

Fall 2018

## Crab Chatter



Volume 2, Issue 2

**The Maryland Crab Chatter is published 2 times a year.**

**Article contributions are welcomed!**

**Please send submissions to Kyrese Johnson, CDM, CFPP, RDN to [kyrese38@aol.com](mailto:kyrese38@aol.com) or [drkyrese@gmail.com](mailto:drkyrese@gmail.com)**

**The editor reserves the right to edit, condense or postpone articles subject to available space.**

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### Message from the Outgoing President– C. Wayne Kuhn

As the outgoing president for the Maryland, De, and D.C. ANFP I want to take time to thank numerous people who have helped keep our chapter going well. I know I can't mention every body but I do want to thank Doug Crowl our new president, Bonna Brown our treasurer, Bonnie Hollingsworth for helping out with registration and the state achievement award. Debbie Canfield, Dawn Chisholm, Joanne Wagner, Patrick Dillinger, Chef Robert, Sandy Coradi, Mary Ellen Tinsdale and of course Virgie Small for being part of our chapter for quite some time and always stepping up to the plate to help out and Kyrese Johnson for bringing new life to our newsletter. I believe I leave our organization far

stronger then when I first joined. We have come along way and we have grown in so many ways. And I also believe with the current folks on board we will continue to grow and continue to be successful.

Our organization has not only helped me professionally but has enabled me personally to become a better person and gain so many new friends. And had that not been part of this journey for me I never could have been able to complete five turns as President. When I began as part of the original HEIFSS in 1976 I could never have guessed or thought of myself becoming a president of an organization let alone helping see it become successful. Our group of folks have been

one of the most and more successful of the Chapters in our national organization. But because the relationships I was able to be part of that's where the success became fruitful. So what I'm trying to say is I hope the relationships will continue to grow and develop for many of you so that we can keep this chapter one of the more successful chapters of ANFP. And it goes without saying I have a big heap of people to thanks. And a special recognition goes to Shawn Williams who came from national and help set our sights on higher ground. And because of her we were able to maintain this chapter as a viable incredible chapter. So I want to say thank you again and I hope to keep in touch with everybody and see y'all at our workshops. you make our workshops completely successful.

### Message from our New President, Doug Crowl

I am very happy to be the 2019-2020 President of the MD,DC and DE Chapter of the ANFP. I am looking forward to a great year!

As President, my hope is to see growth in our chapter with both volunteers and members. If we all work together as a team, I think we will be able to accomplish this goal.

I am looking forward to seeing everyone at our annual Workshop by the Sea in Ocean City, MD in October!

I am looking forward in continuing the great success this chapter has had and know this can be done with your help. Please read through the newsletter to get the latest information about our chapter ANFP and national

news as well.



## OUR NEW 2018-2019 OFFICERS Installed at the Spring Workshop



**(L) President, Doug Cowl, President- Elect, Chef Robert McKeon**

**Secretary Debi Canfield, Treasurer, Bonna Brown (Far Right)**

The Spring workshop was held at Kentmere Nursing and Rehabilitation Center in Delaware on FRIDAY APRIL 27, 2018 8:00 am. – 3:30 pm.

It was filled with informative information, great food and great speakers!



# **SAVE THE DATE!!!!**

## **MD, DE, DC ANFP's 23rd Annual WORKSHOP BY THE SEA !!!!!**

**WHEN: October 7, 8, & 9 2018**

**WHERE: THE GRAND Ocean City MD!!!!**



This year's program will include **14 CEU's 9 General, 3 Sanitation and 2 Food show.**

**Registration form can be found on Page 12**

There is an optional opportunity to take the Allergen Certification Exam (Certification is now required in Montgomery Co. MD).



## SAMARITAN's Purse– Service Project

Operation Christmas Child is directed to children all over the world. An ordinary shoe box, wrapped (lid separate) and fill with items for children age 2-14, girls and boys, becomes the most precious thing they have ever received.

They are then shipped to children who might never receive anything just for them.

Some have never seen a stuffed animal, coloring book and crayons, tooth brush or other items our children would never choose as a gift. Anything would be greatly appreciated.

**For those not attending the Workshop,**

**Donations can be sent to: MD ANFP c/o Bonna Brown, 15507 National Pike, Hagerstown, MD 21740. A donation of \$9.00 will mail 1 shoebox.**





## Suggestions For Shoe Box Gifts

### For a Boy:

- ☐ Nerf-type balls
- ☐ Soccer ball with pump
- ☐ Small cars or trucks
- ☐ Legos
- ☐ Wallets
- ☐ Watches
- ☐ Baseball caps
- ☐ Yo-yos
- ☐ Paddleball

### For a Girl:

- ☐ Baby dolls
- ☐ Barbie dolls
- ☐ Toy jewelry sets
- ☐ Jumping ropes
- ☐ Jacks
- ☐ Hair bows/clips, etc.

