

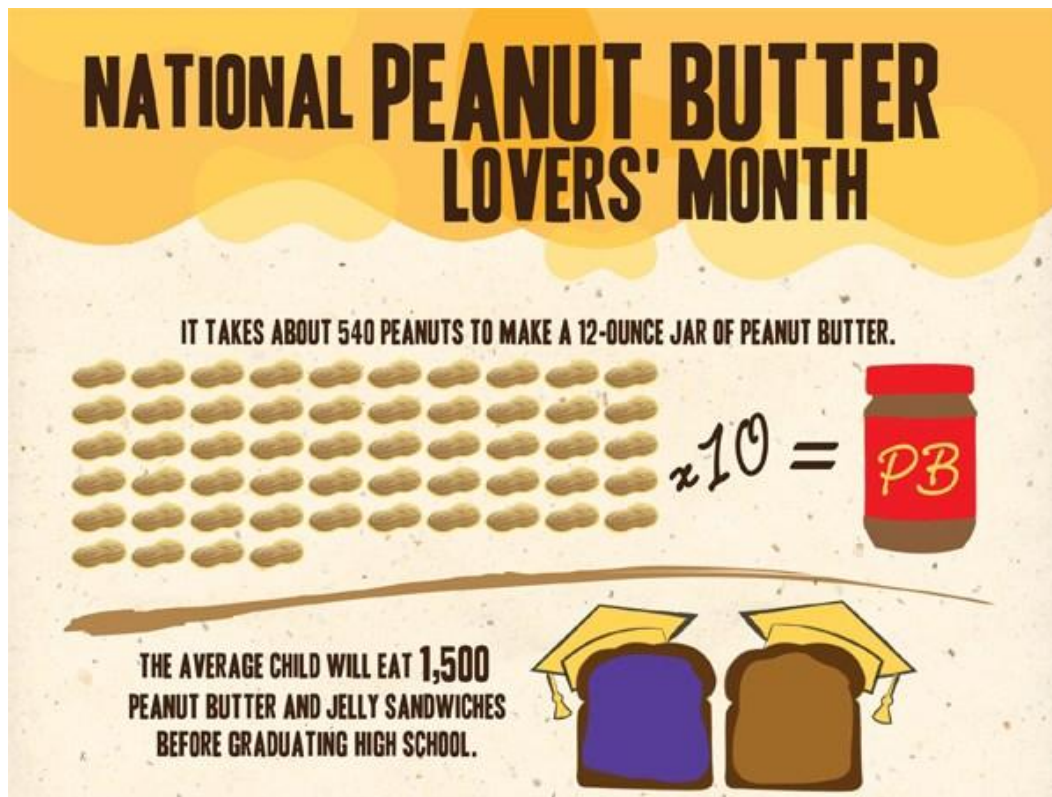
National Peanut Butter Lover's Month



November is Peanut Butter Lovers Month, time to celebrate our favorite food! Americans will celebrate by eating more than 65 million pounds of peanut butter during the month of November.

Southern Peanut Growers, representing southeastern peanut farmers, started the celebration as Peanut Butter Lovers Day on November 4, 1990. November 4 marks

the anniversary of the first patent for peanut butter, applied for by Dr. John Harvey Kellogg on November 4, 1895. It grew to a month-long celebration in 1995 when peanut butter celebrated its 100th birthday!



From the Desk of Our President



2017-19 President

Steve Owen, CDM, CFPP

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Autumn/Fall has arrived. Halloween has come and gone. And we are now waiting for Thanksgiving. What a wonderful time of the year... especially now as we count our many blessings and give thanks for our family and friends ... and those we are able to give care for in our facilities. We truly experience a Happy Thanksgiving - when we understand the concept of thanks living.

1. PIFSW – ANFP Pride In Foodservice Week is February 5-9, 2018. We encourage every facility to hold a special activity or event during PIFSW. Please send a story and pictures for our Facebook page to Toni Skaggs - tskaggs@mhccwyo.org or Felicia Smith - fsmith@mhccwyo.org. Cities/areas with more than one member or facility might want to consider a joint event or outreach effort. Let us know if you would like one of ANFP leaders to come and share your event/activity. Outreach and educational activities are the focus of our ANFP DIAMOND AWARD presentation this year. So the more outreach activities to educate the community about ANFP and the role of the CDM the better. Perhaps you could do an interview on your local radio or television station or for your local newspaper. Or if you have several students in your area – we could do a student event or outreach. Let us know if you need any help

2. DATC - our 4th Annual ANFP Days At The Capitol will be Monday & Tuesday, February 26 & 27, 2018 in Cheyenne. We will attend and observe both the House and Senate Health Committees - as well as observe the House & Senate in session on Monday. We have a Spring Conference planning luncheon meeting Monday at noon with our ANFP leaders and a number of Cheyenne/Laramie area folks who are helping with the Spring Conference planning.

