



Greetings and Happy Holidays! & Happy Spring!

Sarah Winchell CDM CFPP Iowa ANFP President

As 2020 draws to an end I am finding myself reflecting on the year that was unlike any other. I have quite a lot to be stressed over, like I am sure the rest of you do as well. What I am very aware of is that there is a lot more to be thankful for this year and part of that is all of you! Iowa ANFP has some of the most supportive members which was apparent with our first virtual conference. Thanks to our education committee and their extreme hard work with many firsts. Iowa definitely made a difference in many members' lives by being able to give out free CE's. While we know that it was not ideal for everyone, we are looking into other options too so everyone has a chance to get CE's without having to impact their budget. Keep an eye out on our Facebook page for as many free CE opportunities as possible. I hope you all are well and making unique memories with your families, staff and clients. Cheers to 2021!

It's HAPPENING ... VISION 20/20 in 2021!!!

at Iowa DHCC and Iowa ANFP Spring Conference!

April 29 & 30 2021 Hilton Garden Inn (Jordan Creek) West Des Moines IA

WATCH FOR MORE DETAILS TO COME!

Happy Holidays!!

Rhonda Postma Membership

Kylie Stroeher
Secretary

Ben
McCullough
Awards/
Recogniton

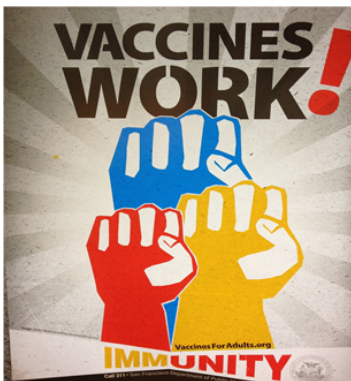
Pam Carberry Past President

MANY thanks to each and every one
of you-TRUE heroes. Wishing you a
very Merry Christmas and a better,
brighter New Year!
-CDM Deb Dawson

"Remember to take care of yourself
while you're caring for those you
serve. Happy Holidays."
-CDM Ken Hanson

Pam Meade Treasurer

Barbara Thomsen Spokerperson
Get your shots everyone! Encourage all
your family & friends!





What'cha Watch'in Wednesdays...

In October



Iowa ANFP Fall "Virtual" Webinars

10/7, 14, 21 & 28

9 FREE CE's

Every Wednesday

AM Session 10:00-11:00

PM Session 1:30-2:30(3:00)

**Speaker & Topics to follow sign
up required to receive CE's**

Webinars: 5 General & 4 Sanitation total

- » **WE DID IT.... held our Fall meeting virtually and WOW was it successful!**
- » **Over 1,000 attendees over the 8 sessions!**
- » **9 FREE CE's provided!**
- » **Not just Iowa CDM's benefited!**
- » **We opened it up to all our ANFP neighbors throughout the nation!**
- » **Our Presenters donated their time to help provide much needed free CE's!**

Iowa ANFP Scholarship



We're giving
it away....



Iowa Dietary Manager students and Exam takers
please check this out...
Apply for scholarships for free \$\$\$.
Email Ben @ cdmben@yahoo.com

Spring Salutations! -Barbara Thomsen CDM CFPP Spokesperson/Education Chair

MY APOLOGIES for getting this newsletter out so late.....it is truly a seasonal newsletter!

Our Spring meeting is going to be so awesome! We are joining forces with the Iowa Consultant Dietitians IDHCC April Thurs. 29 & Fri. 30th in West Des Moines IA at the Hilton Garden Inn Jordan Creek!

The registration is posted on our Iowa ANFP Facebook page and the links are included here in the newsletter to assist you with getting signed up!

The agenda is packed with lots of good information and our vendor show is also looking real promising, great to have their support!

SO EXCITED to get to see everyone again! We will be following all the COVID CDC and Iowa Dept of Health guidelines for in person gatherings!

Get signed up and remind your RD friends to do the same!



Hugs from afar everyone!
Barbara



IOWA ANFP Board Positions

2021-2022 President Elect

2021-2023 Secretary

2021-2023 Treasurer

If interested, please email us!

d3cdm@hotmail.com



Registration Fees:

IDHCC/IANFP Members:

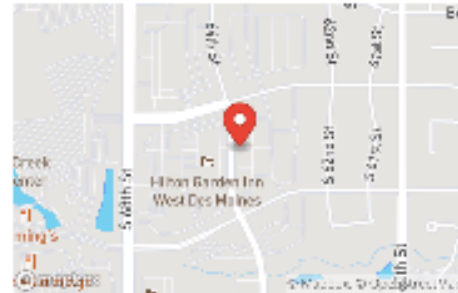
\$125.00 Both Days or \$75.00 1 Day

Non Members:

\$140.00 Both Days or \$90.00 1 Day

Students and Retirees \$25.00 1 or Both Days!

<https://www.eventbrite.com/e/139691700637>



Hilton Garden Inn West Des Moines

205 South 64th Street, West Des Moines, IA, 50266, US

Vision 2021- IANFP (booking reservation code)

A block of rooms has been reserved for Wednesday April 28, 2021 - Friday April 30, 2021

\$109.00 pr. night for Queen double room. Direct phone : 515-223-0571

https://hiltongardeninn.hilton.com/en/gi/groups/personalized/D/DSMWHGI-VIS-20210428/index.jhtml?WT.mc_id=POG