



INDIANA ANFP STATE OFFICERS

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INSIDE THIS ISSUE:

Presidents Message	1
Indiana ANFP Spring Meeting	2
Spring Meeting Agenda	3
Top Ten Reasons to Volunteer	4
Welcome to Crowded	5
Treasury Report	6
Government Affairs Update	7
Indiana's New CDM's	8

The Hoosier—Spring 2024

ANFP Association of
Nutrition & Foodservice
Professionals

VOLUME 46 ISSUE 11

SPRING 2024

Welcome Indiana CDM, CFPP's by Andrea Armstrong, CDM, CFPP

Hello Hoosiers, it's been a mild winter here in Bloomington, Indiana. I am enjoying every peek of Spring I can get; my Great Grandmothers heirloom Irises started to sprout last weekend!

On March 19, 2024 we will welcome a brand new and exciting season! For some of us we are looking forward to a once in a lifetime event of the full solar eclipse, in our world that sometimes even brings in a bit of emergency preparedness planning. The planning can seem a bit overwhelming, but stepping back, what an exciting thing to be part of!

As we plan to take care of our residents, patients, students, clients and guests it is important to welcome the season with a bit of time to focus on selfcare and professional renewal. Indiana Chapter of the ANFP has just the opportunity to get a head start on that renewal and sprinkle in a bit of fun while you network with colleagues from around the state. We will be meeting in Anderson, Indiana for our Annual Spring Conference, April 3 -5, 2024 and we are looking forward to spending time learning with you! We have a packed agenda including 15 Prior Approved CE's!

The agenda will be covering topics on **Sanitation** with the Marion County Board of Health, a session on **Implicit Bias** presented by Sandra Lucas, Probation Officer in Pulaski County, an interactive **IDDSI** session presented by Rubicon and Simply Thick and Cambro will be there to teach us some creative **Receiving and Storage Solutions**. Our partners at GFS will be presenting topics on **Decoding Date Codes, Common Food Service Myths** and **Building Effective Presentations**. Sarah Freehill of TLC Management will join us again to sharpen our clinical side with a session on **Care Planning**. We are also proud to host several Indi-



Andrea Armstrong, CDM, CFPP
Indiana ANFP President

ana CDM's as speakers, Bob Milligan will host a panel discussion over **Community and Self Care through Volunteering**, Jared Grandlienard presenting **Change Management** and a session on **Elevating the Culinary Experience** with Dominick Patrevito. We are including the agenda and registration information in the newsletter, sign up and see you in April!

Attending the conference? Don't forget to bring a few **canned goods** to support the **local food pantries** in Anderson, IN! **Calling all Volunteers!!** Share your local community volunteerism with us, we want to tell your story to share the special ingredient that Indiana CDM's have!

Save the Date—Indiana ANFP Spring Meeting

April 3-5, 2024

Madison Park Church, Anderson, Indiana

Indiana ANFP will be hosting it's 2024 annual spring beginning Wednesday, April 3 to Friday, April 5 at the Madison Park Church in Anderson, Indiana. **The three day meeting will be offering a diverse agenda with up to 15 CE's available. The agenda is included in this newsletter.**

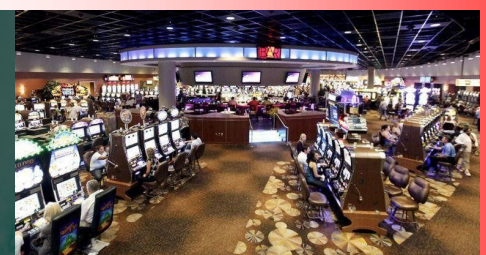
For the last two years, the three day meeting format in the spring has proven popular with our Indiana chapter. Conference fees will be based on one, two or three day attendance with a three day attendance discounted. For this meeting, hotel accommodations will be at the member's preference. Anderson, Indiana is home to the very popular Hoosier Park and Casino and there are many options to select from. A list of hotels close to the both the casino and the Madison Park Church will be sent out in the coming weeks.

