



Bama Globe Newsletter

July 6, 2018

We are in the final planning stages for our fall conference! Date: September 12-14, 2018 at The University of Alabama, Bryan Center. Registration will be \$100 early bird and \$125 after. Room rates are \$125 plus tax. We have 2 hours of sanitation which is great since we must acquire 9 hours now in our 3-year certification term. So far, we have a survey panel, MDS coding, weight loss intervention, view from an administrator, sanitation hot trends and workplace dynamics, foodservice trends for senior residents, healthier options for your menus--just to name a few of our topics. We will also install our new officers at lunch on September 13th. Speaking of new officers, let's see who's running for our vacant positions.

President-Elect has two nominees: Cynthia Ivory and Richard Walls

Cynthia Ivory

I have over 26 years of food service experience in various aspects of the food service industry from working in fast food, hotel catering and sales, the opening of Vision Land theme park food service department, retail/grocery foodservice management, contract foodservice management and LTC. After graduating from the University of Alabama with a degree in Hotel & Restaurant Management, I started working at the Sheraton Capstone Inn as a pantry chef and assistant baker. The banquet director at that time admired my work and asked if I was interested in applying for the assistant banquet director position. And so, I did and fell in love with catering and decorating parties. Later, I became the banquet director and work for the Sheraton Capstone Inn for 7 years.

Many years later, the love of my life, my mother, became ill and had multiple strokes. I gladly took on the role of caregiver and cared for my mother for 11 years until her passing in 2011. Being a caregiver and advocate for my mother started me on my journey to work in long term care. I started working in LTC in 2012 as a dietary manager for Felder Services. The regional director at that time told me to take CDM exam and make sure I pass it on the first try. Luckily, I passed the CDM exam on the first try. Currently, I am the Director of Food and Nutritional Services at North Hill Nursing and Rehabilitation. It gives me great pleasure to care for my residents and provide good tasting quality food in a caring environment.

Richard Walls

I was the second of six children born in West Palm Beach, Florida. We moved to Falkville, Alabama before I was three. I attended and graduated from Falkville High School. After graduation it was work and then the Air Force for 11 years. I am married with children. I managed my own construction business for many years and finished my college education that I began during my career in the Air Force. I completed my bachelor's Degree in business administration and my Master of Business Administration in Health Care Management. I work for Summerford Nursing program to facilitate my licensure as a nursing home administrator for the State of Alabama. I completed the Dietary Managers course at the University of Florida in 2016 and have worked for as the Dietary Manager for Summerford Nursing Home from December 2014 to the present. Summerford Nursing Home is a 216-bed skilled nursing facility with a patient census average of 92%. All our food is prepared in house, with most recipes requiring from scratch preparation. We employ three shifts of dietary workers who are each cross trained in multiple job responsibilities.

We have one nominee for Secretary-Elect: Jodi Stephens

Jodi Stephens

My name is Jodi Stephens and I'm 52 years old. I live on a farm in Wetumpka, AL. Prior to be in the foodservice industry I was in the beauty industry for 25 years. At the age of 49 I decided to go to culinary school to do something for myself. Little did I know that I would need that degree to help support myself. I moved from

Fairhope, AL and only finishing half of my culinary schooling to moving Montgomery, AL where I finished up with a hospitality management degree. January 2016 I was offered my first job in the foodservice industry. I worked for the 210-bed facility for almost two years as an assistant manager then I was promoted to the Food and Nutrition Director at a Pediatric Nursing Facility in Montgomery, AL. which I currently hold at this time. It has been a very stressful transition but a very rewarding one and I can honestly say I have thoroughly enjoyed helping people with their nutritional needs. I became a CDM in 2018.

We have one nominee for Treasurer-Elect: April White

April White

My name is April White and I currently work at Father Purcell Memorial Exceptional Children’s Center in Montgomery as the Director of Dietary. Our facility is a skilled pediatric nursing home for 58 developmentally disabled children. I have worked her for the past five years. Prior to joining their team, I worked as a general manager for the Corner Grill restaurant in Auburn AL and prior to the restaurant, I worked as a secretary for the Unity Mortuary in Valley, AL for 15 years and I still do but it’s only part-time now. I have two beautiful daughters and my passion is my family, cooking and working hard to leave a legacy for my girls to emulate. I have two degrees, one if culinary arts and the other in Radio Television Broadcasting with a minor in journalism. I became a CDM in 2014.



Cynthia Ivory Richard Walls Jodi Stephens April White

Ballots will be out by mid-July and we need you all to return your completed ballot by July 31, 2018.

If you would like to volunteer to assist with the conference, i.e. introducing speakers, door prizes, please email Angela Mims at 31diet@dvcr.com or Bionca Lindsey at bioncalindsey2015@gmail.com

We hope to see you at our fall meeting!!

Bionca Lindsey