



## Association of Nutrition & Foodservice Professionals

### Illinois Ledger

August 2022

Editor: Rosalind Davis, CDM,CFPP

Co- Editor: Nicholas Weatherspoon

### About ANFP

Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit association established in 1960 that today has over 15,000 Professionals dedicated to the mission of providing optimum nutrition through food management.

- ANFP members work in hospitals, long-term care, schools, correctional facilities, and other noncommercial foodservice settings. The association provides food service references, publications and resources, employment services for members, continuing education development, and certification programs. ANFP monitors industry trends and legislative issues and publishes one of the industry's most respected magazines.

#### Notice to all Members:

**Please keep your address, phone number, and your email address current with the National ANFP Office.**

**Please notify ANFP immediately!**

**1-800-323-1908 or <http://www.anfponline.org>**

#### For more information about ANFP

**Please contact the Association of Nutrition & Foodservice Professionals:**

**406 Surrey Woods Dr., St Charles, IL 60174 phone: 800-323-1908, fax 630-587-6308**

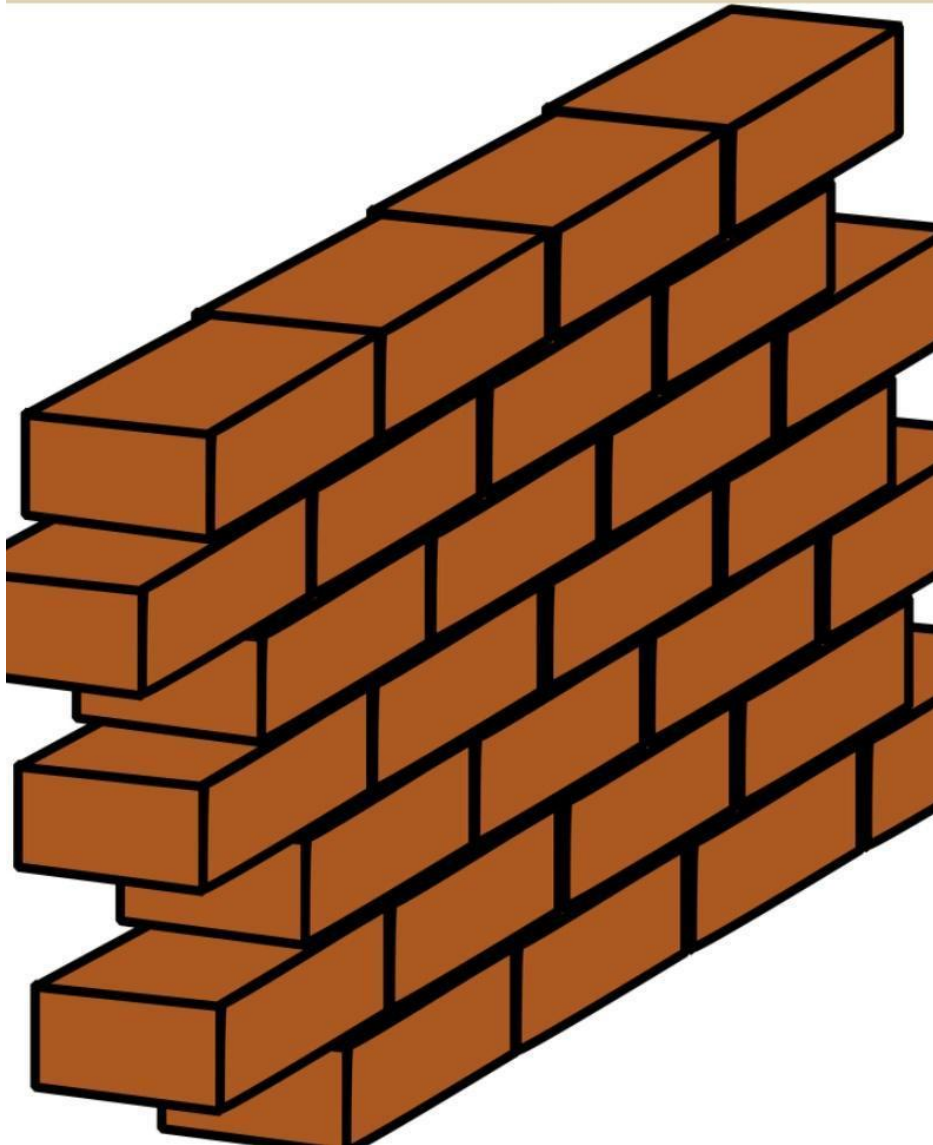
**email: [info@ANFP.online.org](mailto:info@ANFP.online.org) Website: [www.ANFPonline.org](http://www.ANFPonline.org)**

