

## MESSENGER

**Volume 55 No. Summer 2018**

Published by the Minnesota Chapter of Association of Nutrition & Foodservice Professionals

Editor: Dorothy Radermacher CDM CFPP

### Mission Statement

Position the Certified Dietary Manager  
as the expert in foodservice  
management and food safety.

### Vision

The Certified Dietary Manager  
is the cornerstone of the  
collaborative Dietetics  
Profession.

### Inside this issue:

1. *Fall Conference Links (this page)*
2. *Meet the MN ANFP Board*
3. *News from Your President*
4. *Fall Conference Agenda (1)*
5. *Fall Conference Agenda (2); CEU & More Registration Information*
6. *Conference Fundraiser—Come Paint with Us*
7. *Chapter Service Project at Fall Conference & Connect Conference Call & Website*
8. *Education Committee Update; Wine Pull Foundation Fund Raiser at Fall Conference*
9. *Membership Report & Value Infographic*
10. *Awards & Treasurer's Reports*
11. *Food Code Updates; FDA & MN*
12. *Memories from ACE*
13. *MN Delegation ACE Highlights*
14. *MN National Award Winners at ACE*



**MN ANFP**  
**Fall Conference**  
**October 18-19, 2018**  
**Holiday Inn St Cloud**

Registration: [Click here](#)

Hotel Reservations: [Click here](#)

Conference Details: [Click here](#)

Registration is  
preferred through the  
Whova App. Watch  
for updates there.  
More info on P5

*Whova*

# Chapter Leadership Team 2018-2019

## Board of Directors



**Allison Josephson CDM CFPP**

**Immediate  
Past - President**



**Jessica Weisbrich RD LN CDM CFPP**

**President**



**Jeffrey Wuollet CDM CFPP**

**President Elect**



**Sonja Christensen CDM CFPP**

**Secretary**



**Sheila Stredde CDM CFPP**

**Treasurer  
Finance Chair**



**Karen Jacobs CDM CFPP**

**Treasurer Elect**



**Erin Meine CDM CFPP**

**Awards & Recognition  
Leadership Development Chair**



**Shona McCue CDM CFPP**

**Education Chair**



**Kathryn Hagen CDM CFPP**

**Membership Chair**



**Dorothy Radermacher  
CDM CFPP**

**Communication Chair  
Newsletter, Technology/  
Website**



**Sue Tackaberry**

**CDM CFPP  
Scholarship Chair**



**Colleen Zenk, CDM CFPP**

**Spokesperson, Impact,  
Legislative Chair**



**Marj Smith CDM CFPP**

**Strategic Planning Chair**



**Doug Boser CDM CFPP**

**Vendor Co-Chair**



**Collette Johnson,  
CDM CFPP**

**Vendor Co-Chair**

## Greetings from Your President!

I hope everyone had a wonderful summer and is ready for fall!

Our MN ANFP group has been hard at work planning another wonderful annual conference and we hope to see you all in St. Cloud on October 18th and 19th. We have an amazing lineup of speakers and have made some changes to the format in response to requests from members. The conference agenda and more registration information follows this message so be sure to check it out.



Jessica Weisbrich,  
RDN, LD,  
CDM, CFPP

Also new this year, we will be hosting a reception on Thursday evening to network and welcome new members. We are also launching a community service project “**Sharing and Caring with MN ANFP**”. Members and Vendors are encouraged to participate by bring a personal hygiene item or package of baby wipes or diapers. If you donate an item you will receive a free beverage ticket for this reception. Items will be donated to **Sharing and Caring Hands**. Additional details of this project will be shared at the fall meeting so don't miss your chance to participate! Also don't forget to join the join the Foundation Wine Pull and Scholarship Painting Fundraisers. They will be a lot of fun!

Our summer board meeting was held Friday, August 17<sup>th</sup> at the Holiday Inn in St. Cloud and was attended by both previous and new officers. We are ready for a great year ahead!

MN ANFP has been busy with many events and projects! ANFP's national ACE conference was held in Orlando June 1-4 with great Minnesota representation. We were a finalist (1 of 3) for the Diamond Award, but the honors went to North Carolina this year. Minnesota also had several national award winners:

- **Lisa Hoffman (CDM Spotlight),**
- **Dorothy Radermacher (Legacy), and**
- **Candas Schouvieller, LNHA (Ambassador)**

Minnesota members Colleen Zenk and CarieAnn Williams also were speakers at the conference. It was the best conference I have been to, and I am looking forward to next year. So mark your calendars for next year's ACE in St. Louis, MO from June 26-29 2019 and plan to attend. If we have enough interest, there has been conversation about a bus???? Stay tuned!!