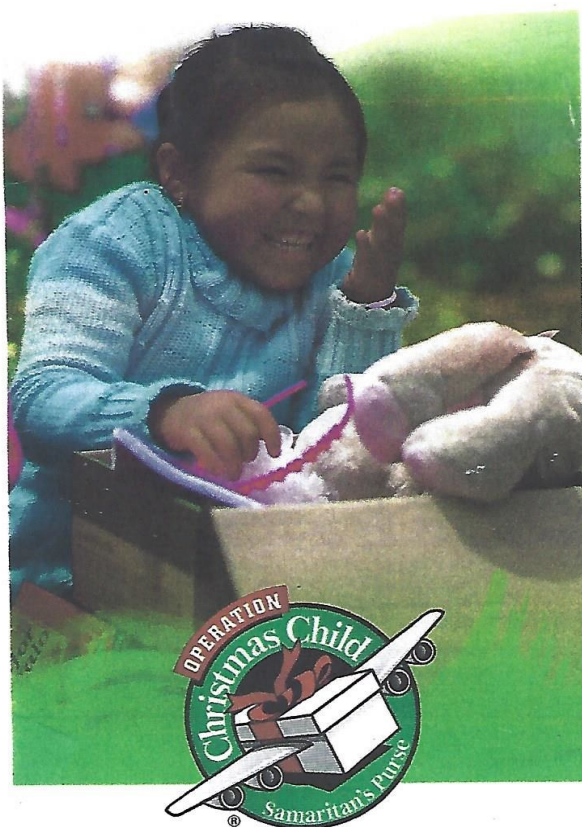
### School Supplies:

- ☐ Coloring books
- ☐ Crayons/coloring pencils/markers
- ☐ Pens/pencils/sharpener
- ☐ Eraser
- ☐ Writing pads/paper
- ☐ Scissors
- ☐ Glue sticks (no liquid glue)
- ☐ Solar calculators
- ☐ Rulers
- ☐ Stamps and ink pad sets

### General:

- ☐ Sunglasses
- ☐ Flashlights with batteries
- ☐ Small picture books
- ☐ Travel games
- ☐ Stuffed animals
- ☐ Stickers
- ☐ Wind-up toys
- ☐ Slinky
- ☐ Puzzles
- ☐ Etch-A-Sketch
- ☐ Play-Doh
- ☐ Combs/hairbrushes
- ☐ Toothbrush
- ☐ Soap
- ☐ Washcloths
- ☐ Deodorant
- ☐ Nail clippers
- ☐ Drinking cup

SAMARITAN'S PURSE®



Good News. Great Joy.

**Call to Order, presided over by Doug Crowl, Debi Canfield as secretary.**

**Attendance**

**GUEST**

Doug, Wayne, Debi ,

Jim Brown

Bonna, Bonnie, Chef Robert,

Greg

Dawn C , Virgie, Patrick

Meeting called to order by President, Doug Crowl

Secretary.. Debi canfield, taking minutes

Wayne was presented the 2018 Platinum State Achievement Award on behalf of the Md, Delaware and DC chapter, CON-GRATULATIONS!!!

A sympathy card was passed around to be signed for Deb Soth , who recently lost her husband , he had been ill for a while, we are sending her a card and monetary gift , Deb also has been struggling with some health issues , so please let's remember her in our thoughts.

As a group we all signed into ANFP on our electronic devices, together we navigated through the chapter portal and accessed various areas, our goal was to make sure everyone was familiar with the ANFP website and could access the resources.

As a group we reviewed and completed the Bi-Annual Rebate Achievement Award which was due July 15

Minutes from our last board meeting were briefly reviewed and approved by Wayne K and the motion was 2<sup>nd</sup> by Virgie S

Treasurers report was presented by treasurer, Bonna B, we discussed less expensive restaurants for our board meetings with the exception of our Christmas dinner. We discussed a \$25.00 cap per meal, motion to accept ..all in favor.

Doug and Virgie 2<sup>nd</sup> the motion

Fall Workshop - Chef Robert will be presenting , Allergen training , it will be a 2 hour class , with an optional test to receive a certificate at the end of the workshop , cost for the certification is \$30.00

The agenda for the" Workshop by the Sea " is coming together...

"Save-The Date" will go out within the next two weeks

Now is the time to make your hotel reservations, we 've had a lot of inquiries about the workshop date so hopefully we will have a great turnout!!!

As far as vendors, it is coming together, we have Campbells soup sponsored by Cosco, Economic Labs, Feezer, Soft Stuffed Desserts, Chef Robert has a list of vendors to contact, and JoAnn will contact vendors from previous lists. We will need to know if vendors need 1 or 2 tables.

CDM , Administrator and Vendors of the year awards will be printed and framed

Anyone with nomination recipients for these awards , please fill out the appropriate paper to get your nominations in

**AUCTION ITEMS NEEDED!!!!!!**

Voted to use the 19" commander bags as the giveaway for members at registration, all in favor

Talked about a service project, Bonna recommended Samaritans Purse, ( Operation Christmas Child) she has provided all the info and what this is all about, to go out with registration forms, Great project idea!!!

