

MESSENGER

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Editor: Dorothy Radermacher CDM CFPP

Mission Statement

Position the Certified Dietary Manager
as the expert in foodservice
management and food safety.

Vision

The Certified Dietary Manager
is the cornerstone of the
collaborative Dietetics
Profession.

February 5 -8, 2018

***What is happening
in your facility to
celebrate?***

Please submit photo for the
next newsletter to
mnanfp@gmail.com



Inside this issue:

- * ***Saint Cloud Tech Culinary Arts Program meets eligibility for CDM CFPP Exam***
- * ***I want to serve ~ Call for Volunteers for Leadership Team & Committees***
- * ***Member Referral Program***
- * ***MN Food Code Hearing***
- * ***MDH rules on CDM Qualification for skilled nursing facilities in MN***
- * ***MN ANFP begins Collaboration with MCD, Leading Age and Care Providers***
- * ***Monarch Healthcare Management is endorsing the CDM/ CFPP credential and giving many opportunities for current CDM's in the company to grow professionally.***

Chapter Leadership Team 2017—2018

Board of Directors



Allison Josephson CDM CFPP
Immediate Past - President



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President Elect
2018 Fall Conference Chair
MN Regional Meeting Chair



Jeffrey Woullet CDM CFPP
Secretary
Communication
Co -Chair



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Treasurer
Finance Chair



Colleen Zenk, CDM CFPP
Interim
Treasurer Elect
Finance



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Awards & Recognition
Leadership Development Chair



Shona McCue CDM CFPP
Education Chair



Kathryn Hagen CDM CFPP
Membership Chair



Dorothy Radermacher CDM CFPP
Communication Co- Chair
Newsletter, Technology/
Website



Sue Tackaberry CDM CFPP
Scholarship Chair



Lydia Kljucaricek
Spokesperson, Impact,
Legislative Chair



Sue Zins CDM CFPP
Strategic Planning Chair



Doug Boser CDM CFPP
Vendor Co-Chair



Collette Johnson, CDM CFPP
Vendor Co-Chair

Greetings

As of January 8, 2018, Sharla Bengtson has resigned her position as chapter president. As stated in the bylaws, the President Elect is to step into that role. I, Jessica Weisbrich, will be assuming the president role and responsibilities immediately. Please feel free to contact myself or any of the board members if you have questions or concerns. As always, we are looking for volunteers for our board and committees—Keep an eye out for emails calling for volunteers.

Jessica Weisbrich, RD, LN, CDM CFPP
President



Finance Report

As of 1/19/2018

\$15,476- General Fund

\$10,847- Scholarship Fund

Colleen Zenk, CDM CFPP will fill the unexpired term of Deb Kahn as treasurer-elect.

There will be both treasurer & treasurer-elect positions on the ballot. Consider responding to our call for Volunteers coming February 1st.

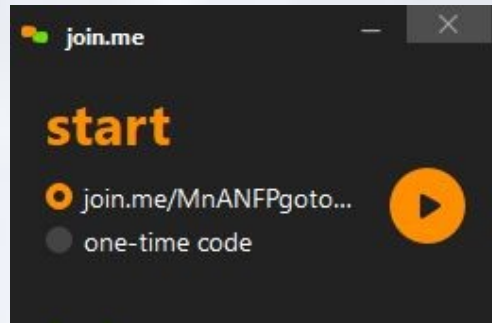
Gail Schwanbeck, CDM CFPP
Treasurer



“Stay in touch with your MN Chapter and Board of Directors”

The 3rd **Tuesday** of the each month is set aside as

MN ANFP Chapter Connect Day unless we have an in person board meeting scheduled.



Join President Jess from 8 to 8:30 a.m. for a Chapter & Board **Join Me Meeting** Conference Call .

- All members are invited to audit these meetings.
- It's a great opportunity to learn if you serve on a committee or are considering becoming a volunteer.
- Dates are listed on the chapter website under “Chapter Events.”

Follow Us at:

<https://www.facebook.com/mnanfp/>



“Like & follow our page”

Help us get to 1/2 of our membership engaged with us on Facebook. Our goal is 235 likes and followers.

