

## The Land of Lincoln Ledger

March 2024

Editor: Rosalind Davis, CDM, CFPP | Co-Editor: Steven Eager, CDM, CFPP

### About ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management.

ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.

### Notice to all Members

**Please keep your address, phone number, and your email address current with the National ANFP Office.**

Please notify ANFP immediately if your information has changed!

Call 1-800-323-1908 or visit the website:

<http://www.anfponline.org>

#### For more information on ANFP

Contact the Association of Nutrition & Foodservice Professionals:

406 Surrey Woods Dr., St Charles, IL 60174

phone: 800-323-1908, fax 630-587-6308

email: [info@ANFP.online.org](mailto:info@ANFP.online.org)

website: [www.ANFPonline.org](http://www.ANFPonline.org)

## We're on Facebook!

**CHECK IT OUT**





IL-ANFP 2023  
Dietary Manager of the Year  
Steven Eager, CDM

IL-ANFP 2023  
Administrator of the Year  
Nicole Pierce, LNHA



IL-ANFP 2023  
Vendor of the Year  
Simply Thick

# 2024 Spring Meeting Information and Agenda

REFRESH your education, REVITALIZE your teams, REFOCUS your goals, CONNECT with colleagues

We are asking all attendees to dress in business casual attire.

Thursday, April 18 <sup>th</sup>		
Event	Time	C.E.'s
Registration	830a to 900a	
A Helping Hand in Food Service. Danielle Witzig	900a to 930a	0.5 Gen
Traveling Dietitian. Monica Taxali, CDM, CFPP, MS	930a to 1000a	0.5 Gen
Taking Your Catering Tables to the Next Level. Stacey Schmanski	1000a to 1100a	1.0 Gen
Waking Up Basic Dishes With Seasoning, Colors, and Shapes. Chef Jon Vance	1100a to 1230p	1.5 Gen
LUNCH	1230p to 100p	
Age Matters. Carrie McKillips, BS, MS, BA	100p to 230p	1.5 Gen
Enhancing Dietary Assessments & QAPI Through CMS Process Tools and Strategic Approach Staci Bettiker, MS, RD, LDN, FAND	230p to 330p	1.0 Gen
Food Safety Is Everyone's Business Angie Windhorst, RD, LDN	330p to 500p	1.5 San
<b>Total C.E.'s</b>		<b>6.0 General 1.5 Sanitation</b>
Friday, April 19 <sup>th</sup>		
Event	Time	C.E.'s
Registration & Continental Breakfast	730a to 800a	
Communication for Leaders. Sarah Ninnemann, CDM, CFPP	800a to 900a	1.0 Gen
Water Treatment. Jason Upton, Travis Matlick, Rosalind Davis, CDM, CFPP, BS	900a to 1000a	1.0 Gen
Make a Mocktail.	1000a to 1030a	
Food Distribution: From Manufacturer to the Consumer. Scott Kruse, Marc Whyte, Bryan Nicewanner	1030a to 1200p	1.5
LUNCH	1200p to 100p	
ILANFP Board Meeting	100p to 200p	
Engaging and Retaining a Positive Workforce. Eileen Smith and Amy Brekke	200p to 330p	1.5
Wrap Up	330p to 400p	
<b>Total C.E.'s</b>		<b>5.0 General</b>
<i>All individuals will be required to complete an evaluation to receive CE Certificates.</i>		

# ILANFP Spring 2024 Meeting Registration



**“REFRESH, REVITALIZE, REFOCUS, CONNECT”**

refresh your **education**, refocus your **goals**,  
revitalize your **teams**, connect with **colleagues**

**April 18<sup>th</sup> and 19<sup>th</sup>**

**Performance Food Group  
8001 51<sup>st</sup> St W  
Rock Island, IL 61201**

**Earn  
12.5  
Continuing  
Education Credits**

[CLICK HERE FOR ONLINE REGISTRATION](#)

