This group of professionals is quite incredible, please continue to learn, grow and serve our patients and guests. I am excited to hand the presidency over to Bob Milligan as our President and Dominick Patrevito as our President Elect. With Bob's many years of



ANFP experience and Dominick's eagerness to learn and serve, this membership is in great hands going forward.

We are always looking for great Indiana Members to get involved and serve on one of our committees, board of directors or writing our Annual Newsletters. If you are interested in growing yourself and joining the Chapter leadership, please email me at aarmstrong@iuhealth.org or stop by to chat with one of our board members at the Spring Conference. Thank you again for allowing me to lead this amazing group of professionals, I have learned a lot and will cherish the memories that have been made during this time.

Look forward to seeing you all in April, until then always feel free to reach out to myself or another board member with questions, suggestions or concerns.

Sincerely,

Andrea N Armstrong, CDM, CFPP

**THANK
YOU**

Save the Date and Register Today

Indiana ANFP Spring Meeting and Vendor Fair

April 30-May 2, 2025

Essenhaus Inn and Conference Center

Middlebury, Indiana

Indiana ANFP will be hosting the annual spring meeting at the Essenhaus Inn and Conference Center in Middlebury, Indiana. The two and half day event will provide a total of 16 CE's including 8 General, 4.5 Sanitation 1 Ethics and 2.50 Food Show Hours. All Indiana ANFP CE's are preapproved and audit guaranteed when submitted. The agenda is included on page 3. As is our tradition, Indiana ANFP will also be hosting a community project during this meeting. The agenda also includes a vendor fair featuring innovative and cost saving ideas in production and operational management.

Essenhaus Inn and Conference Center is located 420 US 20 slightly east of Middlebury and is easily accessible from the Indiana Turnpike, I-69 and SR 37. Essenhaus is known for it quality homemade cuisine with an Amish Flair. Adjacent to the Inn are several retail shops featuring local products and crafts. For reservations, call 1-888-233-5819.

The cost of the three day event is \$127.74 paid online through the Crowded application. Single day registration will be available at \$45 per day and retiree rate will be \$80 for thee days For payment options for single day and retirement registration, contact Maggie Rowlands, CDM,



**Register Online for the Indiana ANFP
Spring Meeting through the Crowded
Application using the provided QR Code.**



Indiana ANFP Spring Event
Wednesday, April 30, 2025, through Friday May 02, 2025
Essenhaus and Conference Center
240 US-20, Middlebury IN 46540

Wednesday, April 30, 2025 Pending CE 6.25		
Time	Session	Speaker
Start at 10am	Registration and Breakfast on Own	Rooms A, B, C
10:15 AM – 10:30AM	Welcome and Introduction	Indiana ANFP Board
10:30 AM – 11:45 AM 1.25 G	Customer Service analytics – What is the Data Telling Us!	Jared Grandlienard CDM, CFPP, PMP, LSSB Creative Dining Services Director of Corporate Implementation
12:00 AM – 1:00 PM 1.0 S	Sanitation Jeopardy	Randy Kloekner
1:30 PM – 3:00 PM 2.5 FS	Vendor Fair	Vendors and Food Brokers
3:00- 3:45 .75	Vendors talk time – Product description.	
4:00 PM – 5:30 PM 1.50 S	Food Traceability and What It Means for You and Your Practice.	Martha Rardin and Kymberly Wroble from GFS
5:45 pm - ??	Executive Board Meeting	Members may audit meeting
Day 2 Thursday, May 1, 2025 Pending CE 6.75		
Time	Session	Speaker
	New Registrations Breakfast on your own	Room A,B,C,
9:00 AM – 10:15 1.25 G	Peak Performance	Barb Minger – Gordon Food Service
10:30 am - 12:00pm 1.50 G	Eating Disorders	Michelle Mannia, PsyD, HSPP, CEDSS Clinical Psychologist Certified Eating Disorder Specialist
12:15 – 1:15 PM	Lunch/Business Meeting/Awards	Lunch provided by The Essenhaus
1:30 PM – 2:30pm 1.0 G	Renal Diets and Dialysis	Zach Dunbar – RD, LD TLC Management
2:30 pm – 4:30 pm 2.0 S	Food Code and Regulatory Updates	Dave Spampinato
4:40- 5:40pm 1.0 E	Ethics in the Workplace.	Thomas Thaman
5:45 – 6:30 1.0	Mother's Day Meal Basket's.	ANFP Community Project
Day 3 Friday May 2, 2025 Pending CE 3.0		
Time	Session	Speaker
8:45 AM	New registration Breakfast on your own.	Room A, B, C,
9:00am- 10:30AM 1.50 G	Engaging Baby Boomers in different ways to enhance the dining experience.	Jeff Eller – CDM, CFPP, CHM Vice President of Operations Aramark SeniorLIFE+
10:30- 12:00 1.50 G	Dysphagia Presentation	Cat Ludwig, RDN, LD, CLT Stephanie Peper, MA, CCC-SLP Dysphagia Duo
12:00	Dismissal of Meeting	ANFP Board members
End of Conference	Fill out your surveys & turn in	Travel Safely

