

# ILLINOIS INSIGHT

ILANFP

## SPRING INTO ACTION

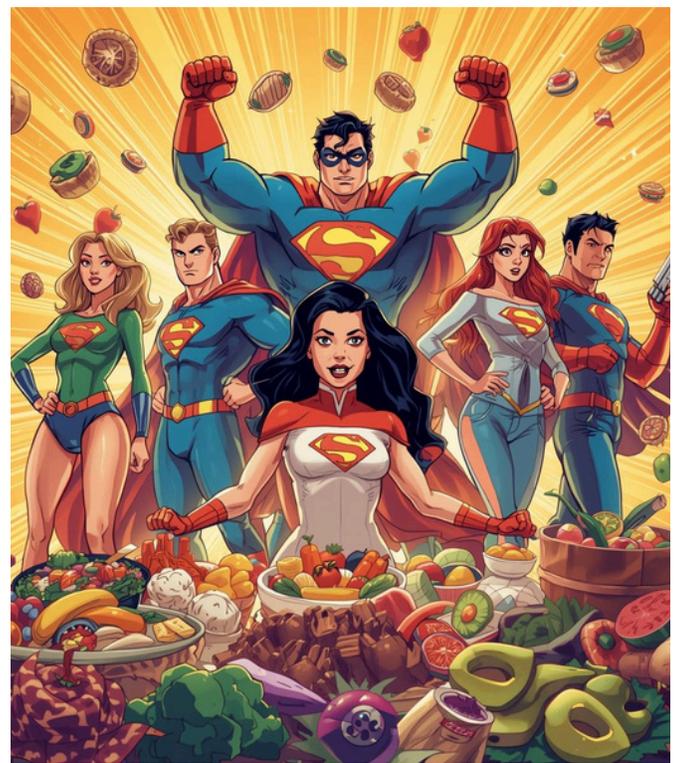
### The ANFP

The Association of Nutrition & Foodservice Professionals (ANFP) is a national professional organization dedicated to advancing the careers of Certified Dietary Managers (CDM®), Certified Food Protection Professionals (CFPP®), and nutrition and foodservice leaders across the country.

ANFP supports members through:

- ✓ Continuing education and credentialing
- ✓ Advocacy at the state and national level
- ✓ Regulatory and sanitation guidance
- ✓ Leadership development
- ✓ Research and industry updates
- ✓ Networking and professional growth

With thousands of members nationwide, ANFP remains a trusted voice in healthcare foodservice, senior living, correctional facilities, schools, and hospitality.



### ♥ About ILANFP

The Illinois Association of Nutrition & Foodservice Professionals (ILANFP) is proud to represent Illinois members by:

- ⚡ Hosting educational conferences
- ⚡ Providing CE opportunities
- ⚡ Supporting local networking
- ⚡ Encouraging member recognition
- ⚡ Promoting professional excellence across the state

As a chapter, we believe leadership starts locally — and impact starts with education.



# President's Message

## Every Hero Has a Mission

Fellow ILANFP Members,

Spring is a season of renewal — but it is also a season of momentum. As nutrition and foodservice professionals, we are leaders in safety, compliance, financial stewardship, and clinical outcomes. That responsibility requires preparation, resilience, and continued education.

Our 2026 Spring Conference, Spring Into Action, is designed to energize and equip you with practical tools you can bring back to your facilities immediately. From disaster financial recovery to IDPH updates, documentation that drives reimbursement, food defense, sanitation, ethics, and clinical topics — this two-day conference will strengthen your professional superpowers.

I look forward to seeing you in Itasca as we come together to grow, connect, and lead.

With appreciation,  
Jean Siegel, CDM, CFPP  
President, ILANFP



### Notice to all Members

#### Keep Your ANFP Information Current

Please keep your mailing address, phone number, and email address up to date with the National ANFP Office.

If your contact information changes, notify ANFP promptly to ensure you continue receiving important updates, certification information, and member communications.

