

ANFP Texas News

SPECIAL POINTS OF INTEREST:

- New CE Submission Process
- Professional Ethics CE requirement
- Texas ANFP Spring Meeting Pictures
- IDDSI
- District News
- Food Safety

INSIDE THIS ISSUE:

Note from Editor	2
New CE Submission Process	2
New Ethics CE requirement	2
Leadership- Model the Example	3
District News	4
District News	5
Spring Workshop	7-12

President's Message



Kathryn E. Mata, CDM, CFPP
TXANFP President

Association of Nutrition & Foodservice Professionals

Hello Everyone,

I would like to take this opportunity to thank all the Board members as well as the members and Vendors that came together to make our Spring Meeting a success in the beautiful city of Corpus Christi, Texas. We all enjoyed the wonderful Speakers, great food, and all the "First-time" members that joined us for a fun-filled event.

I am hoping that a lot of our members will be joining us at the ANFP National ACE meeting in St. Louis, Mo on June 26-29, 2019. This will be four days filled with education sessions, networking events, Expo, and the Honors Gala.

Be watching your email for information on the upcoming Fall Meeting and Regional Meeting. Have a great Summer with family and friends and be safe in your travels.

Warmest Regards,
Kathy Mata CDM,CFPP
Texas ANFP President



Note from the Editor

Editor: Fred Mahaffey CDM, CFPP

In order to best serve you there are a few things that I need from you. This is your newsletter. I need your stories, pictures, district events, ideas on what you would like to see in your newsletter. What are the issues you face in your day to day operations that you need help with? In order to make this a useful and purposeful newsletter you must contribute to the content. I want to encourage you to attend as many of our Texas ANFP functions as possible. By learning and growing we become better; and this helps us to better take care of those we serve. Remember your staff are your customers too! Take care of them so they will in turn take care of others. Your attitude translates directly to the quality of service and attitudes in your employees.

**“A Leader is
one who—
Knows the
Way, Goes the
Way, and
Shows the
Way”**

- John C. Maxwell

NEW CE Submission Process-

Effective June 1, 2019, CDM, CFPPs are now required to submit all CE hours electronically. When submitting the CE program in the Member Portal, all supporting documents must be electronically uploaded via the My Certification page. Physical, e-mailed, or faxed documentation sent to the CDBM will not be accepted.

- If a program is prior-approved, the only documentation that is required is proof of completion.
- If a CE program is not prior approved, several different forms of verification are required, and the documentation must be uploaded at the time the CE is submitted.

You can find more information and a tutorial video on <https://www.anfponline.org/>

NEW Professional Ethics CE Requirement

Effective June 1, 2019, the Certifying Board for Dietary Managers (CBDM) voted to require that CDM, CFPPs earn one continuing education (CE) hour focusing on professional ethics during their three-year recertification period. This new policy does not impact the total number of CE hours required over three years, which remains at 45. The new requirement for professional ethics education reflects the credentialing exam blueprint. The policy also reflects findings from the Job Analysis Study, which identifies primary job responsibilities of certified dietary managers. To help CDNs meet this requirement, ANFP will periodically provide targeted CE products— including Edge magazine articles that address the topic of professional ethics. This hour may be earned while the individual is actively certified, and within the CDM’s three-year cycle.

SAVE THE DATE: OCTOBER 9-11, 2019

Fall Workshop

October 9-11, 2019

Ben E. Keith

17635 Ben E. Keith Way

Selma, Texas 78154

Watch your email for details!!!

Texas ANFP Spring Meeting Re-cap

April 25,26 2019 at Corpus Christi, Texas

If you did not make it to the Spring Workshop you really missed out on some excellent presentations and information. The theme was "A Treasure Chest of Knowledge." And everyone came away with something from the experience. From the CDM Chapter Review on Wednesday, Leadership Skills Training, Problem Solving, Kitchen Treasures, Sanita-

tion Solutions, Identifying Team and Individual Competence, Benefits of Pork, Ethics and Communication Skills, Customer Service, and a Mini Food Show. We enjoyed excellent speakers and very interactive and participative hands on presentations. Thank-you! To all who participated.

