



National Fruitcake Month

While you're frying up some eggs and bacon, we're cooking up something else: a way to celebrate today's food holiday.



THINKSTOCK

Love it, or love to loathe it
- December is **National Fruitcake Month!**

So maybe you didn't manage to finish off that fruitcake Aunt Betty is always so kind to bring you for Christmas ... every single year. The good news is, you still have time to enjoy it!

Fruitcake gets its name from the variety of chopped candied fruit and

nuts that stud the batter and exterior of the round. The earliest known fruitcake, discovered via an ancient Roman recipe, included pomegranate seeds, raisins and pine nuts. During the Middle Ages, innovative minds tossed preserved fruit, spices and honey into the mix.

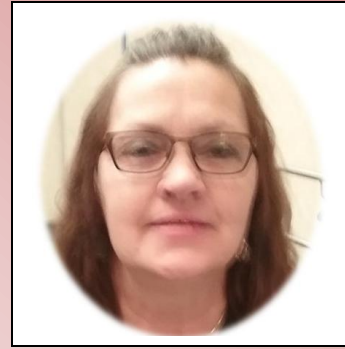
Recipes have varied over time largely due to what was available, although there was a bit of a kerfuffle when church regulations banned the use of butter because of fasting. But good old Pope Innocent VIII granted permission in the "Butter Letter" of 1490, specifically to use butter and milk in German *Stollen* fruitcakes. Yes folks, it's that official.

When explorers discovered vast amounts of sugar in the Americas in the 1500s, as well as the fact that a boatload of sugar could be used to preserve fruit, our favorite little red and green sugary nubs were born. In the U.S., mail-order fruitcakes began as early as 1913. Traditionally, the cakes are soaked in brandy to preserve them and prevent mold, although many of our mass-produced fruitcakes are free of any alcohol.

Although we may ridicule fruitcakes extensively here in the U.S., they aren't always used just for a doorstep or the Great Fruitcake Toss on the first Saturday of January. If you weren't one of the lucky ducks to get a fruitcake for the holidays this year, it's not too late to make your own. Just remember that your neighbors may not feel the same if you want to share.

President-Elect

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Hope you all had a Blessed Thanksgiving.

Rick Eggert will be our upcoming President-Elect. He won by 95% of votes and we had 41 members vote. He is very excited to work with us and help our membership grow.

Just a reminder that we are working on the Diamond Award and we should do something to help and enhance our community as ANFP members. We are asking all members to have a fundraiser of your choice and donate the proceeds to your local Food Pantry. My facility which is a 25 bed Critical Care Access Hospital, had a baked potato lunch and charged \$5 and we made \$200. I took the money to the Food Pantry and they were very happy and appreciative and said that with the donation that they will also get 200 lb. of food with the match program. All counties are different but make a phone call to your local pantry and see what you can do for them. Mel, the President stated that they are going to make homemade pizzas for delivery and donate proceeds to their food pantry. It can be whatever works for you. Please write me a letter stating what you do, how much you make and how the food pantry felt about the donation. Also, I will need pictures with the Food Pantry. I will compile all the info and when the time comes send to Nationals in hopes that we may be nominated for the Diamond Award. Let's go Wisconsin ANFP, we can do this together. Thanks for all your help in making WI ANFP a great organization, it takes all of us to make an awesome team.

I am checking into a charter bus service for the National's in St Louis. As soon as I find out more on the trip and a price I will share will all.

State Website: Go to www.anfponline.org/events-community/chapter-pages/wisconsin/hp



March 14,15, 2019 National Spring Regional, Sheraton
Mission Valley Hotel, San Diego, CA

April 4,5, 2019 National Spring Regional, Double Tree by
Hilton Pittsburgh, Pittsburgh, PA

April 25, 26, 2019 Wisconsin ANFP Spring Conference,
Landmark Resort, Door County

June 26-29, 2019ACE, Union Station Hotel, St. Louis, MO

September 2019 TBD

MEMBERSHIP



As of November 29, 2018, the Wisconsin ANFP is **352** members strong; **321** Certified Professional members, 31 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Welcome New Members!!

