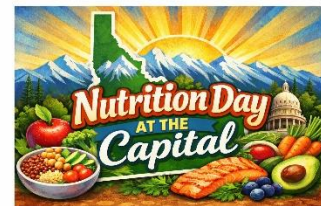




Newsletter – March 25, 2026



### 3<sup>rd</sup> Annual NUTRITION DAY AT THE CAPITOL



Nutrition Day Coordinator Steve Owen (CDM, CFPP) holds proclamation from Governor Brad Little for Nutrition Day March 11, 2026. Idaho ANFP spearheads the Idaho Nutrition Coalition Nutrition Day activities each year. The coalition includes more than a dozen Idaho nutrition groups including Academy of Nutrition & Dietetics, Association of Nutrition & Foodservice Professionals, American Culinary Federation, Diabetes Alliance, Idaho Commission on Aging, Idaho Dept of Correction, Idaho Dept of Education – Child Nutrition, Idaho Food Bank, Idaho Healthcare Association, Idaho Hunger Relief Task Force, Idaho School Nutrition Association, ISU Diabetic Internship, Life's Kitchen, St. Luke's Pediatric Dieticians, Shamrock Foods and S&S Nutrition.

## **IDAHO ANFP 2026 SPRING CONFERENCE**

**April 16-17, 2026.** Be sure to mark your calendars and plan on joining us for our annual conference in Boise at the **St. Luke's Hospital Boise Plaza**. Early registration (\$40) ends March 30. Beginning March 31 registration will be \$50. We have been approved for 12.5 CEU's. Plus a bonus CEU will be available. We are reaching out to CDM's in neighboring states to invite them to join us for our conference. Our conference planning committee is working hard to make this a great gathering. Thank you to Jason Jones for serving as conference host and committee chairman. Committee members are Jason Jones, Lisa Berrett, Steve Owen, Pamela Reece and Kellie Campbell. More details including directions to St. Lukes Boise Plaza coming soon....

**Early Registration ENDS MARCH 30 – register TODAY!!!!**

<https://collect.crowded.me/collection/9e9d6e79-e347-4c9c-b658-cebb9bf4a061>

Regular Registration – begins March 31

<https://collect.crowded.me/collection/a2435300-a1b4-4e81-87f5-d428551e7da8>

Garner Airport Hotel ink.....

<https://collect.crowded.me/collection/7fee0f07-ee6b-44d4-8338-f7fa34673922>.



The Garner Airport Hotel is \$106 per night – including taxes. Reservation is for Wednesday & Thursday nights – April 15-16 with check out Friday morning.  
Garner Hotel - 2275 W Airport Way Boise 866-246-2064

## IDAHO ANFP SPRING CONFERENCE April 16–17, 2026

Location: St. Luke’s Health System Boise Plaza 800 E Park Blvd Boise, ID 83712

### “Everyday Influence”

WELCOME On behalf of the Idaho Chapter of the Association of Nutrition & Foodservice Professionals (ANFP), welcome to our 2026 Fall Conference! This year’s theme, Everyday Influence, highlights the powerful impact foodservice leaders have through daily decisions, conversations, and actions. Thank you for investing in your growth and the future of our profession.

THURSDAY | April 16, 2026

Time	Session	Presenter / Notes
7:30 – 8:00 AM	Registration, Networking & Coffee	Sponsored by Shamrock Foods, Shamrock Farms, Fieldstone Bakery, and St. Luke’s
8:00 – 9:00 Am 1 Gen	Keynote Speaker: Everyday Influence	Eren Barker, MS, ATC, CSCS, HC Founder, Be Well CO. LLC
9:00 – 10:00 AM 1 Gen	Social Media Influencers: Truths & Myths	Geonna Travis, RD, LD St. Luke’s Boise RD
10:00 – 10:15 AM	Coffee Break	Sponsored by Shamrock Foods, Fieldstone Bakery & St. Luke’s
10:15 – 11:15 AM 1 Gen	It’s Okay to Say NO!	Lisa Berrett, CDM, CFPP Idaho ANFP President Cascadia of Boise, Culinary Director
11:15 – 12:30 PM 1 Gen	Cooking Demonstration & Lunch	Featuring: Lower Beef & ACF Chef Brandon Gunsauls, CCC

12:30 – 1:30 PM 1 Gen	Intentional Leadership	Karen Zimmerman, MSN, RN Corporate RN Educator, Edgewood Healthcare
1:30 – 2:30 PM 1 San	Sanitation vs. Cleaning	Jim Coons – Ecolab/ Shamrock Foods
2:30 – 4:00 PM  1.5 Food Show	FOOD SHOW	Coordinated by Shamrock; 12+ Vendors Featuring Products to use in Healthcare Facilities
4:00 – 5:00 PM 1 Gen	Inspiring a Safety Mindset in Healthcare Food Service Teams	Trina Lewis, CDM, CFPP St. Luke's East Region Director of Food Service

FRIDAY | April 17, 2026

Time	Session	Presenter / Notes
7:30 – 8:00 AM	Networking & Coffee	Sponsored by Shamrock Foods, Shamrock Farms, Fieldstone Bakery
8:00 – 9:00 AM 1 Eth	Ethics as a Leader	Felicia Smith, CDM, CFPP, MHA Past Chair, ANFP National Board
9:00 – 10:00 AM  1 Gen	IDDSI: Connecting Swallow Studies to Preparing the Food	Jennie Mura, MS, CCC-SLP St Luke's Nampa Speech Pathology Brandon Gunsauls, CCC St. Luke's Nampa FNS
10:00 – 10:15 AM	Coffee Break	Sponsored by Shamrock Foods, Fieldstone Bakery & St. Luke's
10:15 – 11:15 AM 1 Gen	Lunch Cooking Demo: Lettuce Wraps – Healthy & Delicious	Adam Stroud, CDM, CFPP St Luke's Magic Valley FNS
11:30 AM – 12:30 PM	<ul style="list-style-type: none"> <li>• Strengthening our Chapter Awards and Volunteering</li> <li>• New CDM Practice Standards</li> <li>• Keynote Closing Remarks</li> </ul>	<ul style="list-style-type: none"> <li>• Lisa Berrett, CDM, CFPP</li> <li>• Felicia Smith, CDM, CDPP, MHA</li> <li>• Eren Barker, MS, ATC, CSCS, HC</li> </ul>

**STAY CONNECTED ....** Visit our Idaho ANFP Facebook Page