Finally, I would just like to thank all of the MN ANFP volunteers as we start a new year with our 2018-19 board. The dedication and commitment to ANFP is SO APPRECIATED and it shows! Minnesota is one of the top ANFP chapters in the nation. We have a strong group of leaders, full of knowledge and with loads of experience to help all of us to grow professionally and personally. Volunteers in any capacity are welcomed and we thank you for all you do!



### MN Chapter Members Serve ANFP at the National Level

Minnesota ANFP has a long history of service at the national level. Currently serving on the ANFP National Board of Directors is **Marj Smith** as Director at Large.

**CarieAnn Williams** is the Chair of the Certifying Board. **Becky Rude, Dorothy Radermacher & Shona McCue** are members of the NFEF Board of Trustees.

Members serving on the Audit Finance Committee are **Marj Smith & CarieAnn Williams**; Chapter Leadership Team, **Dorothy Radermacher**, Political Action Committee, **Shona McCue**; and Leadership Development Committee, **Becky Rude**.

MN ANFP thanks these members for stepping up and volunteering to serve our members and the CDM CFPP Credential.

Your service is appreciated!

*Jess Weisbrich, Chapter President*



# Fall 2018 MN ANFP Conference Agenda

## Wednesday, October 17th

6pm Board Meeting and Dinner At Granite City (reservations required)

## Thursday, October 18

7:00- 8:00 am Registration and Breakfast

8:00- 8:15 Welcome

8:15- 9: 45 *Developing Food Safety Policies for Your Operation (1.5 Sanitation)*

**Colleen Zenk, MS, CDM, CFPP**

9:45-10:00 Break

BREAKOUTS: Choose 2. Each session is repeated. (1 CEU each breakout attended)

I) *Dysphagia Boot Camp- Part I*

II) *(1 General)*

**Kristen Walker, RD**

10:00- 11:00

III) *What's Bugging You? Pest Management in Foodservice Operations (1 Sanitation)*

**Tyler Deans, Ecolab**

and

11:15-12:15

IV) *Are you Prepared? How to Create a Regulatory Compliant Disaster Meals Program (1 General)*

**Jo Miller, RDN, MPH**

**Sharing and Caring with MN ANFP Community Service Project** – Bring/Donate a personal hygiene item or package of Baby Wipes or Diapers and receive a beverage ticket for the reception at 6 pm.

12:15-1:00 pm

Lunch (provided)

BREAKOUTS: Choose 1.

I) *Dysphagia Boot Camp- Part II (1 General)*

**Kristen Walker, RD**

1:00- 2:00

II) *Cranberry & Health (1 General)*

**Angela Offerman, RD**

III) *Navigating the MN Food Code (1 Sanitation)*

**Colleen Zenk, CDM, CFPP**

2:00- 2:15

Break

2:15-3:00

*And the Winners Are.... Awards & Recognition Program*

*When Norovirus Comes to Call: Preventing and managing GI illness Outbreaks at Long-term Care and Healthcare Facilities (1.5 CEU)*

3:00- 4:30

**Beth Cleary, Assistant Section Manager, MN Dept of Health**

4:30- 6:00

Vendor Show featuring mini demos, samples, and Wine Pull Fundraiser

6:00- 8:00

**NEW THIS YEAR:** Networking Reception with Appetizers and Cash Bar

**(See notice above about free beverage ticket for donation)**

7:00-9:00

Scholarship Fund Raiser – Painting Party (optional with fee)

## Friday, October 19<sup>th</sup>

7:00-7:30 am	Breakfast and Business Meeting
7:30-9:00	<i>How You Start....Dictates Where You End (1.5 CEU)</i> <b>Krisie Barron, LSW</b>
9:00- 9:15	Break
9:15- 10:45	<i>Not Documented, Not Done (1.5 CEU)</i> <b>Barbara Thomsen, CDM, CFPP, RAC-CT, ICAC</b>
10:45-11:00	Break
11:00-12:30	Closing Keynote Speaker <i>High Performance Mindset (1.5 CEU)</i> <b>Cindra Kamphoff, PhD., CMPC</b> <b>Certified Mental Performance Consultant, Speaker &amp; Author</b>
12:30-1:30	Board meeting & wrap up lunch (Board/committee members)

The Thursday evening Painting event is a benefit for our Scholarship committee. Be sure to register for this event when you complete your conference registration.

### CEUs Available

Thursday: 6 CEUs (up to 5 can be sanitation) plus 1.5 Vendor

Friday: 4.5 CEUs (no sanitation available)

Conference Total: 12 CEUs

**Note:** 45 CEUs in your 3-year period are required to maintain CDM, CFPP certification. 9 of those hours are now required to be in food safety/sanitation.

## Register for MN Fall Conference

Registration is preferred through the Whova App. Download the app on your phone or tablet and watch for updates. All handouts will be posted there.

