

Iowa Heartland Informer



ANFP
2008/2016/2019
Diamond Chapter



Spring 2020



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ANFP ACE
60 years
celebration!

A Message from your IANFP President!

Sarah Winchell CDM CFPP

Who has the best fans? WE DO! For those of you that are basketball fans, March Madness is upon us which means those supporters are in high gear now. You may be wondering what food and basketball have in common, but what I am asking all of you is to show how people how much of a fan you are for Iowa ANFP. It is that time of year again for our spring, two-day, conference and this year is the year to show up! On April 23rd and 24th Iowa ANFP Spring Meeting **moved to June 4 & 5** will be partnering with DHCC (Iowa Dietitians in Healthcare Communities), something that has not been done before. We will have our wonderful vendor show, vast variety of sessions, some of the most knowledgeable speakers to date, and it is a great opportunity to network. This is also a great opportunity for the CDM's and Dietitian's in your community to partner together to prove to administration why they should be paying the entrance fees if they are not already doing so.

Then in June it is time to represent our great state again and show ANFP who has the best fans! ACE is in Las Vegas this year, June 15th-18th. Las Vegas, NV may be farther away than a typical conference, but if you crunch the numbers it may be more economical than you may think. Flights, the hotel, and even the registration fees have opportunities for discounts. Plus, the vendor show, gala, and other opportunities provide meals which can cut on the additional costs. I personally have felt that ACE has provided valuable, unique information, more networking, and even more opportunities as a CDM. Not to mention the memories I have made with those from Iowa. Can you say pool party?!



WAYS AND Means Report

At our Spring Conference, WAYS AND MEANS table will continue to provide a 100 dollar gift card, to buy chances to win, for \$2.00 each, or 3 for \$5.00. We will also sell chances at \$1.00, or 6 for \$5.00, for our general raffle baskets and donated items. For those new members who may not be familiar, every meeting, membership generously brings in items to form theme baskets. Sometimes these themes are humorous, purposeful, decorative, educational, relaxing or just plain random. We look for items at sales, bargain bins, garage sales and goodwill or even our own closets and relatives closets. Sometimes we re-gift items that don't work for us but could be someone else's treasure. Themes that are seasonal, like Mothers' day, Fathers' day, 4th of July, Memorial day, gardening, work well, but no need to limit to just those. Google "Theme baskets" or pull theme basket up on" Pinterest" to get some fun ideas.. We also enjoy doing Silent Bidding on Higher Priced Items that more than one person might want, so if you have something like that bring this in and check it in with the Way's and Means Table and a suggested bid to start Silent Auction for those things. Julie

On a Side note: I have retired now March 2020 but will continue to serve as needed. I want to say thanks to all of you for the kindness and support you have shown throughout the years and to say that I really enjoyed being on Ways and Means !

Julie Stork CDM CFPP
Ways and Means



Government Affairs

ANFP is closely monitoring the July 2019 CMS proposed revisions to the qualifications required for a director of food and nutrition services (§ 483.60). As March 10 nothing has changed, and the proposed rule changes are in the Long-Term Action stage. The Centers for Medicare & Medicaid Services has announced the delay in the Mega Rule Phase 3 Nov. 2019 requirements. This pushes the effective No News Yet Regarding CDM Requirement in CMS Regs date to sometime near the end of the first quarter of 2020 (March/April) to allow time to train surveyors and make the needed changes to the Surveyor Guidance in Appendix PP. ANFP will keep everyone posted once we have official word from CMS. Please note: the requirements for staffing qualifications (§ 483.60) in LTC facilities for the CDM, CFPP credential (listed as first) remains in effect and is the rule.

