

# Iowa Heartland Informer



ANFP  
2008/2016/2019  
Diamond Chapter



### In this Issue

Greetings  
pg. 1

Ways &  
Means pg. 2

Government  
Affairs pg. 2

Scholarships  
pg. 3

Treasurers  
Report  
pg. 3

Board Updates  
pg. 4

Upcoming Dates  
pg. 5

Spring Meeting  
Agenda  
pgs. 6-7

Spring Meeting  
Registration  
pgs. 8-9



Spring 2022



*IANFP Spokesperson & Education Chair*

## April 28 & 29 April

Iowa Association of Nutrition & Foodservice Professionals (IANFP) is hosting it's Annual Spring Conference once again at the Hilton Garden Inn in West Des Moines Iowa and we are excited to gather free of all COVID restrictions!

These past many months our nursing homes have struggled in many ways, but one thing had to be constant and that is that the meals went out three times a day in some form or fashion, served in a room, in a hallway, in an office, or in a very empty dining room. The one highlight of the resident's day, being able to come out of their rooms, gather in the dining room for conversation, laughter, and share smiles. The connection with the rest of the world, has been very limited and at times nonexistent. The flow of dining services as we knew it could not support the chaos that COVID brought upon us. The environment of a warm cozy dining room, the interaction between our caring staff and loving residents, the dining support programs provided to help with their independence as well as honoring their choices and food preferences came to an abrupt halt.

YOU as Certified dietary managers, our kitchens leaders, took on even more hats and multitasking.

The unknowns of trying to find enough food through the vendor chain, paper plates, equipment needs to support safe tray delivery of hot and cold foods. Providing staff meals to our healthcare heroes so they could stay fed and safe within our bubble. and at the same time following the home's isolation precautions to stop potential spread made us aware of how important we as Certified Dietary Managers Professionals were to our care communities.

We helped our work "homes" where the lights are always on, the water/heat is always running, be able to have food to feed everyone that lives in our community. We have had to adapt and learn quickly in order to meet the food and nutrition needs of our residents. and our skills as CDM's gave us the ability to serve the meals with *grace and grit*, as we survived the pandemic dining challenges.

GOD BLESS YOU ALL and I look forward to seeing everyone at our meeting!



## Ways and Means Report

### SPRING IS IN THE AIR AND IN THE BASKETS!!!

Bring your Raffle baskets filled with Springtime FUN to our April 28th & 29th meeting!

Re- is our theme so re-gifting is perfect and don't forget us crafters and gardeners so plants and homemade gifts are welcome as well! WOW US!

We will continue with our \$100 dollar bill and 2 \$50 gift cards!

Remember the \$\$\$ earned here goes to our Scholarship & Travel Fund to assist members of IA ANFP to attend the ANFP Annual Convention!

Julie Stork CDM CFPP  
Ways and Means



## Government Affairs

Barbara Thomsen CDM CFPP  
agingrulesllc@yahoo.com

**FDA Food Code Full Version** was due to be published in 2021 but has been postponed so yet to be determined

**CMS Proposed Rule Changes from 2019 has been withdrawn** so the CDM requirement is still intact and remains as is from the Long Term Care Mega Rules published back in 2016. See below!

**State Operations Manual (SOM) Appendix PP Guidance to Surveyors for Long Term Care Facilities**

**§483.60(a)(2)** If a qualified dietitian or other clinically qualified nutrition professional is not employed full-time, the facility must designate a person to serve as the director of food and nutrition services who—

- (A) A certified dietary manager; or
- (B) A certified food service manager; or
- (C) Has similar national certification for food service management and safety from a national certifying body; or
- (D) Has an associate's or higher degree in food service management or in hospitality, if the course study includes food service or restaurant management, from an accredited institution of higher learning;



**Those Food Service Managers hired prior to Nov. 28, 2016 had 5 years (Nov. 28, 2021) to become qualified and that was extended under COVID ENDS April 15, 2022.**