**"A Treasure
Chest of
Knowledge
ANFP Spring
Workshop"**

Leadership - Model the Example

What is Leadership?

It has been described in many ways. Leadership is about modeling the example or behavior you want. Good leaders communicate what they want, great leaders demonstrate and model the behaviors and standards they expect. If you expect your employees to give exemplary

customer service then you must do the same. If you expect your employees to pick up trash and not walk by it, then you must do the same. If you expect your employees to wash their hands when they come in the kitchen then you must do the same. You can have all the titles in the world and still not

have the respect of your employees if you do not set the example of what you expect. Model the Example you expect, because your staff will follow your actions, not your words.

DISTRICT NEWS

District One News

District Two News

We want to congratulate Alyce Rosenthal from NTSH WFC for becoming certified! Alyce was one of our past scholarship recipients. We are very proud of her.

District Three News

District Five News

District Six News

WHAT'S MISSING FROM THIS PAGE???

You Are!!!!

**We need your District and Department Pictures of events and Employee recognition!!
Please send in your District/Department activities and special events!!**

DISTRICT NEWS



District 4 March 29 meeting.
Ken Owens and Ryan
Wolverton, Produce Special-
ist - US Foods Houston



This was our second speak-
er Jennifer Lindsay, MS/ RD/
LD - The Healthy Weigh -
Houston, Texas

District 4 attendees with the hygiene items we collected that day!



District 4 attendees, we were able to take a tour of Dole and watch the
clean and cut 40,000 # of fruit that day!



Business Meeting**April 26, 2019****Meeting Held:** Holiday Inn Corpus Christi Airport
5549 Leopard Street Corpus Christi, TX 78408**Meeting called to order at:** 1:19 pm by President Kathy Mata CDM, CFPP**Executive Board Members Present:**

President: Kathy Mata CDM, CFPP

President Elect: Kim Kyle CDM, CFPP

Past President: Velma McElroy CDM, CFPP

Treasurer: Marilyn Kleypas CDM, CFPP

Treasurer Elect: Donna Ynostrosa CDM, CFPP

Spokesperson: Debbie McDonald CDM, CFPP

Secretary: Ken Owens CDM, CFPP

Roll Call by District:

District 1: 6

District 2: 4

District 3: 1

District 4: 9

District 5: 7

District 6: 5

Total: 32**Minutes read by:** Secretary, Ken Owens CDM, CFPP**Corrections to Minutes:** None**Motion to accept:** Joyce Smith CDM, CFPP

Second by: Kim Kyle CDM, CFPP

All in favor, none opposed, motion passed

Treasurer's Report read by: Marilyn Kleypas CDM, CFPPChecking Balance as of 4/24/19 **\$ 13,880.82**

35 register for workshop - \$1170.01, \$306 collected for the PAC (Political Action Committee), \$121 collected for the shelter toward the homeless project

Corrections to Treasurer's Report:**Motion to accept:** Bea Luna CDM, CFPP

Second by: Jeri Davis CDM, CFPP

All in favor, none opposed, motion passed

President Comments:**Committee Reports:****Vendor:** 13 vendors at the workshop in Corpus Christi for a total of \$4950. Reinhart was a Gold Sponsor for this workshop.**Education:** Lee Jenson Certification Scholarship is going to be awarded to Gerald Williams. If you know someone who is finishing the class and going to test, let someone on the executive board know. Debbie has a meeting scheduled on May 2nd to meet with the folks at the Vernon campus. If you know of a school that is interested**IMPACT Team:** There is a change in progress for CDM's to be recognized in Texas. Donation to be made to the PAC (Political Action Committee) for Texas ANFP**Program Committee:**

ANFP ACE Summer 2019 – St Louis, MO. June 26-29, 2019

Fall 2019 – Selma (outside San Antonio) October 2-4, 2019 (or 9-11) will be a joint meeting with the dietitians group (TAND)

Winter Regional – White Settlement, November 8, 2019 Texas ANFP 50th Anniversary

Spring 2020 –Abilene

Nominating / Teller: nothing at this time**Travel:** If you want to go to an ACE meeting or need help with travel arrangement please contact Debbie McDonald CDM, CFPP to help you.**Unfinished Business:** Diamond Award, shoebox program to provide hygiene item to the homeless. We will continue this through the year. We will donate in the area of our meetings.**New Business:**

Agenda # 1 – Effective 6/1/20 the Secretary/Treasurer-Elect position will be combined.

