

Barbara Lee Thomsen

From: Barbara Lee Thomsen <BarbaraLeeThomsen@mchsi.com>
Sent: Monday, May 3, 2021 11:18 AM
To: barbaraleethomsen@mchsi.com
Cc: barbaraleethomsen@mchsi.com
Subject: 9.2020 Iowa ANFP Blast

On Sep 16, 2020, at 9:02 PM, Jerry & Sharon Vermeer <ver9135@mtcnet.net> wrote:

Hope you are all staying safe and healthy out there. Who knew our world could be so turned upside down for so long! If you are like me, this has been pretty stressful even when things seem to be going well. I keep thinking about my staff, and how, if even 3-4 people were out for a couple of weeks, that would seriously affect a kitchen. How would I staff it? What if I'M the one that gets sick? Not that I'm irreplaceable, but it would be a lot harder on my staff. Thoughts like that pop up 24/7. Yikes! So I've been trying to take planned time off with no contact with work (no e-mails, no phone calls, nothing!): kind of like mental health days. And I am encouraging every manager I know to do the same. We all need time for ourselves. I hope you are all finding time to take a break from the madness!

Back to ANFP business: I've got some words of wisdom for you to read. I received the following e-mail from Barb this past week:

On behalf of your Iowa ANFP board we would like to praise each and everyone of YOU for your commitment to those with whom you provide such wonderful cares for each day!
Under this COVID-19 Food is the best medicine for all of us to enjoy!

Now the Disappointing news...

Due to the restrictions with this Pandemic we as a board feel it's best to cancel our live meeting in October....super disappointing but safer.

Then comes the Exciting News

We have planned a virtual event to support our need for educational CE's and it will be happening in October/November... details to follow!

We've coined the phrase....

"Wat'cha watch'in Webnesdays!" and will be providing FREE Webinars for our members to watch!

The ANFP Boardmembers from 2019-20 have agreed to stay in office until next the Spring 2021 April 29&30 Conference in West Des Moines Hilton Garden Inn when we will be able to hold our elections! ANYONE interested in volunteering for the ballot for President Elect Secretary or Treasurer please let us know. WE'D love to have you help us out! Look for an upcoming newsletter for more info.!

Pres. Sarah Winchell (No Pres Elect)

Secretary Kylie Schroeder

Treasurer Pam Meade
Past Pres. Becky Rickabaugh
Spokesperson Barbara Thomsen

Ending on a good note....

“Heard it on the grapevine 🎵” is another project that we have begun thanks to One of our creative members suggestion ... so watch for a phone call from one of your CDM peers -Iowa ANFP Board and committee volunteers just checking in to say hello! If we miss you we will leave a message! WE MISS YOU ALL! STAY HEALTHY AND SANE!

Sharon Vermeer and Barbara Thompson