

ANFP® | VERMONTNEWS

Association of Nutrition & Foodservice Professionals



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NEW MEMBERS!!!

Michael Eldred 05/24/2018

Jacqueline Micoline Hesse 06/29/2018

David Eyler 01/30/2018

David M Stewart 02/22/2018

MEMBER COUNT AS OF AUGUST 6, 2018

Allied Professional= 2

Professional=33

Pre- Professional =5



Recipe Corner



VERMONT

Association of Nutrition & Foodservice Professionals



Avocado Tuna Salad

Serving: 4 to 6 as a side salad

Ingredients

- 15 oz (or 3 small cans) tuna in oil, drained and flaked
- 1 English cucumber, sliced
- 1 large or 3 medium avocados, peeled, pitted & sliced
- 1 small/medium red onion, thinly sliced
- ½ small bunch of cilantro (1/4 cup chopped)
- 2 Tbsp lemon juice, freshly squeezed
- 2 Tbsp extra virgin olive oil
- 1 tsp sea salt, or to taste
- ⅛ tsp black pepper

Instructions

In a large salad bowl, combine: sliced cucumber, sliced avocado, thinly sliced red onion, drained tuna, and ¼ cup cilantro

Drizzle salad ingredients with 2 Tbsp lemon juice, 2 Tbsp olive oil, 1 tsp salt and ⅛ tsp black pepper (or season to taste). Toss to combine and serve.

- Scoop on a bed of fresh lettuce greens, sprinkle with carrots shreds on outer edge of lettuce, top with cherry tomatoes.



SAVE THE DATES!

October 16, 2018 Reinhart/ Vermont ANFP conference Colchester Vermont

- **See attached flyer for registration information!!!**

March 14-15 2019 Regional Meeting San Diego, CA

April 4-5 2019 Regional ANFP meeting Pittsburgh PA

June 26-29, 2019 Annual Conference & Expo St. Louis Mo. Union Station Hotel, MO

June 15- 18, 2020 Annual Conference & Expo Las Vegas, NV. Tropicana

June 3- 6, 2021 Annual Conference & Expo Orlando, Fl. Renaissance SeaWorld & Expo

Plan ahead on your budget and join us at one of the Annual Conferences.





Association of Nutrition & Foodservice Professionals

Letter from the President

Part 1

Happy August to you all!!

Lots of exciting things going on in our organization ☺ If you ever have any questions, please feel free to contact us. We are here for our members of Vermont ANFP.

First of all:

Brandy, Shannon and myself went to the ACE conference this year in Orlando and had an amazing time. The three of us always enjoy our time together and the learning experience of ACE. Plus a little site seeing while there. I was like a kid on the open truck safari ride that we went on and we got to feed a giraffe! I came back totally motivated to do more this year for our organization and hopefully get Vermont in the running for the Diamond Award! With that being said I will explain some of the exciting stuff we have planned. Below are the projects we are working on to achieve our goal

Communication:

Brandy is working diligently on our communication plan and will let you all know more about it in this newsletter that she works hard to put together. Add us on Facebook and keep connected.

Membership:

Jo is assigned to this task and will be contacting every health care facility in Vermont and explaining the importance of being a Certified Dietary Manager. If anyone wants to help her with this project, please reach out to her. She would love the help.

Government Affairs:

Your Board members are going to tackle this as a team. I have reached out to someone I know that works at the state house and waiting for a response from him to see what direction he can give us. I have also reached out to others in ANFP that have done very well reaching out to their representatives. If you have any contacts in the Statehouse and would like to help us get the word out about the CDM course and the importance of it, please let me know. We would LOVE any and all help. And I promise it will be a team effort not just put on one person.

Community Service Project: (see page 6)

As a group we have to a project whether it be community service, something over and above for the organization or something that will WOW everyone. So of course my passion is children. So I am reaching out to Woman's shelters in Windham County to start and trying to get connected with the right person to make this a success. So in the woman's shelters I feel that most of them are there with children trying to help themselves get better, maybe getting off drugs, getting away from an abusive relationship etc. but still need a little help. What the plan is will be to offer a birthday party for the children if the mother can't. I have an outline which is not finalized but I will include it in this newsletter and I would LOVE to hear comments, complaints, concerns, changes we should make etc. I am so excited about this project! If we can get it to take off in Windham county within a year or two then we will introduce it to another county with the help of the CDM's in that county. This is the ground work and not in affect as of yet.

Letter from the President

Part 2

Leadership Part 1 and Part 2

We have 2 parts of the leadership award that we work hard on every year. We received the Platinum State Achievement award this year which we accepted at the ACE conference. If we ever have any questions or need your input we will reach out to you all. We are a team and Teamwork makes the Dream work!!