Indiana ANFP state meetings always offer a robust agenda of nutrition, sanitation and culinary presentations. The spring meeting is also a great time to obtain necessary CE's before the May 31st deadline.

Additional information will be sent out in the next several months on speakers, lodging and meeting reservation contact information. Mark your calendars and we hope to see you then!!!



TownMapsUSA.com



Indiana ANFP “Spring into Self Care” Conference

Madison Park Church - 6607 Providence Drive, Anderson, IN 46013

Wednesday, April 3, 4, & 5

Wednesday April 3, 2024		
Time	Session	Speaker
9:30 AM - 10:30 AM	Board Meeting	Open for Member Audit
11:00 AM – 11:30 AM	Registration and Lunch on Own	
11:30 AM - 12:00 PM	Welcome and Introduction	Indiana ANFP Board Member and Program Committee
12:00 PM - 2:00 PM 2 G	Texture Modified Food Lab	Eileen Hann & Alexa Hockemeyer Simply Thick & Rubicon
2:15 PM - 3:30 PM 1.25 G	Receiving & Storage Solutions	Paul Seneff & Kristie Bozovich Cambro
4:15 PM - 5:30 PM 1.25 G	Building Effective Presentations	Megan Cook, Healthcare Account Representative, Gordan Food Service
5:00 PM	Adjournment	
Time	Thursday, April 4, 2024	Speaker
	New Registrations Breakfast on your own	
9:00 AM – 10:15 1.25 G	Care Planning	Sarah Freehill MA, RDN, LDN Corporate Director of Dining and Nutrition for TLC Management
10:30 am – 11:45 pm 1.25 G	Elevating the Culinary and Dining Experience	Dominick Patrevito, Assistant Vice President - Culinary Services, Trilogy Health Services
12:00 PM – 1:15 pm	Vendor Tables Business Lunch and Award Presentation	Indiana ANFP Board
1:15 PM - 3:15 pm 2.0 SAN	Sanitation	David Grower, Marion County Public Health Department
3:30 pm – 5:00 pm 1.5 Ethics	Implicit Bias	Sandra Lucas, Probation Officer, Pulaski County Probation
5:00 PM	Adjournment	
Time	Friday April 5, 2024	Speaker
8:00 AM	New registration Breakfast on your own.	
8:30 am – 9:30 AM 1 G	Community and Self Care through Volunteering	Moderated by Bob Milligan, Dining Services Navigator, TLC Management
9:30 AM - 10:30am 1.25 San	Decoding Date Codes	Molly Armstrong, Non Commercial Business Solutions Specialist, Gordan Food Service
10:45 AM - 12:00 PM 1.25 San	Don't Be Fooled by Common Food Safety Myths	Molly Armstrong, Non Commercial Business Solutions Specialist, Gordan Food Service
12:00 PM - 1:00 PM 1 G	Change Management	Jared Grandlienard Creative Dining Services
Turn in Survey's	End of the Conference Travel Safely	Report CE's Timely!

The Top Ten Reasons to Volunteer

By Thomas Thaman, CDM, CFPP

1. Provides you with a sense of purpose
2. Provides you with a sense of community
3. Helps you meet new friends
4. Increases your social skills
5. Improves self esteem
6. Teaches you valuable skills
7. Provides Job Prospects
8. Brings fun into you life
9. Can help you be happier
10. Gets you out of your comfort zone

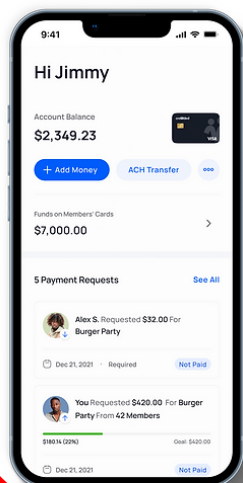


Please consider volunteering for Indiana ANFP. Volunteering not only helps your professional growth but allows you to network with peers who have the same day to day struggles you do and meet new friends. Volunteering allows you to take a break from the stress of you role as a CDM, CFPP while developing your skills as a leader. Studies have shown that volunteering gives you a new feeling of self worth and a happier way to live. Whether it is hosting a meeting at your facility or volunteering to plan a program or even making a presentation to your peers, you will come away with a sense of professional satisfaction you did not think possible.