MN ANFP Chapter Website:

<http://www.anfponline.org/events-community/chapters/chapter-pages/minnesota/home>

Your Communications Team

Dorothy Radermacher & Jeff Woullett

January 19, 2018

Board Meeting Minutes

Agenda Item	Presenter	Action
Call to Order- 9AM	President- Jessica Weisbrich	Present- Jess W., Jeff W., Erin M., Dorothy R., Allison J., Gail S., Collette J., Marg S. (Member), Sue T., Lydia K., Colleen Z (Member) Absent- Shona M, Sue Z, Kathryn H, Doug B
Review of Oct. 2017 Minutes & Old Busi-	Secretary- Jeffrey Wuollet	Approved as Read
Immediate Business	Jessica W.	<p>Shar B. resigned from position of Chapter president on Jan. 8, 2018. Per chapter bylaws President Elect is to assume the role of President. This change in position also leaves open the Immediate Past President. Jeff W. motioned that Allison J. serve as Immediate Past President for a second term; this was seconded by Dorothy R. with the motion passing.</p> <p>Deb K. (Treasurer elect) has resigned from her position effective immediately, leaving open the position of treasurer for 2018 elections. Erin M. motioned that Colleen Zenk (member and former officer) serve as interim Treasurer Elect and that she be added on as a second signer for financial transactions; this was seconded by Gail S. with the motion passing. Gail S. & Jess W. will set a date to switch names with the bank</p>
Call to volunteer	Erin Meine	The "Call to Volunteer" survey will be open to all members Feb. 1- 28. 2018. Erin encouraged all present to seek out new volunteers to join this board. All current board members/ committee chairs must apply if they want to remain in their positions. Open Board seats include Treasurer, Treasure Elect, Secretary, President Elect and Immediate Past President (<i>Allison J has been appointed into this position</i>)
Chapter Awards/ Goals 2018	Jessica W.,	<p>Jessica was able to submit chapter rebate on time with the assistance of Dorothy R, and Colleen Z. Jessica presented to the board the application she submitted and explained certain aspects of the application. Colleen Z worked with Minnesota Department of health on the Minnesota Food Code. She presented to the board her experience and involvement. It was a huge success as MDH clarifying CMS ruling on LTC facilities having a CDM vs CFM.</p> <p>Jess W. has reached out to MN Leading Age on having a table/ booth at the Expo in Feb. 2018. It was discovered MN ANFP could have a table in the concourse (expo hall if not all spots are sold) for \$300. Jeff W. motioned that the board allocate the money for this table seconded by Allison J. Motioned passed. Jess will create a schedule of volunteers from this board to work at the table. The goal is to reach as many foodservice professionals to recognize Pride in FS week, as well reach out to administrators and provide information on CMS ruling regarding CDM in long term care facilities.</p>
Treasurer Report	Treasurer- Gail Schwanbeck	<p>\$15,476- General Fund \$10,847- Scholarship Fund</p> <p>Gail presented final draft of expense report and reminded board to properly/ completely fill out. Gail reminded all board members not to pay tax on items, she will mail Tax Exempt form out to all board members .</p> <p>Dorothy R. recommended using Whova App for Fall Conference 2018- setting it up early so Vendors can also register/ pay online. Erin M. official made the motion to use Whova, seconded by Allison J. Jeff W will continue to serve as the App administrator and will set up and sign contract with Whova.</p>

