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#### **Contacts**

Leonard Turpen foodpaws@gmail.com

Matthew Schlagel mschlage@mhsks.org

Donna Bateman donna.bateman@LMH.org





# Hope your new year is off to a great start!

ur new year kicks off with another state workshop in the East District! In our daily changing professions we are listening to your survey answers, and trying to work as many of your suggestions into each workshop. East district has a great line up for this next workshop. The two listed speakers spotlight important information you will be given. As always, every workshop has many vital aspects to further educate you in your profession and the people that surround you at work.



Martha Bryant is a management consultant, author, and speaker. Who speaks nationally and internationally regarding the development of human potential and personal excellence.



Walt Stasinski Is the son of and hard-working Polish immigrants who came to the U.S. with not much more than the clothes on their backs. My father worked in a factory to bring the American dream to his family. I didn't start talking until I was three years old.

By that time, my parents were ready to take me to a specialist. Ironically, here I am now, a professional speaker. I guess I am trying to make up for lost time.

We hope you a fun and educating workshop this spring and continue to support ANFP Kansas. See you there!

Remember Kansas ANFP ROCKS! ~ Leonard Turpen, President, CDM, CFPP

ALL ABOARD TO NUTRITION!



#### **President**

#### KANSAS ANFP

Leonard Turpen, CDM, CFPP



foodpaws@gmail.com

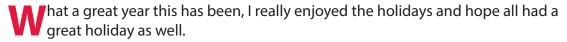
s my term of president comes to a close, I want to take the time to let you know how proud I have been to lead this Chapter for the last 2 1/2 years as we realign with the changes at nationals.

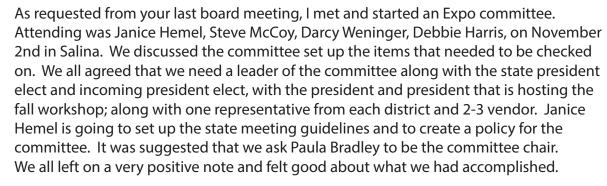
There are several people I want to thank, especially all those who have supported me, and been there for me over these past years. It would take a full page to list everyone! There are many wonderful members to meet and I hope that each one of you get to know them as I have. I strongly believe in what a cook once had told me, "You are as strong as the team around you". This goes for both - being in office and at work. I will still be around and an active member. For now - Thank you all!

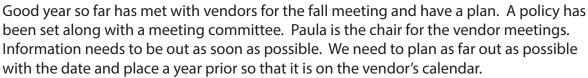
Remember Kansas ANFP ROCKS!



Donna Bateman, CDM, CFPP







Watch for Kansas Healthcare and the Dietitians meeting as well as when other states have meetings. The committee needs to include members from each district. Vendors have asked that we do not have the vendor show as our lunch. Janice has updated the state meeting guidelines. Fall meeting will be October 16-18, 2019.



We collected over 1500.00 in our Cans for Cash drive to send Kansas veterans to Washington DC on the honor flight.

I have enjoyed my time as secretary for our chapter and look forward to being able to continue to serve in the future. I will be working to put all of our minutes on the state website so that we can maintain and look back at our history better. I will send what I have to ANFP to upload to our website.



donna.bateman@LMH.org



mschlage@mhsks.org

#### **KANSAS ANFP**



#### Treasurer

Alberta Andrick, CDM, CFPP Treasurer's report 2/28/2018

- Checking Account Balance...... 16,787.18
- Scholarship Fund Balance......\$900 deposit last meeting (\$100 per year in the fall per district 4 years ago) \$3,093.88

No Checks were written since statement.



Don't forget to bring these to meetings so we can turn them in for great door Snap a picture of them and email to foodpaws@gmail.com



#### Membership

Dana Tinkler, CDM, CFPP

Since October 2018 membership meeting, I have sent:

- 1 letter to Allied Professional
- 5 letters to Pre-Professionals
- 11 letters to Professionals
- 61 letters to inactive members

#### **Reponses back:**

- 4 retired
- 1 thought employer paid sent check later
- 5 letters returned--no longer at tha address

As of March 6, 2019:

8 Allied Professional 31Pre-Professional 407 Professional

3 Retired Professional Total 449



# Hospitality 🥞

Suanne Hoffman, CDM, CFPP

Hello everyone!