Kelsey Semann, CDM, CFPP
Sparta



1st – Susan Backus
2nd – Lisa Calhoun; Laura Pyfferoen
4th – Kathleen Lindquist
8th – Elaine Kubisiak; Paula Larrabe
10th – Dawn Pawlowski
11th – Susanne Skinner-Whitesides
12th – Kathy Prodoehl

13th – Judy Haverland

15th – Jo Ann Bautista; Anthony Kerscher, Cathy Ransom; Bonnie Schlender

20th – Michael Mueller

21st – Nicole Long

25th – Doreen Miller

26th – Inge Liegl

27th – Cindy Kleinschmidt

28th – Tiffany Kuechenmeister

29th – Rachel Peterson

30th – Cynthia Slaby

31st – Sherry Koep – Doreen Miller

Happy
Birthday
to All!

Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.



Newsletter Editor

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We are quickly coming upon the holiday season. I am reprinting some of my information from last month as I think it is important for your reference. Many of you have planned or are planning for your holiday events. Check out the September/October 2018 issue of EDGE magazine, ***“Top 10 Ways to Celebrate the Holidays in Your Community,”*** on page 5 along with an article on ***“Cooking for the Holidays”*** on page 12. These items are very good and worth the read and you may even find there are ideas you can use in your community.

You may have your own suggestions you may wish to share with your fellow CDM's. Please send them to me and I will compile them and provide them in a future issue of the newsletter. Remember that we would like to hear about what you are doing in your community, so, please share them with me and I will put them in the newsletter. If you can, also include photos. They help tell your story.

I have enjoyed providing these monthly newsletters for you over the past year and look forward to continuing to provide you with the most up-to-date information. However, I need your help. I am asking that you please send me information. I would like to do a focus on facilities over the next year. Tell your fellow CDM's what is going on in your community. It does not need to be about the food or your department. If you have a special community celebration happening such as a facility anniversary, celebration of an individual, brag about your Administrator or Administration as a whole, a doctor, please send me the information, plus photos if possible. I know there are awesome things going on in your communities and I would like to share your story. It is best to send me information in a “word” format. That works best for my computer to work with. Looking forward to hearing about your awesome communities!

Until next month.....Live Long.....**Merry Christmas and Happy New Year! Be Safe!**



Landmark Resort

www.thelandmarkresort.com

4929 Landmark Dr, Egg Harbor, WI 54209

(920) 868-3205

Plan now to attend the 2019 Spring Conference at the Landmark Resort in Egg Harbor, Wisconsin, April 25 & 26, 2019. Watch the newsletter for more information.

In the month of January we celebrate these special occasions:

Bread Machine Baking Month

National Candy Month

National Egg Month

National Hot Tea Month

National Meat Month

National Oatmeal Month

National Soup Month

National Wheat Bread Month

Prune Breakfast Month

2nd Week of January – National Pizza Week

4th Week of January – National Meat Week

4th Week of January – National Irish Coffee Week

1st – Bloody Mary Day; Apple Gifting Day

2nd – National Cream Puff Day

3rd – Chocolate-Covered Cherry Day

4th – National Spaghetti Day

5th – National Whipped Cream Day



6th – Bean Day; National Shortbread Day

7th – National Tempura Day

8th – English Toffee Day

9th – National Apricot Day

10th – Bittersweet Chocolate Day

11th – Milk Day; Hot Toddy Day

12th – Curried Chicken Day

13th – National Peach Melba Day

14th – National Hot Pastrami Sandwich Day

15th – Strawberry Ice Cream Day

16th – National Fig Newton Day; International Hot & Spicy Food Day

17th – Hot-Buttered Rum Day

18th – Peking Duck Day

19th – National Popcorn Day

20th – National Buttercrunch Day; National Cheese Lover's Day; National Granola Bar Day

21st – New England Clam Chowder Day;

22nd – National Blonde Brownie Day

23rd – National Rhubarb Pie Day

24th – National Peanut Butter Day

25th – National Irish Coffee Day

26th – National Pistachio Day

27th – Chocolate Cake Day

28th – National Blueberry Pancake Day

29th – National Corn Chip Day

30th – National Croissant Day

31st – Brandy Alexander Day



New year resolution:
Laugh a little louder, smile a
little bigger, love a little deeper,
and walk through life a little
slower.