Awards Committee	Chair- Erin M.	MN ANFP would like to adopt the same procedure as Nationals when it comes to applying for awards & leadership positions. Erin encourages all current and potential volunteers to read through the volunteer handbook prior to committing. Diamond Award, Communication, Membership & Legislative Awards all on track for submission.
Education Committee	Chair- Shona M (absent)	<p>There was a discussion around Upper Lakes food show and the expense associated with it. It was motioned by Allison J. to pay \$250 to attend as a vendor as the Food Shows, seconded by Jeff W.</p> <p>Colleen Z. & Dorothy R have been working with St. Cloud Tech & their Culinary Program to incorporate a pathway for Culinary AAS students to sit for the CDM exam. The college has agreed to add a nutrition course reviewed & approved by ANFP that allows student eligibility to sit for CDM Exam. This is the first program in Minnesota in recent years to have this program. The next steps will be to approach Culinary Programs at St. Paul, Hibbing, Minneapolis, and Mankato will happen to see if something that can be set up.</p>
Communication/ Technology	Chair/ Co Chair- Dorothy R, & Jeff W.	Next Newsletter Feb. 1 pending minutes from this meeting. Continual work on Chapter website. Fall Conference Website will be eliminated now that Whova App is being utilized. Conversation regarding Chapter Portal on ANFPONLINE and exporting member contact info rather than also keeping current in MN Gmail due to extensive amount of time & energy spent on this as well as security concerns. Dorothy will reach out to Nationals and see what is possible around this.
Membership	Chair- Kathryn H (absent)	Discussion around mentorship program with new members, following up with new members beyond the original e-mail that is sent out. Real time meetings with new members or over the phone v.s. e-mail.
Scholarship	Chair- Sue T.	No scholarships were awarded in 2017 due to no applications. Goal in 2018 is to award scholarship opportunities and to make it more visible. When e-mails to new members are sent out adding "You Qualify for this scholarship and sending the application/ info with it might help. Looking for new ideas for scholarship event at fall conference. Board Members gave input.
Break- 11:30am		Lunch provided by Facility
Spokesperson	Chair- Lydia K.	Connected with Bill Neemer (past president of ACF) to discuss who ANFP is and what the CDM is. Continual connection with 40-50 chefs and supervisors in the industry and bringing up what ANFP is and what a CDM is. Making connections with Morrison, Sodexo, Health East (meeting with Unity & Mercy next week)
Strategic Plan	Chair- Sue Z. (absent)	Last Member Satisfaction Survey was April 2016. All Past presidents are eligible to sit on strategic planning committee.
Vendor	Chair- Collette J & Doug B (absent)	Vendor letters to "Save the date" were sent out last week. Will work with Jeff W. on implementing Whova for registration and payment for Fall Conference 2018. All members are encouraged to pass along vendor possibilities to committee chairs.
Fall Conference	Chair- Jess W.	Contract with Holiday Inn was signed Oct. 2018 Conference. Have begun initial contact with potential speakers. Should have rough draft of conference at Spring Board Meeting.
New Business	Various	<p>Gail S. continuing to work on setting up "South Regional" Meeting/ event near Rochester/ Austin Area.</p> <p>Colleen Z. invited all present to attend the Conference "Beyond the Basics: Trending Topics in Food Safety" and share info on social media. Many good speakers/ topics at this event.</p> <p>Location of Board meeting was discussed. Location of this meeting was somewhat central for everyone and location has agreed to having board come back.</p> <p>Monthly Chapter Chats will continue 3rd Tuesday of the Month via Join Me Meeting at 8am.</p>
Adjourn- 1:20pm		Gail S motioned to adjourn meeting, seconded by Erin M.

Submitted,
Jeffrey Wuollet, Chapter Secretary MN ANFP

Membership Report

Kathryn Hagen, CDM CFPP
Membership Chair



With the changes to CMS regulations and an increased need for CDM's in MN I thought it would be timely to provide some updated numbers.

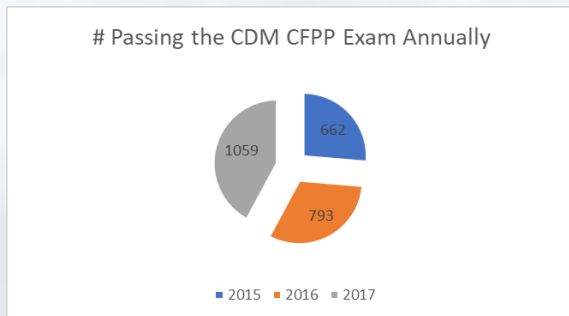
What are the trends that we can look at?

Member Counts as of January 07, 2018

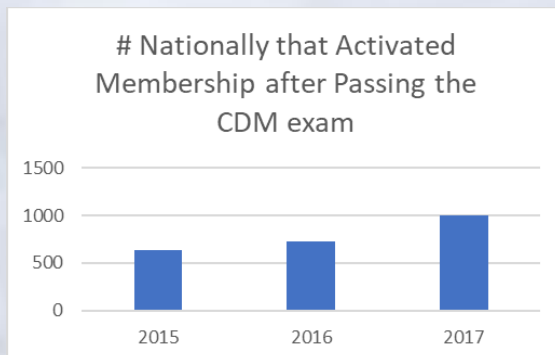
Minnesota ANFP Chapter

Member Type	Not Certified	Certified	Total
Allied Professional	12	0	12
Pre-Professional	29	0	29
Professional	6	403	409
Retired Professional	0	4	4
	47	407	454

