

Editor: Rosalind Davis, CDM, CFPP

About ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management.

ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.

Notice to all Members

Please keep your address, phone number, and your email address current with the National ANFP Office.

Please notify ANFP immediately if your information has changed! Call 1-800-323-1908 or visit the website: <http://www.anfponline.org>

For more information on ANFP

Contact the Association of Nutrition & Foodservice Professionals:
406 Surrey Woods Dr., St Charles, IL 60174
phone: 800-323-1908, fax 630-587-6308
email: info@ANFP.online.org website:
www.ANFPonline.org

We're on Facebook!

CHECK IT OUT



2025 Spring Meeting Information and Agenda

“FUELING FOR THE FUTURE: INNOVATIONS IN FOOD, HEALTH, AND SUSTAINABILITY”

We are asking all attendees to dress in business casual attire.

Thursday, April 10th		
Event	Time	C.E.'s
Registration and Introduction	730a to 800a	
Impact of Substance Use Disorder on the Family: How This Impacts Food Service Professionals Emily Harmon	800a to 930a	1.5 Gen
Active Shooter Training Bonnie J. Corbly, MS, Criminal Justice	930a to 1100a	1.5 Gen
House Representative Brandun Schweizer for the 104th District	1100a to 1200p	1.0 Eth
LUNCH	1200p to 100p	
Self Care and Motivation Emily Harmon	100p to 230p	1.5 Gen
Aging Matters: Understanding Generations Michelle Kim, MS, Organizational Leadership	230p to 400p	1.5 Gen
Total C.E.'s		1 Ethic 6 General
Friday, April 11th		
Event	Time	C.E.'s
Cultural Awareness Nancy Esarey Quedraogo	800a to 900a	1.0 Gen
Pause Before You Pour: Alcohol Awareness For Health and Safety for Everyone Megan Chung, MS, RDN, LDN	900a to 1000a	1.0 Gen
Navigating Nutrition and Health Trends, Policies, and Practical Strategies in the Industry Jason Speaks, Director of Government Relations, Leading Age Illinois	1000a to 1100a	1.0 Eth
Eating Disorders Bethni S. Gills, MS, RD, LD	1100a to 1200p	1.0 Gen
LUNCH	1200p to 100p	
ILANFP Member Meetings	100p to 200p	
Nutritional Management of Diabetes: The Carbohydrate Consistent Diet Tracy Dennis, MS, RDN, LDN, CDES	200p to 300p	1.0 Gen
Living Gluten Free, Nutritional Strategies for Celiac Disease Tracy Dennis, MS, RDN, LDN, CDES	300p to 400p	1.0 Gen
Total C.E.'s		1 Ethic 5 General
<i>All individuals will be required to complete an evaluation to receive CE Certificates.</i>		

ILANFP Spring 2025 Meeting Registration

**“FUELING FOR THE FUTURE: INNOVATIONS IN FOOD,
HEALTH, AND SUSTAINABILITY”**



April 10th and 11th

Effingham Event Center
1501 W. Fayette Ave
Effingham, IL

Earn 13
continuing
education credits

CLICK HERE FOR ONLINE REGISTRATION

Are You?

A First Timer: Yes _____

A Dietitian: Yes _____

An Administrator: Yes _____

ANFP MEMBER NUMBER: _____

NAME: _____

ADDRESS: _____

CONTACT NUMBER: _____

FACILITY: _____

FACILITY ADDRESS: _____

**FULL PAYMENT
(due at time of registration)**

Check _____ Zelle _____

REGISTRATION FEE:

\$65.00 Member. How many? _____

\$55.00 per Guest. How many? _____

Name(s): _____

*registration includes: lunch for both days, a
continental breakfast on day two, and twelve
and a half continuing education credits *see
meeting agenda for more details*

DIRECTIONS:

Please print, fill in your information, and mail the completed
registration form to, postmarked no later than April 8th, 2025:

Rosalind Davis
1669 Harper Drive
Rantoul, Illinois 61866

Please make checks payable to Dietary Managers Association for
registration (include your name); or scan the Member or Guest QR
Code to the right, for online payment.

Contact Jean Siegel, CDM, CFPP, President, for payment
815-388-2075



Members Registration QR Code
\$65.00



Guest Registration QR Code
\$55.00

Room block is going to be at: Comfort Inn & Suites 1310 W. Fayette
Ave. Effingham, IL 62401 Use the name: ILANFP for a room rate of
\$125 per night.

217-405-4044

Fall 2024 Meeting Highlights



5 Years of Service
Cassandra Carter, Tracy Cotner,
Cathy Gaydos, and
Preeti Padmanabhan



10 Years of Service
Stephane Perrin with President
Jean Siegel



15 Years of Service
Janelle Ditta with President
Jean Siegel



30 Years of Service
Patty Witte



35 Years of Service
Rosalind Davis
Terri Eden

Thank you for your years of service!

Fall 2024 Meeting Highlights



IL-ANFP Board Members

(From Left to Right): Rosalind Davis, Amy Schoon, Jean Siegel, Terri Edens, Preeti Padmanabhan, Nicole Renner, Tammy Cooper, Rhonda Hooten, & Tracy Cotner



Chapter Members - All Attendees

ANFP® | ILLINOIS

Fall 2024 Meeting Highlights



Building Bridges and Breaking Bread



**Illinois Senator Adriane Johnson and
Illinois Representative Brandun Schweizer**



Our Partners with Performance Food Group!