Next meeting will be in Ocean City after the workshop, day and time will be announced

Meeting Adjourned..Virgie 1<sup>st</sup>

Bonna 2<sup>nd</sup> the motion

## Vendors that attended the Ocean City Fall Conference 2017



# What's going on at the National Level of ANFP?

## CDM, CFPP Informational Webinar -September 18th

You've likely seen the CDM, CFPP credential after someone's name or you may have heard about the CDM Certification Exam, but what exactly is the credential and how can it affect your career?

This 30-minute webinar is designed to educate the viewer on the power of the CDM, CFPP credential and the process involved in obtaining this prestigious certification.

This webinar will answer questions such as:

- What is the CDM, CFPP credential?
- How do I become certified?
- What is the CDM, CFPP exam?
- What is the exam format?
- How do I prepare for the exam?

### **Date & Time**

Tuesday, September 18, 2018  
10:30 AM - 11:00 AM CT

### **Speakers**

Katherine Church, RDN  
Executive Director, Certifying Board for Dietary Managers (CBDM)  
Senior Vice President, Association of Nutrition & Foodservice Professionals (ANFP)

Jay Cariño, MBA, CAE  
Vice President, Member Services  
Association of Nutrition & Foodservice Professionals (ANFP)

**[Register Today!](#)**



## March Spring Regional Meeting 2019



March 14 - March 15, 2019

San Diego, California

Join us at the Sheraton Mission Valley Hotel in San Diego, CA

## April Spring Regional Meeting 2019



April 04 - April 05, 2019

April 05, 2019

Join us at DoubleTree by Hilton Pittsburgh–Green Tree in

Location: Pittsburgh, PA, USA

## **WE NEED VOLUNTEERS!!!**

Ask these volunteers, board members and officers about their experiences with ANFP at the Fall Workshop in Ocean City!!!

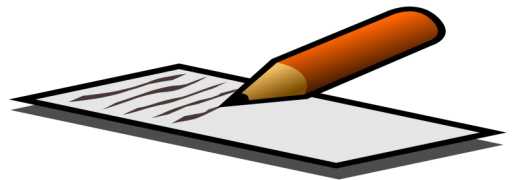


CONGRATULATIONS!!!!!!!!!!

Wayne Kuhn, Immediate Past President, was presented the 2018 Platinum State Achievement Award on behalf of the Md, Delaware and DC Chapter !!!!!!! Congrats Again, Wayne!



**Please make suggestions or business to be presented to the Board here and send to : [doug5256@gmail.com](mailto:doug5256@gmail.com)**



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Registration Form for MD, DE, DC, ANFP 23rd Annual WORKSHOP BY THE SEA  
Oct. 7, 8, & 9. 2018 Stowaway Grand Hotel and Spa Ocean City MD

Name \_\_\_\_\_ Cert.# \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Employer \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Fees: Retirees/Students \$50.00 Members / Guests \$120.00

At Door \$160.00 One Day Rate \$15 per CEU

Optional Events Buffet Breakfast 10/8 & 10/9 \$16.00ea Phillips 10/7 \$38

Attending Member \_\_\_ Guest \_\_\_ Retiree \_\_\_ Student \_\_\_ Fee Enclosed \_\_\_\_\_

Phillips Dinner 10/7 \$38.00ea. \_\_\_\_\_

Buffet Breakfast 10/8 \$16.00 \_\_\_\_\_

Nonregistered Guest \$20.00 \_\_\_\_\_

Lunch 10/8 Nonregistered Guest \$20.00 \_\_\_\_\_

Buffet Breakfast 10/9 \$16.00 \_\_\_\_\_

Nonregistered Guest \$20.00 \_\_\_\_\_

ALLERGEN CERTIFICATION fee \_\_\_\_\_

**Total Due** \_\_\_\_\_

Number of Members and Guests for Casino Trip 10/8 \_\_\_\_\_ FREE event with a \$15 slots bonus if we get 30+ participation.

Optional ALLERGEN CERTIFICATION (test & certification) 10/9 12:30 – 1:30 fee \$30.00

Course will be taught on Tuesday (2 Sanitation CEU's) Certification is now required in Montgomery Co.

I would like to donate a door prize / auction item please contact me \_\_\_\_\_

**Looking for  
Volunteers!!!!!!**

**Follow us on  
Facebook!  
Anfp Mddedc**

The **Maryland, Delaware, & DC Chapter of ANFP** is an affiliate of the national not-for-profit association. ANFP was established in 1960 that today has over 14,000 professionals dedicated to the mission of providing optimum nutritional care through foodservice management.

**Vision** -The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

**Mission** - Position the Certified Dietary Manager as the expert in foodservice management and food safety.

We are on the web!  
[www.anfpmdcdc.org](http://www.anfpmdcdc.org)

## **Do You Know Our Officers?**

The officers are as follows:

Doug Crowl– President

Chef Robert –President Elect

Debi Canfield– Secretary

Bonna Brown - Treasurer

C. Wayne Kuhn - Immediate Past President

