

Iowa Heartland Informer



Winter 2019



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Celebrate Pride in Foodservice Week!

February 3-7, 2020

February 3-7, 2020 is designated “Pride in Foodservice Week” by the Association of Nutrition & Foodservice Professionals (ANFP). This recognition week applauds nutrition and foodservice professionals and other members of the nutrition services team for their hard work and dedication on the job. Now in its 29th year, Pride in Foodservice Week will be celebrated in facilities across the country in various inventive ways.

How do you plan to celebrate Pride in Foodservice Week with your staff, management team, and/or your clients/residents? Share on social media using #PIFSW20!

Once Pride in Foodservice Week is over, tell us how you celebrated with your team, your clients, and/or your community. ANFP will review all submissions and the top five celebrations will receive special prizes!

Submissions will be accepted until Friday, February 28, 2020.

Download our PDF for more information and a flyer you can hang in your facility!



WAYS AND Means Report

At our Fall conference the Ways and Means table brought in \$824.00 in ticket sales and the Silent Auction items brought in \$130.00 making a Grand Total of 954.00. Great job everyone!

We had some excellent baskets this year. The winner by popular vote was Shirley Ungerer's basket. Shirley is from Maple Crest, Iowa and had a Halloween themed basket.

Dawn Vogel won the \$100 bill. and the two 50\$ gift cards went to Elisabeth Minshew and Mary Olson.

Thanks again for all of the baskets, the extra items to add to the baskets and the silent auction pieces. We even had a hand painted picture and homemade reversible aprons.

Think of us during the Holliday's when things are marked down and we get Secret Santa gifts that could be regifted next year! Let's make the 2020 raffle the best ever with increased participation since we are combining with the dieticians!!

Julie Stork CDM CFPP
Ways and Means



Government Affairs

The CMS comment period for the LTC Proposed rulemaking ended Sept. 16. ANFP had good support from its members and stakeholders, as well as other healthcare associations and communities, which ANFP encouraged to submit comments in support of the current requirements to maintain the standards of the CDM, CFPP credential. Please note that as CMS reviews and takes into account the over 1,500 comments it has received for this rulemaking, the current requirements for the director of food and nutrition services in LTC—including the CDM, CFPP credential—remain in effect. In fact, the regulatory process is such that CMS will likely take several months to formulate and issue its final rule, which means that we will probably not have final CMS language on new requirements for the director of food and nutrition services until late 2019 or early 2020. ANFP will keep everyone posted!

Barbara Thomsen CDM CFPP RAC QCP
IANFP Spokesperson

Iowa ANFP Fall Board Meeting Agenda

Thursday, October 24, 2019

2:00PM

MercyOne, West Des Moines, IA

- i. **Call to order**
 - a. Roll call: Chris Rehmer, Pam Meade, Ken Hanson, Rhonda Postma, Meghan Owens, Pam Carberry, Barbara Thomsen, Julie Stork, Sarah Winchell
 - b. Approval of consent agenda items
 - i. Secretary minutes; secretary is out for medical reasons
 - ii. Treasurers report; submitted and a treasurer elect will be voted upon as needed
- ii. **2019 discussions started**
 - a. Proposed budget; submitted to ANFP
 - b. Audit of books; Pam Meade will scan and send budgetary information to Sarah Winchell, Dennis Hanes, and Matt Hart in the month of November
 - c. Achievement awards; number of years, CDM of the year, and scholarships
- iii. **Committee Reports**
 - a. **Membership – submitted by Rhonda Postma**
 - i. Allied professional – 11 not certified
 - ii. Pre-professional – 18 not certified, 1 certified
 - iii. Professional – 6 not certified, 333 certified
 - iv. Retired professional – 1 certified
 - v. Total: 35 not certified, 335 certified = 370
 - b. **Ways and means; approved in the summer meeting for there to be 2-\$50 gift cards and 1-\$100 bill to be raffled.**
 - i. New approval was the purchase of a \$25 for the best basket submitted for the raffle
 - c. **Education**
 - i. Education committee will head up the lunch and learn about CEU's and the ANFP website.
 - d. **Spokesperson**
 - i. Pell grants on capital hill , scheduling a meeting with the governor
 - e. **Website/Facebook**
 - i. Posting that attendees can wear nice jeans to the conference
 - f. **Newsletter**
 - i. Pam Carberry needs all information by 11/11/2019
- iv. **Old Business**
 - a. ACE, who is attending Las Vegas
 - b. **Diamond project**
 - i. Prostart; making ANFP and CDMs present at the high school level during this program that encourages culinary arts
 - ii. Goal is to get an IA CDM as a judge for the Iowa Prostart competition
- v. **New Business**