 Call: 800-323-1908  
 Update online:  
[www.ANFPonline.org](http://www.ANFPonline.org)

# ILANFP Spring 2026 Conference Agenda

## Day 1

Thursday April 16 <sup>th</sup>	Time	C.E.'s
Registration	7:30AM - 8:00AM	
Disasters- Financial Preparation and Recovery By: Chamilla Banks & Marc Ruiz	8:00AM - 10:00AM	2 GEN
IDPH Sanitation Review By: Johnathan Harwood, MSN, RN	10:00AM - 11:00AM	1 SAN
IDPH Regulations of Assisted Living By: Erin Rife	11:00AM - 12:00PM	1 SAN
Lunch	12:00PM - 1:00PM	
Nutrition Notes That Matter Driving Outcomes and Reimbursement Through Better Documentation By: Staci Bettiker MS, RDN, LDN, FAND	1:00PM - 2:00PM	1 GEN
Feeding with a Purpose: A Dietary Mangers Guide to G-Tubes By: Katherine Henneman RDN, LDN, CDC, CNSC	2:00PM - 3:00PM	1 GEN
Ethics By: Rosalind Davis, BS, CDM, CFPP	3:00PM - 4:00PM	1 Ethics
Total CEU's		4 GENERAL 2 SANITATION 1 Ethics

# ILANFP Spring 2026 Conference Agenda

## Day 2

Friday April 17 <sup>th</sup>	Time	C.E.'s
Registration	7:30AM - 8:00AM	
Presentation on History of Spices and Herbs Educational Activity and Food Demo By: Chef Kiernan	8:00AM - 10:00AM	2 GEN
Seasons of Foods By: Minaj Raj PHD, MPH	10:00AM - 11:00AM	1 GEN
Spices and Herbs Potential Health Benefits By: Elizabeth Guterrez	11:00AM - 12:00PM	1 GEN
Lunch	12:00PM - 1:00PM	
ILANFP Members Meeting	1:00PM - 2:00PM	
Food Defense: Protecting our Food, Our Communities, and Our People. By: Jessica Madson, PHD, RDN, LDN	2:00PM - 3:00PM	1 SAN
Bone Health for Dietary Managers By: Lynn B. Destry BS, AOS, LMT, CDM, CFPP	3:00PM - 4:00PM	1 GEN
Total CEU's		5 GENERAL 1 SANITATION

**ILANFP SPRING INTO ACTION  
2026 SPRING CONFERENCE REGISTRATION FORM  
April 16-17, 2026**

**Redco Foodservice Equipment -  
1340 Ardmore Ave, Itasca, IL**

**ATTENDEE INFORMATION**

**Full Name:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Contact Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**ANFP Member Number:** \_\_\_\_\_

**CHECK YES IF YOU ARE:**

- First-Time Attendee**
- Dietitian**
- Administrator**

**COMMUNITY / FACILITY INFORMATION**

**Community Name:** \_\_\_\_\_

**Community Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Hotel information:**

**Country Inn & Suites By Raddison**

**1160 W. Devon Ave. Elk Grove Village, IL 60007**

**3 Min. Drive from Redco. Call and use the code ILANFP for special Room Rate of \$119 per night Prior to April 1<sup>st</sup> or Click the link:**

**<https://www.choicehotels.com/reservations/groups/PM91W5>**

**Payment Options**

**Scan the QR Code and Pay Online**

**ANFP Member Code \$75**

**Guest Code \$65**



## ILANFP Board Contact Information

Name	Position	Email	Phone
Jean Siegel	President / Newsletter Editor	Jes2521@yahoo.com	(815)388-2075
Preeti Padmanabhan	President-Elect	preetidevdass@yahoo.com	(262)748-5004
Tracy Cotner	Past President / Treasurer	tcotner2001@outlook.com	(309)830-3394
Rosalind Davis	Programs Chair	amazingroz23@gmail.com	(847)596-1866
Nicole Renner	Secretary	nicole@ontray.net	(309)635-0475
Amy Schoon	Membership Chair / Vendor Chair	aschoon@arcadialtc.com	(309)417-3348
Rhonda Hooten	Hospitality Chair	rkhooten70@gmail.com	(618)791-1602
Tammy Cooper	Ways and Means	coopertammy016@gmail.com	(217)732-5029



