

Editor: Rosalind Davis, CDM, CFPP | Co-Editor: Steven Eager, CDM, CFPP

### About ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management.

ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.

### Notice to all Members

**Please keep your address, phone number, and your email address current with the National ANFP Office.**

Please notify ANFP immediately if your information has changed!

Call 1-800-323-1908 or visit the website:

<http://www.anfponline.org>

#### For more information on ANFP

Contact the Association of Nutrition & Foodservice Professionals:

406 Surrey Woods Dr., St Charles, IL 60174

phone: 800-323-1908, fax 630-587-6308

email: [info@ANFP.online.org](mailto:info@ANFP.online.org)

website: [www.ANFPonline.org](http://www.ANFPonline.org)

## We're on Facebook!

**CHECK IT OUT**



# CONGRATULATIONS!

**ANFP**® | ILLINOIS



Our President, Tracy Cotner, attended ANFP ACE Conference in New Orleans and accepted several awards on behalf of our state chapter.

## AWARDED

**Diamond Nominee Award  
Government Affairs award  
Membership Award  
Communication Award  
Platinum State Achievement Award**

IL-ANFP BOARD MEMEBERS



# Welcome New ILANFP Members!

Frederica Johnson. Homewood, Illinois. 4/15/23

Ruth Koss. Bollingbrook, Illinois. 4/17/2023

Haley Miller. Abington, Illinois. 4/18/23

Aimee L Nordine. Bloomington, Illinois. 4/12/23

David J Sak. Aurora, Illinois. 4/3/23

People Eli Ayoub. Wauconda, Illinois. Joined 5/1/23

Danielle Baze. Quincy, Illinois. Joined 5/22.23

Carlos Castillo. Glendale Heights, Illinois. Joined 6/14/23

Andrew Collett. Peoria, Illinois. Joined 5/10/23

Teresa Dusch. Peoria, Illinois. Joined 5/19/23

Felicia Renee Evans. Moline, Illinois. Joined 5/2/23

Paul Fischer. Joliet, Illinois. Joined 5/8/23

Vivian Lynn Johnson. Springfield, Illinois. Joined 7/23/23

David Land. Lemont, Illinois. Joined 6/29/23

Terri Leady. Angola, Indiana. Joined 7/5/23

Teresa Macias. Elgin, Illinois. Joined 7/20/23

Nicholas Padoa. Champaign, Illinois, Joined 6/20/23

Peter Winston Abrahamson. Tri Lake Villa, Illinois. Joined 8/8/23

Amy Jo Butow. Forest, Illinois. Joined 8/11/23

## Congrats on Our Current Member Milestones!

### Five Years, Since 2018

Nina Bailey

Brenda Benning

Robert Bennick

Estevan Branscum

Lisa Bredan

Edna Carrasquillo

Colleen Chambliss

Kenneth Cissell

Jarrold Davis

Janette Diaz

Lane Duffin

Jennifer Duncan

Ryan Edwards

Kira Eggert

Alta Fecht

Jeanette Fenton

Laura Franger

April Greifzu

Mitchell Hartman

Rhonda Hooten

Michelle Jackson

Danielle Jones

Lance Kelly

Miranda Koester

Kamilia Kozlowski

Diana Lauzon

Margaret Martin

Michele McMahon

Carolijo Moore

Tojuana Moore

Beth Niebauer

Angela Paxton

Taunja Puckett

Mandy Rector

Francisco Sanchez

Lieade Denise

Simmons

Christine Simms

Cindy Simone's

Amanda Smith

Kim Swarts

Nicole Williams

Mohammed

Zahiruddin

### Ten Years, Since 2013

Stephanie Carrell

Thomas Corley

Tawnya Denning

Malika Devineni

Wanda Gifford

Jon Kobylewski

Karl Kuntz

Jessica Morris

Gemma Murphy

Brenda Parker

Jennifer Ptasnik

Jennifer Readhour

June Schroenhamer

Christina Schultz

Alex Ulrich

Mark Wolnik

### Fifteen Years, Since 2008

Jo Anne Brown

Christine Palmer

Tanyette Shannon

Taunja Puckett

### Twenty Years, Since 2003

Michelle Caballero