Welcome to Crowded

ANFP's New Online Banking System

Over the next few months, ANFP will be converting their banking system for all state Chapters to a new platform called Crowded. The new platform will be fully operational by August of 2024. At that time, all chapters will turn over their state funds to a centralized banking system. Each chapter will have their own portal and the funds are extremely secure.



Indiana ANFP was selected to be one of the test sites. For the spring meeting in Anderson, Indiana, all registration payments will be made through Indiana's Crowded Platform. All members will be able to download the application on their cell phone or mobile device. Once the app is downloaded, simply complete the registration to activate and account. All events will be listed in your personal account and you will be able to pay di-



rectly into the system with your credit card or debit card. A confirmation will be sent directly to your email for reimbursement purposes. It is fast, easy and secure!

2023 Indiana ANFP Chapter Member Count

Member Type	Not Certified	Certified	Total
Allied Professional	7	0	7
Pre-Professional	8	0	8
Professional	4	335	339
Total	19	335	354



Indiana ANFP Treasurer Report



Submitted by Maggie Rowlands, CDM, CFPP

January 27, 2023 to January 31, 2024

Balance as of January 31, 2023	23,821.51
February statement	23,821.51
MARCH 2023 French Lick Meeting.	
Income	3223.14
Registrations for spring meeting	1295.00
Registrations for spring meeting	1928.14
Expenses	5478.00
4-14 ck 6182 NFEF donation to national	500.00
4-17 ck 6183 Maggie Rowlands- Speaker gifts	175.00
4-17 ck 6184 Rowlands credit card reimbursed.	4800.00
April, May, and June balance	21,569.65
7-28 Rebate deposit from National	1365.00
July 31, 2023 Ending balance	22,934.65
Expenses	
8-8-23 ck 6185 deposit for 2024 spring meeting	3000.00
August 31, 2023 checking balance	19,934.65
September 30, 2023 Checking balance	19,934.65
Savings balance	500.03
Total Balance	20,434.68

ANFP Government Affairs Update



LATEST NEWS FROM THE ANFP GOVERNMENT AFFAIRS & POLITICAL ACTION COMMITTEES

Effective October 1, 2023, the Centers for Medicare & Medicaid Services (CMS) will no longer acknowledge Option E as qualification for Director of Food and Nutrition Services in Long Term Care Regulations 483.60

THE GOOD NEWS IS:

The CDM, CFPP remains listed as the first staffing qualification (Option A), and is the only one that has a defined Scope of Practice. Only professionals with a Scope of Practice (CDM, CFPPs, NDTRs, and RDNs) are able to participate in the care planning process/IDT process.

This is a tremendous asset to the Care Communities we serve, so let's be sure to advocate for our credentials and the value we bring to the table every day.

For more information, see below for definitions in the regulation and access the link to the guidance to surveyors for LTC facilities below.

CMS State Operations Manual Appendix PP Guidance to Surveyors for Long Term Care Facilities (Rev. 211, 02-03-23) F-801

ACCESS

§483.60(a)(2) If a qualified dietitian or other clinically qualified nutrition professional is not employed full-time, the facility must designate a person to serve as the director of food and nutrition services.

(i) The director of food and nutrition services must at a minimum meet one of the following qualifications —

**** (A) A certified dietary manager; or (CDM, CFPP credentials)**

(B) A certified food service manager; or

(C) Has similar national certification for food service management and safety from a national certifying body; or

D) Has an associate's or higher degree in food service management or in hospitality, if the course study includes food service or restaurant management, from an accredited institution of higher learning; or

* (E) Has 2 or more years of experience in the position of director of food and nutrition services in a nursing facility setting and has completed a course of study in food safety and management, by no later than October 1, 2023, that includes topics integral to managing dietary operations including, but not limited to, foodborne illness, sanitation procedures, and food purchasing/receiving; and

(ii) In States that have established standards for food service managers or dietary managers, meets State requirements for food service managers or dietary managers, and

(iii) Receives frequently scheduled consultations from a qualified dietitian or other clinically qualified nutrition professional.

