

Let's Celebrate

September 2025

Hispanic Heritage Month

Educate

- Take virtual tour of a location in a Hispanic or Latin country.
- Visit Spain (virtually); explore one of Spain's many museums through a virtual tour.
- Learn about Hispanic inventors and the influence they've had on our everyday lives.
- Learn about the challenges and social issues facing the Hispanic/Latino community and ways you can become an ally.
- Learn a new language like Spanish, Portuguese or Quechua using a free app.
- **New!** Check out Hispanic Heritage Foundation's YouTube Channel featuring videos on music, lectures, athletes, history, and culture shaped by the Hispanic community.



Take Action

- Host a potluck with Hispanic food from different countries or a salsa tasting/contest.
- Shop local. Visit your local Hispanic owned business, restaurant, or nearest Hispanic grocery store for unique ingredients and staples used in Hispanic dishes.
- Get social. Follow and support Latin and Hispanic influencers that cover an array of interests including food, design, fitness and social change.
- Get moving! Learn about different types of Latin dance or how to dance the salsa, mambo, or samba.
- **New!** Host an interactive cooking demo or lesson with your staff and colleagues or chapter members and showcase your cooking skills with one of these recipes.



Chapters

In addition to the tools and resources listed above, chapters can take further action to celebrate Hispanic Heritage Month at the state level:

- Host a virtual event with a panel of Hispanic or Latin leaders from a community, local business, and government agencies.
- Host an in-person (or virtual) Latin-themed dance party at your next chapter event with these [songs](#).
- Include articles (with the appropriate citations/references) about Hispanic/Latino history, culture, food, music, and traditions in the next issue of your newsletter.
- Update your social media accounts with Hispanic Heritage Month [images and banners](#).
- Host a panel of ANFP members from the Hispanic/Latino community and ask them to share their lived experience. (Check out our members' Lived Experience videos [here](#).)

