



Association of Nutrition & Foodservice Professionals

Illinois Ledger

March 2022

Editor: Annette Burkiett,, CDM,CFPP

Co- Editor: Rosalind Davis, CDM, CFPP

About ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management.

- ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.

Notice to all Members:

Please keep your address, phone number, and your email address current with the National ANFP Office.

Please notify ANFP immediately!

1-800-323-1908 or <http://www.anfponline.org>

For more information about ANFP

Please contact the Association of Nutrition & Foodservice Professionals:

406 Surrey Woods Dr., St Charles, IL 60174 phone: 800-323-1908, fax 630-587-6308

email: info@ANFP.online.org Website: www.ANFPonline.org

Upcoming

❖ Illinois Association of Foodservice Professional (ILANFP) meeting

7:00 to 8:00 AM-Registration

- Ice breaker: who's life, is it?

8:00 to 9:00 AM-Keeping food safe while navigating challenges (1.5 San)

- Kyle Joy Lloyd CHES ,LEHP
- Mercer county health department

9:30-10:30 A.M.-Effects of workplace relationships on preventative health (1.5 GEN)

- Katherine E hook RNBSN and Hanna Garrett CHES
- Mercer county health Department.

10:30-12:00 PM - Heart Healthy Living (1.5 gen)

- Kristin Bogdonas, MPH
- University of Illinois Extension

12:00-1:00 PM Lunch

1:00-2:30 PM- Healing our loss of listening (1.5 gen)

- Demetrious J Willis MS, MBA, RDN
- Lake county Health Department

2:30-4:00 PM Real food first (1.5 Gen)

- Gretchen L Robinson RDN LD
- Martin brothers Distributing

4:00-5:00 PM Getting to Know you! (1 gen)

TOTAL CE 5.5 GEN ,1.5 SANITATION

7:30-8:00 AM Registration

- Ice breaker: Getting to know you!

8:00-9:30 AM Risk-based inspections & Intervention strategies (1.5 gen)

- Laurie Caccamo, LEHP, MPA

9:30-11:00 AM Come bake with me (1.5 gen)

- Sonja Kahr, corporate chef
- General Mills

11:00-12:00 PM Ethics (1.0 ethics)

- Barbara Thomson CDM CFPP
- Aging Rules Healthcare consulting

12:00-12:45 PM Lunch

12:45-1:30 PM Installment of officers/ business meeting

1:30-3:30 PM Looking at the big picture: Survey, Sanitation, Scheduling (2.0san)

- Debra Miller Brander RD, LDN
- Private practice consulting RD

3:30-4:30 PM Management of Food Allergies in Healthcare (1 Gen)

- Nina Struss, RD, LD
- Hy-Vee

**TOTAL CE: 4 GEN,
2 SANITATION,1 ETHICS**

SPRING FORWARD 2022
CONFERENCE REGISTRATION PAPER FORM
ILLINOIS ASSOCIATION OF NUTRITION AND FOOD SERVICE
PROFESSIONALS

APRIL 21 AND 22 2022 BALLY'S QUAD CITY HOTEL
77 BALLY BLVD, ROCK ISLAND, IL

14 TOTAL CEU

REGISTRATION: MAKE CHECKS PAYABLE TO ILLINOIS ANFP
MAIL TO: POSTMARKED NO LATER THAN APRIL 13, 2022
ROSALIND DAVIS 1817 CARMEL BLVD., ZION, IL 60099

NAME-----MEMBER ID #-----

ADDRESS-----PHONE NUMBER: -----

EMAIL: -----

→ MEETING REGISTRATION: \$ 55 INCLUDES TWO LUNCHES
→ ONSITE REGISTRATION \$ 55 NO MEAL INCLUDED CAFÉ
→ AVAILABLE FOR MEAL PURCHASE AT HOTEL
NO DIFFERENCE IN COST IF YOU CHOOSE TO ATTEND ONE
DAY.

PLEASE CHECK IF YOU'RE A STUDENT OR FIRST TIMER
PLEASE BRING A CAN OF FRUIT OR AND OR VEGETABLE FOR
LOCAL CHARITY

HOTEL ROOMS RESERVATIONS MADE BY 4/1/ 2022 ARE AT A
RATE OF DOLLAR 89.99 PER NIGHT BEFORE TAXES BETWEEN
FOR 4/20/2022 AND 4/22/2022. INDICATE THAT YOU ARE
WITH ILANFP, FIRST COME FIRST SERVE LIMITED NUMBER OF
ROOMS ARE AVAILABLE HOTEL PHONE #309-756-4600

ONLINE REGISTRATION AVAILABLE USING
ZELLE(ILANFP22@GMAIL.COM)
PLEASE CONTACT PREETI PADMANABHAN CDM CFPP OUR
TREASURER, CELL #262-748-5004
QUESTIONS: CALL ROSALIND DAVIS CDM CFPP
PRESIDENT, CELL #847-596-1866



Congressman Bradley Schneider (Representing the 10th District of Illinois) and Rosalind Davis, ILANFP President, at an event in North Chicago, Illinois , October 23, 2021, CONGRESS ON YOUR CORNER. At the event, I had a few moments to talk with the Congressman. He gave me a contact person (Greg Claus) to communicate with for the possibility of furthering discussing Illinois ANFP concerns.