Agenda # 2 – Elimination of districts. Motion was made to eliminate districts and begin having 2 Regional One Day workshops and 1 –Three Day workshop at the state level effective 6/1/20. Motion by Fred Mahaffey CDM, CFPP.

Second by Debbie McDonald CDM, CFPP.

All in favor, none opposed, passed.

Agenda # 3 – \$306 was donated to PAC today. Motion made to send a total of \$500 to PAC from TX ANFP.

Motion by Bea Luna CDM, CFPP

Second by Donna Ynostrosa CDM, CFPP

All in favor, none opposed, passed.

Agenda # 4 – \$121 was donated to the shelter that we are taking the shoebox items. Motion made to add additional funds up to \$250. Items that were collected will be taken to "The Purple Door" in Corpus Christi, TX

Motion by Susie Wolfshohl CDM, CFPP

Second by Jeri Davis CDM, CFPP

All in favor, none opposed, passed.

Motion for Meeting to Adjourn: Susie Wolfshohl CDM, CFPP

Second by Jeri Davis CDM, CFPP

Meeting adjourned at 1:49 PM**Minutes Recorded by:** Ken Owens CDM, CFPP

Pictures from Spring Workshop - Corpus Christi "A Treasure Chest of Knowledge" April 24-26, 2019



Left- "Treasure of the Kitchen"
Missy Owens RD, LD
Creative Solutions

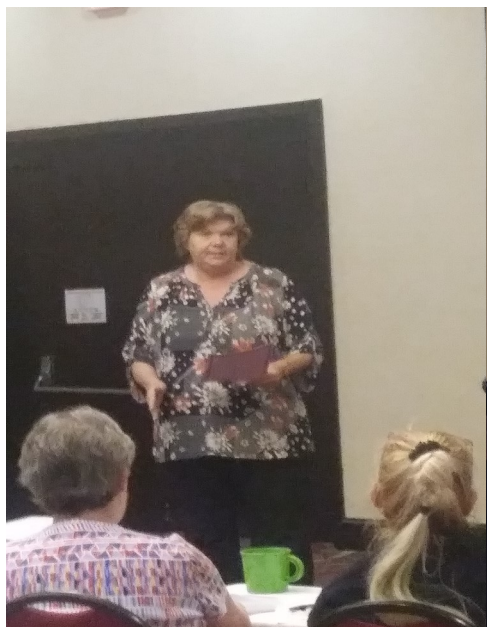
Right- "The Treasure of Health and Pork"
Kathy with our surprise guest speaker representing the Texas Pork Producers Association (TPPA).

Items donated to "The Purple Door" ministry for women & children in Corpus Christi, Texas at the end of our Spring workshop in April!



We would like to ask all the chapters to gather donations for their local shelters. These should be items that they can use and hand out to the individuals they are serving. Please let your Board Members know of any donations your chapter is able to donate and send your pictures in. This is part of our community service and serving our communities initiative. Thank you for everyone who assisted in the efforts so far,. It may seem trivial. But, you have made a big difference in the lives we touched.

