

Let's Celebrate

March 2025

Women's History Month

Educate



- Know the facts about Women's History Month.
- Learn how women have impacted the world through online exhibits with the National Women's History Museum.
- Read about how women have made many contributions through inventions that have advanced science, technology, sports, transportation, everyday modern life, and more.
- Learn about the unsung heroes of Women's History.
- Host a team-building event with these quizzes and trivia.
- Host a watch party for movies that empower women.
- **New!** Listen to women's stories or share your own of those important women in your life.



Take Action

- Celebrate Women's History all year.
- Host a staff roundtable or lunch and learn at your facility with these conversation starters.
- Volunteer with an organization that empowers women and girls.
- Spotlight remarkable women within the company or industry on your company's website, instant messenger platform (Slack, Teams, etc.), social media, or newsletters.
- Encourage teammates to write notes of thanks and praise for women colleagues.
- Gift staff with women owned food and beverage products.
- **New!** Plan activities to celebrate the annual International Women's Day which takes place on March 8th.



Chapters

In addition to the tools and resources listed above, chapters can take further action celebrating Black History Month at the chapter level:

- Share ANFP's social media posts and tell members to share a story or photo about an important woman in their lives.
- Host a virtual event to discuss equality. Use a TED Talk to get the discussion started.
- Invite women from different generations, backgrounds, races, ethnicities, educational levels, etc. to share their stories during a virtual storytelling session.
- Host an all-women panel either in-person or virtually inviting guest speakers from all areas of the foodservice industry (healthcare, corrections, schools, etc.) to speak on their experiences.
- Start a book club with books authored by women.
- Encourage members to wear purple (the official color of Women's History Month) on a specific day and post their photos on your chapter's social media page or include it in your newsletter.