On Tuesday morning, we will host a Continental Breakfast for all legislators & staff at the Jonah Business Center. We will interact with legislators & staff about ANFP, the role of the CDM and the needs of our residents/patients in our facilities. We need donations for the breakfast if you can donate fresh fruit, individual juices, snack bars, etc.

Let us know if you can be in Cheyenne one or both days to lend a hand.

3. ANFP Member Appreciation Week – April 2-6, 2018 We could do some similar event like PIFSW during Member Appreciation Week. Special events, meals, radio/television/newspaper interviews, student outreach/events, etc. We want to honor our CDM's this week. Let us know how we can help you celebrate.

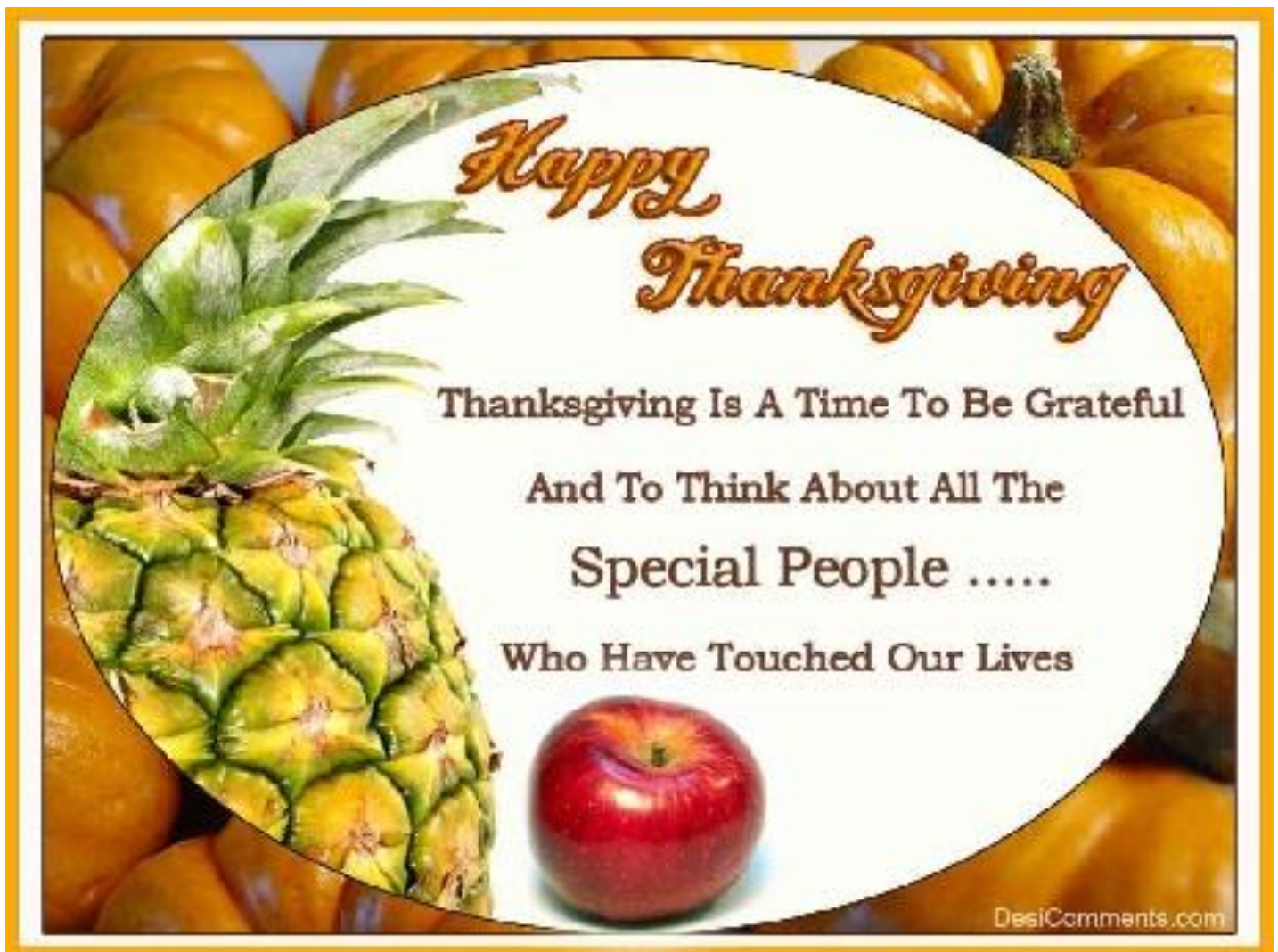
4. SPRING CONFERENCE - May 2, 3 & 4, 2018 in Cheyenne, Wyoming at the Radisson Hotel. We are working with the Colorado and Nebraska ANFP Chapters to join us. We are holding a Food Show/Vendor Expo on Friday to help with conference expenses. We already have 5-6 vendors confirmed and are working on many more. Colorado ANFP has recruited 3-4 of our vendors! More details to come. This is one conference you do not want to miss!

