

# *Vibe to Thrive*

**Vision** The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession!

**Mission** Position the Certified Dietary Manager as the expert in foodservice management and food safety!

Discover the Power of the  
**Credential.**

**CDM|CFPP** | Certified Dietary Manager  
Certified Food Protection Professional

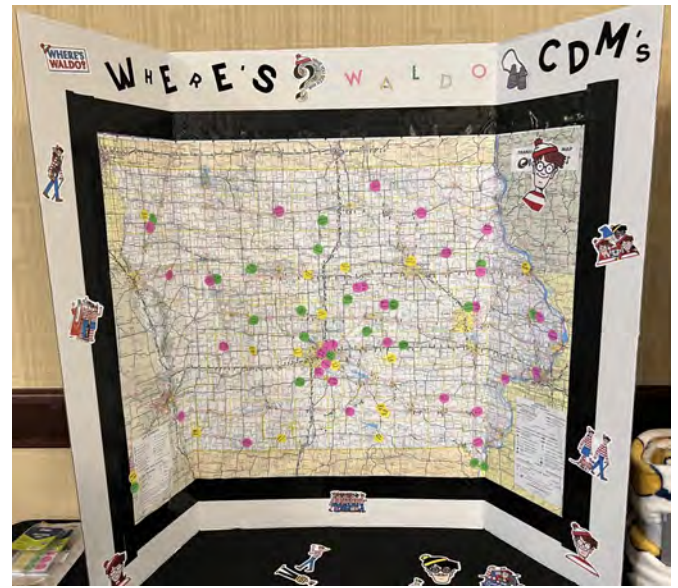




# Diamond Projects

As part of our Diamond Project this year, we have begun assembling Cancer and Chemo Care Packages. At our fall meeting, we started by creating crosses to include in the bags. The next phase involves collecting additional items such as blankets, lip balm, moisturizer, supplements, word game books, and other recommended comfort items.

If you come across any good deals on these items while shopping, we kindly ask that you consider purchasing them to contribute to this meaningful cause. Please bring your donations to our next meeting, scheduled for April 3rd and 4th. Your generosity and support are greatly appreciated.



As part of the Diamond Project, we are issuing a challenge to our CDMs/CFPPs: reach out to your fellow professionals in the region. We've named this initiative "Where's Waldo?" At our recent fall meeting, attendees marked their town on a map with their name. As we can see, not all of our members are attending these gatherings, and we are eager to understand why. To address this, we plan to reach out to those members who haven't attended and encourage their participation. For our upcoming spring meeting on April 3rd and 4th, we are also inviting members to bring along a colleague, another CDM/CFPP, to join in. Let's aim to fill the room and strengthen our network!

At our previous spring meeting, we successfully hosted a blood drive, and we are excited to announce that this will now become an annual event. As part of this initiative, we are challenging other state chapters to see which state can collect the most blood donations. From now until our next meeting on April 3rd and 4th, please track your donations and send the total via email. With the increasing number of disasters, our nation is in critical need of blood donations. Let's rise to the challenge and make a difference—start donating today! Go Iowa!



## Iowa ANFP Members

Rhonda Postma, CDM CFPP

Allied Members - 10  
Pre-professional - 14  
Professional - 327  
Retired – 5  
Total - 356



## Treasurer Update

Shannon Ketcham, CDM CFPP



Current account balances (2/4/25)

Bank Account: \$6,952.83  
Professional Development Account: \$5506.82  
Account totals:12,459.65

Looking forward to seeing you all soon.  
Shannon Ketcham CDM/CFPP  
IOWA ANFP TREASURER

## Brand Ambassador / Education Chair

Barbara Thomsen, CDM CFPP/RAC/QCP

Happy 2025 everyone! Looking forward to Vibe to Thrive April 3&4! Planning for a great vendor show on Friday and lots of great presenters and fun activities together!

Please take the time to join us as you all work very hard and deserve time to network and hone your skills with your fellow CDM's!

Hugs!