**Iowa ANFP  
Scholarship**



**We're giving  
it away....**

**\$500  
student  
scholars**

**\$399  
exam  
takers**

**Iowa Dietary Manager students and Exam takers  
please check this out...**

**Apply for scholarships for free \$\$\$.  
Email Ben @ [cdmben@yahoo.com](mailto:cdmben@yahoo.com)**



**TREASURER REPORT  
DATE 1-24-22-4-6-22**

4/6/2022

## GENERAL ACCOUNT

24-Jan	BEGINNING BALANCE	\$	7,029.91
6-Apr	TOTAL EXPENSES (IANFP Meeting/ACE)	\$	1,152.92
6-Apr	TOTAL REVENUE (IANFP Meeting)	\$	4,615.08
24-Jan	BEGINNING BALANCE	\$	7,029.91
	EXPENSES		(\$1,152.92)
	REVENUE	\$	4,615.08
6-Apr	ENDING BALANCE	\$	10,492.07
24-Jan	<b>TRAVEL ACCOUNT</b>		
	BEGINNING BALANCE	\$	4,619.47
	INTREST 1-31-3-31	\$	0.09
6-Apr	ENDING BALANCE	\$	4,619.56
	<b>Total IANFP Dollars General &amp; Travel</b>	<b>\$</b>	<b>15,111.63</b>

**r r r**

## Standing Ovation for your Iowa ANFP Board that has hung in there during the Pandemic!



**Treasurer  
Pam Meade**

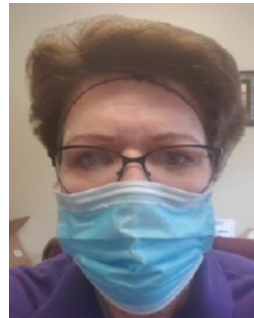
**President  
Sarah  
Winchell**



**Spokesperson  
Barbara  
Thomsen**



**Secretary  
Kylie  
Stroehrer**



**Past President  
Pamela  
Carberry**

### **Incoming 2022-2023 Board Members:**

**President:** Heide Warner  
**Secretary:** April Hansman  
**Treasurer :** Josh Barnes

### **Superstar Committee Chairs**

**Membership Chair:** Rhonda Postma  
**Awards & Recognition:** Ben McCullough & Deb Dawson  
**Ways & Means:** Julie Stork  
**Website/FaceBook:** Ken Hanson  
**Blast emails :** Sharon Vermeer  
**Vendor Chair:** Chris Rehmer





2022 Dates to start planning your next “road trip”!!!!

- ✓ April 28 & 29 IANFP 2022 Vision- West Des Moines Hilton Garden Inn
- June 27-29 ACE National ANFP Convention Scottsdale, Arizona
- September 15-16 ANFP Regional Meeting Spokane, Washington
- October TBD IANFP Fall 1 day Meeting in West Des Moines IA

Discover the Power of the  
**Credential.**



**CDM®|CFPP®** | Certified Dietary Manager  
Certified Food Protection Professional

**Vision**

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

**Mission**

Position the Certified Dietary Manager as the expert in foodservice management and food safety.



Association of Nutrition & Foodservice Professionals

Barbara Thomsen CDM CFPP  
Iowa ANFP Spokesperson/Education  
Norwalk, IA  
agingrulesllc@yahoo.com