5. ACE – ANFP Annual Conference & Expo .it is not to early to begin thinking about attending ACE in Orlando June 1-4, 2018. We hope to send a good size delegation to Orlando in June. Let us know if you are interested. This is truly an event worth attending.

Mission: *Position the Certified Dietary Manager as the expert in foodservice management and food safety.*

Vision: *The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.*

Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: www.ANFPonline.org for the National ANFP website.





1st – Renee Knight

5th – Elaine Brunson

5th – Angie Martinez

21st – Jonni Lahn

Happy Birthday to All!



As of October 31, 2017, the Wyoming ANFP is **62** members strong; **54** Certified Professional members, 8 Professional non-certified members. Please contact our **Membership Leader, Stephanie Young** (syoung@primroseretirement.com) or any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wyoming ANFP.

Congratulations!

Tomi Riegert, CDM, CFPP, Sheridan

Welcome New Student

ShaLynn Hennefer

Thayne



February 26, 27, 2018 Day at the Capitol

February 5 – 9, 2018 ... Pride in Food Service Week

March 15, 16, 2018 Spring Regional,
Dallas, TX

April 4, 5, 2018 Spring Regional,
Lexington, KY

April 2018 Wyoming ANFP Spring Conference,
Cheyenne, Wyoming

June 1-4, 2018 ... ANFP Annual Conference
& Expo, Orlando, Florida



ANFP | WYOMING

Association of Nutrition & Foodservice Professionals



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Our **FoodService Rewards** points total stands at 22,353 points. e-mail codes and expiration date may be sent to **Robin Hilbird** at: rhilbird@mhccwyo.org

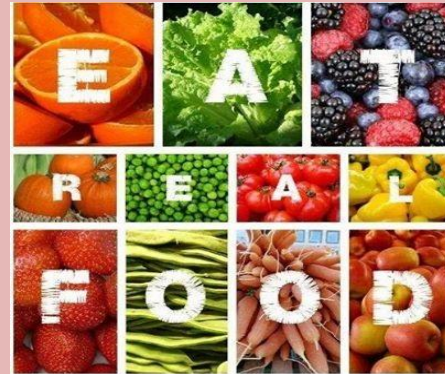


Newsletter Editor

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We are entering November and another holiday season. With the new holiday season comes a time of giving and thanksgiving. We begin the season with Thanksgiving Day on November 23rd. This is our time to give thanks for the many blessings we all have and have received over time. But, let's not be selfish. Be sure to take time to thank your staff and co-workers for all they have done. Without them you probably would not have the success that you have. You have surrounded yourselves with people that have helped make you successful. Be thankful for that. In ANFP we surround ourselves with those same successful people in our Wyoming chapter, on our Board of Leaders and our committees. I personally send out a "Thank You" to each one of you for the hard work that you bring to Wyoming and ANFP overall. Without volunteers like you, the Wyoming ANFP would not be as successful as we are!

Also, with this season of Thanksgiving, let us not forget those in healthcare facilities that many have little or no family or family that is not near enough to be with their family member. Give them that little extra measure of care, because to them, you are the only family they have on a day-to-day basis.

In your communities run food drives to help your local food pantry keep their shelves full. In Wyoming at this time, the unemployment rate runs very high and there are many families that use food pantries on a regular basis. Perhaps you and your place of employment can put together a "Thanksgiving Basket", with turkey, potatoes, vegetable, cranberry sauce, rolls and a pie. Working with your local DFS office, you can get the name of a deserving family and present the basket to them about a week before thanksgiving. There are many other ways that we can also give a special moment to a family that may not otherwise have that special Thanksgiving Day this year.

One thing that I have learned, over the last 20 years, living in Wyoming, Wyomingites have very big hearts and deep pockets. There are even people that have challenges of their own and find it in their hearts to find a way to give to others. Maybe not financially, but by volunteering to be a part of something that helps others have a better Thanksgiving! Are you one of these wonderful people?

Until next month...**"Live Long...and Never Stop Giving!"**

Comply with the FDA Food Code and CMS.

————— Pasteurized shell eggs are not a PHF (TCS). —————



Visit SafeEggs.com/foodservice for safe egg recipes, the FDA Food Code Compliance Kit, culture change resources, free inservice tools, and free CE!

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Our Mission

To market and deliver great products to our customers with exceptional service.



Our Vision

To be our customer's most valued and trusted business partner



Local Flavor

Bringing the highest quality of products to more people grown specifically for Sysco in the United States.

