

The Chopping Block



A Publication of the *Wisconsin Association of Nutrition & Foodservice Professionals*
Issue No: 4 August 2019

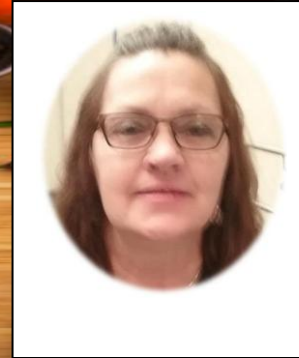
The Main Menu

The Main Menu.....	Page 1
President's Message	Page 2
President-Elect	Page 3
State Spokesperson	Page 4
Immediate Past President	Page 5
Food Pantry List	Page 6
Membership Renewal	Page 7
Save the Date	Page 8
Membership Matters.....	Page 8
Membership Birthdays	Page 9
September Special Food Occasions	Page 10 & 11
Word Search Puzzle	Page 12
CDM'S Cultivating Roots ..	Page 13
Getting to Know You Form	Page 14



President

Marcia Borton
E4520 410th Ave
Menomonie, WI 54751
(H) 715.231.2095
(W) 715.672.4211 ext 1130
(C) 715.495.6308
marcia.borton@ahss.org



With the Fall Conference coming up we will be having a collection for the Eau Claire Food Pantry. There will be a list below of the items that can be donated. Our goal is to get 200# of food/items. We are working on getting the Diamond award this year and our project is to help out the local food pantries. If you have done anything for your local food pantry, please contact me with the info so we can get credit for it. It is critical that we work as a team towards this Diamond Award. Please contact me for more info or questions.

Also, in this newsletter there is the agenda and registration form. It will be mailed soon also. We will have some great speakers and a tour to a newer, beautiful facility in Chippewa Falls.

My goals as President are to build our organization in Wisconsin and get more members involved and to help out the local Food Pantry's and work towards the goal of receiving the Diamond Award for 2020.

Thanks for all your help, we as a team can build strong. We the board members appreciate all that you do from volunteering, presenting at meetings, coming to meetings, impute at meetings, purchasing fundraiser items, filling out the evaluation forms, it all helps us grow stronger.

**NATIONAL
FOOD
SAFETY
MONTH
September**



President-Elect

Rick Eggert

(H) (414) 380-9640

(W) (262) 782-0230, ext. 358

reggertknu@yahoo.com

Save the Date!!!

September 12 – 13, 2019 A.N.F.P. Fall State Conference: “Sharing our Knowledge with Others”; Sleep Inn and Suites Conference Center, Eau Claire, Wisconsin 54703 (See program details in newsletter)



April 23-24, 2020 A.N.F.P. Wisconsin State Conference; The Plaza Hotel, Wausau, Wisconsin. Details upcoming!

September 17-18, 2020 A.N.F.P. Wisconsin Fall State Conference

Location: La Crosse, Wisconsin

Join us and our Minnesota A.N.F.P. members for great networking opportunities, collaborative professional development C.E.U.'s and a river boat cruise! Watch our website for updates!





State Spokesperson

Sheila Luhman
2318 Center Street
Cross Plains, WI 53528
(W) 608.662.8827
(C) 214.500.7656
sheila.luhman@atticangel.org

The Government Affairs Committee Impact Team ANFP Members for 2018/2019 is: Renee Taylor, Marcia Kittleson, Laura Knutson, Marlene Adelmeyer, Penny Matuszewski and Millie Zarate.

On July 16, 2019, CMS posted a document of PROPOSED changes to the Long Term care CoP's conditions of Participation/Medicare and Medicaid Programs Requirements for Long Term care Facilities.

One item CMS is proposing to changes to, is the education requirement for Director of Food and Nutrition Services. Their rationale is because stakeholders are "concerned about a workforce shortage of certified dietary managers and the financial costs imposed on existing experienced staff to obtain specialized training". CMS acknowledges that set standards for the person leading the department is important.

This is only a proposal and is open for comments, so the CURRENT RULES ARE STILL IN EFFECT. Once the comment period is over, CMS will review and thoroughly vet them before any decisions and rule changes will be made. ANFP is currently analyzing this proposal and preparing comments to help maintain the standards of our CDM CFPP credential.