Welcome New Members Sept-December

2019 Rhonda Postma CDM CFPP Membership Chair

Alan Michael Armstrong- Sioux City
Joshua Barnes-North Liberty
Terry Martin Boston-West Des Moines
Donna Hall-Osceola
Sheila Marie Kisner-Quasqueton
Ashley Kuker- Fort Dodge
Diorah Lee-Earlham
Pamela Leytem-Dubuque

Michael Marliere-Waukee
Alesha Nicole McGee-Waterloo
Elisabeth Minschew-Clarinda
Christopher Morris-Keokuk
Robin Ramsey-Bedford
Kim Sheldon-Dubuque
Cassie Steadman-Newell
Valicia Wacha-Des Moines



IANFP Scholarship Candidate
Student Winner Sheila Kisner



IANFP Exam Scholarship Candidate Angela Hoy



Iowa ANFP CDM of the Year 2019 Tammy Harms with her super supporter
Consultant RD Linda Green! Congrats Tammy!



5 Years

Jodi Adkins
Angel Devers
Donna Krajicek
Margaret Hood
Mollie Eslinger
Dawn DeWeerd
Margie Arispe
Karissa Cooper
Megan Myers
Sarah Winchell
Theresa Schultz
Sheryl Lair
Alayne Palsrok
Connie Jorgensen
Jamie Leonard
Robin Lint

10 Years

Barb Drees
Dave Walker
Kimberly Betts
Carol Ostermeyer
Theresa Petche
Jan Anderson
Kristi Talley
Amy Mooney-Greels
Kari Owen Bahr
Nancy Muesburger
Carolyn Ballard
Venice Monroe

20 Years

Sharon Vermeer
Gina Rasmussen
Lisa Lowe
Winnie Caltrider
Joyce Langrehr
Becky Rickabaugh
Sherry Lippert

25 Years

Rhonda Postma
Sheri Brown
Mary Crosgrove

15 Years

Deanna Young
Mischelle Dahna
Christina Parkey
Maureen Reinhart

30 Years

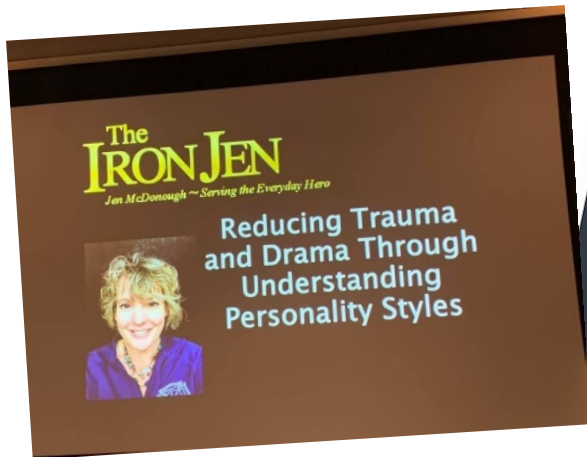
Shelley Stuart



Thanks for joining us to celebrate your ANFP years of service at our Fall ANFP Meeting 10.25.19!

CDM Superheroes

FALL IANFP MEETING 10.25.19
IANFP Celebrating 55 years strong!



DMACC CDM Students flashing their IANFP Anniversary Shirts thanks for coming to the Fall Meeting!