*Option E expired on October 1, 2023, so no longer will be an accepted qualifier.

**** (A) CDM, CFPP is the only option with a defined Scope of Practice which qualifies credential holders to participate in the care planning process, which meets the requirement for a FNS representative; a valuable asset in Long Term Care!**

Welcome Indiana's New CDM's!!



Lisa Bishop, CDM, CFPP
1973 Bigger Street
Gary, Indiana 46404

Terri Leedy, CDM, CFPP
9957 Myers Court
Angola, Indiana 46703

Barbara Ferguson, CDM, CFPP
630 North 5th Street
Bedford, Indiana

Jeff Rogers, CDM, CFPP
9226 Norris Drive
Hobart Indiana 46342

Thaddeus Fitzgerald, CDM, CFPP
278 South 725 W
Hebron, Indiana 46341

Tirra Sha-Neal Shelton, CDM, CFPP
3652 National Avenue
Indianapolis, Indiana 46237

Michelle Huffer, CDM, CFPP
1900 Road 50 S
Logansport, Indiana 46947

Rachel Sullivan, CDM, CFPP
3209 Creekwood CT
New Albany, Indiana 47150

Kim Hughes, CDM, CFPP
1209 S. Jackson St
Auburn, Indiana 46706

Susan Johnson, CDM, CFPP
408 South Washington St.
Kokomo, Indiana 46901





Indiana ANFP was established in 1962 and is now in its 60th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

Indiana ANFP Spring Meeting

April 3-5, 2024

Anderson Park Church

Anderson, Indiana

ANFP Spring Regional Meeting

April 3-4, 2024

Hospitality Management Center

at the Public Square

Cuyahoga Community College

Cleveland, Ohio

ANFP Annual Conference and Expo

June 10-13, 2024

Reno, Nevada



**Virtual
Continuing Education
Courses and Webinars
Available in the
ANFP Marketplace**

<https://anfp.org>

ADMINISTRATOR OF THE YEAR AWARD APPLICATION

In an effort to promote Dietary Managers and Indiana ANFP to administrators, the Administrator of the Year Award is given each year. All administrators who are nominated by their dietary managers that qualify for the award will be considered and voted on that will be presented at the fall state meeting. (In the event that an Administrator changes employment from the Dietary Manager that nominated the administrator the award will be given d/t the administrator deserved the award to have been nominated.)

Please complete the application. Completed and legible applications should be mailed to the State President by March 1st to be reviewed by the Board of Directors at the Spring State Board Meeting.

Criteria used to select candidates will:

- Candidates who demonstrate an interest in and support of the association
- Candidates who encourage and/or support the member to attend their district, state and/or national meetings for current and continuing education.
- Candidates who support the member in his/her endeavor to be active in the association.

Upon receipt of the application the State Board of Directors shall select the Administrator of the Year and the IANFP member who nominated him/her will be notified and asked to send a brief resume of the winning candidate and invite the Administrator to the Fall State ANFP Meeting to accept the award. (In the event the Administrator cannot attend the Fall IANFP Meeting the award will be mailed to the Administrator.)

