

FALL 2025

ANFP ILLINOIS

ASSOCIATION OF NUTRITION & FOODSERVICE
PROFESSIONALS

THE LAND OF LINCOLN LEDGER

Harvesting Progress

Advancing Innovations in
Food, Health, and
Sustainability



Editor: Preeti Padmanabhan MS CDM CFPP

Notice to all Members

Notice to all Members Please keep your address, phone number, and your email address current with the National ANFP Office.

Please notify ANFP immediately if your information has changed! Call 1-800-323-1908 or visit the website:

<http://www.anfponline.org>

For more information on ANFP Contact the Association of Nutrition & Foodservice Professionals:

406 Surrey Woods Dr., St Charles, IL 60174

phone: 800-323-1908, fax 630-587-6308

email: info@ANFP.online.org website: www.ANFPonline.org

ABOUT ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management. ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.



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PRESIDENT'S LETTER

Dear ILANFP Members, Students, and Guests,

It is my pleasure to invite you to the Fall 2025 ILANFP Conference, taking place in Springfield, IL, on October 16th and 17th. This annual gathering is always a highlight for our association, bringing together professionals, students, and guests to learn, connect, and grow. We are excited to share a strong lineup of engaging speakers and educational sessions, each designed to provide valuable continuing education hours while also sparking meaningful discussion and professional development.

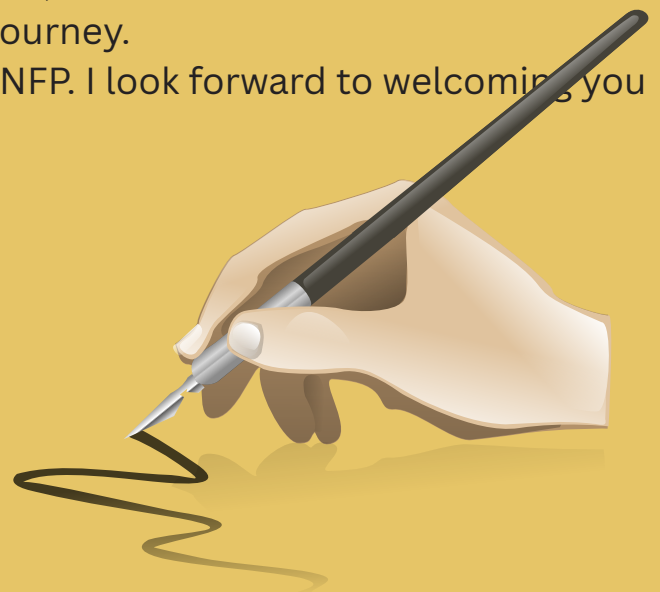
I want to extend a heartfelt thank you to our Board of Directors, who dedicate countless volunteer hours to make these events possible. Their commitment ensures that ILANFP continues to thrive and provide opportunities for all of us to advance in our field.

Looking ahead, we recognize that the strength of our association depends on the involvement of passionate members. We are currently seeking additional volunteer board members and subcommittee members. This is a wonderful way to give back, gain leadership experience, and help shape the future of ILANFP. If you've ever considered becoming more involved, I encourage you to take this step—we would love to have you join our team!

The Fall Conference will not only provide education and CE hours but also the chance to network with colleagues, share ideas, and build connections that enrich both your professional and personal journey.

Thank you for being an important part of ILANFP. I look forward to welcoming you in Springfield this October!

With appreciation,
Jean Siegel
President, ILANFP



FALL MEETING AGENDA

Harvesting Progress

Advancing Innovations in
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Sustainability

**“EARN BIG THIS FALL: COLLECT 13 TOTAL CE HOURS –
INCLUDING 11.5 GENERAL, 1.0 SANITATION, AND 0.5
ETHICS – ALL IN JUST TWO DAYS OF LEARNING,
NETWORKING, AND PROFESSIONAL GROWTH**