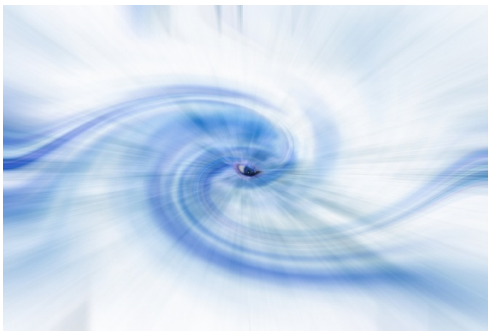


2020 Dates to start planning your next “road trip”!!!!

✓ April 23 & 24 IANFP & Iowa Consultant Dietitians joint meeting
2020 Vision- West Des Moines Hilton Garden Inn

June 15-18 ACE National ANFP Convention Las Vegas NV

✓ Watch your email for Early bird registration as the first 200 to
register gets registration for \$195....



Vision

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

Mission

Position the Certified Dietary Manager as the expert in foodservice management and food safety.



Association of Nutrition & Foodservice Professionals

Pamela Carberry, CDM, CFPP
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Iowa Heartland Informer



ANFP
2008/2016/2019
Diamond Chapter



Spring 2020



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ANFP ACE
60 years
celebration!

A Message from your IANFP President!

Sarah Winchell CDM CFPP

Who has the best fans? WE DO! For those of you that are basketball fans, March Madness is upon us which means those supporters are in high gear now. You may be wondering what food and basketball have in common, but what I am asking all of you is to show how people how much of a fan you are for Iowa ANFP. It is that time of year again for our spring, two-day, conference and this year is the year to show up! On April 23rd and 24th Iowa ANFP Spring Meeting **moved to June 4 & 5** will be partnering with DHCC (Iowa Dietitians in Healthcare Communities), something that has not been done before. We will have our wonderful vendor show, vast variety of sessions, some of the most knowledgeable speakers to date, and it is a great opportunity to network. This is also a great opportunity for the CDM's and Dietitian's in your community to partner together to prove to administration why they should be paying the entrance fees if they are not already doing so.

Then in June it is time to represent our great state again and show ANFP who has the best fans! ACE is in Las Vegas this year, June 15th-18th. Las Vegas, NV may be farther away than a typical conference, but if you crunch the numbers it may be more economical than you may think. Flights, the hotel, and even the registration fees have opportunities for discounts. Plus, the vendor show, gala, and other opportunities provide meals which can cut on the additional costs. I personally have felt that ACE has provided valuable, unique information, more networking, and even more opportunities as a CDM. Not to mention the memories I have made with those from Iowa. Can you say pool party?!



WAYS AND Means Report

At our Spring Conference, WAYS AND MEANS table will continue to provide a 100 dollar gift card, to buy chances to win, for \$2.00 each, or 3 for \$5.00. We will also sell chances at \$1.00, or 6 for \$5.00, for our general raffle baskets and donated items. For those new members who may not be familiar, every meeting, membership generously brings in items to form theme baskets. Sometimes these themes are humorous, purposeful, decorative, educational, relaxing or just plain random. We look for items at sales, bargain bins, garage sales and goodwill or even our own closets and relatives closets. Sometimes we re-gift items that don't work for us but could be someone else's treasure. Themes that are seasonal, like Mothers' day, Fathers' day, 4th of July, Memorial day, gardening, work well, but no need to limit to just those. Google "Theme baskets" or pull theme basket up on" Pinterest" to get some fun ideas.. We also enjoy doing Silent Bidding on Higher Priced Items that more than one person might want, so if you have something like that bring this in and check it in with the Way's and Means Table and a suggested bid to start Silent Auction for those things. Julie

On a Side note: I have retired now March 2020 but will continue to serve as needed. I want to say thanks to all of you for the kindness and support you have shown throughout the years and to say that I really enjoyed being on Ways and Means !

Julie Stork CDM CFPP
Ways and Means



Government Affairs

ANFP is closely monitoring the July 2019 CMS proposed revisions to the qualifications required for a director of food and nutrition services (§ 483.60). As March 10 nothing has changed, and the proposed rule changes are in the Long-Term Action stage. The Centers for Medicare & Medicaid Services has announced the delay in the Mega Rule Phase 3 Nov. 2019 requirements. This pushes the effective No News Yet Regarding CDM Requirement in CMS Regs date to sometime near the end of the first quarter of 2020 (March/April) to allow time to train surveyors and make the needed changes to the Surveyor Guidance in Appendix PP. ANFP will keep everyone posted once we have official word from CMS. Please note: the requirements for staffing qualifications (§ 483.60) in LTC facilities for the CDM, CFPP credential (listed as first) remains in effect and is the rule.