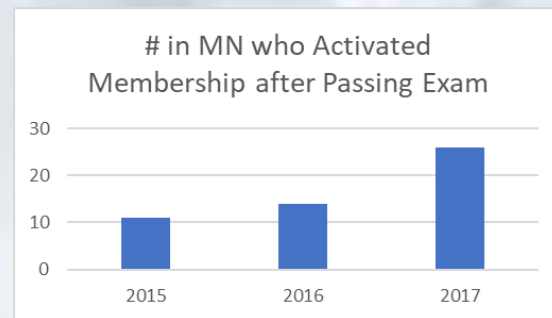
1st the number of applicants passing the Credentialing Exam.



2nd—Do those passing the Exam activate their membership and become Licensed Professionals.



The number of MN residents who activated their membership after passing the exam. So we have just established our baseline. Did you know that ANFP has a new



member referral program?

To strengthen the ANFP community and help meet the demands of the industry, ANFP has created a Member Referral Program. This is an opportunity for you to invite colleagues and other foodservice professionals to join ANFP. Additionally, by referring an individual and having them join ANFP, **you earn the opportunity to be recognized and win prizes!**

Are You up for the Challenge?

After a new member uses your information as the referrer on their application and joins ANFP, you will receive ANFP's CDM, CFPP pin (while supplies last). As a CDM, CFPP, you can wear this credential with pride! It is the perfect size to place on a chef coat, tote bag, and more. You can also be one of the top three winners to receive one of the following grand prizes:

- One-year ANFP membership dues (\$99 value), ACE registration (\$365 value) and hotel expenses (\$400 value)
- One-year ANFP membership dues (\$99 value) and \$200 ANFP Marketplace credit
- One-year ANFP membership dues (\$99 value) and \$50 ANFP Marketplace credit

Additionally, due to your efforts, your state chapter will receive credit and be entered in a drawing to receive \$1,000 to be used towards chapter business.

The time is now!

Who do you have in your department that has an interest or would become an outstanding Dietary Manager! Be a mentor .. Talk to them, help them find a program. Are you nearing retirement? Perhaps it's time to start training your replacement.

Let's work together and bring the \$1000 prize home to MN!

How to Spot a Potential CDM



**Association of
Nutrition & Foodservice
Professionals**



The purpose of this document is to better help our ANFP members identify potential CDMs and recruit new members within and outside the industry.

Each day we cross paths with a variety of people in our lives; friends, family members, colleagues and acquaintances. As an ANFP member, we encourage you to think “outside the box” and consider speaking with those that may or may not be employed in the foodservice and nutrition fields about becoming a CDM. Look at those individuals that have a similar work ethic like CDMs; hardworking, professional, organized, dedicated and helpful. Share your experiences and be open to questions about the credential, careers and benefits. Encourage these individuals to learn more about the credential by visiting the CBDM or ANFP’s website www.CBDMonline.org or www.ANFPonline.org.

When thinking of prospective CDM’s, consider approaching such individuals as listed below and speak with them of the career potential and benefits of becoming a CDM:

- Dietary (or nurse’s) aides or techs, orderlies, dishwashers or other dietary/kitchen staff
- Professional staff such as administrative assistants or patient care coordinators
- Cooks/chefs
- Food service directors
- Health coaches
- RD’s still seeking work or not able to currently find work in the field
- Sanitarians/health inspectors
- Administrators

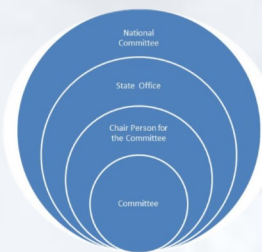
For more information and benefits about the CDM credential, and additional recruitment tools, refer to the following documents:

- [Power of the Credential](#)
- [Prospective Member Brochure](#)
- [Job Descriptions for CDMs](#)
- [Scope of Practice](#)
- [What CDM Means to Me](#)

Awards, Recognition & Leadership Development Report

Are you thinking about Volunteering for MN ANFP but don't know how to get involved?