Pictures from Spring Workshop - Corpus Christi “A Treasure Chest of Knowledge” April 24-26, 2019



“Solving Problems with Humor”
Cindy Rodgers, Administrator
Oak Ridge Manor



“A Treasure Chest for Good Sanitation”
Tami Rutten CDM, CFPP
Reinhart Foodservice



“Treasure of a Unified Team”
Tiffany Wenzel RD, LD
Reinhart Foodservice



Pictures from Spring Workshop - Corpus Christi “A Treasure Chest of Knowledge” April 24-26, 2019

FIRST TIMERS



Cari Goytia
Windsor Arborview



Denise Gomez
Reeves County Hospital
Pecos, Texas



Enoch Hernandez
Parklane West Healthcare Center
San Antonio, Texas



Chattanooga Bakery –The Original Moon Pie Sandwich

*And last but not
least a special
“Thank you” to our
sponsors !!
Thanks to all who
attended to make
our Spring Work-
shop a success!*

Finance Report of the TX ANFP

Treasurer's Report

Financial Statement for June 1, 2018 to May 31, 2019

Beginning Balance as of June 1, 2018	\$11651.86
<u>Income:</u>	
National Rebates	3365.00
Fall State Meeting Registration	2306.66
Fall State Fundraising	78.48
Fall State Meeting Exhibits	4866.40
Spring Regional Workshop Registration – Buda	487.57
Spring Regional Workshop Vendors	1050.00
Spring State Meeting Registration	1510.06
Spring State Meeting Fundraising	0.0
Spring State Meeting Exhibits	4558.20
Other (Reimbursement to State for flight)	326.86
Other (Refund from hotel for overcharge to Bd)	50.00
Other (District account transferred to TX ANFP account District 4 = \$941.56)	941.56
Member donations to PAC	306.00
Sub-total	19846.79
TOTAL INCOME:	\$31498.65
<u>Expenses:</u>	
Postage	14.15
Office Supplies	143.59
I-Pad, cover & Service Plan (for Newsletter)	461.84
Chip reader for PayPal	31.00
Auditor (for June 1, 2018 – May 31, 2019)	175.00
Fall State Meeting Fundraising	0.00
Fall State Meeting – Officers/Comm. Chair/Speaker's Expenses	179.23
Hotel	4863.98
Travel	1458.16
Spring Regional Workshop – Buda Officers/C.Chair/Spkrs. Expenses	108.63
Hotel	1361.32
Travel	1323.74
Spring State Meeting – Officers/Comm. Chair/Speaker's Expense	200.00
Hotel	6452.91
Travel	3222.48
National Convention	
Hotel (2018)	1806.27
Travel (2019)	529.22
Travel Insurance (2019)	43.76
Per Diem	
Raffle Item	
Executive Board Workshop	
Hotel	
Travel	
Food	93.52
Meeting Room	
Donations – N. & S. Carolina ANFP (Hurricane relief)	1000.00
Donation – Chapter Champion	400.00
Scholarship for ANFP Credentialing Exam Fee	399.00
Donation to PAC to total \$500	
Other – PayPal Fees	5.41
Other – Bank Fee	12.00
Other – Returned check	350.00
TOTAL EXPENSES:	29067.45
Net Profit/Loss:	\$2431.2
Balance on Hand:	\$5996.45

Signature of Treasurer: Marilyn Klappner, CDM, CFPPDate: 5/31/19

Working with BOA to obtain \$350.00 check from COR (Oceanspray) to return to them for reprinting

Food Safety

What is one of the best ways to help prevent foodborne illness?

Five simple steps—Wet, Lather, Scrub, Rinse, Dry. Proper Hand-washing can reduce the risk of the spread of diarrheal and respiratory illness.

Credit: cdc.gov



ANFP Core Values

Ethics and Core Values are essential to Quality Leadership and Personal Development

Professionalism: ANFP members are leaders who demonstrate the highest standards of their profession, adhere to a code of ethics, and pursue lifelong learning.

Integrity: ANFP members demonstrate pride in their work and are respected members of the leadership team.

Advocacy: ANFP members are advocates for those they serve and demonstrate that they care about their health and quality of life.

Best Practices: ANFP members implement nutrition and foodservice best practices and impart that knowledge to those they serve and lead.