Thursday, October 16, 2025 - Conference Agenda

Day 1

Time	Session Title	Speaker(s)	CE Type/Hours
8:00 – 9:00 am	Essentials: Food Safety & Sanitation Training	Elaine Farley Zoucha, RD	1.0 (Sanitation)
9:00 – 10:00 am	Mechanically Altered Diets: Preparations & Testing Methods	Elaine Farley Zoucha, RD	1.0 (General)
10:00 – 12:00 pm	Vendor Show	—	—
1:00 – 2:00 pm	Understanding Different Diets	Tracy Browden, MPH, SNAP Educator	1.0 (General)
2:00 – 3:00 pm	Meals for a Healthy Heart	Wellness Session	1.0 (General)
3:00 – 4:00 pm	Navigating Nutrition & Health	Rachel Mannen, MS, RD & Jason Speaks	1.0 (General)
Day Totals			5.0 General 1.0 Sanitation 6.0 Total

Friday, October 17, 2025 - Conference Agenda

Day 2

Time	Session Title	Speaker(s)	CE Type/Hours
8:00 – 9:30 am	Meeting Cultural Diverse Needs on a Budget	Chef Jon Vance	1.5 (General))
9:30 -10:30	Alcohol Awareness for Health & Safety	Megan Wissner-Chung, MS, RDN	1 (General)
10:30 – 11:30 am	Life Long Oral Health	Tonya Sandstrom, RDH, PA	1.0 (General)
11:30 – 12:00 pm	Ethics	Rep Brandun Schweitzer	0.5 (Ethics)
12:00-12:30	Lunch		
12:30-1:00	ILANFP member meeting		
1:00 – 2:00 pm	Nutrition that Matters	Staci Bettiker, MS, RDN, LDN	1.0 (General)
2:00 – 3:00 pm	Tube Feeding with a Purpose	Katherine Hennemann, RDN, LDN	1.0 (General)
3:00 – 4:00 pm	10 Warning Signs of Alzheimer's	Anne Madonia-Hubbard	1.0 (General)
4:00 – 5:00 pm	Healthy Living for Brain & Body	Anne Madonia-Hubbard	1.0 (General)
Day Totals			6.5 General 0.5 Ethics 7.0 Total

ILANFP 2025 FALL MEETING REGISTRATION



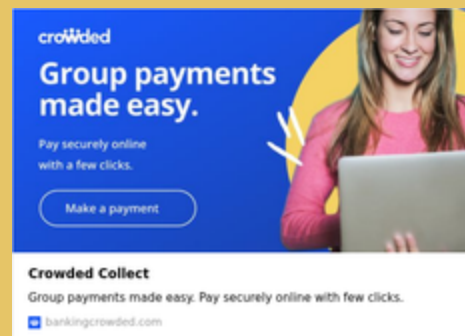
**Northfield Inn Suites & Conference Center 3280 Northfield Drive
Springfield, IL 62702**

FULL PAYMENT (due at time of registration) Online ____ Check ____ REGISTRATION FEE : \$75.00 Member.

\$65.00 per Guest. How many?

____ Name(s): _____

registration includes: lunch for both days, and twelve and a half continuing education credits *see meeting agenda for more details



If paying by check please make the cheque payable to "Dietary Managers Association"



CLICK HERE TO MAKE ONLINE PAYMENT

ILANFP 2025 Fall Meeting Registration

REGISTRATION FORM

Are You? A First Timer: Yes _____

A Dietitian: Yes _____

An Administrator: Yes _____

ANFP MEMBER NUMBER: _____

NAME: _____

ADDRESS: _____

CONTACT NUMBER: _____

FACILITY: _____

FACILITY ADDRESS: _____

t

MAILING INSTRUCTIONS: Print this registration form and mail the completed form, postmarked no later than October 11th, 2025 to: Rosalind Davis 1669 Harper Drive Rantoul, Illinois 60099

Northfield Inn & Suites Booking Info: (217-523-7900) Event Rate of \$109/night, before tax, when you mention ILANFP by 10/1/25

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THE LAND OF LINCOLN LEDGER

volunteer sign up form

IL-ANFP is your association, and we need your expertise!

We are looking for more members to get involved with the Association.

Would you like to volunteer for the Board, assist in another capacity, or help us plan future meetings?

We provide job descriptions and training for all roles. Thank you for considering!

