

ARKANSAS ASSOCIATION OF NUTRITION AND FOODSERVICE PROFESSIONALS

SPEAKERS



Melisa Frick, SHRM-CP

Melisa Frick is the Manager of Human Resources at Rivendell Behavioral Health Services of Arkansas, where she supports more than 200 staff members in an 80-bed facility.

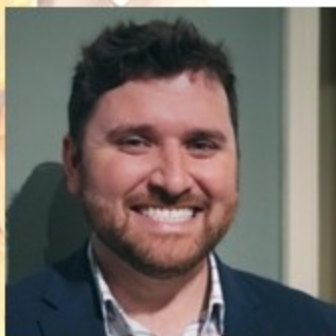
Topic: The Recipe for Retention: Keeping Great Service Teams Engaged and Employed



Speaker Jana Gardner, MS, RD, LD: Tankersley Food Service

Since 2011, Jana Gardner has served as Tankersley Foodservice's Healthcare Specialist and Corporate Dietitian where she interacts with and services 100+ long term care communities.

Topic: Unreasonable Hospitality in Long Term Care



Speaker David Menchue CEO Group Purchasing Advantage

David has a degree in marketing from the University of Arkansas and has been CEO for 20.5 years with Group Purchasing Advantage. David works closely with Long Term Care facility in procurement of proper equipment for the job and proper usage. He covers Arkansas, Missouri, Oklahoma and Tennessee.

Topic: Kitchen Efficiency- From the Kitchen to Meal Service

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Speaker Caitlyn Mabry, CDM,CFPP

Caitlyn Mabry is a Certified Dietary Manager and Culinary Director at Methodist Village Senior Living in Fort Smith, AR.

Topic: The Cost of Absent Leadership

This presentation explores the impact that an absence of effective leadership can have on a foodservice operation—from declining accountability and communication to inconsistent food quality, staff morale, and resident satisfaction.

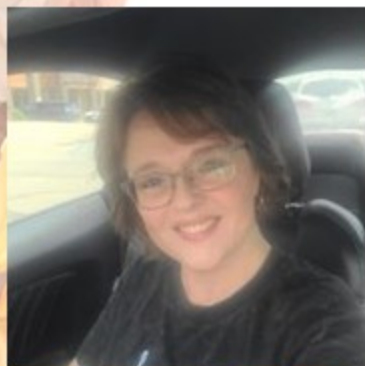


Speaker Christina Derbes, BS, RD, LD.

Christina Derbes, RD, LD, is a dedicated Dietetics Instructor at Black River Technical College (BRTC) in Pocahontas, Arkansas.

Topic: HALLOWEEN Food Safety Showdown& Survival Guide

Topic: Food Safety Starts with You: Key ServSafe Principles



Speaker: Kathy Murdock, MS RD LD.

She is a Registered and Licensed Dietitian in Corning Arkansas and brings nearly two decades of long-term and acute care with a focus on integrating clinical nutrition, foodservice operations, and practical education for healthcare teams.

Topic: Bad to the Bone

Identify common and less recognized symptoms and risk factors associated with vitamin D deficiency in older adults.

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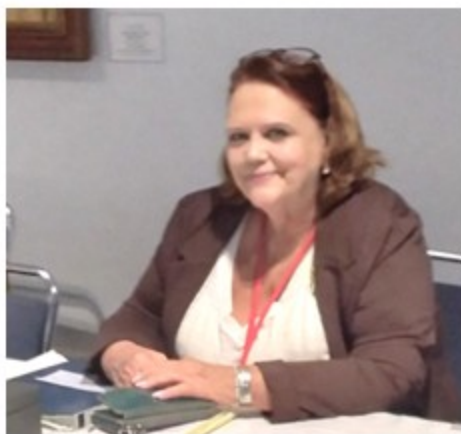


Speaker: Randy Dewitt, CDM, CFPP

Randy DeWitt, CDM, CFPP, has been with Rivendell Behavioral Health Services for 13 years and is an experienced food and nutrition professional with a strong background in dietary management, patient-centered care, and practical nutrition education.

Topic : Low Carb Nutrition: From Dietary Trends to Patient Care

The presentation aims to summarize the current evidence for low carb nutrition in weight management and type 2 diabetes care, identify potential nutritional and safety concerns, and outline practical counseling strategies that can be used in patient-centered care.



Speaker: Lynn Nail, CDM, CFPP Nutritional Director Rivendell Behavioral Hospital

Speaker has been in foodservice since 2002 and a Foodservice Director and proud CDM, CFPP since 2006. Has been Chapter President of the ARANFP 9 times and before served as district president. Has worked on committees promoting ethics in the workplace as well as Service Excellence.

President's Meeting