We have a wonderful person who will help me be the next hospitality person. Her name is Deb Gohl from St. Francis, Kansas. I am very excited to train this special woman.

East District spring workshop 2019 in Lawrence, Kansas, see you there!



#### **Past President**

Paula Bradley, CDM, CFPP

Years of service will continue to be done in the spring and awards will continue to be held until the fall meeting.









#### KANSAS ANFP

Paula Bradley, CDM, CFPP paulaspoppersdma@yahoo.com Diana Riner, CDM, CFPP driner@comanchech.com

Paula and Diana do not plan to order anything new for the spring meeting. Please check out our large selection of great gift's that benefit our Kansas ANFP.

#### **Historians** Mandy Craig, CDM, CFPP Becky Robinson, CDM, CFPP





Becky reported that she is still working to get Historical information on thumb drives.



Janice Hemel, CDM, CFPP

anice reported that she will be working new guidelines for state workshops. Janice reported that she is working on the Tax policy and state guidelines for meetings. 1 hour per year of professional ethics. We need to be creative on getting the professional ethics classes so that it is not the same every year beginning June 1st of this year. Janice reported that as part of the national chair position she got to sit on the certifying board to determine if CDM's can keep their certification. Each year the board is seeing more and more CDM's is reviewed for their certification. Paula read that the upcoming requirement falls in line with the credentialing exam blueprint. The announcement about the change was seen on the Edge express.





Interim - Leonard Turpen, CDM, CFPP

Matt reported that he is still looking at various e-mail providers to determine which one will work best.

I asked Matt about the "Group Me" app or developing an app of our own in which we will look into further.

I am handling the Newsletters - but we are still looking for a team to take over the newsletter and communications. I can't do this much longer!

We need a ambitious, creative and visual person to consider taking over the newsletter as well as communication chair. Contact me if you are interested in this important position for Kansas ANFP! We will be happy to train you!







clcothern@yahoo.com.

### State Spokesperson

#### Cindy Cothern, CDM, CFPP clcothern@yahoo.com

ello everyone! I hope you are enjoying our bi-polar weather. I want to thank you for all the cards, thoughts, prayers and good wishes you have sent over the past 6 months or so. You have no idea how much they meant to me and my family. Also, thank you for the flowers you sent while I was in the hospital.

I am currently working on Day At the Capitol and will have a date for you soon. I am also working on my Government Affairs Award. I am sending Leonard a "Call to Action" to add to this newsletter. Please check it out and follow your heart on it. It is in regards to client obligation on home care, HCBS. Most people think this is based on income but many people are paying one fifth of their income for this. One person I know brings in 1001.00 per month and pays 254 for this service.

#### CALL TO ACTION

You may or may not have heard that there is advocacy happening to eliminate the requirement for Client Obligation for Home and Community Based Medicaid waiver services in Kansas. We need your help.

#### Please:

- 1. Write and Call Governor Kelly. As we all know Governor Laura Kelly is a champion for people with disabilities. We want to thank her for being a friend and ask her to make client obligation go away so people with disabilities can afford to live in the community AND get the services they need. Please email the Governor at constituentservices.representative@ks.gov and call her office at 785-368-8500. Please get as many people who pay client obligation to tell their story as well. Ask her to change the regulation that keeps the client obligation and eliminate it all together.
- 2. There is pending legislation to eliminate Client Obligation for consumes on HCBS waivers but the Senate bill has not made it out of committee for a hearing. House Bill (HB) 2205 have been introduced. It is time for a great advocacy push to legislators so they can understand that this needs to happen, your voice can make a difference in getting this accomplished. We have all seen the challenge of watching someone try to live on \$747 per month. Contact your own legislators and tell them about the issue. And, write to members of the house appropriations committee, follow this link for their names and addresses: <a href="http://www.kslegislature.org/li/b2019\_20/committees/cte\_h\_apprprtns1/">http://www.kslegislature.org/li/b2019\_20/committees/cte\_h\_apprprtns1/</a>