Barbara Thompson CDM CFPP /RAC/QCP



## FOLLOW ALONG.....

<https://www.facebook.com/iowa-ANFP-Association-of-Nutrition-and-Foodservice-Professionals-186966831349701/>

<https://www.anfponline.org/events-community/chapters/chapter-pages/iowa/home>





# BLOODDONOR

**BE A SUPERHERO - YOUR BLOOD, YOUR POWER!**

## IOWA ASSOCIATION OF NUTRITION FOODSERVICE PROFESSIONALS BLOOD DRIVE

*Bloodmobile*

### Friday, April 4

**10:30 am - 2:30 pm**

Hilton Garden Inn West Des  
Moines  
205 S 64th St.  
West Des Moines, IA 50266

**WALK-INS WELCOME!**



TEXT lifeserve to 999-777 | CALL 800.287.4903 | VISIT [lifeservebloodcenter.org](http://lifeservebloodcenter.org)



**LifeServe**  
BLOOD CENTER

**YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.**



# 2025 Vibe to THRIVE in '25!

## DAY 1 /Thursday April 3, 2025

7:00-7:45 **Bagels & Fruit Breakfast** 7:45-8:00

IANFP Board Welcome 8:00-8:30 Kick Off!

CEO/Administrator **0.5 Gen CE**

### Appreciation from above!

8:30-10:00

**Thrive in 25:**

**Solving the Foodservice Safety and Sanitation Puzzle** **1.5 SAN CE**

*Julie Zikmund RD LD University of North Dakota*

10:00-10:15 Raffles & Break

10:15-11:15

**CDM Experts that know! Just Ask US!** **1.0 Gen CE**

*Panel of your CDM Piers*

11:15-12:30 **.25 Gen CE**

### Lunch/ANFP Info./Awards

12:30-2:00 **1.5 Gen CE**

*Motivational Speaker Kent Stock*

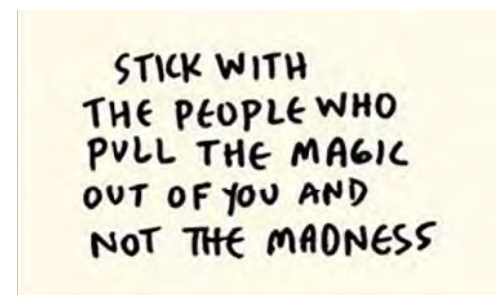
2:00-2:15 Raffles & Break

2:15-3:30 **It's all about your business** **1.25 CE**

*Sherri Conde-Corporate Director of Healthcare Performance Foodservice*

3:30-3:45 Raffles & Day 1 Wrap UP

3:45-5:00 IANFP Board Meeting Open to all members to audit





# 2025 Vibe to THRIVE in '25!

## DAY 2 /Friday April 4, 2025

7:00-8:00 **Warm Breakfast Buffet**

8:00-8:15 **IANFP Board Welcome /Raffles**

8:15-9:45 **IDDSI & Modified Diets Regs'and all!** 1.5 San CE

Amy Mooney- Geels RD LD CDM & Dawn Peters CDM  
Iowa Veterans Home

9:45-10:00 **Vendor Promenade**

10:00-12:00 **Vendor Show** 2 Food Show CE's

12:00-12:30 **Light Hors d'oeuvres Lunch**

12:30- 1:30 **What's in your GPO?** 1.0 Gen CE  
-Group Purchasing knowledge to know  
Sysco Food Service Presents

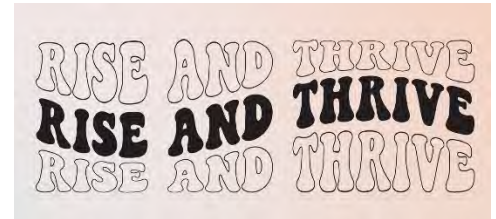
1:30-1:45 **Raffles & Break**

1:45-2:45 **Food to Fork with Chef Tiezzi** 1.0 Gen CE  
Martin Bros. Corporate Chef

2:45-3:00 **Wrap -Up & Closing Comments**

**CE:5** applied for both days from **ANFP 6.0 Day #1**  
(General & Sanitation)

**5 Day #2** ( 2.0 General, 1.5 Sanitation & 2.0 Food Show CE's)



Required for CDM, CFPPs every three-year recertification period:

**45 CE HOURS | 9 SANITATION CE | 1 PROFESSIONAL ETHICS CE**