## **DAY 1 /Thursday April 28, 2022**

**7:00-7:45 Bagels & Fruit Breakfast**

**7:45-8:00 IANFP Board Welcome**

**8:00-8:30 Get Energized: Food for Thought! 0.5 General CE**

-Amber Petersen Executive Director Independence Village

**8:30-10:00 Leading & Managing during unprecedented times! 1.5 General CE**

-Bionca Lindsey CDM CFPP Alabama ANFP

**10:00-10:15 Raffles & Break**

**10:15-11:15 Sanitation and YOU WHO? 1.0 Sanitation CE**

-Julie Zikmund RD LD University of North Dakota

**11:15-12:30 Celebration Lunch & Learn The Power of the CDM! 0.5 General CE**

-Ben McCullough CDM CFPP

**12:30-2:00 Safe Food Handling 1.5 Sanitation CE**

-Julie Zikmund RD LD University of North Dakota

**2:00-2:15 Raffles & Break**

**2:15-3:15 Ethics: Boundaries for our Protection 1.0 Ethics CE**

-Bionca Lindsey CDM CFPP Alabama ANFP & Ken Hanson CDM CFPP

**3:15-3:30 Raffles & Day 1 Wrap UP**

**3:30-5:30 IANFP Board Meeting Open to all members to audit**

## DAY 2 /Friday April 29, 2022

**7:00-8:00 Warm Breakfast Buffet**

**8:00-8:15 IANFP Board Welcome /Raffles**

**8:15-9:45 Re-Inventing Recycling**

-Shelene Codner- Iowa Waste Exchange **1.5 Sanitation CE**

**9:45-10:00 Vendor Promenade**

**10:00-12:00 Vendor Show** **2.0 Food Show CE**

**12:00-12:30 Light Hors d' oeuvres Lunch**

**12:30-1:30 Inspired to Create a Difference with Dining** **1.0 General CE**

-Mary Sell MPA RDN LD Martin Bros.

**1:30-3:00 H.R. Magic & CDM Career Ladders** **1.5 General CE**

-Matt Puffer HR Director Calvin Community & IANFP Career Panel

**3:00-3:30 Survey Trials and Tribulations-ALL the tricks** **0.5 Sanitation CE**

-Barbara Thomsen CDM CFPP RAC QCP Aging Rules Healthcare Consulting

**3:30 Wrap -Up & Closing Comments**

**12.5 CE's applied for both days from ANFP**

**6.0 Day #1** (2.5 Sanitation, 2.5 General & 1 Ethics CE's)

**6.5 Day #2** (2.5 General, 2 Sanitation CE's & 2 Food Show CE's)



Required for CDM, CFPPs every three-year recertification period:

**45 CE HOURS | 9 SANITATION CE | 1 PROFESSIONAL ETHICS CE**





## Registration Fees:

### IANFP Members:

\$140.00 Both Days or \$75.00 1 Day

### Non Members:

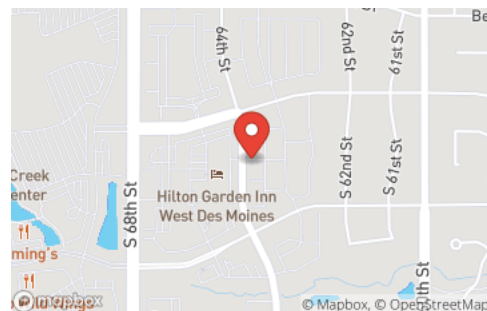
\$160.00 Both Days or \$100.00 1 Day

**Students** \$40.00 1 Day or 75.00 Both Days!

**Retirees** **FREE FREE FREE FREE**

<https://ianfpspring2022meeting.eventbee.com>

**Questions:** Barbara Thomsen Iowa ANFP Edu.Chair / [agingrulesllc@yahoo.com](mailto:agingrulesllc@yahoo.com)



## Hilton Garden Inn West Des Moines

205 South 64th Street, West Des Moines, IA, 50266, US

Vision 2022- IANFP (booking reservation code) **BOOK BY April 13**

A block of rooms has been reserved for Wednesday April 27, 2022 - Friday April 29, 2022

109.00 pr. night for 2 Queen room or 1 King room

119.00 2 Queen Beds 1 Bedroom Suite w Sofabed Direct phone : 515-223-0571

<https://www.hilton.com/en/attend-my-event/dsmwhgi-vis-fc4bd8bd-52ac-4c4e-8b9e-aa87c903f69e>



## Registration by mail:

Name:

Facility:

Telephone:

Address:

Member #:

Email:

**Circle  
your  
choice**

### Registration Fees:

#### IANFP Members:

\$140.00 Both Days or \$75.00 1 Day

#### Non Members:

\$160.00 Both Days or \$100.00 1 Day

**Students** \$40.00 1 Day or \$75.00 Both Days!

**Retirees FREE FREE FREE FREE**



Mail checks payable to:

**Pam Meade -Treasurer IA-ANFP**

204 Central Ave

Hawarden, Iowa 51023