

ARKANSAS ASSOCIATION OF NUTRITION AND FOODSERVICE PROFESSIONALS Fall Conference

Day 1 Thursday October 8th, 2026

Begins @
7:00 am
8:00am

Registration

Welcome by Lynn Nail Chapter President

Time	Speaker	Affiliation	Topic	CEUS
8:15am 9:15 am	Melisa Frick, SHRM-CP	Rivendell Behavioral Health Services	The Recipe for Retention: Keeping Great Service Teams Engaged and Employed	1
9:30 am 10:30 am	Jana Gardner, MS,RD,LD	Tankersley Foodservice	Unreasonable Hospitality in Long- term Care	1
10:45am 11:45pm	David Menchue, CEO	Group Purchasing Advantage	Kitchen Efficiency: From the Kitchen to Meal Service	1
12:00pm 2:00pm	FOOD EXPO 2026			2
2:15 pm 3:15 pm	Caitlyn Mabry, CDM	Culinary Director Methodist Village Senior Living	The Cost of Absent Leadership	1
3:30 pm 4:30 pm	Christina Derbes BS, RD, LD	Black River Technical College	Halloween Food Safety Showdown & Survival	1
5:00 PM	BINGO & TACO BAR!			

ARKANSAS ASSOCIATION OF NUTRITION AND FOODSERVICE PROFESSIONALS

Day 2 October 9th, 2026

7:30 AM

Presidents Meeting

8:15am

Kathy Murdock,
MS, RD-LD

Davita Kidney
Care

Bad to the Bone:
Vitamin D Deficiency

1

9:15am

9:30 am

Christina Derbes,
BS, RD, LD

Black River
Technical
College

Food Safety Starts with
You: Key ServSafe
Principles

1

10:30 am

10:45am

Randy Dewitt,
CDM, CFPP

Rivendell
Behavioral
Hospital

Low Carb Nutrition:
From Dietary Trends to
Patient Care

1

11:45 am



10

Drive Safely and see you next Year!