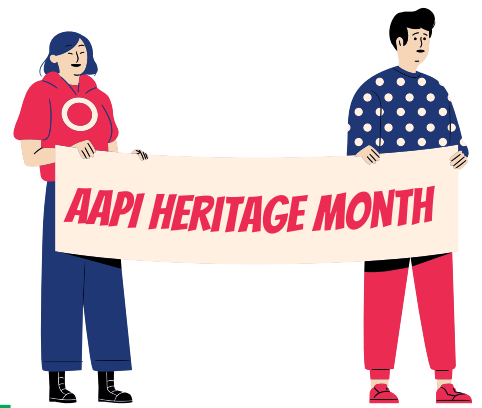


# Let's Celebrate

# May 2025

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## Asian American and Pacific Islander Heritage Month

### Educate

- Learn more about AAPI cultures with these must-know facts.
- Visit a museum near you or take a virtual tour from one of these world-renowned museums:
  - The Smithsonian
  - The Field Museum
  - Museum of Chinese in America
  - British Museum
- Learn more about the lived experiences of members of the AAPI community through these books and essays, or dive into a novel by an AAPI author with a must-read fiction book.
- Watch TV shows or movies with AAPI actors/directors, characters, and stories.
- Listen to one of the podcasts from the Asian American Podcasters Association, and host a discussion group with your colleagues and staff, chapter members, or family and friends.
- **New!** Learn about influential Asian American and Pacific Islander women and their legacy of leadership and resilience.

## Take Action

- Tea is an important part of AAPI culture. Host a tea tasting event at your facility with staff and/or residents and educate them on cultural significance and traditions.
- Shop AAPI-owned brands.
- Support an AAPI organization by volunteering, making a donation, or helping to raise awareness by sharing information on your social media account or within your facility.
- Incorporate AAPI dishes and flavors in your menus.
- Attend an AAPI-focused festival or event. Check your city government, library, community college, or heritage center websites. where you can usually find these types of local events listed.
- If possible, conduct business with an AAPI-owned business in your area or state. Check your local Chamber of Commerce or the Small Business Association's website or the Asian Pacific American Chamber of Commerce website.
- **New!** Host an Asian American and Pacific Islander culture day (or month!) at your facility that can include themed dishes/menus, wellness classes taking inspiration for Asian American and Pacific Islander culture (yoga/mediation, hulu dancing, etc.), trivia or a lesson on making boba tea.



# Chapters

In addition to the tools and resources listed above, chapters can take further action to celebrate AAPI heritage at the chapter level:

- If you're hosting a spring meeting, consider incorporating education or a celebration related to AAPI cultures. This could include cooking demos of Asian dishes, an AAPI-themed menu at your networking reception or luncheon, or hosting a yoga session!
- Host a special virtual session with a speaker from the AAPI community. You can ask AAPI-identifying members to share their stories or reach out to your local college and university and invite faculty from the Asian American Studies department to speak.
- Share ANFP's social media posts and mini toolkit, update your chapter's social media profile images, and include an article in your May newsletter.
- Ask members to share their favorite AAPI-influenced recipes on social media, or send them to your newsletter editor to include in your next issue.
- Host a virtual event to discuss the influence of AAPI heritage on pop culture. Ask members to name their favorite songs by an AAPI musician, or share their favorite book, movie, or podcast.