



Association of Nutrition & Foodservice Professionals TARHEEL TATTLER June, 2018 Wanda M Dickson, CDM, CFPP, Editor

# NC ANFP FALL NETWORKING and LEARNING SERIES



MILLINEALS ARE THE FUTURE FORWARD FOR NC ANFP. Step up and "bring it on!". Take it to "Infinity and Beyond".

**WELCOME--NC ANFP again welcomes SC ANFP who is joining us at this exciting conference!** Georgia and Virginia have been invited to join us at this conference also. Wow! You do not want to miss this exciting time at Harrah's Cherokee, Cherokee, NC, September 26-28, 2018.



NC ANFP was awarded the top award of achievement for 2018 at ACE! It is the prestigious DIAMOND AWARD along with the communications, membership, government affairs and platinum Awards.

We have come so far in a few years proving what planning, dedication and cooperation can achieve. "Without the past, there is no now, without now, there is no future". Thanks to those who paved the way for these achievements.

**WORTHY MEMBERS AND STAFF IN FACILITIES ARE OUT THERE! HONOR THEM BY RECOGNIZING** THEM!!!!!

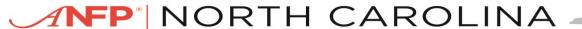
State Awards are to be awarded at the Fall Conference.

LOOK for the Nominee Forms in this issue. Email the form to: Wanda M. Dickson, CDM,

CFPP wmdic421@gmail.com

#### **INSIDE THIS ISSUE**

State News and Information President's Message **Directory Page** Highlights from the Program Agenda Editor's Notes Awards Nominee Recommendations Blast FROM NATIONAL ACE Fall Conference Registration Form





June, 2018

Wanda M Dickson, CDM, CFPP, Editor



#### STATE NEWS and INFORMATION

From the Desk of Susan Gerrie, NC ANFP President

Hello and well wishes to all. I am honored to be a part of such a wonderful state chapter and I look forward to serving North Carolina to the best of my ability.

As this term begins, I want to say that our Chapter has been very diligent about identifying the future direction of our State as well as our career field. I remember at our first trip to New Bern we discussed the future leaders of our organization and how important it was to factor in the age gap. We wanted to find a way to connect the past and the future as one. This brings me to the continuance of that vision.

It was John F. Kennedy who said, "Children are the living messages we send to a time we will not see." Let's now look at our future by reaching out to the children and young adults of our community. Let us begin a "Grass Roots" network of Dietary Managers that help feed children both food and knowledge. We should seek further into our heart and soul to reach out to children. Let them be the future of our profession, our lives and our success. Every child should have food to eat and the opportunity to learn.

Now, let us take our vision...to infinity and beyond...

Sincerely, Susan Gerrie CDM CFPP

# MESSAGE FROM IMMEDIATE PAST PRESIDENT, Omar Humes, CDM, CFPP THANK YOU! FOR A GREAT RIDE!

The year has come to a close, and we are poised for great things to come as a Chapter. I am excited to turn the reins over to a Board stronger than during my tenure and a president full of ideas and energy. Personally, I am looking forward to the heights the incoming and future Boards will soar to in our Chapter. The mark of great leaders is the abilities to pull others forward. NC ANFP is going forward, and I am proud to have been given the opportunity to serve.

Remember, "without the past, there is no now; without now, there is no future", simple words but ones to help guide us. This journey started with quite a few curves and bumps, but in the "finishing stretch" we are on a "straightaway" picking up high speed! Once again it has proven, it isn't how you start but how you finish, and we have finished strong.

To celebrate, our chapter held its first ever "Family Fun Day" on June 16th at High Point Lake City Park, Jamestown, NC. It was a day to relax, have fun and get to know each other better.

Thank you for all your support, encouragement, kind words and willingness to change and for all you do daily in your communities.





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# **CERTIFICATES OF ACHIEVEMENT**

Ken Hanson, CPM, CDM, CFPP, outgoing National Chair with Diamond Award Finalist, Omar Humes, CDM, CFPP, NC ANFP Outgoing Pr, with Membership Award, Garland McBride, CDM, CFPP, NC ANFP **Treasuer with Communications & Government** Affairs Award & ANFP National Chair of the Board, Sharon Vermeer, CDM, CFPP, with the Diamond Award.

# **DIAMOND AWARD**

Omar Humes, CDM, CFPP and Garland McBride, CDM, CFPP of NC ANFP with the DIAMOND AWARD at ACE

# **DOUBLE WOW FOR NC ANFP!**

Omar Humes, CDM, CFPP, NC ANFP's immediate past president was installed as National Treasurer Elect.