Kathy Clark

Michelle Espinoza

Drinkwater Shepard

Rebecca Fair

Jason Rice

Pat Spoonmore

### **25 & 30 YEARS**

Lisa Deininger

Sheila Hamilton

Rose Headley

Imelda Reyes

Martha Kellerman

Michael Lewis

James Meeks

Muriel Casinger

Marie Cramer

Lori Webb

# 2023 Fall Meeting Information and Agenda

## “BUILDING BRICK BY BRICK 2.”

**When:**  
October 19 and 20, 2023

**Where:**  
Northfield Inn & Suites  
Springfield, IL 62702

13 C.E.'s

**Topics of Session:**

1. Cultural Awareness
2. Empowerment
3. Morals & Ethics
4. Dementia
5. Dysphagia Cooking
6. Movement & Nutrition
7. School Nutrition
8. Charting
9. Survey Readiness

We are asking all attendees to dress in business casual attire.

Please bring a canned food donation for The Greater Chicago Food Depository

### Thursday, October 19

Event	Time	C.E.'s
Registration, Introduction, Activity	700 to 800 am	
Charting Champions Key Nutrition Components to help Maximize reimbursement. Staci Bettiker, MS, RN, LDN, FAND	800 to 900 am	1
Uniting Yoga with Nutrition. Bev Hopkins	900 to 1000 am	1
Vendor Show	1000 to 1130 pm	
Introduction to Traveling CDM Concepts. Monica Taxali, CDM, CFPP	1130 to 1200 pm	0.5
LUNCH With speaker, Kevin Mackinley, Operations Director, Central Illinois Food Bank	1200 to 100 pm	
IDPH Surveyor Jonathan Harwood, MS, RN	100 to 230 pm	1.5 Sanitation
Modern Dysphagia Cooking Laurie Berger, MBA, RD, LD	230 to 330 pm	1
Navigating Morals & Ethics in Dietary Management, A Nursing Home Perspective. Monica Taxali, CDM, CFPP, MS	330 to 500 pm	1.5
A Helping Hand in Foodservice Danielle Witzig, MS, RD, LD	500 to 530 pm	0.5
<b>Total C.E.'s</b>		<b>5.5 General 1.5 Sanitation</b>

### Friday, October 20

Event	Time	C.E.'s
Registration, Introduction, Activity	730 to 800 am	
Building Block For Your Menu Chef Jon Vance	800 to 930 am	1.5
Dementia & Feeding Concerns	930 to 1030 am	1
Navigating Difference: Cultural Awareness Nancy Esarey Quedrigo	1030 to 1200 pm	1.5
LUNCH	1200 to 1230 pm	
ILANFP Board Meeting	1230 to 100 pm	
Hands On Practice, Reality of Dementia Karen Gedrose, Melissa Coulter	100 to 200 pm	
Empowerment Mary Grace Krowley-Koch	200 to 300 pm	1 Ethics
School Nutrition Program Requirements and From The Field Debbie Kains	300 to 400pm	1
<b>Total C.E.'s</b>		<b>5 General 1 Ethics</b>

All individuals will be required to complete an evaluation to receive CE Certificates.

# ILANFP 2023 Fall Meeting Registration

## “BUILDING BRICK BY BRICK 2”

October 19 -20 | Northfield Inn & Conference Center, 3280 Northfield Drive, Springfield, IL

13 CE's Available

### DIRECTIONS:

Please print, fill in your information below, and mail the completed registration form to, postmarked no later than October 13<sup>th</sup>, 2023:

Rosalind Davis  
1817 Carmel Blvd, Apt 1  
Zion, Illinois 60099

[CLICK HERE FOR ONLINE REGISTRATION](#)

ANFP MEMBER NUMBER: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_

FACILITY: \_\_\_\_\_

FACILITY ADDRESS: \_\_\_\_\_

### Are You?

A First Timer: Yes \_\_\_\_\_

A Dietitian: Yes \_\_\_\_\_

## FULL PAYMENT (due at time of registration)

Check \_\_\_\_\_ Zelle \_\_\_\_\_

### REGISTRATION FEE:

\$55.00 Member (including lunch) How many? \_\_\_\_\_

\$55.00 per Guest (price of lunch for both days) How many? \_\_\_\_\_ Name: \_\_\_\_\_

