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ANFP-Idaho



CHRISTMAS NEWSLETTER



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Christmas Letter From the President

The Idaho ANFP Board would like to extend warm greetings to you and wish you and your family and staff a very merry and blessed Christmas.

It has been a while since there has been much activity with the Idaho ANFP Chapter. For the past two years, we've all been in the "twilight zone" of COVID-19. These have been challenging months for all of us. But there seems to be light at the end of the tunnel.

And we are working on revitalizing and reorganizing our Idaho ANFP Chapter to be helpful and supportive to the CDM's across Idaho. Our board is working hard to get things moving forward into 2022. We will be sending out emails and re-launch our monthly newsletter. Thanks to Skylar Wilcox for his efforts with communications. And thanks to Sara Fuentes and Sarah Blair and Lisa Carstensen or their efforts in working with me to reorganize our chapter.

If you are willing to help with our revitalization efforts please drop me an email or text. There are a number of areas we could use help with. My goal is to involve as many members in volunteer roles as possible... so that we all take ownership of the Idaho ANFP Chapter.

I look forward to meeting all of the CDM's across Idaho in 2022. We are working on plans for a spring conference in Boise in March or April. More details will be coming soon.

Thanks for the opportunity to serve as your interim President. Have yourself a merry little Christmas!

Steve Owen, Interim President
Idaho ANFP Chapter
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Who are the Board Members?

❄️ *Interim President - Steve Owen*

I became a cook at Showboat Assisted Living in Lander, Wyoming in 2009. I passed my class and test and became a CDM in 2011.

Became active with Wyoming ANFP as a student in 2010 and was recruited to serve on the Government Affairs Committee.

Served as CDM & Center Manager in 2017 and then became CDM & Administrator in 2018.

Organized and coordinated the Wyoming ANFP Day At The Capitol in Cheyenne 4 years, establishing strong relationships with members of the Wyoming House and Senate and Governors office.

Served as President-Elect and then President of Wyoming Chapter.

I retired in 2020 and moved to Boise to be near my grandchildren.

I volunteered to help in whatever way I could with Idaho ANFP and found myself being recruited to serve as Interim President to help reactivate the chapter.

I'm looking forward to helping and mentoring and guiding the chapter as we move forward into 2022 and beyond.

❄️ *President Elect - Sara Fuentes*

I started my career in Nutrition in long-term care in Weiser, Idaho, where I fell in love with the population of people.

Shortly into my career, I was assigned a facility and have been managing for the last 21 years for various companies and facilities.

I am excited for our Chapter to start meetings again, as some of my favorite memories of the ANFP were networking with other like-minded professionals and sharing experiences.



Who are the Board Members?



Past President - Sarah Bair

I'm originally from Iowa and moved to Idaho in 2004. I became a CDM in 2010 and an NDTR in 2014 . I've worked as a consultant with S & S Nutrition Network Inc for 9 years.

I live in Boise but work all over the state primarily with senior centers and kiddos. I am married with three dogs, Sam, Dexter and Woody. I love to read and knit in my spare time.

I was elected President-elect of the Idaho ANFP Chapter in 2014 and became President in 2015. I have been active with the board ever since and am excited to see where our new team will take us!

Treasurer - Skylar Wilcox

I was born and raised in the Idaho Falls area. I found my passion working with the elderly at a young age of 12 when I started volunteering at Good Samaritan Society - Idaho Falls Village.

Since then I have managed a ALF and hospital kitchen and then decided to get my CDM in 2019 and worked at Ashton Living Center for a year before moving to Twin Falls and working for Serenity Transitional Care - Tanabell Facility.

I enjoy spending my spare time with my wife and three children. We are expecting our fourth child this coming July. Merry Christmas & Happy New year!

Secretary - Lisa Carstensen

I moved to Idaho from Nevada nearly 6 years ago. I have been working in food service for about 25 years. I have lived and worked in many states throughout my life doing all types of food service. When I moved to Idaho I learned an entirely different type of food service!

I started my journey into healthcare at The Life Care Center of Treasure Valley as a cook/dietary aide. That is where I met my inspiration; Debbie. I had been cooking for so many years that I was looking for something else. I admired her job so I found out how to get one like it. Debbie helped me through school as my preceptor and I got my license May 28, 2019.

I worked at Boise Life Care for a short time as dietary director, then went to the Good Samaritan Society Boise Village as a supervisor. I finally landed my dream and became the Dietary Director of Meridian Meadows Assisted Living on June 1, 2020.



Member statistics / Save the date

Member Statistics

Allied Professional - 2
Pre Professional - 9
Professional - 107
Total Members 118

New Members:
Debbie D.- Silverton, ID
Sarah P. - Ashton, ID
Brittany S. - Ashton, ID
Grace W. - Nampa, ID

Save the Date

- Idaho ANFP Spring Conference
 - March/April TBD
 - Location TBD
- ANFP Spring Regional Meeting
 - April 21 - 22, 2022
 - Nashville, TN
- ANFP Annual Conference
 - June 27 -30, 2022
 - Scottsdale, AZ

HAPPY
Holidays