## Upcoming

### ❖ Illinois Association of Nutrition & Foodservice Professional (ILANFP)

Fall Meeting 2022, Northfield Inn and Suites Conference Center, October 20 and October 21, 2022.

“Rebuilding Brick By Brick”



REBUILDING BRICK BY BRICK FALL 2022  
CONFERENCE REGISTRATION PAPER FORM  
ILLINOIS ASSOCIATION FOR FOOD & NUTRITION PROFESSIONALS

11 TOTAL CEU'S

REGISTRATION: MAKE CHECKS PAYABLE TO ILANFP  
MAIL TO: POSTMARKED NO LATER THAN OCTOBER 15, 2022  
• ROSALIND DAVIS 1817 CARMEL BLVD, ZION, IL. 60099  
NAME: \_\_\_\_\_

MEMBER ID # \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

The ILANFP board is requesting that at the meeting attire  
Be Business Casual. Thank You.

MEETING REGISTRATION: \$55 INCLUDE TWO LUNCHES ONSITE REGISTRATION: \$55 NO  
LUNCH MEALS, NO RESTAURANTS ON SITE.  
NO DIFFERENCE IN COST IF YOU CHOOSE ONE DAY OR TWO DAYS  
GUEST MEALS : ONE OR TWO DAYS , \$55.00

PLEASE CHECK IF YOU ARE A STUDENT: \_\_\_\_\_

PLEASE CHECK IF YOU ARE A FIRST TIMER: \_\_\_\_\_

PLEASE BRING A CANNED FRUIT OR VEGETABLE FOR  
A LOCAL CHARITY: SOJOURN

## Who We Are

Sojourn Shelter & Services, Inc. (Sojourn) was established in 1975 with a mission to build a community free of domestic violence through service, leadership, and education. Sojourn provides domestic violence services in five counties throughout Illinois, constituting the largest domestic violence service area in the state.



### Address

1800  
Westchester  
Blvd.  
Springfield,  
IL 62704

### Shelter

#### Hours:

24/7

### Office

#### Hours

Monday  
thru Friday  
8:00am –  
4:30pm

### Contact

Phone: 217-  
726-5100

## What We Do

Sojourn's services include emergency shelter, a 24-hour hotline, individual and group counseling for adults and children, community referrals and advocacy, court and legal advocacy, pro bono legal representation, and economic empowerment including job seeking skills and assistance.

HOTEL ROOMS RESERVATIONS MADE BY 9/1/22 ARE AT A ROOM RATE OF \$96.00 a night before tax, Between October 19 to 22, . INDICATE YOU ARE WITH ILANFP. FIRST COME, FIRST SERVE LIMITED NUMBER OF ROOMS ARE AVAILABLE. HOTEL PHONE : 217-523-7900

ONLINE REGISTRATION AVAILABLE USING ZELLE  
( ILANFP22@GMAIL. COM)  
PLEASE CONTACT PRETTI PADMANABAHN, CDM, CFPP  
OUR TREASURE , CELL # 262-748-5004  
QUESTIONS: CALL ROSALIND DAVIS, CDM, CFPP  
PRESIDENT, CELL. # 847-596-1866

“ BUILDING BRICK BY BRICK”  
ILLINOIS ASSOCIATION OF NUTRITIONAL & FOOD  
SERVICE

FALL 2022 CONFERENCE AGENDA  
OCTOBER 20 AND 21, 2022  
NORTHFIELD INN & SUITES CONFERENCE CENTER  
SPRINGFIELD, ILLINOIS

11.5. CE'S

Sessions that will be offered:

1. SERVE IT SAFELY: FOOD HANDLERS TRAINING
2. VITAMIN D: A MUST HAVE FOR SENIORS
3. THE TRIFECTA: HYDRATION, FIBER, AND BOWEL MANAGEMENT
4. EMPLOYEE RELATIONS, FOR MOTIVATIONAL INTERVIEWING, ROLLING WITH RESISTANCE
5. CELEBRATING THE HOLIDAYS
6. DENTISTRY, TEETH, CARE
7. PERSONAL SAFETY & SECURITY THROUGH EMPOWERMENT

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I HAVE A DREAM!