Please make checks payable to ILANFP for registration (include your name).  
Contact Pretti Devdass, CDM/CFPP, Treasurer for payment via PayPal (262-748-5004)  
Payment via ZELLE: [ILANFP22@GMAIL.COM](mailto:ILANFP22@GMAIL.COM) :

Northfield Inn & Suites Booking Info:  
(217-203-0629)

Event Rate of \$98/night when you mention ILANFP

## Spring 2023 Meeting Highlights



# CONNECTS



**President, President-Elect, and Past President meet  
With designee from Goveners Office**



**Celebrating at ANFP ACE in New Orleans 2023  
Valletta Calhoun, Tracy Cotner, Rosalind Davis, Nina Westbrook**



Members,

# did you know?

Our Spring 2024 Meeting will be held at Performance Food Group in Rock Island, IL on April 18<sup>th</sup> & 19<sup>th</sup>? Save the date!

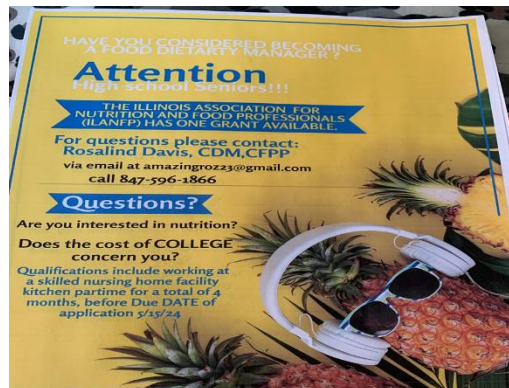
If you register and attend the 2024 Fall Meeting and can name a person pictured in this 10/23, ILANFP newsletter correctly, you can be included in a drawing for a gas card. The winner is to be announced 1pm, October, 19<sup>th</sup> 2023. You must be present at the meeting to win.

That in order to give back to a local community, at the Fall 2023 Meeting. We are asking attendees to bring a canned fruit or vegetable to help local community members and the Central Illinois Food Bank.

As a member of ILANFP you can audit the ILANFP Board Meeting 10/18/23, at 7 pm, Northfield Inn and Suites and Conference Center, Springfield.

If you are a student currently registered in a dietary management course and can provide proof, by attending a state meeting the following meeting cost would be 50% off.

We have a grant a year for one high school senior (ages 17 -19). For details, please go to the [ILANFP Facebook page](#) or call Rosalind Davis at 847-596-1866 or email at [amazingroz23@gmail.com](mailto:amazingroz23@gmail.com).



Our next national meeting (ACE) will be held in Reno, Nevada at Grand Sierra Resort and Casino June 10<sup>th</sup>-13<sup>th</sup>, 2024. At our 2023 Fall Meeting, one person and one alternate will be selected to receive a free early bird registration to ACE.



# CDM, CFPPs Cultivating Roots

## Rallying Organizations & officials in Training Standard

### Cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

[ ] Yes, I would like to support CDM, CFPPs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

### Cultivate. Grow, REAP!

#### Contact Information

MEMBERSHIP ID#: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

### Questions?

Contact Mindy Theesfeld at 800.323.1908x128  
or [mtheesfeld@ANFPonline.org](mailto:mtheesfeld@ANFPonline.org)

ANFP PAC is the federally registered political action committee of the Association of Nutrition & Foodservice Professionals. Contributions to a PAC must be personal, not corporate, and are voluntary. Federal law requires ANFP PAC to report the name, address and employer name of individuals whose contributions exceed \$200 in a calendar year and contributions to ANFP PAC are not tax-deductible for federal income tax purposes.

If you are interested in helping to fund ANFP-PAC, please fill out this form, check written to ANFP-PAC, and would like the contribution to be combine with Illinois members, then send check to:

Rosalind Davis, President-Elect  
P.O. Box 683  
Waukegan, IL, 60079

Association of Nutrition & Foodservice Professionals  
Phone: 800.232.1908  
Fax: 630.587.6308  
[www.anfponline.org](http://www.anfponline.org)

# ILANFP Volunteer Sign Up

ILANFP is your association and we need your expertise. We are wanting to get more of the members involved with the Association.

