


**WORKING  
COLLABORATIVELY**

Role of the Dietitian and Certified Dietary Manager



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I DO NOT HAVE A CONFLICT OF INTEREST OR ANYTHING TO GAIN BY PARTICIPATING AND PRESENTING  
IN THIS PROGRAM.

Amy Mooney-Geels, RD,LD, CDM, CFPP

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**OBJECTIVES**

- Identify the Scope of Practice and Credentials for the RD and CDM
- Understand and identify the importance of Collecting Nutrition Data for the RD
- Understand the CDM role with documenting in the Electronic Health Record
- Understand the importance of reviewing and updating resident care plan



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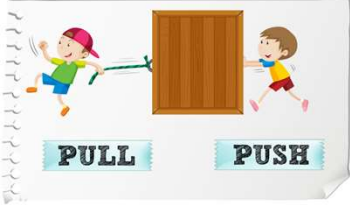
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AM!

### PUSH AND PULL OF THE CDM AND RD



**PULL**      **PUSH**



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### THE LESS YOU SEE OF SOMEONE THE LESS CONNECTION YOU HAVE

Do you think this is true or false?

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### SHOW OF HANDS

- How many of you see your RD
  - Daily
  - Weekly
  - Monthly
  - Quarterly
  - Never



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## Slide 4

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**AM1** Amy Mooney-Geels, 9/10/2023

## RD CONTRACT

- Have you seen the RDs contract?
- Do you know how many hours they are to be present?
- Do you know the services that the RD is to provide?
- Are you involved with hiring the RD?
- Does your RD only do Telehealth and working remotely?




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## REGISTERED DIETITIAN NUTRITIONIST SCOPE OF PRACTICE

- Academy of Nutrition and Dietetics: Scope of Practice for the Registered Dietitian <sup>10</sup>
- PURPOSE: The document describes the Scope of Practice for RDs. RDs are educated and *trained in food and nutrition and are integral members and leaders of interdisciplinary teams in health care*, foodservice systems, education, and other practice environments. They provide services in varied settings, including health care, business and industry, communities and public health systems, schools, colleges and universities, the military, government, research, fitness centers, private practice, and communications




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## REGISTERED DIETITIAN NUTRITIONIST SCOPE OF PRACTICE

- Academy of Nutrition and Dietetics: Revised 2021 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Management of Food and Nutrition Systems <sup>10</sup>
- Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Post-Acute and Long-Term Care Nutrition <sup>10</sup>




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## REGISTERED DIETITIAN NUTRITIONIST SCOPE OF PRACTICE

• CREDENTIALING

- Successful completion of the Registration Examination for Dietitians administered by CDR. The CDR RD certification program is fully accredited by the National Commission for Certifying Agencies, the accrediting arm of the Institute for Credentialing Excellence.
- Accreditation by the Institute for Credentialing Excellence reflects achievement of the highest standards of professional credentialing.
- For more information regarding RD credentialing, refer to CDR's website at [www.cdernet.org/](http://www.cdernet.org/).
- Compliance with the CDR Professional Development Portfolio requirements to maintain registration: **including 75 hours of continuing education every 5 years, including 1 Ethics.**
- State of Iowa: Dietitians are required to hold a Licensure




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## CERTIFIED DIETARY MANAGER SCOPE OF PRACTICE

- Needs to have 45 CEUs (35 General, 9 Sanitation & Safety, 1 Ethics) for each 3 year period.

**CDM|CFPP** Certified Dietary Manager  
Certified Food Protection Professional

### Scope of Practice

March 2022

NUTRITION / FOODSERVICE MANAGEMENT / FOOD SAFETY / PERSONNEL MANAGEMENT / BUSINESS OPERATIONS

A Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) has met eligibility requirements for and passed a nationally recognized credentialing examination offered by the Certifying Board for Dietary Managers. Continuing education is required to maintain this credential. CDM, CFPPs have the education and experience to competently perform the responsibilities of a foodservice manager in a non-commercial setting. The CDM, CFPP is qualified to perform the tasks within the following domains:




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## DO YOU HAVE ACCESS?

- Do you have access to the facility Electronic Health Record (EHR)?
- Do you document a progress note or change a care plan?




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# IN BETWEEN VISITS

- Does the RD prefer to be emailed, send a text message or phone calls?
  - Keep in mind HIPPA laws if emailing or texting
    - Use room numbers, no names should be identified
    - Faxes




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# NEW ADMISSIONS

- Admissions inevitably happen when the RD is not in the facility
  - ✓ What is your role in collecting the food preferences within 48 hours?
  - ✓ Do you do the baseline care plan or does nursing do this?
  - ✓ Are you documenting the conversation with the resident and representative in the EHR?