Buttle 2013



*Wishing You All the Best for
the Holiday Season*

Happy Holidays

*The Wisconsin ANFP
Board of Directors*



CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards

CULTIVATE

cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



Cultivate, Grow, REAP!

CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other			
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC			
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express			
Name on card:			
Credit Card #:	CVV#:	Exp. Date: / /	
Billing Address:			
City:	State:	Zip:	
Signature:	Date:		

QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



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Phone 800.232.1908 | Fax: 630.587.6308 | www.ANFPonline.org

Christmas word search

A	A	S	T	N	E	S	E	R	P	N	L	P	S
K	S	R	E	K	A	L	F	W	O	N	S	E	T
R	L	A	T	S	G	E	N	S	T	E	A	T	M
I	P	I	C	A	R	E	I	N	D	E	E	R	I
C	H	R	I	S	T	M	A	S	T	R	E	E	S
A	E	O	O	A	O	C	R	Y	E	E	E	T	T
C	O	O	K	I	E	S	T	N	E	N	L	E	L
C	A	N	D	Y	C	A	N	E	O	T	E	Y	E
M	I	W	P	O	I	N	C	E	T	T	I	A	T
N	A	M	W	O	N	S	S	C	N	N	F	S	O
N	E	S	A	N	T	A	N	A	W	N	L	S	E
A	C	E	O	I	O	S	A	I	G	K	E	K	D
N	N	E	S	E	S	S	E	S	E	L	P	P	N
C	L	I	E	H	R	I	H	G	I	E	L	S	S

REINDEER
 SNOWMAN
 CANDY CANE
 CHRISTMAS TREE
 POINCETTIA
 SNOWFLAKE
 MISTLETOE
 ELF
 PRESENTS
 SANTA
 COOKIES
 SLEIGH

Play this puzzle online at : <http://thewordsearch.com/puzzle/1168/>

The ANFP Wisconsin scholarship committee consists of: Marlene Adelmeyer- Chair, Cherie Bundrant and Penny Matuszewski.

Because ANFP-WI continues to be super Blessed, our executive board and finance committee has approved scholarship monies enabling us to give back to our members who continue to support and respect their profession. ANFP-WI will be offering a scholarship for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We will also be offering a scholarship to help cover the expense of the certification exam fee. Penny, Cherie and I, along with the executive board, are excited to award this scholarship to one of our members. Scholarship information for 2019 is included in this newsletter. You can also find it on our ANFP-WI website. Or, if you want to make it really easy for yourself, just email me and ask me to send you the application/information. Marlene.adelmeyer@gmail.com.

Good luck to everyone! We can't wait to review applications after the first of the year!



Association of Nutrition & Foodservice Professionals

2019 ANFP WISCONSIN SCHOLARSHIP APPLICATION

January 1- June 30, 2019

ANFP Wisconsin is offering scholarships for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We are offering a scholarship to help defray the cost of a live or online Dietary Manager training program for member of ANFP-WI group. We are also offering a scholarship for members who have enrolled in the required training course and would like to complete and pass the certification exam to become a CDM, CFPP.

ELIGIBILITY REQUIREMENTS

- Applicant must be working at least 50% time in a healthcare or approved foodservice environment.
- Applicant must demonstrate need for financial support.
- Scholarship winner of the Dietary Manager program must be enrolled in the required Dietary Manager training course to be completed by June 30, 2019.
- Scholarship winner of the Certification exam must complete the exam between January 1 and June 30, 2019.

APPLICATION REQUIREMENTS:

Please only include information that has been requested. Any applications that do not meet the following criteria or are illegible will be disqualified.

- Answer every space on the Scholarship Application. Mark N/A if a section does not apply to you. A blank space will automatically be considered an incomplete application.
- **Please include an essay on why you would benefit from either scholarship and why you desire to become a Certified Dietary Manager.**
- Application, essay and referrals must be submitted by the published deadlines.

SELECTION PROCESS

The Scholarship Committee will review all applications and select the 2019 Scholarship Recipients. All applicants will be notified by June 30, 2019.