Coming to your email February 1st is the **2018-19 Call for Volunteer Board and Committee Members.**



Think about joining one of the Chapter Committees. By following the key's to success chart, you will learn about the organization and develop your career as you

network with members throughout the state.

For more information and learning what Volunteering can do to help your career check out the following video:

[What it means to Volunteer with ANFP.](#)

You can make a difference..

If you have questions you can also contact Award, Recognition & Leadership Development Members at mnanfp@gmail.com.

One of my tasks as the Leadership Development Chair is to complete the requirements of a new report and submit to Headquarters on **Succession Planning**. With the team work of the committee & board we were able to complete this and submit by the January 15th deadline.

So what are the key areas of the succession plan?

- ♦ Engagement of Volunteers
- ♦ Understanding the Needs of Volunteers
- ♦ Recruitment of Volunteers
- ♦ Monitor and evaluate as a chapter how we are doing

(continued top of next column)



I look forward to your response to the I want to serve survey. All current committee members and Board members should complete the survey so we know that you would like to continue to be involved.

Erin Meine

Awards, Recognition and Leadership Development Chr.



I am excited to announce Monarch

Healthcare Management is endorsing the CDM/CFPP credential and giving many opportunities for current CDM's in the company to grow professionally. Dan Stittmatter our VP of Operations is working with me and others in our organization to professionalize the industry and raise the level of competency of the Culinary Directors that over see our Culinary Departments. He has given me the great opportunity of hiring a "Director in Training". This position is posted as "Assistant Director" and will be a hands supervisory position. This position is perfect for the person who has experience in food service, and is looking to begin their career as a CDM/ food service manager. Monarch will hire this person on as a full time employee here at my site in St. Louis Park. We will be paying for their CDM course/ texts and exams. After they have successfully completed the course and are able to direct their own culinary program we will place them inside one of our sites as a Culinary Director.

If you are interested or know someone that is a candidate for this program, please email me.

Jeffrey Woullet, CDM CFPP
jwuollet@monarchmn.com



Education Committee Report

Our team is looking forward to working together to address:

- ♦ Staffing and Labor Force Issues
 - Shortage of staff and CDM's in the industry.
- ♦ Reviewing the Skill Set Needed to Lead a Nutrition & Foodservice team
 - As a CDM do you have a culinary skill set or are you looking to hire a Chef?
- ♦ Expanding training to be more local to meet the needs of our members and their team.
- ♦ Maintain Chapter Champion Status with NFEF

Shona Mc Cue CDM CFPP



New CDM's in December
Congratulations and Welcome
Amy Lukken

MN ANFP presents to St. Cloud Culinary Arts Program Advisory Committee.

MN ANFP presented the credential and career opportunity to the St. Cloud Culinary Arts Program at the semi annual Program Advisory Meeting. "We were very warmly welcomed by the Culinary Arts Students who were responsible for making us omelets for breakfast prior to the meeting." The school is able to offer the culinary students the opportunity to test for the credentialing exam with a Nutrition course from their Biology Department added to the curriculum.

This was accomplished December 11th, by a vote of the Advisory Committee. Following the meeting we were asked to provide representation on their program advisory committee.



Beginning fall of 2018, students will have the opportunity to add the credential to their AAS Culinary Arts Degree. Past AAS Culinary Arts Degree students will have the ability to pick up the Nutrition Class and sit for the exam.

The Education Committee has outlined a plan to begin work with Culinary Programs at Hibbing Community College, South Central in Mankato, Hennepin Technical College and St. Paul Community College. They also are working with North Dakota ANFP in the endeavor with the North Dakota College of Science Culinary Arts Program in Wahpeton, ND.



Spokesperson, Government Affairs, Impact Team Report

*Lydia Kljucaricek CDM CFPP
Committee Chair*

Good News for Minnesota CDMs!

MDH Clarifies CMS Rule Regarding Requirements for Director of Food and Nutrition Services in Skilled Nursing Facilities

The Minnesota Department of Health has published information that clarifies who is qualified to be the Director of Food and Nutrition Services in a Skilled Nursing Facility. As members know this requirement was changed in the new CMS rules released in November of 2016.