CMS looks forward to feedback until September 16, 2019. Comments may be submitted electronically :

<https://www.federalregister.gov/documents/2019/07/18/2019-14946/medicare-and-medicaid-programs-requirements-for-long-term-care-facilities-regulatory-provisions-to>

As a Certified Dietary Manager, Certified Food Protection Professional, we need to share our expertise with the Government Officials, so they better understand how we are trained and qualified professionals. A Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) has passed a nationally recognized credentialing exam offered by the Certifying Board for Dietary Managers. Continuing education is required to maintain this credential. The exam is written by content experts, and administered by an independent professional testing company. The exam consists of 160 questions that have been pre-tested and proven valid and reliable. Questions cover five competency areas which fall under these major headings: Nutrition, Foodservice, Personnel and Communications, Sanitation and Food Safety, and Business Operations. Please contact members of the Impact Team or Sheila Luhman CDM,CFPP– Sheila.luhman@atticangel.org.



Immediate Past President

Melissa "Mel" Kern
2280 20 ½ ST
Rice Lake, WI 54868
(W) 715.434.8129
(C) 701.640.5688
mkern@facfi.com



I hope everyone is having a great Summer and looking forward to seeing all of you in September for Fall Conference. I am working on building our WI Facebook Page and if you would like to be added to stay on top of latest things we are working on for the upcoming year please send me an email at mkern@facfi.com and we can get you added if you have facebook account.

I am also working on Vendor Fair for our Spring Meeting in Wausau and if anyone has contacts and can forward to me at mkern@facfi.com please forward me their contact information and I will get in touch with them.

Here is a great Recipe that is amazing and just wanted to share!

Watermelon Cucumber Salad

Ingredients

- 1 large seedless watermelon, cut into 1-inch cubes
- 2 cucumbers, thinly sliced
- 12 leaves fresh mint, thinly sliced
- 1/4 cup olive oil
- 2 tablespoons apple cider vinegar
- coarse salt and ground black pepper to taste
- 1 cup crumbled feta cheese
- Add all ingredients to list

Directions

1. Gently mix watermelon, cucumbers, and mint in a large bowl. Whisk olive oil, vinegar, salt, and pepper together in a small bowl. Drizzle over salad and gently toss to coat. Add feta cheese and gently



MEMBERSHIP RENEWAL *Annual Dues*

To avoid late fees pay your dues by August 31st to National
ANFP

**ANNUAL DUES ARE TO BE SENT
TO THE NATIONAL OFFICE IN
ST. CHARLES, IL**

August





September 12, 13, 2019 Fall Conference, Sleep Inn Suites Conference Center, Eau Claire, WI

April 23, 24, 2020Spring Conference, Plaza Hotel, Wausau, WI



As of July 30, 2019, the Wisconsin ANFP is **392** members strong; **321** Certified Professional members, 71 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Renew Membership



18th – Tammy Blasé
 20th – Denise Krolkowski
 23rd – Dawn Jacobus
 24th – Kimberly Bryant

25th – Ila Hagenston, Diana Hermann
 26th – David McIntosh
 29th – Cynthia Ehlert-Maki
 30th – Margaret Ehrhard

1st – Stacey Brost
 2nd – Christina Berti
 3rd – Richard McGrath
 5th – Dolly Houdek
 6th – Wanda Martell
 7th – Juanita Schmidt
 8th – Mark Kendall
 9th – Julie Bishop
 10th – Donna Shuck
 13th – Regina Ailport
 15th – La Vonne Olson
 16th – Carmen Wiensch
 17th – Karleen Wallin

Happy Birthday to All!



Join us in Saratoga Springs this September!

Earn up to 13 CE hours at the upcoming ANFP Regional Meeting in Saratoga Springs, NY from September 11-12. Register today and save \$50!