Barbara Thomsen CDM CFPP RAC QCP
IANFP Spokesperson



IANFP Secretary Report

Iowa ANFP held the winter board meeting January 31, 2020 at MercyOne West Des Moines, IA. President Sarah W. called the meeting to order with those attending, Past President Pam C., Vendor Chair Chris R., Treasurer Pam M., Secretary Kylie S., Spokesperson Barbara T., Deb D. Discussion of the upcoming joint IANFP/DHCC meeting in April with updates to the Eventbrite registration and the vendor count was given by Barbara and Chris. Discussion of meeting expenses and revenue and how that would be split between DHCC and IANFP was had with Barbara, Chris and Pam M. as well as how registration would be divided between the RD's and IANFP. Upcoming ACE Las Vegas meeting was discussed and how to promote this at our Spring meeting to encourage Iowans to attend, Facebook posting to be sent to remind members of the early bird registration -\$199 deal for first 200 to register. IANFP Treasurer Pam M will register those board members and will try to capture the \$199 deal to save the Chapter \$\$\$

Kylie Stroehrer CDM CFPP
IANFP Secretary



Treasures Report -Pam Meade CDM CFPP IANFP Treasurer

01.23.2020	
Bank Balance: Total General & Travel Accounts	\$16890.21
2019 Income:	
Fall Workshop Registration	\$4336.95
Ways & Means	\$962.00
INCOME: Fall 2019 Mtg	\$5299.85

2019 Expenses:	
Workshops	\$2960.88
Membership (retention) tshirts	\$983.59
Postage/ Office supplies	\$376.03
TOTAL Expenses: Fall 2019 Mtg	\$4320.50
Donations	\$900.00
Scholarships	\$1000.00

Welcome New Members Sept-December



2020 Rhonda Postma CDM CFPP Membership Chair

Alan Michael Armstrong- Sioux City
Joshua Barnes-North Liberty
Terry Martin Boston-West Des Moines
Donna Hall-Osceola
Sheila Marie Kisner-Quasqueton
Ashley Kuker- Fort Dodge
Diorah Lee-Earlham
Pamela Leytem-Dubuque

Michael Marliere-Waukee
Alesha Nicole McGee-Waterloo
Elisabeth Minshew-Clarinda
Christopher Morris-Keokuk
Robin Ramsey-Bedford
Kim Sheldon-Dubuque
Cassie Steadman-Newell
Valicia Wacha-Des Moines



Association of Nutrition & Foodservice Professionals (ANFP)

The health, safety, and well-being of our members is our highest priority. ANFP wishes to reinforce best practice with regard to preventative health and safety measures. Learn more: <http://bit.ly/2ToCklx>

IMPORTANT INFORMATION REGARDING THE CORONAVIRUS

The health, safety, and well-being of our members is our highest priority. As experts in sanitation and safety, you understand and follow the principles of proper hygiene protocol. ANFP recommends the following health and safety actions as recommended by the World Health Organization:

- Wash your hands frequently with soap and water
- Maintain social distancing (three feet) from anyone coughing or sneezing
- Avoid touching your eyes, nose, and mouth
- Practice respiratory hygiene (cover your cough or sneeze with a tissue, then throw the tissue in the trash)

For more information and resources regarding the Coronavirus, please follow the link in our status.

SPRING MEETING JUNE 4 & 5 2020

HELLO EVERYONE:

IT's time to sign up! Here is the link or like us on Facebook IOWA ANFP

<https://www.facebook.com/Iowa-ANFP-Association-of-Nutrition-and-Foodservice-Professionals-186966831349701/>

Questions: reach out to me barbaraleethomsen@mchsi.com



NEW DATE!

