

Barbara Lee Thomsen

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Hello, and Happy April!

Guess what? I just got back from a great vacation in Mexico. I've been working like a dog (haven't we all?) since January re team members who have babies and cancer (2 different people), and I was really starting to fade.

We decided to take a quick vacation to our favorite resort: worth it!

We always like to do things, so this time we did deep sea fishing, snorkeling, and parasailing.

Deep sea fishing: rough water, but doable. 4 of us in the boat, and we each caught a small tuna. AND THEN...a 9 foot Sailfin! It took an hour to get in:

all 4 of us took turns reeling that entire time. When it got close to the boat we saw there was another one with it! No one wanted to keep it, so we released...after taking pics of course! Can you imagine how much that would cost to ship home stuffed? a 10-foot box...the other two guys were from North Dakota. They had never caught one, after fishing over 20 times on the ocean, so this was a thrill for everyone! The captain of the boat was literally jumping up and down. He had caught one the day before too, but apparently it's pretty rare.

A couple days later, snorkeling and parasailing. I would parasail again:

that was fun (although I'm sure the other three young couples on the boat with us will go home and talk about the OLD people they had on their boat!) Snorkeling was way too much work for me. There was a pretty strong current (sometimes I couldn't get anywhere at all), and for some reason I kept ending up crashing into reef. Sigh. Other people saw a pufferfish, a herd of blue tang and other fun things. I saw reef and little brown fish. Won't do that again!

Not surprising, what I took pics of the most: the food. The resort we stay at is amazing (Valentin): adults only, all inclusive, beautiful beach with cabanas, huge pool...and lots of restaurants: Indonesian/Thai, French, Mexican, Italian, Argentinian, Japanese for suppers, 2 large buffets (one next to the beach) for breakfast and lunch. I recommend it to everyone!

Anyway, now vacation is over and it's time to get ready for our awesome 2-day meeting! Have you signed up yet? 14 credits!!! Monday is the last day to register!!!

Here's a note from Barb:

Hello Everyone!

Just a quick reminder next Thursday & Friday 4. 29&30 is our joint ANFP/ Consultant RD meeting AND YOU STILL have time to get registered!

We miss all of you and are so looking forward to seeing everyone again!

Here's the registration link and attached agenda!

<https://www.eventbrite.com/e/139691700637>

Hope to see a great crowd of masked healthcare professionals!

Hugs from your Iowa ANFP Board!!!!

Barbara

One more thing: The national meeting is in Orlando June 28-30. REGISTRATION WILL BE LIMITED DUE TO COVID TO 250 people. Early Bird registration will be posted sometime next week. If you want to go, get that registration in!

See you at the meeting,
Sharon