TEAM

T - Together  
E- Empower  
A - Authentic  
M - Management

My dream is that all 568 members work together to make Illinois the state that reflects what the membership wants from being a member of the Association For Nutrition & Food Professionals. Evaluations offered during the Fall and Spring meeting with the objective of providing quality continuing education hours. An open invitation extended to all

members to attend the board meeting. If you know of someone who is a speaker and can provide a quality presentation, we want anyone's suggestions. If you have a vendor that would like to participate in our Fall Vendor Fair, Terri Edens, our Vendor Chair, would appreciate your recommendations.

Rosalind Davis  
1817 Carmel Blvd, Apt 1  
Zion, Illinois 60099  
[rdavisil@yahoo.com](mailto:rdavisil@yahoo.com)  
847-596-1866

Terri Edens  
815-878-2530  
[Gmacoco@yahoo.com](mailto:Gmacoco@yahoo.com)







The Ethiopian cabbage dish is gluten-free and naturally vegan, but some even add niter kibbeh, a spiced clarified butter, for extra flavor.

#### Ingredients:

½ cup olive oil  
4 carrots, thinly sliced  
1 onion, thinly sliced  
1 tsp sea salt  
½ tsp ground black pepper  
½ tsp ground cumin  
½ tsp ground turmeric

#### Directions

Heat the olive oil in skillet over medium heat. Cook the carrots and onions in the hot oil for about 5 minutes. Stir in the salt, pepper, cumin, turmeric, and cabbage and cook another 15 to 20 minutes. Add potatoes. Cover. Reduce heat to medium-low and cook until potatoes are soft, 20 to 30 minutes.

#### Nutrition Facts

Per serving: 427 calories, 6.9 g protein, 54.1 g carbohydrates, 22.2 g fat, 428.5 mg sodium.



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### Food Service Manager / CDM

The Food Service Manager/CDM will be responsible for the nutritional care of patients, managing the staff in the health center, nutrition education, and promotion of nutrition services within an upscale continuing care community.

The Food Service Manager/CDM will be responsible for the nutritional care of patients, managing the staff in the health center, nutrition education, and promotion of nutrition services within an upscale continuing care community along with Lunch and Dinner service in the main dining room. This position communicates daily with the Director of Nutrition Services and department staff. The Food Service Manager / CDM communicates directly with patients, nurses, and other caregivers. They will also oversee the kitchen production and Dietary Aides process in the Health Center.

**CDM credential required, would work PM hours – 11:30am - 8pm**

**\$50,000 annually; full benefits, bonus potential, wellness opportunities and more!**

#### **Responsible for the nutritional care of elderly patients**

- Leading the culinary team in the Health Center.
- Conducts timely screening of patients
- Conducts weight and calorie counts in a timely manner and accurately communicates to the attending Registered Dietitian.
- Acts as a liaison on behalf of the patient's nutritional care with the Dietitian.

**Communicates the nutritional needs of patients to the nutrition services staff to assure appropriate food service to patients**

- Reviews menu as patient requirements indicates.
- Completes and updates patient information and/or communicates patient preferences to dietary staff before meal service.
- Solves minor problems between patient requests and therapeutic diet requirements.

**Supports the role of Nutrition Services on multi-disciplinary health care teams and cooperates with other departments**

- Serves on a multi-disciplinary team giving expertise to enhance patient care, i.e. Acute Care rounds and discharge planning.
- Initiates communication with other health care members to enhance the position of nutrition.
- Fosters good relationships with medical practitioners and generally promotes Nutrition Services within the hospital and community.

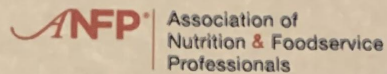
**Job Qualifications/Requirements**

- Bachelors and/or advanced degree in nutrition of foods and nutrition from an accredited school, preferred
- **Certified Dietary Manager Certification or Registered Dietitian license required.**
- Good verbal and writing skills are essential.
- Minimum of one year of experience in a health care setting.
- Experience in working with clients who have dietary problems related to illness.
- Previous work with terminally ill clients / families is preferred.