VISION 2020

Thursday & Friday June 4 & 5, 2020

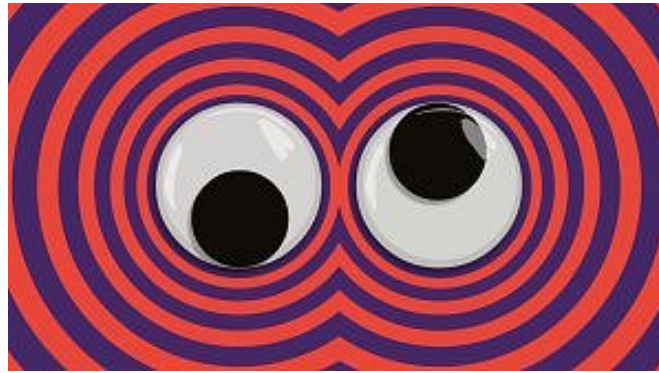
HILTON GARDEN INN—WEST DES MOINES—JORDAN CREEK
205 SOUTH 64TH STREET, WEST DES MOINES, IOWA

See brochure for more details and registration
<https://www.flipsnack.com/IDHCC/brochure-2020.html>

ANFP | IOWA
Association of Nutrition & Foodservice Professionals

idhcc
Iowa Dietetics
in Health Care Communities

<https://www.eventbrite.com/e/2020-spring-conference-ianfp-idhcc-tickets-89501113239>



VISION 2020

CONFERENCE AGENDA—DAY 1

7:00—8:00	Registration & Continental Breakfast
8:00—8:30	Welcome/Announcements
8:30—9:30	Sandra Frahm, RDN, LD—(1.0 CEU) DIA Updates: Shortfalls and Improvements for 2020
9:30—9:45	Break/Raffles
9:45—11:15	Brenda Richardson, MA, RDN, LD, FAND—(1.5 CEU) PDPM: Putting the RD & CDM Duo into Action
11:15—12:30	Lunch/Networking/Raffles
12:30—2:00	Barbara Thomson, CDM, CFPP, RAC QCP—(1.5 CEU) Directed Dining: What Label is Your Table?
2:00—2:15	Break/Raffles
2:15—3:45	Carol Van Aernam, BA, RDH—(1.5 CEU) Healthy Mouth, Healthy Nutrition, Healthy Life
3:45—4:00	Wrap up
4:00—5:00	Board/Business Meetings
4:30—5:00	Wrap up/Door Prizes/Adjourn

1.0 CEU—Sanitation

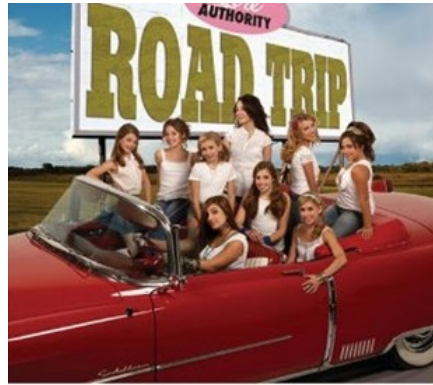
5.5 CEU Day 1

VISION 2020

CONFERENCE AGENDA—DAY 2

7:00—8:00	Registration & Continental Breakfast
8:00—8:30	Welcome/Announcements
8:30—10:00	Andrea Maher, RDN, LD—(1.5 CEU) IDDSI: Implementation 101
10:00—10:15	Awards
10:15—12:15	Vendor Show/Lunch—(2 CEU) BREAK OUT: 10:15—IDHCC Business Meeting
12:15—12:30	Awards/Raffles
12:30—2:00	Desi Payne—(1.5 CEU) The Attitude Adjuster: Working with the Living Dead
2:00—3:30	Linda Eck Mills, MBA, RDN, LDN, FADA—(1.5 CEU) Are you Prepared? Building a Regulatory Compliant Disaster Nutrition Plan
3:30—3:45	Wrap up/Adjourn

6.5 CEU Day 2



2020 Dates to start planning your next “road trip”!!!!

June 4 & 5 *IANFP & Iowa Consultant Dietitians joint meeting
2020 Vision- West Des Moines Hilton Garden Inn*

June 15-18 *ACE National ANFP Convention Las Vegas NV
Watch your email for Early bird registration*

October 9 *IANFP Fall Meeting Mary Greeley Hospital Ames, IA*



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Association of Nutrition & Foodservice Professionals

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