Check out our Sysco Healthcare web site at www.sysco.com/health

In the month of December we celebrate these special occasions:

National Fruit Cake Month

National Egg Nog Month

1st Week of December – Cookie Cutter Week

4th Week of December – National Egg Nog Week

1st – National Pie Day

2nd – National Fritters Day

3rd – National Apple Pie Day

4th – National Cookie Day

5th – National Sacher Torte Day

6th – National Gazpacho Day

7th – National Cotton Candy Day

8th – National Chocolate Brownie Day

9th – National Pastry Day

10th – National Lager Day

11th – National Noodle Ring Day

12th – National Cocoa Day

13th – Ice Cream and Violins Day

14th – National Bouillabaisse Day

15th – National Cupcake Day

16th – National Chocolate Covered Anything Day

17th – National Maple Syrup Day

18th – National Roast Suckling Pig Day

19th – National Hard Candy Day

20th – National Fried Shrimp Day; National Sangria Day

21st – National Hamburger Day; Kiwi Fruit Day (California)

22nd – National Date Nut Bread Day



23rd – National Pfeffernuesse Day
 24th – National Egg Nog Day
 25th – National Pumpkin Pie Day
 26th – National Candy Cane Day
 27th – National Fruit Cake Day
 28th – National Chocolate Candy Day
 29th – Pepper Pot Day
 30th – National Bicarbonate of Soda Day
 31st – National Champagne Day



CHEYENNE

2018

ANFP Spring Conference May 2,3,4, 2018 Radisson Hotel - Cheyenne, Wyoming

Colorado and Nebraska ANFP members will join Wyoming ANFP for their Spring Conference May 2-4, 2018 in Cheyenne, WY... where I-80 and I-25 meet. Contact your state ANFP Chapter President for more details.

Steve Owen Mrs. Danielle Behrman Mrs. Catherine Huckaby
 Wyoming ANFP President Colorado ANFP President Nebraska ANFP President
stevelanderwy@gmail.com bad1976@msn.com mrschuckaby76@gmail.com

Conference Schedule

Wednesday, May 2, 2018

2-6 pm registration in lobby+
 6:30 pm President's Reception

Thursday, May 3, 2018

7 – 7:45 am breakfast
 7:45 am Welcome & Announcements
 8:00 – 12:00 Educational Sessions
 12 – 1:00 pm Chapter Membership Meeting
 1 – 3 pm Educational Sessions
 afternoon Student Reception with
 Julie Zikmund – UND
 evening dinner on own

Friday, May 4, 2018

7 – 7:45 am breakfast
 7:45 am Welcome & Announcements

8:00 – 12:00 Educational Sessions
12 – 1:30 pm Food Show – tentative
and lunch
2– 3 pm Final Educational Session

SPEAKERS CONFIRMED

Julie Zikmund, MPH, RD

Manager of the Nutrition & Foodservice Professional Training Program – University of North Dakota (UND)

Penny Fletcher, PHR, CHRM-CP

Cheyenne, WY SHRM President

2 sessions on Human Resource issues

Omar Humes, CDM, CFPP

President ANFP North Carolina Chapter

Member – ANFP National Board of Directors

Colorado and Nebraska ANFP Chapters will present at least one workshop presentation each during our conference.

CONFERENCE HOTEL INFORMATION

Hotel room cost: \$94 per night

mention ANFP conference for this pricing

breakfast is included both days in hotel charge

Radisson Hotel Cheyenne

204 W Fox Farm Rd

Cheyenne WY 82007

Hotel [307-638-4466](tel:307-638-4466) | Fax [307-433-9161](tel:307-433-9161)

www.radisson.com/cheyennewy

CONFERENCE FEE

Conference fee is \$55 per person.

Registration form available March 1, 2018 through chapter presidents. Wyoming members will receive email with registration form by March 1st.

CONFERENCE THEME

**"Soaring To
New Heights"**



CERTIFIED DIETARY MANAGERSto gather in Cheyenne, Wyoming for educational training and networking...

Vision – The Certified *Dietary Manager is the cornerstone of the collaborative Dietetics profession.*

Mission - *Position the Certified Dietary Manager as the expert in foodservice management and food safety.*

Robin Hilbird-Bardgett
CDM, CFPP
State Treasurer

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rhilbirdbardgett@mhccwyo.org



I am the Arbor Café Manager and I get to call Memorial Hospital of Converse County my home-away-from-home and my work-family! I am grateful for the opportunity to help others in the food industry. I look forward to serving our Wyoming ANFP in any capacity from which our members may benefit.

I grew up in a large family where cooking was always an event.

I have 3 adult children and I married my husband Joseph last December.

I have an AAS in Business Management and an Associate Degree in Elementary Education with a Certificate for Early Childhood Education. I have enjoyed building my knowledge throughout the year

