Let's celebrate

March 2024

Women's History Month

Educate

- Know the **facts** about Women's History Month
- Learn how women have impacted the world through online exhibits with the National Women's History Museum.
- Read about women have made many contributions through <u>inventions</u> that have advanced science, technology, sports, transportation, everyday modern life and more.
- Learn about the **unsung heroes** of Women's History.
- Host a team-building event with these <u>quizzes</u> and <u>trivia</u>.
- Host a watch party for movies that **empower women.**

For Chapters

In addition to the tools and resources listed above, chapters can take further action celebrate Women's History Month at the chapter level:

- Share ANFP's social media posts and members to share a story or photo about an important woman in their lives.
- Host a virtual event to discuss equality. Use a <u>TED</u>
 <u>talk</u> to get the discussion started.
- Invite women from different generations, backgrounds, races, ethnicity, educational levels, etc. to share their stories during a virtual storytelling session.
- Host an all-women panel either in-person or virtually inviting guest speakers from all areas of the foodservice industry (healthcare, corrections, schools, etc.) to speak on their experiences.
- Start a book club with books authored by women.
- Encourage members to wear purple (the official color of Women's History Month) on a specific day and post their photos on your chapter's social media page or include in your newsletter.



- Celebrate Women's History all year.
- Host a staff roundtable or lunch and learn at your facility with these conversation starters.
- Volunteer with an organization that <u>empowers women and girls.</u>
- Spotlight remarkable women within the company or industry on your company's website, instant messenger platform (Slack, Teams, etc.), social media or newsletters.
- Encourage teammates to write notes of thanks <u>note of thanks</u> and praise for women colleagues.
- Gift staff with women-owned food products women owned food and beverage products.



