

# ANFP®

## 5 WAYS TO HELP END HUNGER



The Association of Nutrition & Foodservice Professionals (ANFP) National Hunger Week will be held from April 9 - 13, 2018. This event was created by ANFP to raise awareness and help the hungry and poverty-stricken in America.

**Make a difference in your community and take action with the five ways to help end hunger below.**

### 1. VOLUNTEER AT A LOCAL FOOD BANK OR SOUP KITCHEN

51% of all food programs rely entirely on volunteers. Organize your chapter members or facility staff to donate a few hours of work at a local facility that feeds those in need. This will not only help those who need a healthy meal, it can provide an opportunity to spread awareness of hunger and serve as an outing with your colleagues.

### 2. START A FUNDRAISER

There are numerous platforms available for donations online. Invite your family and friends to join you by participating in your fundraiser or creating their own. In addition to a virtual donation platform, consider hosting a bake sale or social event with proceeds going to help the hungry. Visit [www.FeedingAmerica.org](http://www.FeedingAmerica.org) and [www.NoKidHungry.org](http://www.NoKidHungry.org) for additional fundraising ideas.

### 3. ORGANIZE A FOOD OR CLOTHING DRIVE

43.1 million Americans live below the poverty level, and 42 million Americans are at risk of suffering from hunger. Organizing a food or clothing drive can raise awareness and help make a difference in your community. Collect food items by creating a competition among staff, friends, or neighbors to see who can collect the largest amount to donate. Be sure to share your efforts with the local newspaper, city chamber, and on social media to raise additional awareness.

### 4. ADVOCATE THE NEED TO END HUNGER

Opportunities are available to raise awareness about hunger on a larger scale. Feeding America and other organizations provide instructions on how to contact your local Senator and Representative about fighting hunger. Visit [www.FeedingAmerica.org](http://www.FeedingAmerica.org) for the online submission form.

### 5. REQUEST THAT YOUR COMPANY MATCH YOUR DONATIONS

Many organizations match donations raised by employees. By matching your gift, your company can double the donation you worked hard to provide for those suffering from hunger and poverty. If you are unsure if your organization can match gifts, contact your human resources department for details.

Visit [www.ANFPonline.org/hungerweek](http://www.ANFPonline.org/hungerweek) for more information.

*Statistics provided by [www.feedingamerica.org](http://www.feedingamerica.org).*