Are you interested in serving in a leadership role?

Please circle or check the roles of interest below:

- ☐ Ways and Means Chair
- ☐ Awards & Recognition Chair
- ☐ Membership Committee
- ☐ Vendor Committee
- ☐ Webmaster
- ☐ Meeting Logistics Chair or Committee
- ☐ Secretary (Taking Minutes & Communicating)
- ☐ Hospitality Committee (at Meetings)
- ☐ Treasurer-Elect
- ☐ Teller Committee
- ☐ Nominating Committee
- ☐ Program / Meeting Speakers Chair or Committee
- ☐ Brand Ambassador or Committee

Member Information

Membership ID#: _____

Full Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: _____

Email: _____

SPRING MEETING HIGHLIGHTS 2024

☀️ "Fresh Ideas, Bright Connections: Highlights from the Spring 2025 Meeting

Strategic Minds at Work — Board Members convened to discuss upcoming initiatives and chapter goals



Warm Welcomes — Smiles at the Registration Desk as members checked in and connected with colleagues



- Gathering Knowledge,
- Growing Together — Members engaged during the Spring IL-ANFP Meeting.

Shake It Up!

A fun Mocktail Competition between the President and President-Elect brought plenty of laughs and creativity.



Breaking Bread, Building Bonds

- IL-ANFP members enjoyed a lively dinner outing together after the sessions.

Leaders in Learning — Expert speakers delivering valuable education to support and empower Dietary Managers across Illinois.



COMMUNITY CONNECTIONS

A BIG THANK YOU!

ILANFP extends heartfelt thanks to all the members who gave their time and energy to support Feed My Starving Children this past fall and spring. Your generosity, teamwork, and spirit of service truly embody the heart of our profession. Together, we are making a difference — one meal, one child, one community at a time. 🌍💖



💖 ILANFP GIVES BACK

Our ILANFP family continues to shine both inside and outside the profession! This past fall and again this spring, members came together to volunteer with Feed My Starving Children (FMSC). With hairnets on and hearts full, we packed meals side by side — proving that teamwork in service can be just as rewarding as teamwork in the kitchen. Each box packed helps nourish children worldwide and reflects our shared commitment to feeding both body and spirit. 🌍🌟

ABOUT FEED MY STARVING CHILDREN

Feed My Starving Children (FMSC) is a nonprofit dedicated to ending childhood hunger. Volunteers hand-pack nutritious, specially formulated meals that are shipped to over 70 countries, providing hope and health to children in need.



ADVOCACY IN ACTION

“CONNECTING COMMUNITIES AND FUTURE LEADERS”



Rosalind Davis, Program Chair and Newsletter Editor, represented IL-ANFP at a recent community session with State Representative Brandun Schweizer in Rantoul, Illinois. The event offered meaningful dialogue on local issues while also highlighting the engagement of the next generation of student volunteers and interns. Moments like these showcase how outreach and advocacy connect seasoned professionals with emerging leaders in public service.

2025 Annual Conference & Expo (ACE)

ILLINOIS CHAPTER SHINES AT ACE 2025!



🏆 MULTIPLE AWARDS OF EXCELLENCE!!!

The Illinois Chapter proudly brought home five prestigious recognitions at the ACE 2025 Meeting:

- Membership Award
- Government Affairs Award
- Communications Award
- Platinum SAA
- Diamond Award Nominee

These honors reflect our chapter's strength in advocacy, communication, growth, and leadership.



Leadership on the National Stage. Representing Illinois were:

- Jean Siegel, President
- Tracy Cotner, Treasurer
- Rosalind Davis, Program Chair & Newsletter Editor
- Amy Schoon, Vendor Chair

Their presence and leadership highlighted the impact of Illinois ANFP on the national platform.

Welcome New Members!

We are excited to extend a warm welcome to our newest IL-ANFP members. Each of you is now part of a strong network of professionals dedicated to excellence in food and nutrition services. We look forward to growing together and celebrating your successes!