Thomas Cuisine is an award-winning, privately held contract food service company operating in 18 states and growing. We advocate the healing power of whole foods. We believe in preparing scratch-made cuisine fresh each day. Our clients include hospitals, upscale senior living communities and corporate dining facilities. Every Thomas Cuisine team member is an ambassador, carrying out our mission, reflecting our values and building relationships while "doing the right thing". We seek to make a valuable difference to those we serve- one nutritious meal at a time

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# Membership Award



2021 - 2022

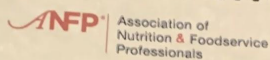
Illinois ANFP

is recognized for outstanding achievement  
through chapter and member initiatives.

A handwritten signature in black ink, likely belonging to the chair of the association, is placed above the printed name.

Chair, Association of Nutrition & Foodservice Professionals

# Diamond Award



Nominee

2021 - 2022

Illinois ANFP

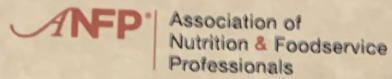
The chapter is recognized for its excellence through  
communication, legislative, financial, and membership initiatives.

A handwritten signature in black ink, likely belonging to the chair of the association, is placed above the printed name.

Chair, Association of Nutrition & Foodservice Professionals



# Government Affairs Award



2021 - 2022

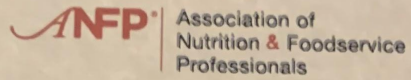
Illinois ANFP

is recognized for outstanding achievement through  
chapter and member initiatives.

A handwritten signature in black ink, likely belonging to the Chair of the Association of Nutrition &amp; Foodservice Professionals, is positioned below the recognition text.

Chair, Association of Nutrition & Foodservice Professionals

# Communications Award



2021 - 2022

Illinois ANFP

is recognized for outstanding achievement in  
chapter newsletters and website.

A handwritten signature in black ink, likely belonging to the Chair of the Association of Nutrition &amp; Foodservice Professionals.

Chair, Association of Nutrition & Foodservice Professionals







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At the Fall meeting, 10/21/22, at the ILANFP business meeting we will have an award ceremony, at 230 pm., only those who attend the meeting, will receive a certificate of years of service. The ILANFP want you to know we appreciate everyone on this list for your years of service.

5 years

Tracey Ahrens  
Tammy Bates  
Lisa Cannon  
Cristian Castillo  
Jason Clark  
Brenda Coffey  
Tyrita Coleman  
Maria Corral  
Camey Davis  
Christina Halas  
Darla Lancey  
Peter Martin  
Amber Maynard  
Amber McCartney  
Nicole Morris  
Hanitha Sarangam  
Paula Schaefer  
Victory Shargo  
Jean Siegel  
Victor Soriano  
Harold Stringer  
Kellie Ternida  
Kimberly Thompson  
Shantelle Tripp

10 years

Brian Anderson  
Chiquita Clemons  
Golda Cisco  
Maria Corral  
Connie Dalrymple  
Rhonda Dressen  
Joey Dela Cruz  
Ryan Geller  
Alicia Houlihan  
Michael LaMorte  
Alicia Leszko  
Paula Lundquist  
Blake Masterson

Nicole Randa-Ortega  
Lauren Roto  
Jenny Ross  
Stuart Ruffin  
Ronald Schocke  
Becky Stan  
Sarah Walsh  
Lynn Walter-Scott  
Carl Wilkerson  
Debra Yard  
Arthur Young

15 years

Ann Bloomer  
Sue Brueggert  
Tammy Cooper  
Katisha Davis  
Sharon Drake  
Sheila Hill

20 years

Jeanine Atwood  
Anne Dean  
Robert Dyminski  
Stella Hernandez  
Kathy Moore  
Tammie Patterson  
Andrea Plew  
Richard Robinson  
Elizabeth Salvatera  
Kathleen Soto  
La Tonya Twitchell  
Stephen Winters

25 years

Brenda Bauman  
Beth Lawrence  
Constance McDonnell  
Carol O'Brien  
Jennifer Steele  
Vivian Stone  
Charles Zuehike