Barbara Thomsen CDM CFPP RAC QCP
IANFP Spokesperson



IANFP Secretary Report

Iowa ANFP held the winter board meeting January 31, 2020 at MercyOne West Des Moines, IA. President Sarah W. called the meeting to order with those attending, Past President Pam C., Vendor Chair Chris R., Treasurer Pam M., Secretary Kylie S., Spokesperson Barbara T., Deb D. Discussion of the upcoming joint IANFP/DHCC meeting in April with updates to the Eventbrite registration and the vendor count was given by Barbara and Chris. Discussion of meeting expenses and revenue and how that would be split between DHCC and IANFP was had with Barbara, Chris and Pam M. as well as how registration would be divided between the RD's and IANFP. Upcoming ACE Las Vegas meeting was discussed and how to promote this at our Spring meeting to encourage Iowans to attend, Facebook posting to be sent to remind members of the early bird registration -\$199 deal for first 200 to register. IANFP Treasurer Pam M will register those board members and will try to capture the \$199 deal to save the Chapter \$\$\$

Kylie Stroeher CDM CFPP
IANFP Secretary



Treasures Report -Pam Meade CDM CFPP IANFP Treasurer

01.23.2020	
Bank Balance: Total General & Travel Accounts	\$16890.21
2019 Income:	
Fall Workshop Registration	\$4336.95
Ways & Means	\$962.00
INCOME: Fall 2019 Mtg	\$5299.85

2019 Expenses:	
Workshops	\$2960.88
Membership (retention) tshirts	\$983.59
Postage/ Office supplies	\$376.03
TOTAL Expenses: Fall 2019 Mtg	\$4320.50
Donations	\$900.00
Scholarships	\$1000.00

Welcome New Members Sept-December



2020 Rhonda Postma CDM CFPP Membership Chair

Alan Michael Armstrong- Sioux City
Joshua Barnes-North Liberty
Terry Martin Boston-West Des Moines
Donna Hall-Osceola
Sheila Marie Kisner-Quasqueton
Ashley Kuker- Fort Dodge
Diorah Lee-Earlham
Pamela Leytem-Dubuque

Michael Marliere-Waukee
Alesha Nicole McGee-Waterloo
Elisabeth Minshew-Clarinda
Christopher Morris-Keokuk
Robin Ramsey-Bedford
Kim Sheldon-Dubuque
Cassie Steadman-Newell
Valicia Wacha-Des Moines



Association of Nutrition & Foodservice Professionals (ANFP)

The health, safety, and well-being of our members is our highest priority. ANFP wishes to reinforce best practice with regard to preventative health and safety measures. Learn more: <http://bit.ly/2ToCkIx>

IMPORTANT INFORMATION REGARDING THE CORONAVIRUS

The health, safety, and well-being of our members is our highest priority. As experts in sanitation and safety, you understand and follow the principles of proper hygiene protocol. ANFP recommends the following health and safety actions as recommended by the World Health Organization:

- Wash your hands frequently with soap and water
- Maintain social distancing (three feet) from anyone coughing or sneezing
- Avoid touching your eyes, nose, and mouth
- Practice respiratory hygiene (cover your cough or sneeze with a tissue, then throw the tissue in the trash)

For more information and resources regarding the Coronavirus, please follow the link in our status.

SPRING MEETING JUNE 4 & 5 2020

HELLO EVERYONE:

IT's time to sign up! Here is the link or like us on Facebook IOWA ANFP

<https://www.facebook.com/Iowa-ANFP-Association-of-Nutrition-and-Foodservice-Professionals-186966831349701/>

Questions: reach out to me barbaraleethomsen@mchsi.com



NEW DATE!