The Benefits of Volunteering by Thomas Thaman, CDM, CFPP

Where would we be without volunteers?

Without volunteers, Meals on Wheels could not deliver meals to the homebound. Food pantries could not operate to provide nourishing food to the food insecure. Youth sports teams would be without coaches or umpires. Churches would not have a choir ministry and the Association of Nutrition and Foodservice Professionals could not operate to enhance the professional experience for the advancement of your career.

Indiana ANFP is celebrating their 62nd year of existence and that would not be possible without the hundreds of CDM, CFPP volunteers who enthusiastically led the chapters, planned the meetings, provided speakers and financial support and represented our chapter at ACE.

Volunteering also has many benefits personally and professionally.

- Volunteering connects you to others and provides a network of professionals that you can learn and share knowledge. When you network through volunteering especially in your professional organization, you can stay abreast to the latest trends in the industry.



- Volunteering builds self confidence. If you are a volunteer leader, you can be creative and as visionary as you can be. What a great way promote self esteem. Too often, our employers have structured procedures and strategic goals. As a volunteer leader, you are given the chance to create your own strategic plan. A successful volunteer leader creates self confidence that can translate to your job. It allows one to step out of their comfort zone which can be scary but worthwhile.
- Volunteering can be important to your career. Not only does being a volunteer leader look great on a resume, being involved in your professional organization provides job possibilities and leads you may not be aware of.
- Volunteering can be good for both your physical and mental health. It can be an escape from the pressures of your job even only for a few hours. A volunteer can meet new people and can develop lifelong friendships.
- Volunteering can also provide you a sense of purpose because you are contributing to your profession or community. When you volunteer, you are giving to your time and talents which can be worthwhile and meaningful.

Please consider volunteering for Indiana ANFP. It is a benefit you will love. Your skills and talents are appreciated and you will be continuing our long tradition. For more information on becoming an Indiana ANFP volunteer, please reach out to one of our Indiana ANFP leaders!

Member Spotlight—Dominick Patrevito, CDM, CFPP

In this issue of The Hoosier, we will spotlight Dominick Patrevito, CDM, CFPP. Dominick is the Assistant Vice-President of Culinary Services for Trilogy Health Services and helps with overseeing Trilogy's culinary operations in Kentucky, Ohio, Indiana, Wisconsin and Michigan. Trilogy's home office is based out of Louisville, Kentucky. We are also pleased to report that Dominick has been selected as our Indiana ANFP—President Elect starting June 1, 2025, and will be an important voice for our chapter for the next few years.

Dominick started cooking in high school and realized he had a passion for it. After high school, he enrolled at Le Cordon Bleu in Chicago to become a trained chef where he graduated with an Associate Degree in Culinary Arts. Dominick wanted to focus on quality food production with a work life balance and chose to come to healthcare. For the last 15 years, he has worked for Trilogy Health Services, whose focus is on food and provides healthy nutritious meals for their residents. Dominick decided to become a CDM, CFPP, to enhance his career path, as well as learn more about the clinical side of what CDM's are responsible for. Dominick got that training from the University of North Dakota precertification course.

Dominick does not have one specific person as a mentor in this profession but does have many



Dominick Patrevito, CDM, CFPP

chefs and great leaders who have influenced his professional growth over the years. He has tried to take a little bit from each leader he has worked with to continually improve his skills as a leader.

Dominick's team approach is used daily at Trilogy in a program they are developing called Flavorful Balance. This is a program that promotes scratch base cooking and uses healthy ingredients and features food in its natural state. Doing this helps provide residents with nourishing meals while still maintaining general acceptability which can be a fine line to balance.

Indiana ANFP looks forward Dominick's leadership and bringing the team approach to the chapter.

