

### AUTUMN 2023



**Vision** *The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession!*

**Mission** *Position the Certified Dietary Manager as the expert in foodservice management and food safety!*

Discover the Power of the **Credential.**

**CDM|CFPP** | Certified Dietary Manager  
Certified Food Protection Professional



The ACE Conference held late June in New Orleans was a wonderful learning experience. The Keynote Speaker was Shola Richards. His presentation was "The Courage to Go Together: Three Questions to Change How You Work, Live & Lead." He explained the concept of Ubuntu. Ubuntu translates to "I am because we are". He chanted this word several times. Shola's presentation was remarkable. His excitement, his love for his parents and leadership were top notch! He ended up attending our opening evening where we enjoyed hors d'oeuvres and networking. He floated from table to table visiting with everyone. Our group invited him over and we talked about his session. He told us about his family including his parents, showed us pictures of his kids, and we exchanged comical work stories. People flocked to him all night and I am certain he was one of the final people to leave!

There were several educational sessions to attend. I attended so many and here are just two of them that stuck with me.

Dementia. This one really opened my eyes since I come from a hospital and not LTC. The one discussion that really stuck with me was when they demonstrated the proper way to greet a resident with dementia. I have witnessed my dietitian use this skill time from time with some elderly patients at our hospital, but I never knew why until this session. The time and effort caretakers use to make these "scared" individuals feel safe and secure is extraordinary.

The other session that will forever stay with me was given by a man many of you have heard of if you follow the ANFP Connect site. His name is Thom Pastor. He is a CDM, CFPP from Bend, Oregon. He works at his local hospital. He opened his talk with a door cam video and personal story that happened last August. Their door cam recorded the moment he and his wife were leaving for supper. As they were getting into their car, they heard gunfire. They take cover for a moment then instead of going to the restaurant he drove straight to work to help wherever he could. In the days following that evening, one thing he knew for certain in the moment of fear and the unknown was "it was ok to stand there." DON'T JUST DO SOMETHING, STAND THERE was his message. Comfort people. That statement has so much meaning behind it. After waiting to speak with him at the end of his session he handed me a sticker with that message: DON'T JUST DO SOMETHING, STAND THERE. That same sticker hangs in my office today.



We concluded the conference with the Annual Honors Gala. Since we were in New Orleans, the theme was a Masquerade Ball. We were encouraged to dress accordingly for the evening. The evening kicked off with a jazz band, an amazing supper, and the presentation of awards. Iowa won the following awards that evening: Communications Award, Government Affairs Award, Membership Award, Platinum State Achievement Award, and was a Nominee & Finalist for the Diamond Award. We concluded the evening with more music and dancing! Attending ACE is such a remarkable way to learn and grow as a board member and a CDM, CFPP, as you have an opportunity to network with other individuals from all over the country. I am looking forward to next year's Annual Conference & Expo, which will be held June 10-13, 2024, at Grand Sierra Resort and Casino in Reno, Nevada.

Kylie Stroehler CDM, CFPP  
Audubon Co. Memorial Hospital



By Rhonda Postma  
 Membership Chair

Member Counts as of September 20, 2023

**Iowa ANFP Chapter**

Allied Members	11
Pre-Professional Members	44
Professional Members	374
Retired Members	6
<b>GRAND TOTAL</b>	<b>435</b>



By Shannon Ketcham  
 Treasurer

**Balance as of 07.2023**

General Account....	\$7,432.24
Travel Account.....	\$3,920.36
<b>Total .....</b>	<b>\$11,352.60</b>



**FOLLOW ALONG.....**

<https://www.facebook.com/iowa-ANFP-Association-of-Nutrition-and-Foodservice-Professionals-186966831349701/>

<https://www.anfonline.org/events-community/chapters/chapter-pages/iowa/home>



By Barbara Thomsen  
Education Chair

**Tailgating Party COME join us! IANFP Fall Conference October 19, 2023! It's a Thursday this year so come dressed in your "no holes" jeans and your favorite sporting/fall t-shirt!**

**Great topics with a really good opportunity for those in LTC that need clarification on the whole RD/CDM clinical side of life hearing RD CDM Amy Mooney-Geels share her ways to better collaborate!**