“ANFP members are leaders who demonstrate the highest standards of their profession”

CMS Staffing Requirement

According to the requirements, individuals who were currently employed as the designated Director of Food and Nutrition Services prior to November 28, 2016 still have until November 28, 2021 to meet the staffing requirements outlined by CMS.

Individuals hired between November 28, 2016 and November 28, 2017 had a one year window to meet these staffing requirements. This is no longer valid for new foodservice Directors hired after November 28, 2017



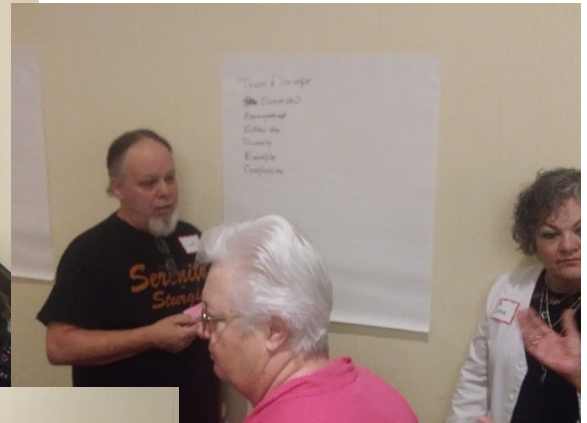
Pictures from Spring Workshop - Corpus Christi "A Treasure Chest of Knowledge" April 24-26, 2019



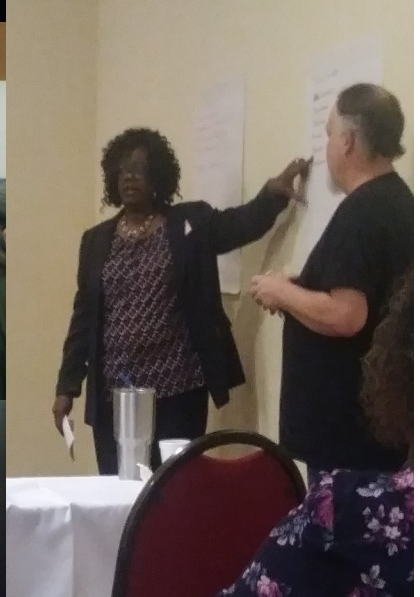
"Ethics is a Treasure"
Left- Kathy Mata, President
Right- Kristina Haning MSW, LCSW
Athens Healthcare



"Team Breakout Sessions"



"Communication Exercise"
"Ethics is a Treasure"
Kristina Haning MSW, LCSW
Athens Healthcare



"Leadership Exercise"
"Leadership Skills in Your Treasure Chest"
Debbie McDonald CDM, CFPP
North Texas State Hospital

The Johnnie Mae Goffney T.E.D. Award

It's time to submit your nominations for the T.E.D. Award. Texas ANFP presents an award to an outstanding member each year during installation of Officers Ceremony. Please read the form below for details and please submit your entries in by
The Johnnie Mae Goffney T.E.D. Award (Form G2 Article 16) is an honorary award that is presented to an outstanding member of the Texas ANFP at each Fall State Meeting.

2. Send your Nominations to the Texas ANFP President by June 1st.

The Johnnie Mae Goffney T.E.D. Award

NOMINATION FORM

Texas ANFP presents an award to an outstanding member each year during Installation of Officers Ceremony. The criteria for placing a name in nomination for the award are:

T-TEAMWORK----Works with others as a team player

E-ENTHUSIASM—Actively participates in all phases of the TX ANFP

D-DEDICATION----Promotes ANFP to members and other allied
Professionals

Member to be nominated: (Nominee Name)

Comments: _____

Your name: (Name of Person Making Nomination) Your
Member Number:



