## Thu 10/5/2023 8:10 PM BLAST EMAIL lowa ANFP Meeting coming up!

## Good morning, everyone!

It's been a while since I have written you, so I apologize. I'm sure you are all just as busy as I am. We are building a new kitchen behind our old one. It's a huge re-model, with 5 more apartments, a community room and updates to many of the interior spaces, including the dining rooms, which will now include a Bistro. The cement is down and they are starting to build walls. Just getting some of that cement work has been a major thing, as they unfortunately found an underground spring under the would-be kitchen. Water, water, everywhere. They had to do a lot of work to make it usable ground! For a while, things went pretty quickly...and now there are only two guys working on putting up walls. The project is supposed to be finished by next November. If only two guys work, it will take a lot longer!

But enough about me! I don't know if you have noticed, but we have a meeting coming up in a couple of weeks. Thursday October 19 the doors will open at the Hilton Garden in at West Des Moines at 7:30. You can enjoy a nice warm breakfast, before delving into some regulatory stuff with Barb Thomsen, and the Amy Geels will talk about working with your dietitian. We'll finish the morning with Quality Assurance. During lunch, we'll discuss the value of HS snacks and eat at the same time, making every moment count. Ashely Asberry will talk about chemicals in the afternoon, and Ken Hanson will round us out with Diversity, Equity and Inclusion: Why does it apply to me?

Our incredible education team has managed to apply for six credits! And we'll still be out of there by 3:45. Don't forget to bring something for our raffle (and bring extra money so you can win lots of stuff!). It sounds like it's going to be a great day. See you all there!

**Sharon Vermeer**