#### Some points you may want to include:

- That \$747 is not enough to live on the burdensome administrative process for everyone.
- The fiscal note is \$12 million but the burden on consumes, providers and the state system is far greater.
- The HCBS and KanCae oversight committee recommended that this bill be introduced after years of testimony.
- Alabama, Colorado, and Iowa along with many others, allow a person 300\$ of SSI, Kansas onl allows 150% of SSI.
- People with disabilities and older adults should be able to keep the money they have earned.
- People are able to continue to live in their homes and support their local economies.
- Any other points you want to make.

IF there is a hearing on this bill (and we will keep you posted) we will need stories, both written and in person, to let people know that client obligation needs to go away. Send those to Governor Kelly as well.

So, get people writing to committee members, ask people to get ready to testify (We don't know when yet) and write to your own legislator. Also, call the Governor's office and send her an email to let her know this is important.



# DISTRICT NEWS

WEST

CENTRAL

DISTRICT



#### **East District**

Donna Bateman, CDM, CFPP

We have been working on the spring workshop to be held on April 10,11, and 12 in Lawrence at the douglas County 4-H fair grounds. I have two professional motive speakers, Walt Stansinski and Martha Bryan booked to speak on the 11th and finalizing the meeting now. Sent in for a total of 13 CEU's, one for Wednesday Apirl 10th, 8 on the 11th, and 4 for the 12th but still awaiting to hear back. The registration will be out this week. We had our current President Elect has resign and will be looking to try to fill her position. Can't wait to see all of you!

East District looking for a president and president elect at their next meeting.



#### **Central District**

Debbie Lowry, CDM, CFPP

We are having our spring meeting on March 15th, 2019 at Abilene, KS (951 East Brady Street) starting at 8:15 AM. We are having a serve safe managers course. Anyone interested in please contact. Matthew Schlagel 263-1058 Steven McCoy will be the new president. We will be voting on President Elect



#### **West District**

Renita Messa, CDM, CFPP

On Sept 21 our district conference was held in Oberlin. What a wonderful meeting, we had a lot of interaction and networking. We split up into groups rotating into different sessions with competitive activities.

Our spring meeting will be held in Protection, Kansas with Paula and Diana hosting on March 22nd. The fall meeting will not be in Montezuma as planned so the location is yet TBD. Renita said, "Thanks to all of the West district members for attending our workshops and making the "West the Best."



# **Upcoming ANFP** National Events 2019

**EVENTS** 

For more details on these events go to: anfponline.org

#### **March Spring Regional Meeting 2019**

March 14 - March 15, 2019 Location: San Diego, CA, USA

Join us at the Sheraton Mission Valley Hotel in San Diego, CA for our March Spring Regional Meeting!

#### **April Spring Regional Meeting 2019**

April 04 - April 05, 2019 Location: Pittsburgh, PA, USA

Join us at DoubleTree by Hilton Pittsburgh-Green Tree in Pittsburgh, PA for our April Spring Regional

Meeting!

#### **Annual Conference & Expo 2019**

June 26 - June 29, 2019 Location: St. Louis, MO, USA

We invite you to join us at our Annual Conference & Expo at the Union Station Hotel in

St. Louis, MO, for our 2019 Annual Conference & Expo.

## **OTHER NEWS**



Don't forget to bring these to meetings so we can turn them in for great door prizes!! Snap a picture of them and email to foodpaws@gmail.com



ANFP 2018 Salary & Benefits **Survey** LINK

Every three years, ANFP utilizes a third-party independent research firm to conduct an online survey of our membership. This information is then organized and compiled into a report that is made available to ANFP members for free.