30 years

June Fordham  
Vickey Hagerman  
Mona Spero

35 years

Patricia Baker  
Faye Bushong

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WELCOME TO THE NEW ILANFP MEMBERS FROM 6/22 by TO 7/22:

Mary e Angela Aleman

Alexis Bowles

Robert Chambers

Jessica Joyceann Dittman

Shena Hardy

Tevin Kelly

John Kempt

Heather Brianna Ogle

Gail Savage

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**CURRENT**

**BALANCE**

**IN**

**ILANFP**

**BANK**

**ACCOUNT**

**\$ 20,537.63**

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**Thanks to all who made our Spring meeting a success in  
Rock Island, Illinois.**



























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## CDM, CFPPs Cultivating Roots

### Rallying Organizations & Officials in Training Standard

#### CULTIVATE.

Cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

[    ] Yes, I would like to support CDM, CFPPs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

### Cultivate, Grow, REAP!

#### CONTACT INFORMATION

Membership ID#:	_____	Fax:	_____
Full Name:	_____	Email:	_____
Address:	_____	Occupation:	_____
City:	_____	Employer:	_____
State:	_____	Zip:	_____
Phone:	_____		

#### QUESTIONS?

Contact Mindy Theesfeld at 800.323.1908x128 or [mtheesfeld@ANFPonline.org](mailto:mtheesfeld@ANFPonline.org)

*ANFP PAC is the federally registered political action committee of the Association of Nutrition & Foodservice Professionals. Contributions to a PAC must be personal, not corporate, and are voluntary. Federal law requires ANFP PAC to report the name, address and employer name of individuals whose contributions exceed \$200 in a calendar year and contributions to ANFP PAC are not tax-deductible for federal income tax purposes.*

If you are interested in helping to fund ANFP-PAC, please fill out this form, check written to ANFP-PAC, and would like the contribution to be combine with Illinois members:  
Then send check to:



Rosalind Davis, President-Elect  
P.O. Box 683  
Waukegan, Illinois. 60079

Association of Nutrition & Foodservice Professionals Phone 800.232.1908 | Fax: 630.587.6308 |  
[www.ANFPonline.org](http://www.ANFPonline.org)

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## Volunteering

**ILANFP** is your Association and we need your expertise. We are wanting to get more of the members involved with the Association.

Would you like to volunteer for the Board or another capacity or help us plan future meetings? Tell us which area you would like. We provide job descriptions and training. We thank you very much!

Are you interested in serving in a leadership role?

Yes

No

**Ways and Means Chair   Awards & Recognition  
Chair**

**Hospitality Committee at Meetings  
Treasure-elect**

**Membership Chair or Committee   Working with  
Vendor Chair or Committee**

**Teller Committee**

**Nominating Committee**

**Constructing a Newsletter Chair or Committee  
Webmaster**

**Program-Meeting speakers Chair or  
Committee**

**Meeting Logistics Chair or Committee  
Secretary (Taking Minutes & Communicating)**

**Brand Ambassador or Committee**

If yes, please indicate which role(s) and include contact information in area below

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email : \_\_\_\_\_

Phone Number : \_\_\_\_\_



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## Have any additional concerns or questions?

Feel free to contact any of the following board members

President: Rosalind Davis  
847-596-1866  
[rdavisil@yahoo.com](mailto:rdavisil@yahoo.com)

President Elect: Tracey Cotner  
309-830-3394  
[tsc\\_design@msn.com](mailto:tsc_design@msn.com)

Secretary: Amy Schoon  
  
309-417-3348  
  
[aschoon@theloftrehab.co](mailto:aschoon@theloftrehab.co)

Treasurer : Preeti Padmanabhan  
262-748-5004  
  
[prettidevdass@yahoo.coming](mailto:prettidevdass@yahoo.coming)

Program Chairman: Toma Newborn  
815-224-4266  
[hummingbird3193@att.net](mailto:hummingbird3193@att.net)

Meeting Logistic:     Hying Hunter  
                              630-940-7964  
                              [hunterhying@gmail.com](mailto:hunterhying@gmail.com)

Vendor Chair:         Terri Eden     815-878-2530  
                              [Gmacoco1@yahoo.com](mailto:Gmacoco1@yahoo.com)

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[ILANFP has a Facebook page](#)

**DID YOU KNOW**

OUR SPRING MEETING WILL BE HELD AT THE EVEN CONVENTION CENTER TINLEY PARK, ILLINOIS APRIL 13 & 14, 2023. PLEASE SAVE THE DATE.