VISION 2020

Thursday & Friday June 4 & 5, 2020

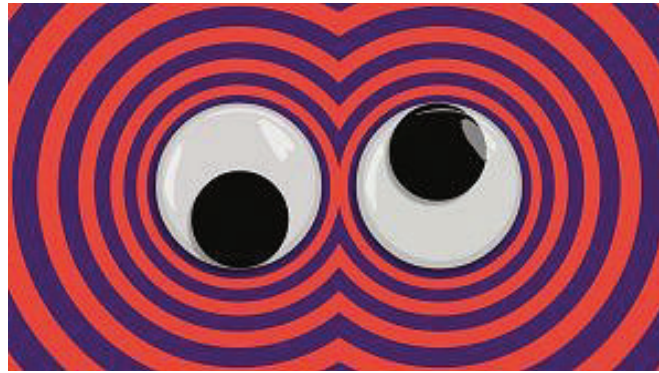
HILTON GARDEN INN—WEST DES MOINES—JORDAN CREEK
205 SOUTH 64TH STREET, WEST DES MOINES, IOWA

See brochure for more details and registration
<https://www.flipsnack.com/IDHCC/brochure-2020.html>

ANFP | IOWA
Association of Nutrition & Foodservice Professionals

idhcc
Iowa Dietetics
In Health Care Communities

<https://www.eventbrite.com/e/2020-spring-conference-ianfp-idhcc-tickets-89501113239>



VISION 2020

CONFERENCE AGENDA—DAY 1

7:00–8:00	Registration & Continental Breakfast
8:00–8:30	Welcome/Announcements
8:30–9:30	Sandra Frahm, RDN, LD—(1.0 CEU) DIA Updates: Shortfalls and Improvements for 2020
9:30–9:45	Break/Raffles
9:45–11:15	Brenda Richardson, MA, RDN, LD, FAND—(1.5 CEU) PDPM: Putting the RD & CDM Duo into Action
11:15–12:30	Lunch/Networking/Raffles
12:30–2:00	Barbara Thomson, CDM, CFPP, RAC QCP—(1.5 CEU) Directed Dining: What Label is Your Table?
2:00–2:15	Break/Raffles
2:15–3:45	Carol Van Aernam, BA, RDH—(1.5 CEU) Healthy Mouth, Healthy Nutrition, Healthy Life
3:45–4:00	Wrap up
4:00–5:00	Board/Business Meetings
4:30–5:00	Wrap up/Door Prizes/Adjourn

1.0 CEU—Sanitation

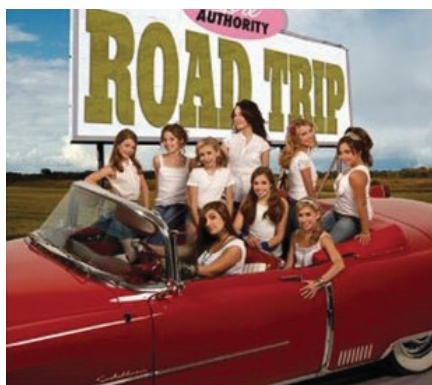
5.5 CEU Day 1

VISION 2020

CONFERENCE AGENDA—DAY 2

7:00–8:00	Registration & Continental Breakfast
8:00–8:30	Welcome/Announcements
8:30–10:00	Andrea Maher, RDN, LD—(1.5 CEU) IDDSI: Implementation 101
10:00–10:15	Awards
10:15–12:15	Vendor Show/Lunch—(2 CEU) BREAK OUT: 10:15—IDHCC Business Meeting
12:15–12:30	Awards/Raffles
12:30–2:00	Desi Payne—(1.5 CEU) The Attitude Adjuster: Working with the Living Dead
2:00–3:30	Linda Eck Mills, MBA, RDN, LDN, FADA—(1.5 CEU) Are you Prepared? Building a Regulatory Compliant Disaster Nutrition Plan
3:30–3:45	Wrap up/Adjourn

6.5 CEU Day 2



2020 Dates to start planning your next “road trip”!!!!

June 4 & 5 *IANFP & Iowa Consultant Dietitians joint meeting
2020 Vision- West Des Moines Hilton Garden Inn*

June 15-18 *ACE National ANFP Convention Las Vegas NV
Watch your email for Early bird registration*

October 9 *IANFP Fall Meeting Mary Greeley Hospital Ames, IA*



Vision

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

Mission

Position the Certified Dietary Manager as the expert in foodservice management and food safety.



Association of Nutrition & Foodservice Professionals

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