JOY BEHAR LASAGNA

Serves 6 to 8

Ingredients

1/2 box lasagna noodles
1-1/2 pounds sweet Italian Sausage (removed from casings)
1 pound whole mozzarella cheese, shredded

Ingredients for Sauce

2 tbsp. Extra virgin olive oil
1 cup chopped onion
2 cloves garlic, chopped
1/4 cup flat- leaf parsley, chopped
1 - 28 oz can crushed Italian Tomatoes
1 - 16 oz jar marinara
1 - 6 oz tomato paste
1/4 cup fresh oregano or 1 TBSP and 1 Tsp dried oregano

1/2 cup fresh basil (chopped) or 2 TBSP and 2 Tsp dried basil

2 tsp. sea salt

3/4 tsp. black pepper

Ingredients for Cheese Mixture

1 pound whole milk ricotta cheese
1 cup Parmesan Cheese, grated
1 extra large egg, beaten

1/4 cup Parmesan Cheese, grated (for garnish)

Directions

1. Preheat the oven to 350°F and position the oven rack in the middle.
2. Make the sauce. Heat the olive oil in a large saucepan and add chopped onion cooking over medium - low heat until translucent (about 5 minutes). Then, add the garlic and stir for one more minute. Add the crushed tomatoes, marinara sauce, tomato paste, oregano, basil, sea salt, and freshly ground black pepper. Simmer uncovered over medium - low heat for 20 minutes.

3. Cook the Sausage. While your sauce is simmering, cook the sausage in a deep skillet over medium - low heat, breaking it up with a wooden spoon, for 10 to 15 minutes, or until fully cooked and no longer pink.
4. Prepare the Cheese Mixture While the sauce and sausage are cooking, make the cheese filling. In a large bowl, combine ricotta, one cup of Parmesan, the beaten egg, chopped parsley, sea salt and freshly ground black pepper. Set aside.
5. Assemble the layers. Ladle one-third of the meat sauce into a 9"12"2" Casserole or baking pan. Spread the sauce over the bottom dish. Then add approximately half the pasta (in one layer, cover the sauce with noodles), half the sliced mozzarella, half the cheese mixture, and one third of the sauce. Add another single layer of noodles, mozzarella, ricotta and the remaining sauce.
6. Bake. Sprinkle with the remaining 1/4 cup of Parmesan on top and bake covered for 45 minutes. Uncover and bake for another 10 to 15 minutes.

Enjoy!



CDM-CFPP

C - Critical
D - Dedicated
M - Manager

C -Crucial
F - Food
P - Push
P - Protection

Letter from the President

In the last year, I have talked with many members about why they will not consider attending this year's state meeting. One of the reasons, besides lack of staffing, is the organizations they work for will not pay for them to come. I personally want to express sadness that your organizations do not understand the value of attending this meeting. If your job does not see the value in participating in this year's session, I want to suggest that you treat yourself. The benefits of attending the state meeting include:

- As a member of our Association, you need to earn 45 CE's every 3 years. Most state meetings offer 13 CEs at a low cost.
- The ability to network with other managers and learn about the amazing things they are doing.
- Time away from work to relax and enjoy time with your peers.

The cost of the state meeting will consist of:

- Registration Fee - \$55.00, which includes the cost of 13 CEs and lunch for two days.
- Hotel Cost: \$110 per night
- All travel costs and meal costs (outside of lunch for the two days of the meeting) will be the responsibility of the member.

Please note, for ILANFP to offer CEs we need members to volunteer to be on Board. By volunteering for the Board, you can learn a whole host of disciplines and leadership skills.

Rosalind Davis, ILANFP President



WELCOME TO THE NEW ILANFP MEMBERS FROM 1/22 TO 3/22:

JANICE ANDREWS

MICHAEL AZZANO

DOROTHY ANN BLAKELY –RAINEY

CHERYL CULLISON

MICHELLE CURLEY

DEANNA DAVIS

MICHELLE DAVIS

MARGARET HARRIS

ANGELICA MARIE JACOBS

JAVIER E. LABOY

KATRINA LINLEY

HAYLEY MANION

TRACY NEAS

BENJAMIN NEUMANN

MARIA ANGELES VAILOCES PENA

GREGORY POTTALA

SHANIKA RICE

GUNDERS SIMANIS

PAULA STONEKING

DAWN TEUBNER

JOSIAH WALTON

INDIA NURSING WILLIAMS

CURRENT

BALANCE

IN

ILANFP

BANK

ACCOUNT

\$24, 605,06

CDM, CFPPs Cultivating Roots

Rallying Organizations & Officials in Training Standard

CULTIVATE.

Cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

[] Yes, I would like to support CDM, CFPPs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

Cultivate, Grow, REAP!

CONTACT INFORMATION

Membership ID#: _____

Fax: _____

Full Name: _____

Email: _____

Address: _____

Occupation: _____

City: _____

Employer: _____

State: _____ Zip: _____

Phone: _____

QUESTIONS?

Contact Mindy Theesfeld at 800.323.1908x128 or mtheesfeld@ANFPonline.org

ANFP PAC is the federally registered political action committee of the Association of Nutrition & Foodservice Professionals. Contributions to a PAC must be personal, not corporate, and are voluntary. Federal law requires ANFP PAC to report the name, address and employer name of individuals whose contributions exceed \$200 in a calendar year and contributions to ANFP PAC are not tax-deductible for federal income tax purposes.

If you are interested in helping to fund ANFP-PAC, please fill out this form, check written to ANFP-PAC, and would like the contribution to be combine with Illinois members:
Then send check to:

Rosalind Davis, President-Elect
P.O. Box 683

Waukegan, Illinois. 60079

Association of Nutrition & Foodservice Professionals Phone 800.232.1908 | Fax: 630.587.6308 |
www.ANFPonline.org



Volunteering

ILANFP is your Association and we need your expertise. We are wanting to get more of the members involved with the Association.

Would you like to volunteer for the Board or another capacity or help us plan future meetings? Tell us which area you would like. We provide job descriptions and training. We thank you very much!

Are you interested in serving in a leadership role?

Yes

**Ways and Means Chair Awards & Recognition
Chair**

**Membership Chair or Committee Working with
Vendor Chair or Committee**

**Hospitality Committee at Meetings
Treasure-elect**

**Constructing a Newsletter Chair or Committee
Webmaster**

Teller Committee

Nominating Committee

**Meeting Logistics Chair or Committee
Secretary (Taking Minutes & Communicating)**

**Program-Meeting speakers Chair or
Committee**

Brand Ambassador or Committee

No

If yes, please indicate which role(s) and include contact information in area below

Name: _____

Address: _____

Email : _____

Phone Number : _____



Have any additional concerns or questions?

Feel free to contact any of the following board members

President: Rosalind Davis
847-596-1866
rdavisil@yahoo.com

President Elect: Robert Bennick.
815-318-1139
robertbennick@yahoo.com

Secretary: Amy Schoon 309-417-3348

aschoon@theloftrehab.com

aschoon44@gmail.com

Treasurer: Preeti Padmanabhan
262-748-5004

prettidevdass@yahoo.com

Program Chairman: Toma Newborn
815-224-4266

hummingbird3193@att.net

Newsletter Editor: Annette Burkiett
309-338-0874

aburkiett@renaissancecarerehab.com

Ways and Means: Hying Hunter
630-940-7964

hunterhying@gmail.com

[ILANFP has a Facebook page](#)

DID YOU KNOW

OUR FALL MEETING WILL BE HELD AT THE NORTHFIELD INN & SUITES CONFERENCE CENTER, IN SPRINGFIELD, ILLINOIS OCTOBER 20 & 21, 2022. PLEASE SAVE THE DATE.

DID YOU KNOW

IF YOU REGISTER AND ATTEND THE SPRING MEETING 2022, AND CAN NAME

A PERSON PICTURED IN THIS 3/22, ILANFP NEWSLETTER, CORRECTLY, YOU CAN BE INCLUDED IN A DRAWING FOR A GAS CARD, WINNER TO BE ANNOUNCED 1PM, APRIL 21, 2022, MUST BE PRESENT AT MEETING.

DID YOU KNOW

THAT IN ORDER TO GIVE BACK TO A LOCAL COMMUNITY, AT THE SPRING MEETING 2022, WE ARE ASKING ATTENDEES TO BRING A CANNED FRUIT OR VEGETABLE TO HELP LOCAL COMMUNITY MEMBERS IN NEED.

DID YOU KNOW

AS A MEMBER OF ILANFP
YOU CAN AUDIT THE ILANFP BOARD SPRING MEETING 4/20/22, AT BALLY'S QUAD CITIES FROM 7 to 9 PM.

DID YOU KNOW

IF YOU ARE A STUDENT CURRENTLY REGISTER IN A DIETARY MANAGEMENT COURSE AND CAN PROVIDE PROOF, BY ATTENDING A STATE MEETING THE FOLLOWING MEETING COST WOULD BE 50% OFF.

DID YOU KNOW

THAT WE WOULD LIKE TO REACH OUT TO SENIORS IN HIGHSCHOOLS TO INTRODUCE THEM TO
FOOD SERVICE FIELD AND A PATHWAY INTO OUR FIELD? IF YOU HAVE A CONNECTION TO A LOCAL HIGHSCHOOL,
THE BOARD WOULD APPRECIATE YOUR PARTICIPATION.