National Biscuit Month

Better Breakfast Month

National Chicken Month

National Cholesterol Education Month

National Honey Month

National Mushroom Month

National Papaya Month

National Potato Month

National Rice Month

1st Week of September – National Waffle Week

2nd Week of September – Biscuit & Gravy Week; Vegetarian Awareness Week

4th Week of September – National Wild Rice Week

1st – National Cherry Popover Day

2nd – National Blueberry Popsicle Day

3rd – National Welsh Rarebit Day

4th – National Macadamia Nut Day

5th – National Cheese Pizza Day

6th – National Coffee Ice Cream Day

7th - National Acorn Squash Day

8th – National Date Nut Bread Day

9th – Weinerschnitzel Day

10th – TV Dinner Day

11th – National Hot Cross Bun Day

12th – National Chocolate Milkshake Day

13th – National Peanut Day; Snack a Pickle Time

14th – National Cream Filled Donut Day; Eat a Hoagie Day

15th – National Linguini Day

16th – National Guacamole Day

17th – National Apple Dumpling Day

18th – National Cheeseburger Day

19th – National Butterscotch Pudding Day

20th – National Rum Punch Day

21st – National Pecan Cookie Day; International Banana Festival

22nd – National Ice Cream Cone Day

23rd – National White Chocolate Day

24th – National Cherries Jubilee Day

25th – National Food Service Employees Day; Crab Meat Newburg Day

26th – Pancake Lovers Day

27th - National Chocolate Milk Day; National Corned Beef Hash Day

28th – Strawberry Cream Pie Day; Drink Beer Day

29th – National Coffee Day

30th – National Hot Mulled Cider Day



Continental Breakfast

T	A	E	C	T	T	T	E	G	Y	E	N	O	H
N	A	G	C	A	F	F	S	E	C	I	S	O	D
W	E	C	O	O	C	U	K	Y	T	E	H	S	T
U	F	G	R	S	F	U	R	O	E	C	I	U	J
E	E	U	G	C	C	F	E	T	E	A	C	H	B
F	A	W	A	T	E	R	E	K	E	I	L	S	R
T	U	F	G	T	U	M	T	E	A	I	F	B	E
C	A	I	M	C	R	O	I	S	S	A	N	T	A
C	H	O	C	O	L	A	T	E	M	I	L	K	D
F	E	T	E	L	F	F	A	W	T	C	E	E	A
E	F	T	M	A	J	T	S	A	O	T	I	E	S
F	J	B	C	R	O	C	O	O	E	C	U	E	L
G	F	R	U	I	T	L	C	E	R	E	A	L	L
B	I	S	C	U	I	T	E	E	E	L	O	N	L

JUICE
 COFFEE
 CHOCOLATE MILK
 TEA
 BISCUIT
 JAM
 WAFFLE
 FRUIT
 HONEY
 WATER
 BREAD
 TOAST
 EGG
 CROISSANT
 CEREAL

Play this puzzle online at : <http://thewordsearch.com/puzzle/3066/>

More Reasons to Eat Fruit



Strawberries can potentially fight against cancer and aging



Bananas are great for athletes because they give you energy



Cherries help calm your nervous system



Grapes relax your blood vessels



Pineapples help fight arthritis



Blueberries protect your heart



Peaches are rich in potassium, fluoride, and iron



Apples help your body develop resistance against infections



Kiwis increases bone mass



Mangos protect against several kinds of cancer



Watermelon helps control your heart rate



Oranges help maintain great skin and vision

CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards

CULTIVATE

cult-i-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



Cultivate, Grow, REAP!

CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date: / /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals
406 Surrey Woods Dr. | St. Charles, IL, 60174
Phone 800.232.1908 | Fax: 630.587.6308 | www.ANFPonline.org

Getting to know you:

Name:

Mailing Address:

Email Address:

Place of Employment:

Administrator Name:

Administrator Email Address:

Birthdate: (birth year optional)

Husband: Children:

Siblings:

Family:

Where I was born:

Where I grew up:

My Dream job:

Hobbies:

Interesting facts:

Favorites (movies, tv, books, color, flower(s), etc)

Your favorite getaway:

Please email or snail mail to: Bruce Link, CDM, CFPP, 504 Russell Drive #89, Ripon, WI 54971 or fssolutions13@live.com