Next:

Our fall meeting is going to be AMAZING!! Did you know that this year is Vermont ANFP's 50th Anniversary? Reinhart Foodservice had put together a great agenda and as soon as it we get it approved I will forward it on to you. Please put October 16, 2018 on your calendar. It will be held at the Hampton Inn in Colchester Vermont. Come up and spend the night on Monday. Not approved as of yet but they are offering 6 ½ FREE credits, yes I said FREE!! Topics include Resident Satisfaction, Sanitation, Swallowing disorders, Leadership and Self Development along with a Reinhart Food Expo featuring New and Innovative Items for your facility. There will be Prize Drawings for early Registration and also Vendor sponsored drawings. Everyone is welcome to attend! When the invites come out please pass along to your RD, nursing/health services, care staff, housekeeping departments and managers. The CEU's are approved for RD's also. It's a win win! Let's get lots of participation! I am also inviting ANFP members from New Hampshire, Massachusetts, and New York.

Last but not least:

What are you all doing exciting and new at your facilities? Everyone is always looking for something new to do at their facilities and sharing stories is a great way to get ideas.

Are you looking to change something in your facility and need advice? Why reinvent the wheel if someone else has already done what you are trying to do. Ask questions and we will forward to our group. We have a group of strong, knowledgeable, smart people. Use us all as resources.

Sorry about such a long letter but just wanted to include lots of fun stuff!!