Administrator: _____ Title: _____
Home address: _____ Phone number: (H) _____ (W) _____
Dietary Manager: _____ District: _____
Facility: _____ Address: _____
City, State, Zip Code: _____ Phone: _____

1. How does your administrator support you in attending IANFP meetings and as a manager?

2. How does your administrator demonstrate awareness of IANFP education programs?

3. How is your administrator receptive to new ideas?

4. How does your administrator support you in your endeavors to be active in the association?

Accepted: Yes No

Administrator notified? Yes No

Will attend Fall Meeting for Acceptance: Yes No

Dietary Manager notified? Yes No

VENDOR OF THE YEAR AWARD APPLICATION

In an effort to thank vendors for the support of Dietary Managers and Indiana ANFP, a Vendor of the Year Award is given each year. All vendors who are nominated by the committees for planning state spring and fall meetings will qualify for the award that will be presented annually at the fall state meeting.

Please complete the application. Completed and legible applications should be mailed to the State President-Elect by March 1st to be reviewed by the Board of Directors at the Spring State Board Meeting.

Criteria used to select candidates will:

- Candidates who demonstrate an interest in and support of the association
- Candidates who encourage and/or support the member continuing education financially with gifts
- Candidates who purchase advertising in the State Newsletter or Website
- Candidates who support and recognize the members as professionals in the food service industry

Upon receipt of the application the State Board of Directors shall select and notify the Vendor of the Year and the IANFP DISTRICT who nominated him/her will be notified.

Vendor: _____ Contact Person: _____
Dietary Manager: _____ District: _____
Facility: _____ Address: _____
City, State, Zip Code: _____ Phone: _____

1. How does the vendor support IANFP meetings and managers?

2. How does the vendor demonstrate awareness of IANFP education programs?

3. Does the vendor support IANFP State Newsletter or Website?

4. How does the vendor support you in your endeavors to be active in the association?

Accepted: Yes No, reason _____

Vendor notified? Yes No, Who _____

Will attend Spring Meeting for Acceptance: Yes No

Manager notified? _____

Indiana

APPLICATION FOR "DISTINGUISHED MEMBER OF THE YEAR" AWARD

NAME: _____ PHONE: _____

ADDRESS: _____

Has been a member of DMA for _____ YEARS.

Has served in the following state or District offices or committees:

1. _____ 5. _____

2. _____ 6. _____

3. _____ 7. _____

4. _____ Other: _____

How has the member demonstrated:

1. Enthusiasm: _____

2. Leadership Capability: _____

3. Loyalty: _____

4. Good rapport with members: _____

5. Willingness to cooperate with state/ district
leadership: _____

Outstanding contribution this member has made toward the profession and/or the
association: Please use reverse side or another sheet of paper.

Indiana ANFP...I WILL SERVE APPLICATION

Indiana Association of Nutrition and Foodservice Professionals needs dedicated volunteers who are willing to serve as officers and committee members. Please indicate below in which capacity you are willing to help serve your professional association.

As an Officer:

_____ **President-Elect** – A 4 year commitment. (2 years as President Elect and Program Chair and 2 years as President and serves as Chapter Leader and Membership Chairman

_____ **Recording Secretary** – A 2 year commitment. On State Board 2 years.

Records minutes of all state meetings. Contacts new and dropped members, new students and enrollees, and any other correspondence deemed necessary by the Board

_____ **Treasurer** – A 2 year commitment. On State Board 2 years. Will be bonded per ANFP. Records all financial transactions, audited yearly, must be bonded

_____ **Newsletter Editor**—Creates at least two electronic newsletters per year. Provides information on current state and national ANFP events and legislative activities, provides necessary information on maintaining Continuing Education.

As a Committee Member:

_____ **Program Committee**

Assist President-Elect with speakers for state meetings

_____ **Membership** - Reaching new members, students, promote ANFP

_____ **Legislative Committee and Liaison**—works with ANFP to promote CDM, CFPP Recognition at both a state and federal level

The future of our organization depends on volunteers. Please consider joining our leadership team. ANFP leadership is a valuable competency for a CDM which will not only benefit ANFP but will benefit your career journey.

If interested, please fill out form above and return to current State President or any member of the Board Executive Board. See addresses on the front of the newsletter.

Your Name _____ ANFP # _____

Street Address _____

City, State, Zip Code _____

Work phone _____ Home Phone _____

Email: _____