



"Lessons of the Geese"

In the fall when you see Geese heading south for the winter, flying along in the "V" formation, you might be interested in knowing what science has discovered about why they fly that way.

It has been learned that as each bird flaps its wings, it creates uplift for the bird immediately following.

By flying in a "V" formation, the whole flock adds at least 71% greater flying range than if each bird flew on its own.

Quite similar to people who are part of a team and share a common direction get where they are going quicker and easier, because they are traveling on the trust of one another and lift each other up along the way.

Whenever a goose falls out of formation, it suddenly feels the drag and resistance of trying to go through it alone, quickly gets back into formation to take advantage of the power of the flock.

If we have enough sense as a Goose, we will stay in formation and share information with those who are headed in the same direction we are going.

When the lead Goose gets tired, he rotates back in the wings and another Goose takes over. It pays to share leadership and take turns doing hard jobs. The Geese honk from behind to encourage those up front to keep their speed.

Words of support and inspiration help energize those on the front line, helping them to keep pace in spite of the day-to-day pressures and fatigue.

It is important that our honking be encouraging. Otherwise, it's just well.....Honking!

Finally, when a Goose gets sick or is injured and falls out, two Geese fall out of formation and follow the injured one down to help and protect him.

They stay with him until he is either able to fly again or is dead, then they launch out with another formation to catch up with their group.

When one of us is down, it's up to the others to stand by us in our time of trouble.

If we have the sense of a Goose, we will stand by each other when things get rough.

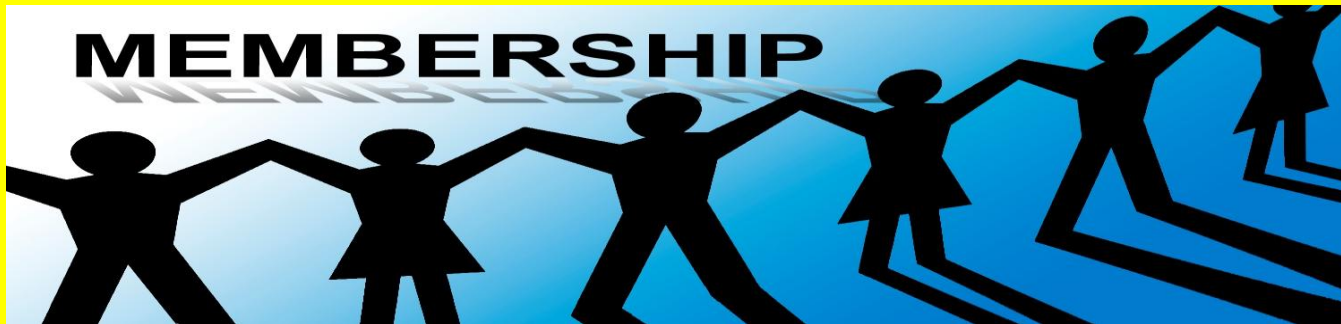
We will stay in formation with those headed where we want to go.

The next time you see a formation of Geese, remember their message that:

"It is indeed a reward, a challenge and a privilege, to be a contributing member of a TEAM!"



MEMBERSHIP



As of August 27, 2018, the Wisconsin ANFP is **394** members strong; **344** Certified Professional members, 50 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Welcome New Members!!

LaRonda Jefferson
Milwaukee

Ross Vnuk
Superior

State Website: Go to www.anfponline.org/events-community/chapter-pages/wisconsin/hp



Newsletter Editor

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September is **National Food Safety Month**. What a great time to promote food safety in your community and schools. Run an article in your local newspaper, provide handouts at the schools, and any number of other things that your creative minds can come up with. Check out the September is National Food Safety Month for ideas as well. With the holidays rapidly approaching, what better time to make sure people are food safe aware!

If you do any of the things listed above or anything else, please be sure to send me your story to go in the newsletter to share with everyone else.

Until next month.....Live Long and **Be Food Safe Aware!**

Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.



Sept 12, 13, 14, 2018 Wisconsin ANFP Fall Conference,
Chula Vista Resort, Wisconsin Dells

June 20-23, 2019ACE, Union Station Hotel, St.
Louis, MO

Spring 2019 Wisconsin ANFP Spring Conference,
Landmark Resort, Door County

NATIONAL
FOOD
SAFETY
MONTH
September



3rd – Wanda Scholl
4th – Courtney Holub, Sheree Malvitz
6th – Analee Maynard
8th – Lorinda Duffy
12th – Judy Verges
13th – Bruce Link
14th – Susan Birkey
15th – Rebecca Chenier, Laura Malcak
16th – Mary Merkley-Zimmerman
17th – Brandon Wolf
19th – Barbara Orcutt, Carolyn Pearson, Amy Robb
20th – Kurt Seebacher
21st – Cheryl Paradise

22nd – Tanya Beck, Rebecca Tessman, Sandra Wankowski
25th – Amanda Kosiboski, Julie Magerowski, Ann Olson
27th – Faustina Nath
30th – Amanda Jones

Happy Birthday to All!