**Let's of other great speakers and chances to network with other brilliant foodies like yourselves, so join in!**

**We encourage online registration, and the links are on the registration form for both the hotel and paypal payments!**



By Barbara Thomsen  
Brand Ambassador

The Iowa Code for Long Term Care Chapter 58 (58.24(2) Dietary staffing. **The facility shall employ dietary staff in accordance with 42 CFR 483.60 (a)** recently updated this past year and went to mirror the Center for Medicare/Medicaid Service Mega Rules 2016 language. The Dietary Department changes followed CMS FNS §483.60 Qualifications for the Director of Food and Nutrition Services verbiage so nothing earth shattering other than we no longer have the 24 months for students to complete the CDM coursework, the CDM is still required from the §483.60 and is the first of the 4 listed educational requirements. Here is the link to the full IAC Chapter 58 <https://www.legis.iowa.gov/docs/ACO/chapter/481.58.pdf> if you would like just the dietary pages you can download the pdf from my webpage <https://agingrulesblog.com/blog/> where I highlight some of the dietary changes.

#### CMS News

§483.60 FNS Qualifications for FNS Director Option (E) Has 2 or more years of experience in the position of director of food and nutrition services in a nursing facility setting and has completed a course of study in food safety and management, **by no later than October 1, 2023**, that includes topics integral to managing dietary operations including, but not limited to, foodborne illness, sanitation procedures, and food purchasing/receiving; and **expires on October 1 2023 and is no longer an approved education path.**



#### From the Awards/Scholarship Desk

Now's the time to nominate someone (maybe yourself) for CDM of the year. Every one reading this is eligible for the award, do you know someone that has went above and beyond this year if so nominate them and then lets celebrate their achievements.

# THURSDAY OCTOBER 19<sup>TH</sup> 2023



7:30-8:15  
Registration/Warm Breakfast

8:15-8:30  
Welcome ANFP CDM's  
President Kylie Stroehrer &  
Pres. Elect September Sackett

8:30 - 9:00 **.5 CE**  
8:30-9:00 Kick Off- **YOU THE CDM**  
Barbara Thomsen ANFP Ed/Regulatory Consultant

9:00-10:30 **1.5 CE**  
RD/ CDM Working Collaboratively  
Amy Mooney-Geels RD LD CDM Iowa Veterans Home

10:30-10:45 Break/Raffles  
10:45-12:00 **1.25 CE**  
The Way to Quality Assurance...Get QAPI'd!  
Andrea Mahrer RD LD QCP Iowa Veterans Home

12:00-1:00 **.5 CE**  
Lunch & Learn  
Why do we need HS snacks?



Online Payment or Checks filled out to  
Iowa ANFP Mailed to:

Shannon Ketcham Treasurer  
118 walnut st  
New Providence IA 50206



Online registration:



<http://www.eventbee.com/v/ianfp-fall-conference-thursday-october-19th-2023/event?eid=293415005#/ticket>



**Hilton Garden Inn West Des Moines**  
205 South 64th Street, West Des Moines, IA, 50266, US



Association of Nutrition & Foodservice Professionals

Room Reservations by October 13<sup>th</sup>, 2023 \$139.00 pr. night

Phone: 515-223-0571

1:00-2:15 **1.25 SAN**

The Chemicals amongst us!  
Ashely Asberry

2:15-2:30 Break/Raffles

2:30-3:30 **1 CE**

Diversity, Equity & Inclusion! What is it and  
WHY does it apply to me?

“ CBDM Board Chair Ken Hanson CPM, CDM CFPP

3:30-3:45

Raffle / IANFP closing comments

Go forth & Celebrate being a CDM CFPP Professional!

**6 CEU's = 1.25 Sanitation, 1 Ethics & 3.75 General**

Game Day Attire ....  
Jeans without holes & your favorite  
sports team encouraged!!!!



ANFP member: **\$75.00**  
Non ANFP member: **\$90.00**  
Student/Retirees: **\$25.00**



Association of Nutrition & Foodservice Professionals

**Iowa ANFP Student Scholarship Application**

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ JOB TITLE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE NUMBER : \_\_\_\_\_

ANFP STUDENT MEMBER NUMBER: \_\_\_\_\_ YEARS OF SERVICE: \_\_\_\_\_

FACILITY NAME: \_\_\_\_\_

FACILITY ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

FACILITY PHONE NUMBER: \_\_\_\_\_

ADMINISTRATOR'S NAME: \_\_\_\_\_

DIETITIAN'S NAME: \_\_\_\_\_

NAME OF SCHOOL: \_\_\_\_\_

THIS PROGRAM IS/WILL BE TAKEN BY: CLASSROOM – INTERNET – MAIL (circle one)

HAVE YOU BEEN ACCEPTED? YES – NO (PLEASE ENCLOSE COPY OF CURRENT CLASS SCHEDULE)