**DID YOU KNOW**

IF YOU REGISTER AND ATTEND THE FALL MEETING 2022, AND CAN NAME A PERSON PICTURED IN THIS 8/22, ILANFP NEWSLETTER, CORRECTLY, YOU CAN BE INCLUDED IN A DRAWING FOR A GAS CARD, WINNER TO BE ANNOUNCED 1PM, October 20, 2022, MUST BE PRESENT AT MEETING.

**DID YOU KNOW**

THAT IN ORDER TO GIVE BACK TO A LOCAL COMMUNITY: SOJOURN, AT THE FALL MEETING 2022, WE ARE ASKING ATTENDEES TO BRING A CANNED FRUIT OR VEGETABLE TO HELP LOCAL COMMUNITY MEMBERS IN NEED.

## Who We Are

Sojourn Shelter & Services, Inc. (Sojourn) was established in 1975 with a mission to build a community free of domestic violence through service, leadership, and education. Sojourn provides domestic violence services in five counties throughout Illinois, constituting the largest domestic violence service area in the state.



### Address

1800  
Westchester  
Blvd.  
Springfield,  
IL 62704

### Shelter

#### Hours:

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### Office

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Monday  
thru Friday  
8:00am –  
4:30pm

### Contact

Phone: 217-  
726-5100

## What We Do

Sojourn's services include emergency shelter, a 24-hour hotline, individual and group counseling for adults and children, community referrals and advocacy, court and legal advocacy, pro bono legal representation, and economic empowerment including job seeking skills and assistance.

## DID YOU KNOW

AS A MEMBER OF ILANFP YOU CAN AUDIT THE ILANFP BOARD FALL MEETING 10/19//22, at 7 pm, NORTHFIELD INN AND SUITES, Location : Breakfast area located by lobby.

**DID YOU KNOW**

IF YOU ARE A STUDENT CURRENTLY REGISTER IN A DIETARY MANAGEMENT COURSE, A MEMBER OF ANFP AND CAN PROVIDE PROOF, BY ATTENDING A STATE MEETING THE FOLLOWING MEETING COST WOULD BE 50% OFF.

**DID YOU KNOW**

THAT WE WOULD LIKE TO REACH OUT TO SENIORS IN HIGHSCHOOLS TO INTRODUCE THEM TO THE FOOD SERVICE FIELD AND A PATHWAY INTO OUR FIELD? IF YOU HAVE A CONNECTION TO A LOCAL HIGHSCHOOL, THE BOARD WOULD APPRECIATE YOUR PARTICIPATION.

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**DID YOU KNOW**

**IF YOU ARE UNABLE TO ATTEND THE FALL MEETING YOU CAN REQUEST A BALLOT FROM THE SECRETARY AMY SCHOON AND RETURN BALLOT POSTMARKED BY 10/15/22.**

**Amy Schoon, 505 Rosewood Drive, Washington, Illinois, 61571-3209, cell phone: 309-417-3348**

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**DID YOU KNOW**

**THE BOARD IN APRIL 2022 agreed to pay a one night room rate for Board Members that attend the Board Meeting at a state meeting and pay \$0.50 per mile round trip to state meeting.**

## **DID YOU KNOW**

**YOU ARE WELCOME TO BRING AN ITEM FOR OUR SILENT AUCTION FALL 2022. PROCEEDS FROM SILENT AUCTION MAKES IT POSSIBLE FOR US TO MAKE COST CHEAPER FOR MEMBERS DURING SPRING MEETING. IF YOU BRING A SILENT AUCTION GIFT YOU WILL BE GIVEN A TICKET TO MAKE THE POSSIBILITY OF ATTENDING SPRING MEETING 2023 CHEAPER, MORE LIKELY.**

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## **DID YOU KNOW**

**The ILANFP would like to recognize an ADMINISTRATOR and DIETARY MANAGER OF THE YEAR, please contact Amy Schoon, Secretary for an application form to be returned by 10/1/22.**