Have a preferred vendor that would like to participate in our Vendor Show during our Fall 2025 meeting? Contact Amy Schoon, Vendor Chair

3 Cheers for ILANFP!

Diversity, Equity and Inclusion has been included in ILANFP meetings, since Fall 2023. Nancy Easarey Quedraogo from University of Illinois Extension has introduced us to, “Navigating Difference: Culture Competency and Digital Equity.” We got to participate in a study by Minakshi Raj, PHD, MPH, Assistant Professor Health and Kinesiology University of Illinois - Champaign-Urbana . Objective of the study, was to explore what are healthcare facilities doing to be inclusive of all residents of different cultures in our facilities with the foods offered. McCormick Spices Science Institute work to help the study. If you have ideas on how we can continue our efforts will you please email amazingroz23@gmail.com.

Why is Diversity, Equity and Inclusion important?

1. We want to and should represent the community we serve.
2. Everyone wants to be acknowledged and included.
3. When everyone feels included, conflicts are fewer and easier to resolve.



Proclamation from State of Illinois



Donation to the Heyworth Food Pantry

CONNECTS



Members,

did you know?

Our Fall 2025 meeting will be held at Northfield Inn & Suites, Springfield, Illinois, October 16 and 17th? Save the date!

If you register and attend the 2025 Spring Meeting and can name a person pictured in this March, 2025, ILANFP newsletter correctly, you can be included in a drawing for a gas card. The winner is to be announced during the conference board meeting. You must be present at the meeting to win.

As a member you can audit the ILANFP meeting, 4/9/25, at 7 pm. Please contact, Rosalind Davis, for details 847-596-1866.

If you are a student currently registered in a dietary management course and can provide proof, by attending a state meeting the following meeting cost would be 50% off.

2025 Fall Meeting

SAVE THE DATE

October 16th & 17th
Springfield, IL

ILANFP Volunteer Sign Up

ILANFP is your association, and we need your expertise. We are wanting to get more of the members involved with the Association. Would you like to volunteer for the Board or another capacity or help us plan future meetings? Tell us which area you would like. We provide job descriptions and training. We thank you very much!

Are you interested in serving in a leadership role?

Ways and Means Chair

Awards & Recognition Chair

Membership Committee

Vendor Committee

Webmaster

Meeting Logistics Chair or Committee

Secretary (Taking Minutes & Communicating)

Hospitality Committee at Meetings

Treasure-elect

Teller Committee

Nominating Committee

Program-Meeting Speakers Chair or Committee

Brand Ambassador or Committee

PLEASE CIRCLE THE ROLES OF INTEREST ABOVE

MEMBERSHIP ID#: _____

FULL NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

PHONE: _____

EMAIL: _____

Dear ILANFP Members, Students, and Guests,

On behalf of the Illinois Association of Nutrition and Foodservice Professionals (IANFP), I want to extend my sincere gratitude for your continued membership and support. Your dedication to the field of nutrition and foodservice is what makes our organization thrive, and we are proud to have you as part of our professional community.

I am excited to personally invite you to our **Spring Conference, taking place in Effingham, IL, on April 10th and 11th, 2025**. This year's event promises to be an invaluable opportunity for learning, networking, and professional growth. We have assembled an outstanding lineup of speakers who are eager to share their expertise and provide us with **continuing education hours** that will enhance our knowledge and skills.

A special thank you goes out to our **dedicated ILANFP Board Members**, who generously volunteer their time and expertise to make this event possible. Their hard work behind the scenes ensures that we can come together for meaningful discussions, engaging presentations, and a conference experience that benefits all attendees.

Beyond education, this conference is a chance to **connect with fellow professionals, share ideas, and celebrate the advancements in our industry**. Whether you are a seasoned expert, a student just beginning your journey, or a guest looking to expand your knowledge, you will find value in the sessions and the camaraderie of our ILANFP community.

We encourage you to register early and secure your spot for this can't-miss event! Thank you again for being part of ILANFP; we look forward to seeing you in Effingham this April.

Best regards,

Jean Siegel
President, ILANFP

Executive Summary

ILANFP Fund Balance: \$3,426.70 (as of 2/1/25)

Current Board Members

Position	Name	Email	Phone
President	Jean Siegel	Jes2521@yahoo.com	815-388-2075
President-Elect	Preeti Padmanabhan	preetidevdass@yahoo.com	262-748-5004
Secretary	Nicole Renner	nicole@ontray.net	309-635-0475
Treasurer and Past President	Tracy Cotner	Tcotner2001@outlook.com	309-830-3394
Program Chair and Newsletter Editor	Rosalind Davis	Amazingroz23@gmail.com	847-596-1866
Vendor Chair	Amy Schoon	Aschoon44@gmail.com	309-417-3348
Nominating Committee	Michele Fisher	Mmfisher45@hotmail.com	309-635-8984
Ways/Means	Tammy Cooper	coopertammy65@gmail.com	217-737-8781
Hospitality	Rhonda Hooten	rkhooten70@gmail.com	618-939-3488 ext 1142