We are proud to release the 2018 Salary and Benefits Survey. This report may provide you and your employer with valuable information on:

- Staff compensation and benefits
- Facility census data
- Foodservice budget, and more



# SCHEDULE ALL ABOARD TO NUTRITION!



Wednesday April 10

4:30pm - 4:50pm Impact Update - Cindy Chothern, CDM/CFPP

5:00pm - 6:00pm Leadership training 1hr CEU'S - Janice Hemel, CDM/CFPP. Objective, "District and Committee Leaders will have a better

understanding of what the duties of the office and committees."

6:00 pm - ? Dinner Board Meeting - Leonard Turpen, CDM/CFPP

• 1 pre workshop CEU •

**Thursday April 11** 

7:00am - 7:45am Registration

7:45am - 8:00am Welcome and Announcements - Donna & Leonard

8:00am - 9:00am

Dysphagia Diet Standardization Imitative (IDDSI) - Laurie Berger, RD, LD

9:00am - 10:00am

Food First/ Fortified/Then Supplements - Kim Freemont, MS, RD, LD

10:00am - 10:15am Break

10:15am - 11:15pm "Quapi 2 - were you ready?" - Kim Freemont, MS, RD, LD (reviewing the new guidelines - November, 2018)

11:15pm - 12:30pm Lunch and Awards

12:30pm -1:30pm Interviewing & Selection based on "More Than A Gut Feeling" - Martha Bryan

1:30pm - 1:45pm Breal

1:45pm - 3:00 pm "What to do when you start your day Sharp and End it Dull!" - Walt Stasinski

3:00pm - 3:15pm Break

3:15pm - 4:15pm "The Power of Fun at work" - Walt Stasinski

4:15pm - 5:15pm "Motivating and Inspiring Employees" - Martha Bryan

Raffles & announcements

• 7 gen CEU's •

Friday April 12

7:00am - 7:30am Registration

7:30am - 8:30am "Aging Rules LLC" - Barbara Thomsen, CDM/CFPP/RAC/OCP

8:30am - 9:15am Membership meeting & reports

9:15am - 9:30am Break

9:30am - 10:30am Floor Care & Sanitation, American Chemicals - Mike Stephens, Objective: "Best care for your type of floor"

10:30am -10:45am Breal

10:45am - 11:45am Professional Ethics, Janice Hemel, CDM/CFPP

11:45am - 12:45pm State Surveyors, Time table 12-15.5 months out - Cindy Luxem, President/CEO KHCA

12:45 Final announcements

2 Gen 2Sanitation 4 CEU's

Times and speakers are subject to change beyound our control

EARN REWARDS

these to meetings so we can turn them in for great door prizes!! Snap a picture of them and email to

#### **Contacts:**

Alberta Andrick

139 N. 4th St. New Strawn, Kansas 66839 aandrick@coffeyhealth.org Donna Bateman 785-505-3058 donna.bateman@LMH.org

Leonard Turpen, 913-220-5616 foodpaws@gmail.com



## Spring 2019 Registration Form



Non-Members

2 Davs - \$75

(12 CEU's) Thursday Only - \$50

(8 CEU's)

Friday Only - \$30 (4 CEU's)

We accept Credit/Debit Cards at the door or Check Payable to: Kansas DMA/ANFP Pre-registration POC: Alberta Andrick

Phone: (620) 203-0023 Cell • (620)364-2121 Home

E-mail: aandrick@coffeyhealth.org

Mail: Alberta Andrick

I need a Sunflower: YES / NO

1399 N. 4th Street • New Strawn, KS 66839

Student – FREE Member of Honor \$1	0 (No CEU's)	
Name:		E-mail:
Address:		Phone:
City:	State:	Zip:
District: EAST CENTRAL WEST		Holiday Inn Express:
ears of Membership:		3411 SW Iowa Street, Lawrence, Kansas.
First Meeting: YES / NO		1-785-749-7555
instructuring. 125 / 110		\$99.00 per night 2/Queens or 1 King

#### Thank you to vendors for your support!

Volunteers are always needed! Go to the ANFP Kansas Chapter website and fill out the "I will serve" form. It is very important we as a chapter to stay strong in our membership support. Plus, you'll learn how to improve your budgeting skills, agenda skills, as well as learning from each other.