Denise Choleva CDM, CFPP



TREASURERS REPORT

ANFP Account/Balance= \$634.35

Check # 134 M resort/ nationals- \$855.00

Check # 135 Fine Awards Plaque- \$107.63

Check # 136 Speaker gifts/ Raffles-\$ 104.82

Check # 137 Stamps / board vote- \$29.40

Deposit- \$770 Spring Meeting

Check # 138 Reimburse Denise- \$870.00

Check # 139 VT /ANFP ADD- \$250.00

Check #140 Gifts/Raffles- \$57.06

Check # 141 Springfield Hosp. \$175.21

Check # 142 airline \$222.60

Check # 143 Donation \$100.00

Check #144 condolence basket \$119.98

DEP fall Dues- \$840.00

Check # 145 Robin Rustics Raffles/ Gift Nationals \$464.00

Check #146 VOID

Check #147 Orlando Hotel/ Nationals \$800.00

Fees \$74.00

Check # 148 Airline \$385.00

DEP/ Rebate \$415.00

Olive Robinsons/Balance = \$243.14

Check # 115- void

Check # 116 Vitoria Roman, CDM Course-\$ 225.00

Check # 117 Walmart/ Nationals EDU-\$200.00

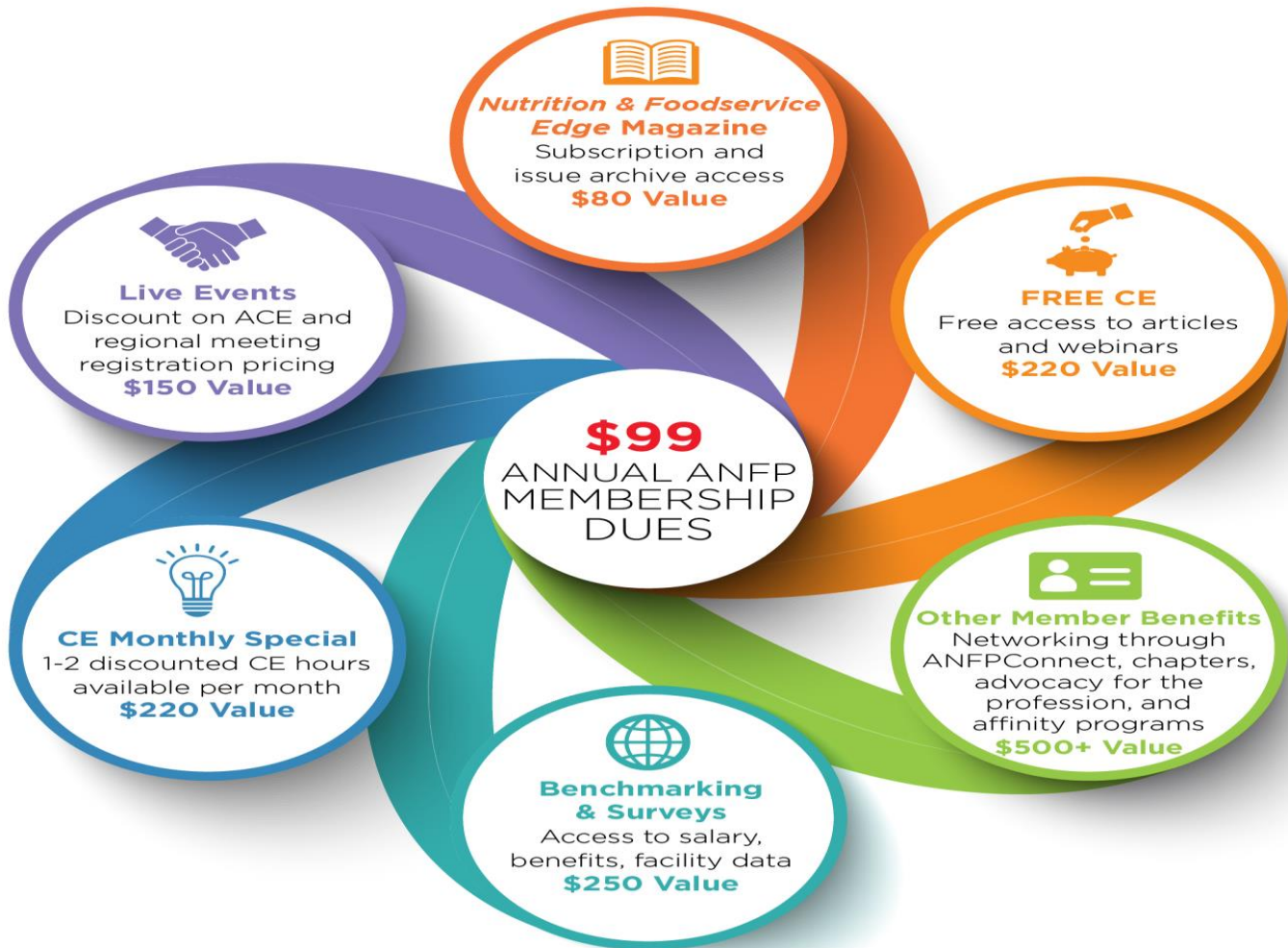
Check # 118 Sabrina Raymond/ Books- \$150.00

Monthly Maintenance fee = \$7.50

Dep- fall meeting dues \$140

Fees May-Aug (10 month) \$40.00

WHAT IS THE **REAL VALUE** OF ANFP MEMBERSHIP?



TOTAL VALUE
\$1,420+

TAKE ADVANTAGE OF YOUR BENEFITS TODAY. VISIT WWW.ANFPONLINE.ORG.



Birthday Bash for Kids

A birthday present/party for a child or family in need

Birthdays come just once a year and no matter what the situation, a child deserves a Happy Day.

Our mission is to make a child feel special on his/her Birthday.