Would you like to volunteer for the Board or another capacity or help us plan future meetings? Tell us which area you would like. We provide job descriptions and training. We thank you very much!

## Are you interested in serving in a leadership role?

<b>Ways and Means Chair</b>	Address:	YES	NO
<b>Awards &amp; Recognition Chair</b>		YES	NO
<b>Membership Committee</b>		YES	NO
<b>Vendor Committee</b>		YES	NO
<b>Webmaster</b>		YES	NO
<b>Meeting Logistics Chair or Committee</b>		YES	NO
<b>Secretary (Taking Minutes &amp; Communicating)</b>		YES	NO
<b>Hospitality Committee at Meetings</b>		YES	NO
<b>Treasure-elect</b>		YES	NO
<b>Teller Committee</b>		YES	NO
<b>Nominating Committee</b>		YES	NO
<b>Program-Meeting Speakers Chair or Committee</b>		YES	NO
<b>Brand Ambassador or Committee</b>		YES	NO

If yes, please indicate which role(s) and  
include contact information in area below.

Name:

\_\_\_\_\_  
\_\_\_\_\_

Email:

\_\_\_\_\_  
\_\_\_\_\_

Phone Number:

\_\_\_\_\_  
\_\_\_\_\_

# **from the Computer of ...**

**Tracy Cotner, CDM, CFPP  
ILANFP President**

**HELLO, ILANFP MEMBERS,**

**I hope you are having a great year. ILANFP has been working on a few new things we hope will be ready in Spring of 2024 or Fall 2024. We would love to see more of our members attending our meetings. These meeting are held on the 3<sup>rd</sup> Thursday & Friday of April (Spring Meeting-moves to a different location thru out the state) and of October (Fall Meeting-Springfield, IL). So mark those calendars for our upcoming Meetings.**

**We are always looking for those that would love to volunteer. Whether it be for a year on the board or a chairman, or just at our meeting. Please talk to one of our board members and we will point you in the right direction. If you have ideas for speakers for out meetings, please do not hesitate to contact me. We are always looking for dynamic and enthusiastic speakers. So please join us at our meeting. Any questions email me, call me, fb message me!!**

**[TCOTNER2001@OUTLOOK.COM](mailto:TCOTNER2001@OUTLOOK.COM)**

**309-830-3394**

***Tracy***

### Executive Summary

**ILANFP Fund Balance : \$9,163.60**

#### Current Board Members

Position	Name	Email	Phone
President	Tracy Cotner	<a href="mailto:tcotner2001@outlook.com">tcotner2001@outlook.com</a>	309-830-3394
President-Elect	Jean Siegel	<a href="mailto:Jes2521@yahoo.com">Jes2521@yahoo.com</a>	815-388-2075
Secretary	Amy Schoon	<a href="mailto:Aschoon44@gmail.com">Aschoon44@gmail.com</a>	309-417-3348
Treasurer	Preeti Padmanabhan	<a href="mailto:preetidevdass@yahoo.com">preetidevdass@yahoo.com</a>	262-748-5004
Past President and Newsletter Editor	Rosalind Davis	<a href="mailto:Amazingroz23@gmail.com">Amazingroz23@gmail.com</a>	847-596-1866
Treasurer Elect	Ronna Sander	<a href="mailto:Ronnas67@hotmail.com">Ronnas67@hotmail.com</a>	618-409-4646
Nominating Committee	Michele Fischer	<a href="mailto:Mmfischer45@hotmail.com">Mmfischer45@hotmail.com</a>	309-635-8984
Vendor Chair	Terri Edens	<a href="mailto:Territedens1@yahoo.com">Territedens1@yahoo.com</a>	815-878-2530
Ways/ Means	Tammy Cooper	<a href="mailto:tacooper@chliving.org">tacooper@chliving.org</a>	217-732-5029 Ext 01129
Hospitality	Rhonda Hooten	<a href="mailto:rkhooten70@gmail.com">rkhooten70@gmail.com</a>	618-939-3488 ext 1142
Membership Chairperson	Steven Eager	<a href="mailto:eager.steven@gmail.com">eager.steven@gmail.com</a>	269-686-6214