Showcase Your Facility and Team Members by Hosting an Indiana ANFP Meeting

Would you like to showcase your facility and your dedicated team members? If so, please consider hosting a one day meeting this fall or even in the spring at your location. Indiana ANFP is currently seeking a volunteer to host a fall meeting in September or October.

When members host their facility, it really helps Indiana ANFP by minimizing costs of expensive hotels and or conference centers.

One day meetings are a great way for our members to network and earn 5 or 6 CE's at a live meeting which accommodates their own very busy schedule

To host a meeting, there is some basic requirements that the organization would require

- A meeting room or community space that can accommodate at least 40 members classroom or round table seating with public men/women restrooms available.
- Recommendations of nearby hotels for members to stay at if coming from a distance. For one day meetings we do not have a host hotel but do provide the contact information.
- Audio Visual assistance to include a video projector and screen. If these are not available, a recommendation for a local audio visual vendor would be ideal. Speaker and



microphone would be preferred

- Ample Parking in an onsite or adjacent lot to accommodate at least 25 cars.
- A catered meal supplied by the facility team. IN ANFP will cover the cost of the lunch at a suggested nominal price at around \$10.00 per attendee.
- Assistance in program planning by inviting any of the facilities administrative team to speak including the Administrator, HR leader, Dietitian or a Nursing Leader. This is strictly optional but always appreciated
- A brief welcome by the Administrator of the Facility at the beginning of the day makes for a very positive experience

For more information, please contact one of the ANFP leaders who's contact information is on the first page of the newsletter.



Indiana ANFP Treasurer Report



Submitted by Maggie Rowlands, CDM, CFPP

Opening Balance—9-27-2024	22,726.21
R Milligan—HDMI Cord (for Fall Meeting	39.58
Transaction Fee	2.49
M Rowlands—Fall Meeting Speakers Gifts	101.00
Transaction Fee	2.49
R Milligan—USB Plug (for Fall Meeting)	8.55
Transaction Fee	2.49
Century Villa Greentown- Fall Meeting Fee	315.00
Transaction Fee	7.50
Closing Balance—12-31-2024	22,247.11

All CDM's Certified through October 1, 2024 and April 1, 2025 will receive complimentary registration for the 2025 Spring Meeting at Essenhause Inn and Conference Center in Middlebury, Indiana from April 30 through May 2, 2025. Please contact Andrea Armstrong, CDM, CFPP or Maggie Rowlands, CDM, CFPP for details

Indiana Proclaims November 28, 2024 CDM, CFPP Day

November 28, 2024 was proclaimed as CDM, CFPP Day by Governor Eric Holcomb.

The proclamation recognizes that the Certified Dietary Manager and the Certified Food Protection Professional work in a variety of non commercial food service settings. The proclamation also recognizes the importance the CDM, CFPP in promoting safe, nutritious meals, sound eating habits through education and meal delivery. The Governor also celebrated through this recognition, the great effort the CDM, CFPP plays every day to fulfil the dietary needs of all Hoosiers of any age.



CBDM® | Certifying Board for
Dietary Managers
The credentialing agency for
Association of Nutrition & Foodservice Professionals **ANFP®**

Welcome Indiana's New CDM's!!



Kimberly Belcher, CDM , CFPP
McCordsville, Indiana
kimmibel@gmail.com

Karla Buba, CDM, CFPP
Laporte, Indiana
karlababy219@gmail.com

Kaitlyn Harris, CDM, CFPP
Greenwood, Indiana
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Daniela Murphy, CDM, CFPP
Lafayette, Indiana
danimurphy35@gmail.com



2025 Indiana ANFP Chapter Member Count

Member Type	Not Certified	Certified	Total
Allied Professional	7	0	7
Pre-Professional	19	0	19
Professional	7	323	323
Total	33	323	356



Indiana ANFP was established in 1962 and is now in its 62nd year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

April 30-May 2, 2025

Indiana ANFP Spring Meeting
Essenhaus Inn and Conference Center
Middlebury, Indiana

June 23-26 2025

ANFP Annual Conference and Exhibition
(ACE)

Radison Blu Mall of America
Bloomington Minnesota

October 9-10, 2025

ANFP Regional Meeting
Hot Springs Convention Center and Bank
of America at Ozark Arena
Hot Springs, Arkansas



Virtual Continuing Education Courses and Webinars

Available in the
ANFP Marketplace

<https://anfp.org>