In the month of October we celebrate these special occasions:

Eat Better, Eat Healthier Month

Eat Country Ham Month

National Apple Month

National Applejack Month

National Caramel Month

National Chili Month

National Cookie Month

National Dessert Month

National Pickled Peppers Month

National Pizza Festival Month

National Popcorn Poppin' Month

National Pork Month

National Pretzel Month

National Seafood Month

Vegetarian Awareness Month

1st Week of October – No Salt Week

1st Week of October – National Chili Week

2nd Week of October – American Beer Week

2nd Week of October – National Food Bank Week

2nd Week of October – National School Lunch Week

2nd Week of October – National Pasta Week

3rd Week of October – National Kraut Sandwich Week

3rd Week of October – Pickled Peppers Week

4th Week of October – Chicken Soup for the Soul Week

2nd Thursday – National Dessert Day

3rd Saturday – Sweetest Day

1st – World Vegetarian Day; Pudding Season Begins; Home-made Cookies Day

2nd – National Fried Scallops Day

3rd – National Caramel Custard Day

4th – Cinnamon Roll Day (Sweden)

5th – National Apple Betty Day

6th – National Noodle Day

7th – National Frappe Day

8th – National Fluffernutter Day

9th – Moldy Cheese Day; Submarine-Hoagie-Hero-Grinder Day

10th – National Angel Food Cake Day

11th – National Sausage Pizza Day; World Egg Day

12th – National Gumbo Day

13th – National Yorkshire Pudding Day

14th – National Dessert Day

15th – National Chicken Cacciatore Day; National Roast Pheasant Day

16th – World Food Day

17th – National Pasta Day; Four Prunes Day

18th – National Chocolate Cupcake Day

19th – National Seafood Bisque Day; Oatmeal Muffin Day

20th – National Brandied Fruit Day

21st – Apple Day; National Pumpkin Cheesecake Day; Caramel Apple Day;

22nd – National Nut Day

23rd – National Boston Cream Pie Day; National Canning Day

24th – National Bologna Day; Good and Plenty Day

25th – National Greasy Foods Day

26th – National Pumpkin Day; Pretzel Day; Mince Meat Pie Day

27th – National Potato Day

28th – National Chocolate Day; Wild Foods Day

29th – National Oatmeal Day

30th – National Candy Corn Day; Buy a Donut Day

31st – National Candy Apple Day



ANFP Fall Conference

“BE CREATIVE”

SEPTEMBER 13TH AND 14TH 2018

CHULA VISTA RESORT & WATER PARK

2501 RIVER ROAD

WISCONSIN DELLS, WI

Reservation 855-227-9201

BOOKING #G17337

Room Rate \$99.00

Please make your reservations by August 13th, 2018 to get this price.

Conference registration Fees;

Early Bird \$50 before August 13th

After August 13th \$100

Students 50% off first year of membership Write “student” on registration

Retired Members \$50

Registration day of conference \$115.00

Name: _____ Member Number: _____

Name and facility as you would like to appear on your name badge:

Address: _____

E-mail: _____

Thursday: Soup & Sandwich luncheon

Friday: Breakfast Buffet from 7:30-8:30am

Do you have any diet restrictions for meal? _____

Send registration and Check made payable to: ANFP – Wisconsin
by Wednesday, September 5th to: Jon Holfeltz

527 South 17th Avenue

West Bend, Wisconsin 53095

Serv-Safe Registration

Chula Vista Resort and Water Park

2501 River Road, Wisc. Dells, WI

Wednesday Sept 12th 9am-4:30pm

Cost: \$100 will cover books and lunch.



Name _____

Facility _____

Please return form by August 30th to:

Millie Zarate
105 Aztalan St. Lot 23
Johnson Creek, WI 53038





Safety in the kitchen

S	N	O	S	I	O	P	U	O	O	O	E	L	S
H	I	L	D	G	I	L	L	N	E	S	S	R	S
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A	C	O	N	T	A	M	I	N	A	T	I	O	N
T	E	G	L	O	V	E	S	D	I	S	H	E	S
D	G	N	I	N	N	U	R	O	N	I	B	I	S
G	G	A	S	E	V	I	N	K	E	R	E	B	N
N	O	J	E	W	E	L	L	E	R	Y	H	A	S
R	L	N	A	L	L	E	R	G	Y	O	A	N	M
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T	V	T	P	O	T	E	O	J	E	S	O	I	K
I	E	Y	G	S	A	F	E	T	Y	E	U	D	O
P	N	S	M	R	E	G	W	E	C	N	R	S	V

NO RUNNING
 CONTAMINATION
 ILLNESS
 NO JEWELLERY
 SAFETY
 INJURIES
 TEMPERATURE
 BEHAVIOUR
 KNIVES
 GERMS
 GLOVES
 BAND AIDS
 HEAT
 POISON
 ALLERGY
 HAIR-TIE
 SMOCK
 OVEN
 DISHES
 GAS

Play this puzzle online at : <https://thewordsearch.com/puzzle/272815/>