General Mills Natural & Organic Portfolio



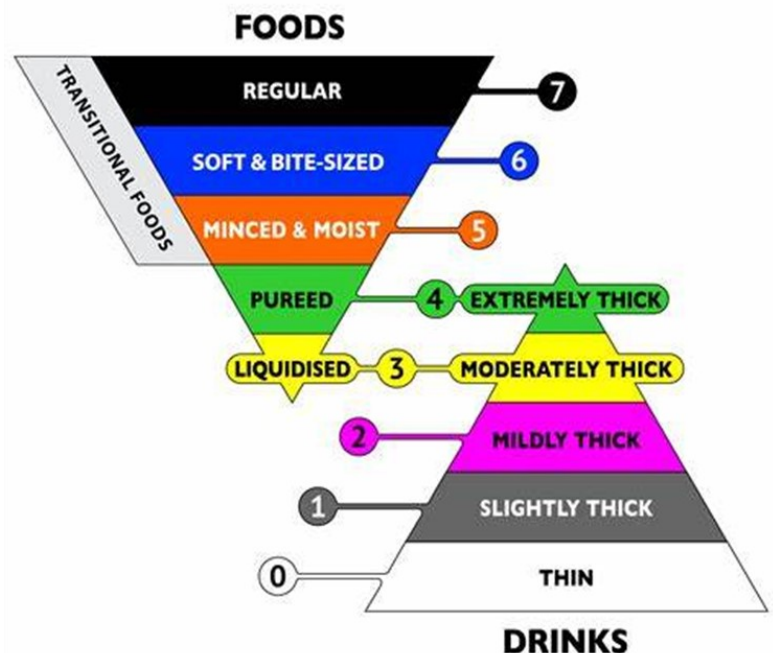
What is IDDSI??

The **International Dysphagia Diet Standardization Initiative (IDDSI)** is an organization made up of volunteer clinicians and researchers from 9 countries around the world. The IDDSI Dream since joining together in 2013 has been to;

“Achieve global dysphagia diet terminology, creating common terminology and common understanding across international borders, across lifespan, across professions, and across all the stakeholders to help the care of people with difficulty swallowing (dysphagia).”

IDDSI is all about patient safety!

The American Academy of Nutrition and Dietetics (AND) and the American Speech-Language-Hearing Association have voted to formally support the implementation of IDDSI framework and definitions. An implementation plan is already in progress and you will start seeing dual descriptions on many thickened products.



Congratulations!!!!



We want to congratulate Alyce Rosenthal from NTSH WFC for becoming certified! Alyce was one of our past scholarship recipients. We are very proud of her.

“The greatest leader is not necessarily the one who does the great things. He is the one that gets the people to do the greatest things.”

-Ronald Reagan



“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

- Maya Angelou

“The challenge of leadership is to be strong, but not rude; be kind, but not weak; be bold, but not a bully; be thoughtful, but not lazy; be humble, but not timid; be proud, but not arrogant; have humor, but without folly.”

- Jim Rohn



Association of Nutrition & Foodservice Professionals

Each ANFP chapter is registered as a tax-exempt nonprofit organization with the IRS. Some chapters are divided into smaller areas called districts. Chapters and districts are volunteer driven. Officers and committees promote the benefits of being active locally, such as growing a professional network and developing leadership skills. Chapter leaders are essential to the success and growth of ANFP.

Vision

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

Mission

Position the Certified Dietary Manager as the expert in the foodservice management and food safety.

For more information about ANFP please contact Association of Nutrition & Foodservice Professionals by telephone at 800-323-1908 or 630-587-6336.



Texas ANFP Board

President

Mrs. Kathryn E. Mata, CDM, CFPP

President Elect

Kim Kyle, CDM, CFPP

Secretary

Kenneth D. Owens, CDM, CFPP

Treasurer

Marilyn M. Kleypas, CDM, CFPP

Treasurer Elect

Donna Ynostrosa, CDM, CFPP

Spokesperson

Mrs. Deborah F. McDonald, CDM, CFPP

Webmaster

Mrs. Deborah F. McDonald, CDM, CFPP

Newsletter Editor

Fred Mahaffey, CDM, CFPP

Committees and Committee Members



We are looking for volunteers to fill the Secretary position that will be available for the 2019-2021 Term. If interested please contact one of the Texas ANFP Board Members and we will gladly pass on your information.