# **INFP** NORTH CAROLINA -



June, 2018

Wanda M Dickson, CDM, CFPP, Editor

#### STATE DIRECTORY

#### STATE OFFICERS

# **President**

Susan L Gerrie, CDM, CFPP **20 Brentwood Drive** Ashville, NC 28806

(no current number)

Email: sgpink62808@yahoo.com

**President Elect** 

Robin Swanson, CDM, CFPP

6429 Bellcross Trl Whitsett, NC 27377

336-794-4972

Email: chozin2serv@yahoo.com

**Treasurer** 

Garland McBride, CDM, CFPP

256 N. Gordon Dr.

Wintson Salem, NC 27104

Work: 336-747-1153

Email: Garlando33@hotmail.com

Secretary

Ryan Hinman, CDM, CFPP

600 Barrett Lane

Asheville, NC, 28803-6000

828-747-1641

Email: hinesgkdaa@gmail.com

**Immediate Past President** 

**Program Chair** 

Omar Humes, CDM, CFPP 2420 Lake Wheeler Road Raleigh, NC 27613

919-452-2622

Email: ohumesanfpncboard@gmail.com

#### **COMMITTEE CHAIRS**

#### **Scholarship**

Garland McBride, CDM, CFPP

256 N. Gordon Dr

Winston Salem, NC 27104

Work: 336-747-1153

Email: Garlando33@hotmail.com

**Nominating & Tellers** 

Wanda M. Dickson, CDM, CFPP

4426, Carving Tree Drive

Mint Hill, NC 28227

Cell Pho: 501-276-0984

Email: wmdic421@gmail.com

Webmaster

Joseph Burdette, CDM, CFPP

2432 Londonderry Road

Kernersville, NC 27284

336-389-4119

Email: Mire.poix@hotmail.com

**Hospitality** 

Peggy Inman, CDM, CFPP

Email: peggyinman@valleyrehab.com

Historian

Betsy Phillips, CDM, CFPP

Email: Phillipsbetsy6@gmail.com

**Newsletter / Awards** 

Wanda M. Dickson, CDM, CFPP

(See nominating/tellers for information)

**Mentoring** 

Susan Gerrie, CDM, CFPP

(See president for information)

Membership

Robin Swanson, CDM, CFPP

(See President Elect for information)



#### **REGISTER EARLY**

Before August 1, 2018, for the Early Bird rate of \$130.00 for members. Room rates are \$110.50 per night. This includes the tax. Register and reserve your room at the same time. Check your communications from Omar Humes for registration form for this.





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THE FIRST EVER--- NC ANFP Members enjoy FAMILY FUN DAY, June 16, 2018 at High Point Lake Park, Jamestown, NC



THE AWARDS COMMITTEE IS LOOKING FOR THESE MEMBERS AND SUPPORT STAFF. WE KNOW YOU ARE EAGER TO LET US KNOW ABOUT THESE INDIVIDUALS! LET THEM KNOW HOW YOU APPRECIATE THEM! FILL OUT THE FORM AND RETURN TO THE AWARDS CHAIR.

Recommend a NC ANFP member for MEMBER OF THE YEAR AWARD and a staff from any healthcare facility for the SUPPORT STAFF OF THE YEAR AWARD. Awards will be given at the 2018, Fall Conference.

DID YOU KNOW? NC ANFP now has our own state chapter communications App. You can go to: https://vimeo.com263167323. The pass word is: ncanfp2018. You can chat with any member you want, get information or ask questions for problem solving. COMMUNICATE WITH YOUR PEERS! Register for the fall conference and reserve your hotel room also.

NOTE: Reserve your room and register early by using the NC ANFP App: https://vimeo.com263167323 with password: ncanfp2018

#### HIGHLIGHTS FOR THE FALL CONFERENCE PROGRAM

- ✓ Wednesday Night Reception, food drinks, music and networking
- ✓ Cindy DePorter, Chief Surveyor for the NC Health Department for Nutritional Departments in LONG

  TERM CARE will be updating the Survey Process, Procedures and Progress
- ✓ Joyce Gilbert, Phd, R.D., LD, National ANFP President and CEO will be speaking, networking and answering questions
- ✓ Felecia Smith, CDM, CFPP, Director at Large from Wyoming
- √ Tammy Ellis, Regional HR Consultant, speaking on the A,B,C's of HR
- ✓ Attendees will be accruing three (3) Sanitation Hours
- ✓ Corporate Partners will have booths at the EXPO for your product sampling and networking Thursday noon for two hours
- ✓ NC ANFP will again host a delicious meal and entertainment at the AWARDS BANQUET on Thursday night, September 27, 2018. Plan to attend and take part in the festivities at Harrah's Cherokee Hotel in Cherokee, NC. We will have more details on food and entertainment at a later date. Check your NC ANFP State Communications App for this. If you are bringing a guest, take note of the fee for guests to attend.

South Carolina ANFP will again join us. Come, welcome them, make new friends and renew old friendships.



Send your AWARDS NOMINATION FORMS TO: Wanda M. Dickson, CDM, CFPP, Awards Chair. Email: <a href="wmdic421@gmail.com">wmdic421@gmail.com</a>. We want to recognize deserving Staff and CDMs.

