



ANFP®

IDAHO



Association of
Nutrition & Foodservice
Professionals

Dare to Soar



Member Resources

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President's Letter

While President of the Wyoming ANFP, I adopted the theme of **"DARE TO SOAR"** for our chapter. I would like to carry that theme over as I serve as Interim President of the Idaho ANFP Chapter.

As we enter the new year of 2022 individually and as the Idaho ANFP Chapter, we have many challenges and opportunities that lie before us.

What a better year for us to **"DARE TO SOAR"** as we serve our residents/patients/clients as members of the Idaho Association of Nutrition & Foodservice Professionals..

The past 2 years have been ones of challenge for each of us and our facilities. As we enter 2022 we will continue to face challenges as we grab hold of so many new opportunities to serve our people and help one another. It is our time to shine... and our time to **"DARE TO SOAR"**.

We at Idaho ANFP want to be as helpful and supportive to you as possible. We are working hard to revitalize our chapter to help you to soar this year. It is pleasure to hold a state's gathering March 24th - 25th in Meridian, ID. We have several excellent presenters lined up.

February 7-11 is ANFP Pride In Foodservice Week. Let's celebrate what is happening across Idaho. We would love to have members post photos of events at your facility on our Facebook page <https://www.facebook.com/ANFPIdaho>.

We have included a volunteer opportunities list in this newsletter so you may consider ways to become more active in ANFP. We want to give the opportunity for every member to feel real ownership of our ANFP Chapter. This is your chapter and we are here to support one another. Please contact me if you have interest in helping or leading in one of these areas.

Please feel free to contact me if you have any questions, comments or would just like to share anything with me. We are in this together.

Steve Owen - Interim President - Idaho ANFP Chapter
(208)-899-6460 - nampasteve@gmail.com

"Growth is never by mere chance; it is the result of forces working together."

JAMES CASH PENNEY

Volunteer Opportunities

Help us Soar

WE are sharing volunteer opportunities for members of Idaho ANFP to help revitalize and reorganize our chapter. If you are willing to help or lead in any of these areas please contact our President. Thank you so much.

1. We want to **reactivate our monthly lunch meeting in Boise for members**. This group has not met for about 3 years. They met at IHOP in Boise. This will be an opportunity to network and earn 1 CEU each month.
We need a coordinator and 1-2 people to help organize.
2. In the past we have been active with **community service** at our conferences. We have conducted a food drive, toy drive or coat drive to help the less fortunate in the state. We need a leader and 1-2 people to help.
3. We want to activate a **Membership Committee** - to maintain communication with members, recruit new members, send out birthday cards to members, etc. We could conduct a membership drive across the state.
We need a leader and 1-2 helpers.
4. **Spokesman** - this is the leader of our **Government Affairs Committee** and works to establish and maintain communication with local, state and federal elected officials from Idaho. We want to keep them informed of ANFP and the role of CDM's across our state. We need the Spokesman and 1-2 helpers. We could organize an ANFP Day At The Capitol in Boise.
5. **CDM Student Outreach** - we need a leader and a helper to work with CDM students across Idaho and to establish communication to encourage them becoming pre-professional and then active ANFP members. We currently have students with the Idaho Health Care Association and online students with the University of North Dakota.
6. **Chapter Historian** - we need a leader and a helper to maintain our chapter storage unit in Meridian and to maintain records of our activities and history.
7. **Fundraising** - we need a leader and 1-2 helpers to organize fundraising activities at our conferences and for special events to help raise funds for the chapter. This could be conference drawings, fundraising events, etc.
8. **Presenters** - we need presenters for our conferences and the monthly luncheon in Boise. If you have a special skill or area of interest - or know someone who does.. we would love to hear from you. In the future, we could add other areas for a monthly luncheon if there is enough interest and someone is willing to organize and lead.

If you are willing to serve as a leader or a helper in any of these areas - please contact:

President Steve Owen nampasteve@gmail.com

Chapter Updates

New Board Member - Nominating Committee - Cassie Verkamp

I was born and raised in Southern California. I moved to Nevada in 2011 and started realizing I had a huge interest in food and nutrition. I started working at Mt Grant General Hospital in November of 2011 and found my true passion. I started my career not knowing much but in the last 10 years I have grown by leaps and bounds and I owe it all to MGGH. I am so honored and grateful to serve our patients and residents as well our rural community.

I became a certified CDM, CFPP in January of 2020 and I have learned so much about myself and how to manage my team. I have my Associates Degree in Psychology and that has helped me to better understand our clientele.

Since then I have continued to manage 10 employees and as we are growing I am really looking forward to expanding our nutrition services department as the facility continues to grow.

I feel very lucky to get to come to work every day and do what I love. I love to cook and serve at our facility and create art out of food. Healthcare is where I am supposed to be and serving our amazing residents is truly an honor.

On my off time I love to spend time with my incredible family. I have been married to my wonderful husband for 17 years and we have two small girls that are 4 and 6 years old and just the light of our lives. We enjoy camping, riding our quads and side by side, and cooking together as a family. We LOVE delicious food in my family. I am truly blessed and feel grateful everyday for the opportunities that have been presented in my life and I look forward to the future.

Member Statistics

Allied Professional - 2

Pre Professional - 10

Professional - 108

Total Members 120

New Members

Samantha K. - Meridian, ID

Save the Date

- Idaho ANFP Spring Conference
 - March 24 - 25, 2022
 - Meridian, ID
- ANFP Spring Regional Meeting
 - April 21 - 22, 2022
 - Nashville, TN
- ANFP Annual Conference
 - June 27 -30, 2022
 - Scottsdale, AZ

Idaho ANFP Spring Conference

March 24 - 25, 2022 Meridian, Idaho
6.5 CEU's (5 General 1.5 Sanitation)

Registration Fees:

Register by February 18th - \$30
Late Registration - \$45
CDM Students - free
Includes Thurs Dinner, Friday lunch

[Registration Link](#)

Thursday, March 24

Welcome Dinner at Smokey Mountain Italian

980 E Fairview Ave, Meridian, ID 83642
(208) 884-1067

5 pm registration 5:30 pm dinner

Special door prizes at dinner
Guest: Idaho Senator Abby Lee
Assistant Senate Majority Leader
Member Senate Health & Welfare Committee

Friday, March 25

Shamrock Foods Distribution Center

1495 N. Hickory Ave. Meridian, ID 83642
(208) 884-8400

Breakfast at your hotel or on own
7-8 am registration and coffee
8 am - 4 -pm Sessions at Shamrock - morning
break & lunch provided

Special Presenters

Felicia Smith - Chair Elect of national ANFP Board and President of Wyoming ANFP
Richard Hoelzel - member ANFP national board and Executive Chef - Idahoan Foods