HOW WILL THE SCHOLARSHIP BE AWARDED?

ANFP-WI will provide the scholarship recipient with course tuition up to \$400 (tuition only, books and fees not included). Scholarship monies will be awarded upon completion of the course. The Certification exam scholarship will provide up to \$399 for the exam only. Scholarship monies will be awarded upon proof of course completion and certification proof of the exam.

DEADLINES

- Application for the scholarships must be completed, typed and submitted either by mail or email by June 30, 2019 to:
ANFP-WI Scholarship Committee
W7716 Highbridge Rd
Oakfield WI 53065
Email: marlene.adelmeyer@gmail.com

Questions? Please contact Marlene at 920-229-2717

2019 SCHOLARSHIP APPLICATION

SECTION 1-TYPE OF SCHOLARSHIP

Please check off the type of scholarship for which you are applying:

☐ Up to \$400 Dietary Manager training program

☐ Up to \$399 Certification Exam

SECTION 2-PERSONAL INFORMATION

Last Name:	First Name:	MI
Address:		
City:	State:	Zip:
Email address:		
Home Phone:	Cell Phone:	

SECTION 3-EMPLOYMENT INFORMATION

Are you currently employed in a non-commercial foodservice operation? ☐ Yes ☐ No

If no, how long have you been unemployed or working in a different setting? Please explain your efforts in actively pursuing employment. (Attach a separate sheet)

If you are currently employed, complete the following section.

Current employer:		
Address:		
City:	State:	Zip:
Email address:		
Name of immediate supervisor:		
Supervisor title:	Phone:	
Length of time with this employer:		

SECTION 4-INDUSTRY WORK EXPERIENCE-*please list starting with your most recent position.*

<i>Company Name, City, Phone</i>	<i>Type of business & position</i>	<i>Duties you perform</i>

SECTION 5-PERSONAL QUESTIONS (attach extra sheets if necessary to include **complete** answers)

1. Are you a member of any other professional organization other than ANFP? If yes, please list. If not why not?
2. Explain your involvement in your ANFP state chapter. (i.e. offices held, conference/meeting attendance, committee work or other volunteer work.)
3. Does your employer financially support your or other employees' continuing education? If yes, please give examples. If no, do you have any other financial support for education?
4. This scholarship will only fund part of expenses incurred for either scholarship. How do you plan to pay for the remaining expenses? (i.e. books, mileage, time absent from work.)
5. Give an example of a past meeting you have attended, ANFP or other, and how that experience has benefitted your workplace and/or ANFP-WI?
6. Have you ever been awarded a scholarship or grant from ANFP, NFEF, ANFP-WI, or other sponsor for educational purposes? ____ Yes ____ No If yes please give date, details and amount.

SECTION 6-ESSAY

Please type an essay of approximately 200 words that summarizes the following: **Describe your financial need and why you desire to become a Certified Dietary Manager.** (Please attach essay on separate sheet.)

SECTION 7-REFERRALS

Please use the attached referral form for each of your two references. Recommended references include Registered Dietitians, Certified Dietary Managers, Administrators, college faculty, or corporate unit managers. Referrals should be complete.

SECTION 8-SIGNATURES

Please read before signing. To the best of my knowledge, I have provided ANFP-WI accurate information concerning all questions on this application. I understand that failure to provide valid and complete information could result in the withdrawal of all financial assistance and a recall of all awards previously made by NFEF, or ANFP.

Signature of Applicant: _____ Date: _____

Signature of Supervisor: _____ Date: _____

Before you submit this application, please include:

____ Every section of the application is completed; application signed and dated.

____ Section 6 essay attached.

____ Section 7 referrals attached.

____ Section 8 signature information completed.

ANFP SCHOLARSHIP REFERRAL FORM

NOTE: two referrals are needed-see scholarship information page. Please ask your referral to tell us, for example, about you, your work ethics, position, participation, extra efforts, or any other helpful information that may be beneficial to your application.

Referral Name:

Referral Employer:

Name of Scholarship Applicant:

Relationship to Applicant:

REFERRAL COMMENTS: (May be typed on a separate sheet)