ARE YOU CONSIDERING BECOMING A CERTIFIED DIETARY MANAGER? YES – NO (circle)

PLEASE ADDRESS THE FOLLOWING AREA IN AN ATTACHED ESSAY. LIMIT ANSWERS TO NO MORE THAN 200 WORDS PER AREA:

- PLEASE DESCRIBE YOUR WORK EXPERIENCE IN FOOD SERVICE AND HOW YOU BECAME INTERESTED IN THE PROFESSION.
- PLEASE GIVE YOUR EXPLANATION OF DESIRE TO ADVANCE IN THE DIETARY MANAGEMENT FIELD AND NEED FOR FINANCIAL ASSISTANCE.
- HOW DO YOU SEE YOURSELF USING THIS TRAINING FIVE YEARS FROM NOW?

PLEASE ATTACH LETTERS OF ENDORSEMENT FROM AT LEAST TWO OF THE FOLLOWING:

1. \_\_\_\_\_ ADMINISTRATOR
2. \_\_\_\_\_ REGISTERED DIETITIAN
3. \_\_\_\_\_ IMMEDIATE SUPERVISOR

\_\_\_\_\_  
APPLICANT'S SIGNATURE

SUBMIT THIS COMPLETED FORM WITH ALL ATTACHMENTS TO:

Award Committee Chair  
C/o Ben McCullough  
1715 Five Mile Drive  
Boone, IA 50036

APPLICATION DEADLINES ARE:  
JANUARY 1<sup>ST</sup> AND JULY 1<sup>ST</sup> of each year

## **Iowa ANFP Certification Exam Scholarship**

Iowa ANFP will award annual scholarships to non-certified, Iowa ANFP members who wish to sit for the ANFP certification exam. The recipients must provide proof of eligibility to sit for the ANFP certification exam which includes proof of successful completion of an ANFP approved course or program: either on-site or Correspondence. Scholarship money is to be used **towards the certification exam**. If the applicant is later fully reimbursed by their employer, the applicant will in turn reimburse Iowa ANFP.

### **The applicant must meet all of the following requirements:**

1. Currently employed in Foodservice.

**Letter of support from employer to be included.**

2. Member of Association of Nutrition & Foodservice Professionals (student membership is acceptable).

3. Enrolled in or have successfully completed an approved DM course and be eligible for the exam.

Course: \_\_\_\_\_ Exam date: \_\_\_\_\_

**Letter of support from preceptor to be included.**



Association of Nutrition & Foodservice Professionals

**Applicant information:**

Name: \_\_\_\_\_ Membership number: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone: \_\_\_\_\_ email address: \_\_\_\_\_

**Employment information:**

Facility: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ FAX: \_\_\_\_\_

Supervisor's name/title: \_\_\_\_\_

Consulting Dietitian: \_\_\_\_\_

Number of years in the food service industry: \_\_\_\_\_

Current position: \_\_\_\_\_

Brief statement of why you have chosen the food service industry:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Explain any professional benefit you expect to receive from this certification:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Applicant Signature

Mail application and documentation to:  
Award Committee Chair  
C/o Ben McCullough CDM, CFPP  
1715 Five Mile Drive  
Boone, IA 50036



Association of Nutrition & Foodservice Professionals

### Iowa ANFP Dietary Manager of the Year Candidate Submission

Candidates Name: \_\_\_\_\_

Organization employed by: \_\_\_\_\_

Title: \_\_\_\_\_

Years employed or as an ANFP member : \_\_\_\_\_

Department(s) responsible for: \_\_\_\_\_

Number of dietary staff: \_\_\_\_\_ Total number of staff: \_\_\_\_\_

Annual Budget: \_\_\_\_\_

Other committees serving on within the organization: \_\_\_\_\_

Any Organizational rewards/recognitions received: \_\_\_\_\_

Consulting Dietitians Name: \_\_\_\_\_

Personal testimonial in what ways this individual has made an impact on your organization, staff, families and residents in the following areas:

- Team building
- Organizational skills
- Thinking outside the box
- Promoting good nutrition to residents and staff
- Positive/nurturing attitude
- Budgeting challenges
- Staffing (hands-on or hands-off)

Supervisor/contact person to possibly present the award: \_\_\_\_\_

Please attach the testimonial letter(s) to this document and mail to:

Award Committee Chair  
C/o Ben McCullough  
1715 Five Mile Drive  
Boone, IA 50036

Submission Deadline Date: March 1 of each year