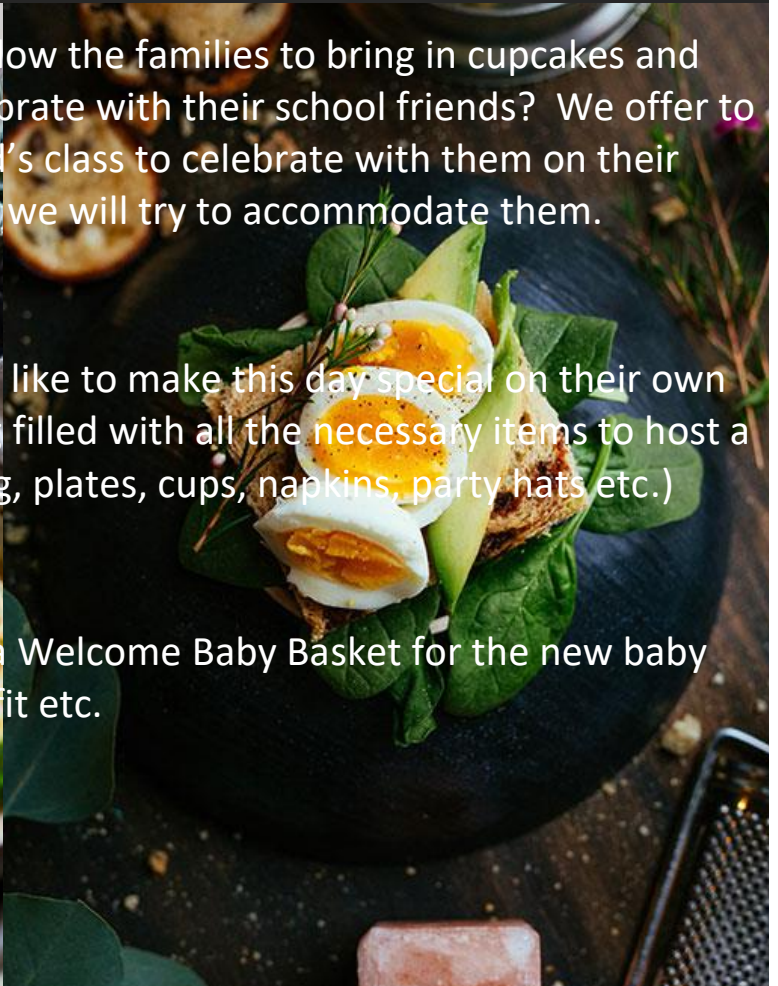
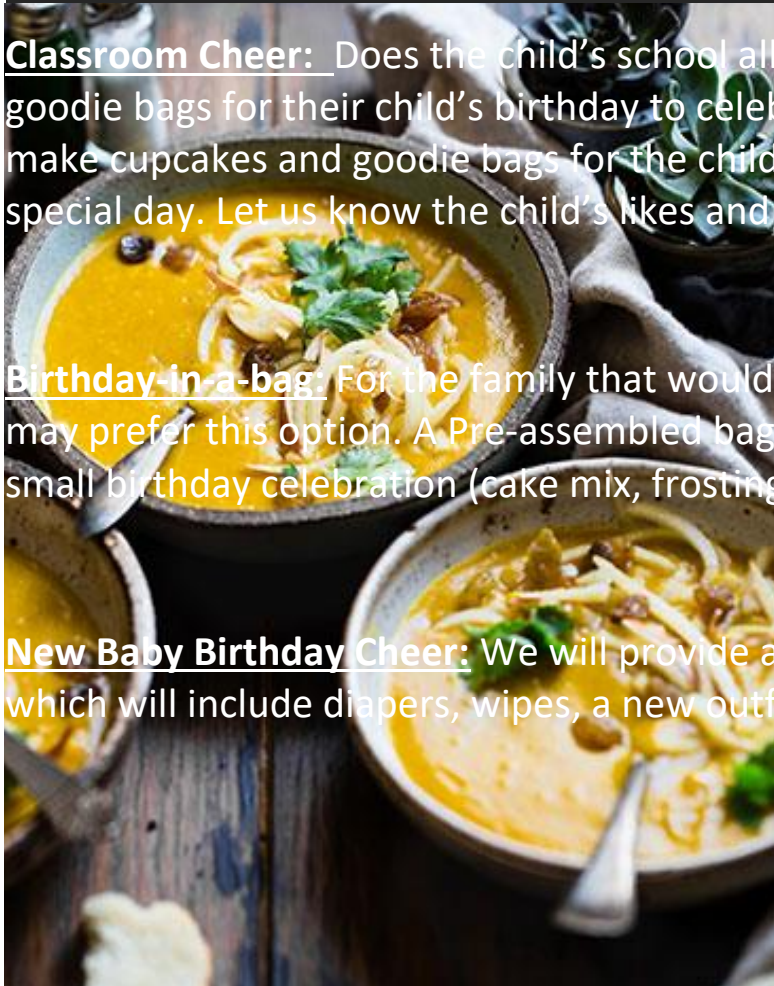
We will offer one of the following options depending on the family's needs:

Birthday Presents: The child will receive a birthday cheer gift on their birthday. The gift will consist of gender and age appropriate items which we will customize to the child's needs. Along with this we will include a new toothbrush and toothpaste and a new book. A bin will contain \$40.00- \$50.00 worth of items. Cupcakes and Balloons will be included.

Classroom Cheer: Does the child's school allow the families to bring in cupcakes and goodie bags for their child's birthday to celebrate with their school friends? We offer to make cupcakes and goodie bags for the child's class to celebrate with them on their special day. Let us know the child's likes and we will try to accommodate them.

Birthday in-a-bag: For the family that would like to make this day special on their own may prefer this option. A Pre-assembled bag filled with all the necessary items to host a small birthday celebration (cake mix, frosting, plates, cups, napkins, party hats etc.)

New Baby Birthday Cheer: We will provide a Welcome Baby Basket for the new baby which will include diapers, wipes, a new outfit etc.



Board Contact Information

Denise Chelova CDM ,CFPP-Chapter President

DCholeva@gracecottage.org

802.365.3607

Brandy Helm CDM ,CFPP -President Elect

bhelm@cottagehospital.org

603.747-9139

Joanne Applebee CDM, CFPP Secretary /Treasurer

japplebee@cottagehospital.org

603.747.9254

<http://www.anfponline.org/events-community/chapters/chapter-pages/vermont/home>

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