In the new rule, if the facility does not employ a full-time dietitian (minimum of 35 hours per week) as the Director of Food and Nutrition Services, they must designate a person to serve in that capacity. The rules specify a **Certified Dietary Manager** as the first option. Questions were raised as to whether or not someone who is a Minnesota Certified Food Manager and has a CFM certificate issued by MDH would qualify. As members know, earning a Minnesota CFM certificate indicates that a person has taken a food safety course (typically ServSafe®), passed a food safety exam and registered with the state. It is only an indication of food safety training, not of the education, ability, knowledge and expertise to run the food and nutrition department in a nursing facility.

The MN Department of Health determined that a ServSafe® certification or a Minnesota Food Manager Certificate (MCFM) does not meet the requirements of the new federal regulation. MDH has determined that someone who holds a National (ANFP) **Certified Dietary Manager (CDM, CFPP)** certificate does qualify to be the Director of Food and Nutrition Services. They also determined that a person who has an associate or higher degree in food service management or hospitality (with certain conditions) would also qualify.

Several MN CDM's were instrumental in providing input to the Minnesota Department of Health during this review process. Those CDM's were Colleen Zenk, Kristi Salisbury, and Becky Rude. Thanks to these members and to the support of staff at ANFP headquarters the education and expertise of the CDM has been recognized and their role strengthened in Minnesota nursing facilities.

MDH has posted their ruling at the [Federal Nursing Home Regulation Clarifications](#) page on their website. Please don't hesitate to share this information with your administrator. Additional information regarding the new CMS regulations can be found on the ANFP website under the [Becoming a CDM](#) tab.

Public Hearing Held on Revisions to MN Food Code

The Minnesota Department of Health (MDH) and the Minnesota Department of Agriculture (MDA) held a public hearing regarding revisions to the MN Food Code on January 11th and 12th. The hearing was held at the Orville Freeman Building at the State Capital complex in St. Paul and was attended by CDM's Colleen Zenk, Marj Smith, Lydia Kljucaricek and Mary Ryan. The hearing was broadcast to 7 MDH regional office locations via videoconference.

Administrative Law Judge Barbara Case presided over the hearing. She outlined the procedure for the hearing and how comments would be presented by interested parties. After legal counsel made introductions and reviewed relevant exhibits, representatives of MDH and MDA gave short testimony regarding the history and process of revisions to the MN Food Code. The Current MN Food Code was adopted in 1998. The Rule Revision process has been ongoing since about 2006, actively since 2009.

Two speakers submitted comments orally during the hearing. One speaker spoke in regard to proposed changes to the number of the drain boards needed to allow dishes to dry thoroughly after washing in a commercial dish machine. The other comments were in regard to the time frame for renewal of a MN Food Manager Certificate.

Comments that were submitted prior to the hearing can be found on the Minnesota Office of Administrative Hearings website. Anyone who desires to submit written comments after the public hearing have until February 1 to do so. The rule committee has until February 8 to respond to those comments. The judge will then have 30 days to review and issue a report on the proposed rules (sometime around March 9, 2018). The next step would be for MDH/MDA to adopt the rules and file them with the Secretary of State. After the rules are adopted by the Departments and approved by the Judge, the Governor has 14 days to review them. The Governor may veto the rule amendments or let them become effective. After the Governor's review period, MDH will publish a **Notice of Adoption** in the State Register. The amendments to the rules become effective the following January 1 or June 1, whichever comes first, after the Notice of Adoption is published.

All of this information (and more) can be found at the [MDH Food Code Rule Revision](#) website.

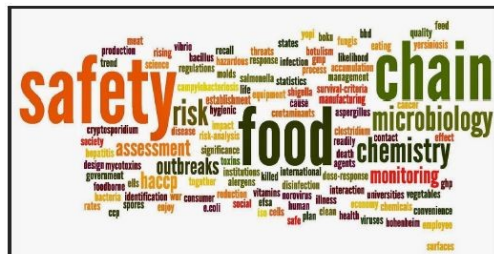
Working together the MN ANFP Education and Spokesperson Impact Teams have requested an opportunity to collaborate and network with MCD.

- MN ANFP has been invited to submit an article for their newsletter, and has done so.
- MN ANFP has asked MCD to partner as we move forward in assisting the Long Term Care Association members in meeting the requirement of a qualified professional in their facilities.

Program details will be announced in April.

BEYOND THE BASICS

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