*JORGE BOLANOS | Rachel Bolsen | Heather Boone | Brandi Calbert | Tony Campos
David Castelan | Jame Cole | Walter Combs | Janice Crayton | Alicia Cruz
Joey Cruz | Edward Gamble | Samantha Gawrysiak | Cassidy Gramling | Shannon Grove
Raven Hirsch | Dustin Hodges | Jeff Hudson | Roderick Jackson | Sean Jackson
Angelia Johnson | Ausheirah Knox | Tennille Lewis | Kyle Lientz | s Loftis
Rejimon Mathew | Shamika McCray | Tina McWilliams | Omar Medina | Christina Morris
s Nelson | Ma Cabrera | s Pilger | Casey Ponder | s Presto
Tamyra Reeter | s Reynolds | Charles Rindone | s Royalty | lisa russell
Yasmeen Sajid | Kelly Schutte | Raymond Shaughnessy | s Sisk | s Spratt
Ailyn Spring | Jodi Sullivan | NIMA TAGHAVY | Donna Talbert | Tami Tegeler
Teresa Velez-Torreblanca | Giovanni Ventura | tanya vernon | Jeanne Villagrancia | Sally
Zapata
Andrew Zavala*

**Your fresh energy, ideas, and commitment
strengthen our community—welcome aboard!**



Celebrating Milestone Achievements

We are proud to recognize our members who have reached significant milestones in their professional journey as Certified Dietary Managers. These achievements reflect not only years of dedication, but also a continued commitment to excellence in food and nutrition services.



5 Years – Honoring those who have laid a strong foundation in their careers.

Caroline Ardell Shavonne Bolden David Bonilla Gabrielle Brooks
Mike Debella Lynn Destry Dimitrina Goss Kayla Grissom
Sara Hilton Cara Larson Angela Leonard Kelsey Luttrell
Anselma Marroquin Yevett Smith Lani Villanueva Maryann Wyatt
Artravia Young Christina Wooldridge

15 Years – Recognizing a decade and a half of leadership and service.

Raymundo Canas Hillary Harlow Martha Haywood Hector Hernandez
Nieasha Mitchell Lora Nickelson Gladys Peters Jodi Prairie
Tia Reid

25 Years – Recognizing a decade and a half of leadership and service.

Michael Bunting Laurie Cooper Lynn Laughary Sallea Marble
Tamara Welty Nelson Whitaker

10 Years – Celebrating a decade of commitment and professional growth.

Laura Cervantes Karalee Maher Nicole Renner Meranda Snider
Shelly Timmer Betty Webb

20 Years – Applauding the remarkable dedication of members who have devoted two decades to advancing our profession.

Istvan Abdai Valorie Armstrong Teresa Ehret
Carrie Laning
Miguela Lim Ronna Sanders

30+ Years – Highlighting an extraordinary level of commitment that reflects a lifetime of expertise in food and nutrition services.

Dana Bower Mary Harre Elizabeth Hauser Pauline Kelly
Carolyn Loboda Thomas Ryan James Slove Robert Terry

35+ Years – A standing ovation for the true pioneers whose commitment continues to inspire the next generation.

Diana Book Jill Disimoni Gigi Gochee-Statler Elizabeth Gosnell
Lori Ruppert Marsha Thomas-Griest



EXECUTIVE SUMMARY

CURRENT BALANCE AS OF 8/20/25 \$3381.71

<u>Current Board Members</u>			
Position	Name	Email	Phone
President	Jean Siegel	Jes2521@yahoo.com	815-388-2075
President-Elect	Preeti Padmanabhan	preetidevdass@yahoo.com	262-748-5004
Secretary	Nicole Renner	nicole@ontray.net	309-635-0475
Treasurer and Past President	Tracy Cotner	Tcotner2001@outlook.com	309-830-3394
Program Chair and Newsletter Editor	Rosalind Davis	Amazingroz23@gmail.com	847-596-1866
Vendor Chair	Amy Schoon	Aschoon44@gmail.com	309-417-3348
Nominating Committee	Michele Fisher	Mmfisher45@hotmail.com	309-635-8984
Ways/Means	Tammy Cooper	coopertammy65@gmail.com	217-737-8781
Hospitality	Rhonda Hooten	rkhooten70@gmail.com	618-939-3488 ext 1142