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Diet: _____ Nutrition Request: _____ Small _____ Dining Ability: circle one: Independent Assisted Dependent _____ Known Food Allergies: _____ special instructions/restrictions _____ Cultural/ethnic/religious preferences: _____ Do you have difficulty chewing/swallowing food or liquids? _____ Did the resident have access to food while at home? yes or no _____ Consumption of snacks? yes or no _____ Snack choice _____ Did you eat 3 meals a day at home? yes or no _____ What meals? _____ What time did you usually consume meals at home? _____	
Resident's Preferences: circle one: preferred, no meal Lunch: _____ Circle one: Yes No (circle one) Other _____ Dinner: _____ Circle one: Yes No (circle one) Other _____	
Food Preferences: circle one: no resident diet history Vegetables: _____ Fruits: _____ Grains: _____ Proteins: _____ Dairy: _____ Eggs: _____ Nuts: _____ Seeds: _____ Legumes: _____ Fish: _____ Shellfish: _____ Poultry: _____ Meat: _____ Sweets: _____ Salty: _____ Spicy: _____ Fats: _____ Oils: _____ Herbs: _____ Spices: _____ Other: _____	
Beverages: _____ Coffee: _____ Tea: _____ Juice: _____ Milk: _____ Soft Drinks: _____ Alcohol: _____ Other: _____	
Additional Comments: _____ Signature: _____ Title: _____ Date: _____ Resident Name: _____ Room # _____	




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## CARE PLANS CONTINUED

- Are you attending care conferences? If not, why?
- During the care conference:
  - Were there concerns brought up?
  - Did you document the concerns or praise given by resident or representative?




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## PROGRESS NOTE SAMPLE

Dorothy admitted to facility on 9/3/23. Diet is regular with small portions. Reviewed food preferences with Dorothy and her husband and daughter were present. Reports no food allergies or intolerances. She has no ethnic or cultural food preferences. She does observe Lent. Has difficulty swallowing large pills. Has difficulty chewing raw vegetables. She often skips breakfast, she usually does not get up until 10 am. Her and her husband received Meals on Wheels Monday-Friday and would often save half of their lunch for supper. Dorothy also uses a piece of foam on her silverware. Dorothy drinks Ensure chocolate 1 time a day. Facility has mighty shake in stock, will provide chocolate mighty shake. Family reports Dorothy likes Hershey chocolate bars and Pepsi in the afternoon. Amy Mooney-Geels, RD,LD, CDM, CFPP.




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## SAMPLE CARE PLAN OF EARLY PROGRESS NOTE

Problem	Goal/Target Date	Interventions	Discipline
I am on a Regular diet with small portions. I like to have chocolate and a Pepsi daily in the afternoon. I have difficulty swallowing large pills. I often do not eat breakfast. I enjoy drinking a chocolate supplement daily. I observe Lent.	I will keep maintain my weight +/- 5% of 150#.	Diet as ordered by physician. Monitor tolerance. Monitor labs per facility protocol. Dietary consult as needed. Notify physician of any lab changes.	All
		Provide snacks of choice as desired, preferred snack: Hershey Chocolate and a Pepsi.	All
		Provide me with a chocolate mighty shake daily.	Nutrition, Dietary
		Provide me with a foam handle for my silverware.	Dietary
		Do not provide me with raw vegetables as I have difficulty chewing these items.	Dietary, Activity




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## WHOSE RESPONSIBLE?

- Is it Nursing?
- Is it the Dietary Manager?
- Is it the Dietitian?

**EVERYONE ON THE INTERDISCIPLINARY TEAM IS RESPONSIBLE**



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## CDM NUTRITION EDUCATION SCOPE

Provide Nutrition Education

- Utilize evidence-based educational materials to teach clients and staff about basic diet information
- Honor specific client preferences and the appropriateness of acceptable food substitutions

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## WORKING TOGETHER

- Understand what your administrator is asking of you with your clinical skills
- Talk with your Dietitian about your clinical skills
  - Review your competencies with the Dietitian
- Work out a plan with the RD on what you can and can not do due to limitations at your facility (time, staffing, etc)



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## TEAMWORK

• <https://youtu.be/89sa-jYk444>



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## REFERENCES / RESOURCES

1. JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS. June 2013 Suppl 2 Volume 113 Number 6. Accessed on 9/1/2023
2. JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS. June 2021 Volume 121 Number 6. Accessed on 9/1/2023
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4. ANFP website. [scopeofpractice.pdf \(cbdmonline.org\)](#) Accessed on 9/10/2023.
5. [Certifying Board for Dietary Managers \(CBDM\) - Documenting in the Medical Record \(cbdmonline.org\)](#) Accessed on 9/10/2023
6. [aanac\\_aadns\\_baseline\\_care\\_planning\\_tool\\_f\\_y9sept2017final.pdf \(anfponline.org\)](#) Accessed on 9/10/2023



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