## Are You?

A First Timer: Yes \_\_\_\_\_

A Dietitian: Yes \_\_\_\_\_

An Administrator: Yes \_\_\_\_\_

ANFP MEMBER NUMBER: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_

FACILITY: \_\_\_\_\_

FACILITY ADDRESS: \_\_\_\_\_

## **FULL PAYMENT (due at time of registration)**

Check \_\_\_\_\_ Zelle \_\_\_\_\_

### **REGISTRATION FEE :**

**\$55.00 Member. How many?** \_\_\_\_\_

**\$55.00 per Guest. How many?** \_\_\_\_\_

**Name(s):** \_\_\_\_\_

*registration includes: lunch for both days, a continental breakfast on day two, and twelve and a half continuing education credits  
\*see meeting agenda for more details*

### **DIRECTIONS:**

Please print, fill in your information, and mail the completed registration form to, postmarked no later than April 8<sup>th</sup>, 2024:

**Rosalind Davis  
1817 Carmel Blvd, Apt 1  
Zion, Illinois 60099**

Please make checks payable to ILANFP for registration (include your name).  
Contact Pretti Devdass, CDM/CFPP, Treasurer for payment via PayPal (262-748-5004)  
Payment via ZELLE: ILANFP22@GMAIL.COM

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**Bally’s Quad Cities Casino & Hotel, 777 Bally Blvd, Rock Island, IL 61201:  
(309-756-4600)**

**Event Rate of \$109.99 <sup>+tax</sup>/night when you mention ILANFP**

# Fall 2023 Meeting Highlights



Chapter Members – First Time Attendees



IL-ANFP Board Members



Chapter Members - All Attendees



Hands on Practice, Reality of Dementia Activity



Our Partners with Performance Food Group!



Uniting Yoga with Nutrition



**Have a preferred vendor that would like to participate in our Vendor Show during our Fall, 2024 meeting? Contact Terri Edens, Vendor Chair**

# CONNECTS



Members,

# did you know?

Our Fall 2024 Meeting will be held at Northfield Inn & Suites in Springfield, IL on October 17<sup>th</sup> & 18<sup>th</sup>? Save the date!

If you register and attend the 2024 Spring Meeting and can name a person pictured in this March, 2024, ILANFP newsletter correctly, you can be included in a drawing for a gas card. The winner is to be announced during the conference board meeting. You must be present at the meeting to win.

As a member of ILANFP you can audit the ILANFP Board Meeting 4/17/24, at 7 pm, Bally's, Rock Island, Illinois.

If you are a student currently registered in a dietary management course and can provide proof, by attending a state meeting the following meeting cost would be 50% off.

We have a grant a year for one high school senior (ages 17 -19). For details, please go to the [ILANFP Facebook page](#) or call Rosalind Davis at 847-596-1866 or email at [amazingroz23@gmail.com](mailto:amazingroz23@gmail.com).

2024 Fall Meeting

# SAVE THE DATE

October 17<sup>th</sup> & 18<sup>th</sup>

Springfield, Illinois



# CDM, CFPPs Cultivating Roots

## Rallying Organizations & officials in Training Standard

### Cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

[ ] Yes, I would like to support CDM, CFPPs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

### Cultivate. Grow, REAP!

#### Contact Information

MEMBERSHIP ID#: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

#### Questions?

Contact Mindy Theesfeld at 800.323.1908x128 or [mtheesfeld@ANFPonline.org](mailto:mtheesfeld@ANFPonline.org)

ANFP PAC is the federally registered political action committee of the Association of Nutrition & Foodservice Professionals. Contributions to a PAC must be personal, not corporate, and are voluntary. Federal law requires ANFP PAC to report the name, address and employer name of individuals whose contributions exceed \$200 in a calendar year and contributions to ANFP PAC are not tax-deductible for federal income tax purposes.