#### **Contacts:**

Alberta Andrick 139 N. 4th St. New Strawn, Kansas 66839

aandrick@coffeyhealth.org

785-505-3058

**Donna Bateman** 

donna.bateman@LMH.org

\$99.00 per night 2/Queens or 1 King (under Dietary Managers)

Leonard Turpen,

foodpaws@gmail.com

913-220-5616

Members

2 Davs - \$55

(12 CEU's)

Thursday Only - \$45

(8 CEU's)

Friday Only - \$25

(4 CEU's)

Country Inn & Suites 2176 E 23rd St. Lawrence Kansas. 1-785-749-6010 • \$89.00 per night 2/Queens or a King (under ANFP workshop) This is a new hotel East side of Lawrence on old (K-10)

Retired

2 Days - \$45

(12 CEU's)

Thursday Only-\$35

(8 CEU's)

Friday Only - \$15

(4 CEU's)



# All Aboard!

#### **ANFP/Kansas Spring Workshop**



#### All Aboard to **Nutrition!**

Join us for our ANFP/KANSAS **Spring Workshop** 2019 • Lawrence, KS

Next stop - St. Louis, MO, AC&E Conference • June 26-29, 2019

Please bring this card to enter special raffle!

**Contact information:** Donna Bateman, DCM, CFPP Donna.Bateman@LMH.org 785.845.1805



# Happy Birthday everyone!





#### **January**

Etta Defenbaugh Carissa Washsnicht Jolene Snyder Paula Bradley Diana Riner Megan Sparks **Sherry Stone** Lisa Barron Joyce Butrick Rachel Martinez Tamarra Barnes Napanee Powell Judi Berguist Myra Geer Kelly Holden Amanda McCune Crystal Quint Kelli Willis

#### **February**

Jeannie Chestnut Billie Reed Vickie Combes Laurie Hamilton Desiree Shelite Rebecca Robinson

Tonia Couse Virginia Ohnesorge Jennifer Turner Micheal Adkins Mary Gisick Nancy Pate Amy O'Grady Carolyn Verhage Steve Achord Arletta Nightingale Cesar Castellanos Alicia Baumfalk Deanna Fitz Sara Horinek Helen Riley Debra Jo Jones Cindy Moran Lucinda Dockins Debra Lowry Sandra Sangster Mabel Carlson Connie Geartz Pamela Brack

#### March

Thelma Leitch Curtis Schuler Cynthia Wellington Darcy Weninger Mojay Esfandiary Connie Cook Lisa Wold Lynn Wineinger Barbara Wassinger Sandra Williams Mary Dunn Linda Salcido Keisha Nolan

#### **April**

Kimberly Boyd Pamela Daniels Amber Fullhart Carol Hines Kristen Kaufman Robert Kidd Joseph kilishek Allison kneuper Patricia lavergne Hadley Lutz Steven McCoy Theresa Meade Kathy Norris Tamra O'Neal Barbara Patton

William Randol Kody Reed Teresa Reeves Nancy Rehmert Jason Ribeau Jacqueline Riddle Anita Rose Linda Salcido Yvette Savage **Sharon Schmidt** Jessalyn Strahn Lashelle Tyson Cynthia Wellington Karen Wilkerson Nathan Wood **Emily Cowles** Teresa Faison

Happy Birthday to you - Happy Birthday to you - Happy Birthday ANFP Member\_\_\_\_ Happy Birthday to you and many more!

If you don't see your name listed, let us know! – Cheers

# **ANFP Kansas**



#### Purpose

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

#### Mission •

Position the Certified Dietary Manager as the expert in foodservice management and food safety.