Editor's Note: "Servant Leadership is a rewarding privilege and learning from those we serve". "About the time we think we have learned and mastered something, along comes something new, and we realize that we have learned very little yet. Seek after knowledge and soak it up." Wanda M. Dickson, CDM, CFPP



Association of Nutrition & Foodservice Professionals

\*\*TARHEEL TATTLER\*\*

June, 2018 Water States of Tarkers 

Water States of

Wanda M Dickson, CDM, CFPP, Editor

# **AWARD FORM for SUPPORT STAFF NOMINEE**

•	In recognition of exemplary performance and outstanding contributions to Nutritional Services, I would like to nominate the following employee for the "Nutritional Services Support Employee of Year" Recognition Award:
•	Name of Nominee *
	• Position *
•	Years of employment *
•	Briefly describe how this nominee represents the mission of your organization. Please give
	specific examples. *
•	How does the candidate enhance your department through their service and contribution in their position and involvement? *
•	How does the candidate enhance the community through their service and contribution ? *
•	Describe the nominee's commitment to quality, initiative and professional growth. Please
	give specific examples. *
	Nominated by:





Association of Nutrition & Foodservice Professionals

\*\*TARHEEL TATTLER\*\*

June, 2018 Water States of Tarkers 

Water States of Wanda M Dickson, CDM, CFPP, Editor

# AWARD FORM for MEMBER OF THE YEAR NOMINEE

•	In recognition of exemplary performance and outstanding contributions to Nutritional Services and ANFP, I would like to nominate the following CDM, CFPP for the "MEMBER of the YEAR" Recognition Award:
•	Name of Nominee *
	<ul> <li>Position *</li> </ul>
•	Years of employment *
•	Briefly describe how this nominee has contributed to the mission of ANFP as a CDM, CFPP. Please give specific examples. *
•	How does the candidate enhance their department through their service and contribution in their position and involvement? *
•	How does the candidate enhance the community through their service and contribution?
•	Describe the nominee's commitment to quality, initiative and professional growth. Please give specific examples. *
	Nominated By:



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# A BLAST FROM NATIONAL ACE

This was my first experience attending a National Conference and EXPO. I had the best time of my life at a Conference! There was so much information we were being taught and so many ideas being shared. I loved every minute of it!

The best event that I attended was the "DISASTER PLANNING". There were members at the table from Florida, Oregon, Texas and Alaska to whom I listened. Each state has different types of Disasters and different rules for handling these. After that discussion, I have chosen to not complain about our North Carolina "thunderstorms" any more!

You won't believe it! I forced myself to sit with different folk at each seminar. By doing that, I met CDMs from all over the country. It was such a relief to learn that they are having the same issues with staffing that I have. Our problems are for the same reasons. None of us are immune it appears.

What a wonderful time this was and making many new friends. We laughed and ate and ate and laughed some more. So much information was everywhere. I gained more insight into ways that I brought back to use to improve my job I have been called to do. All of this will enable me to do a better job for my "RESIDENT FAMILY", so I may serve them better.

I look forward to future ACE Events as well as our NC ANFP Conferences!!

Garland McBride, CDM, CFPP NC ANFP Treasurer

#### THOUGHTS TO CONSIDER

"To get the full value of joy, you must have someone to share it with".----Mark Twain

"Kind hearts are the garden, kind thoughts, the roots, kind words the flowers, kind deeds the fruits".---American Proverb

"We grow like what we think, so let us think the good, the true and the beautiful".---American Proverb (Below is from a St. Joseph's Indian School Calendar)

"Life is an occasion. Rise to it".

"Yesterday's errors are today's powers."

"One beautiful heart is better than a hundred beautiful faces."

"Keep calm and think positively".



June, 2018

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# **NC ANFP FALL CONFERENCE Registration form**

**Date: SEPTEMBER 26-28-2018** 

Make checks payable to: NC ANFP Mail this form and your payment to: Garland McBride, CDM, CFPP 256 N. Gordon Drive Winston Salem, NC 27104

Harrah's Cherokee Hotel 777 Casino Drive Cherokee, NC

1-828-422-7777 Identify yourself with NC ANFP Room rate: \$99.00 Per night + Tax = \$110.50See information on room and registration in advance. Make both together.

Cancellation Policy: a 24 hour advance notice is required in order to cancel without a penalty.

(Circle One)	NC ANTP Welliber	Dietitian	Auministrator	Student	Retiree	
Name:			Employer:			
Address:			ANFP Member #:			
Address:			Home Phone:			
City: State:			Work Phone:			
Zip Code:			Email Address:			
Check #:	Cł	neck Amount:		Date:		-

#### Registration Fees: CHECK OUT THE EARLY BIRD HOTEL AND REGISTRATION

Members before 8/1, 2018 \$130.00 Members after 8/1 150.00 At the door 165.00 Non-member 175.00 **Retired or Student** 75.00 **Banquet Guest** 40.00 Total:

You may register for the conference and make hotel reservation at the same time. Check your communications from Omar Humes, CDM, CFPP, Immediate Past Pr, for information. Call: 919-452-2622 or Email: ohumesanfpncboard@gmail.com for further information.

Register and reserve rooms early for early bird fees.

#### \$30.00 CHARGE ON RETURNED CHECKS

NO REFUND IF CANCELLED WITHIN 14 DAYS OF THE CONFERENCE