If you are interested in helping to fund ANFP-PAC, please fill out this form, check written to ANFP-PAC, and would like the contribution to be combined with Illinois members, then send check to:

Rosalind Davis, President-Elect  
P.O. Box 683  
Waukegan, IL, 60079

Association of Nutrition & Foodservice Professionals  
Phone: 800.232.1908  
Fax: 630.587.6308  
[www.anfponline.org](http://www.anfponline.org)

# ILANFP Volunteer Sign Up

**ILANFP** is your association, and we need your expertise. We are wanting to get more of the members involved with the Association.

Would you like to volunteer for the Board or another capacity or help us plan future meetings? Tell us which area you would like. We provide job descriptions and training. We thank you very much!

## Are you interested in serving in a leadership role?

**Ways and Means Chair**

**Awards & Recognition Chair**

**Membership Committee**

**Vendor Committee**

**Webmaster**

**Meeting Logistics Chair or Committee**

**Secretary (Taking Minutes & Communicating)**

**Hospitality Committee at Meetings**

**Treasure-elect**

**Teller Committee**

**Nominating Committee**

**Program-Meeting Speakers Chair or Committee**

**Brand Ambassador or Committee**

### PLEASE CIRCLE THE ROLES OF INTEREST ABOVE

MEMBERSHIP ID#: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

From the Computer of .....

Tracy Cotner, CDM, CFPP

ILANFP President

Greetings ILANFP MEMBERS,

I hope everyone has had a great start to the new year. We have been planning our Spring Meeting for April 18 & 19 in Rock Island, IL. We would love to have you attend. We have wonderful speakers presenting at our meeting. Just a reminder our Spring meeting moves around the state and our Fall Meeting will be in Springfield, IL on October 17 & 18, 2024. So be sure to mark your calendars. If you have not joined our ILANFP Facebook page, we hope you will. We post upcoming dates, events, and other members post questions.

We are always looking for those that would love to volunteer. We need volunteers for our board and for our programs. Please call, email, or speak to one of the board members, we would be happy to give you more information and/or sign you up!! We are always looking for presenters/speakers for our meetings, if you have any ideas for topics, or a person to speak please give us those ideas.

Any questions, please feel free to contact me!

[Tcotner2001@outlook.com](mailto:Tcotner2001@outlook.com)

309-830-3394

Or message me on Facebook

Looking forward to seeing you in April!

*Tracy*

## Executive Summary

**ILANFP Fund Balance : \$7,714.22 (as of 2/20/24)**

### Current Board Members

Position	Name	Email	Phone
President	Tracy Cotner	<a href="mailto:tcotner2001@outlook.com">tcotner2001@outlook.com</a>	309-830-3394
President-Elect	Jean Siegel	<a href="mailto:Jes2521@yahoo.com">Jes2521@yahoo.com</a>	815-388-2075
Secretary	Amy Schoon	<a href="mailto:Aschoon44@gmail.com">Aschoon44@gmail.com</a>	309-417-3348
Treasurer	Preeti Padmanabhan	<a href="mailto:preetidevdass@yahoo.com">preetidevdass@yahoo.com</a>	262-748-5004
Past President, Newsletter Editor, Program Chair	Rosalind Davis	<a href="mailto:Amazingroz23@gmail.com">Amazingroz23@gmail.com</a>	847-596-1866
Treasurer Elect	Ronna Sander	<a href="mailto:Ronnas67@hotmail.com">Ronnas67@hotmail.com</a>	618-409-4646
Nominating Committee	Michele Fischer	<a href="mailto:Mmfischer45@hotmail.com">Mmfischer45@hotmail.com</a>	309-635-8984
Vendor Chair	Terri Edens	<a href="mailto:Territedens1@yahoo.com">Territedens1@yahoo.com</a>	815-878-2530
Ways/ Means	Tammy Cooper	<a href="mailto:tacooper@chliving.org">tacooper@chliving.org</a>	217-732-5029 Ext 01129
Hospitality	Rhonda Hooten	<a href="mailto:rkhooten70@gmail.com">rkhooten70@gmail.com</a>	618-939-3488 ext 1142
Membership Chair	Steven Eager	<a href="mailto:eager.steven@gmail.com">eager.steven@gmail.com</a>	269-686-6214