Association of Nutrition & Foodservice Professionals

**On behalf of the Nutrition & Foodservice Education Foundation, we want to extend a heartfelt THANK YOU to the chapters that participated in our Giving Today, Impacting Tomorrow Chapter Competition fundraiser during ANFP's Pride in Foodservice Week!**

**We are excited to share that Illinois ANFP is the winning chapter with the highest percentage of members that participated in the fundraiser and the winning chapter for raising the most money per member!**



**Congratulations to Illinois ANFP! We look forward to recognizing your chapter's supporting donors at the Volunteer Luncheon at the Annual Conference & Expo in Orlando, FL, June 15-17, 2026!**

**The support of chapters participating in this fundraiser helps us continue advancing our mission and making a real impact on food and nutrition services professionals. We are truly grateful for your dedication and generosity!**



# STEP INTO LEADERSHIP

# ILANFP BOARD & COMMITTEE INTEREST FORM

## Every Chapter Needs Heroes.

ILANFP continues to grow because of members who are willing to lead, support, and serve. If you are interested in getting more involved, we would love to hear from you!

Serving on the ILANFP Board is a rewarding opportunity to:

- ✓ Develop leadership skills
- ✓ Expand your professional network
- ✓ Influence the direction of our chapter
- ✓ Support fellow nutrition & foodservice professionals
- ✓ Strengthen ANFP at the state level

### MEMBER INFORMATION

Full Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Community/Facility: \_\_\_\_\_

### I AM INTERESTED IN SERVING IN THE FOLLOWING ROLE(S):

- Ways & Means Committee
- Awards & Recognition Chair
- Membership Committee
- Vendor Committee
- Webmaster
- Meeting Logistics Chair / Committee
- Secretary
- Hospitality Committee
- Treasurer-Elect
- Teller Committee
- Nominating Committee
- Program / Meeting Speakers Chair
- Brand Ambassador
- President-Elect

Please return this form to:

Amy Schoon

Aschoon@arcadialtc.com

# Upcoming Events

Shine Bright!

JOIN US FOR THE  
**2026 ANFP Annual  
Conference & Expo (ACE)**

JUNE 15-17, 2026  
ROSEN CENTRE HOTEL  
ORLANDO, FL

WHY ATTEND?



14+ CE HOURS

neon nights  
honors gala

Attend the IL Spring  
Conference for your  
chance to win FREE  
admission to the  
Fall 2026 Regional  
Meeting!

Attend the IL  
Spring Conference  
for your chance to  
win FREE admission  
to ACE!

ANFP | MICHIGAN  
Association of Nutrition & Foodservice Professionals



## SPRING MEETING

THURSDAY  
MAY 28<sup>TH</sup>, 2026

### About Our Event!

You're invited to join us for a one-day opportunity to reconnect, learn, and collaborate with fellow food and nutrition professionals from across the state.

In an effort to make this event accessible and welcoming to all, we have intentionally kept registration significantly reduced so cost is not a barrier to connection and professional growth.

~~\$100~~ \$25

[CLICK HERE TO REGISTER](#)



### Event Highlights

#### Continuing Education Credits

Practical, relevant topics presented by industry and peer leaders. At least 10 CEUs

#### Trade Show

Connect with vendor partners during our networking lunch.

#### Peer Networking

Connect, share ideas, and build relationships with colleagues.

#### Relax & Recharge

Enjoy time to unwind at a fun, resort-style venue.



Contact us  
[Rosemaryahocdm@outlook.com](mailto:Rosemaryahocdm@outlook.com)

Discounted Hotel Block  
[Link to Book Online](#)





# Fall 2025 Conference Recap