Registration: [Click here](#)

Hotel Reservations: [Click here](#)

Conference Details: [Click here](#)

If you need a mail-in form contact Jeff Wuolett at

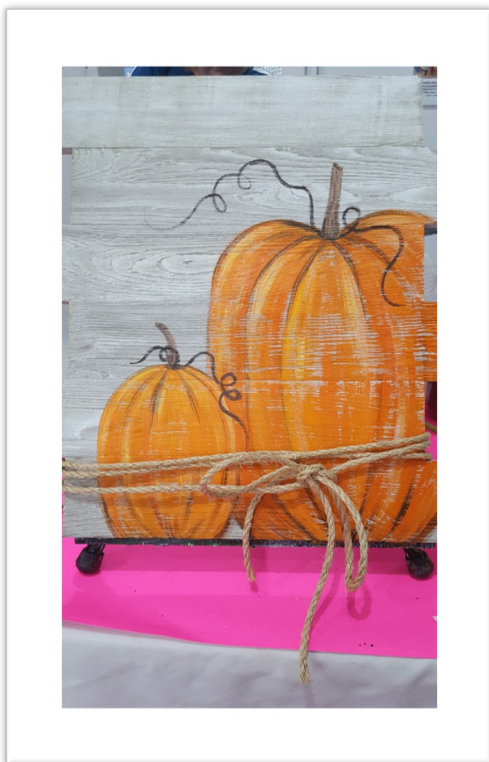
[jwuolett@monarchmn.com](mailto:jwuolett@monarchmn.com)

763-219-0426





# Come paint with us



MN ANFP Scholarship Fundraiser

All MN ANFP convention participants  
are invited to attend  
an evening of  
***painting and fun!***

**Please make sure that you sign up when  
you register for the convention!**

This year the project is a really cute fall  
pumpkin plank—something  
you can set outside with your  
pumpkins and fall decor.

So step out of your box and try  
something new! This opportunity will allow  
you to meet others in our association and  
network while having some fun!

Last year was a big hit!

And the best part is...

***No experience necessary!***

Join us for the fun!

**Just \$45**

Everything provided

## ***Volunteer Opportunity***

***MN ANFP is need of a Scholarship Committee Chair for  
the coming year. The Scholarship Committee reviews  
applications from members seeking financial assistance  
to attend our conferences.***

***The committee also hosts a fundraiser at the fall  
conference to raise funds for scholarships.***

***If interested see Jessica or Erin at the Conference.***



## Sharing & Caring with MN ANFP

### A Community Service Project for Chapter Members & Vendor Community Launching at Fall Conference

***Ways you can participate: Bring items or sign up at the Fall Conference***

- Provide personal hygiene items, disposable wipes or large size diapers. Items will be collected at the fall conference and donated to [Sharing and Caring Hands](#). Bring your items to the registration table & **receive a free beverage ticket to be used during the networking reception.**
- Provide food/supplies for 1 of 3 meals to be served in November, January & March & receive **Partnership Sponsorship Recognition.**
- Volunteer with food preparation & serve at the location. (Dates to be determined; Location is 525 N. 7<sup>th</sup> Street MPLS, MN) **Complimentary T-Shirt provided to all participants.**
- 

**This project will also support our application for the  
2019 State Achievement Award and the ANFP Diamond Award.**

### ***Keep in touch with your MN Chapter and Board of Directors***

The 3rd **Wednesday** of each month is

***MN ANFP Chapter Connect Day. Join President Jess  
from 8 to 8:30 a.m. for a Chapter & Board [Join Me](#)  
[Meeting](#) Conference Call .***



Dates are listed on the chapter website under ***“Chapter Events.”*** and ***all members*** are invited to audit these meetings. (Call is not held in months where board meets in person).

Take this opportunity to learn and connect with other leaders whether you currently serve on a committee or are considering becoming a volunteer.

### ***Also Follow MN ANFP at:***

<https://www.facebook.com/mnanfp/>

“Like & follow our page”

MN ANFP has a goal of 235 likes and followers.

Help us get to 1/2 of our membership engaged with us on Facebook.

### ***MN ANFP Chapter Website:***

<http://www.anfponline.org/events-community/chapters/chapter-pages/minnesota/home>





## Education Committee Report

Shona McCue, Chair

### Chapter Champions

We Are Champions!



By donating \$400 or more, our chapter can continue to be an NFEF Chapter Champion. In this way we are showing our chapter's support for the Nutrition & Foodservice Education Foundation's goal to raise visibility of the **CDM, CFPP credential**.

If our chapter donates \$400 or more by April 15, 2019 we will be entered into a drawing for a prize that can be raffled at a state meeting. Chapters that remain champions for three, five, or 10 consecutive years will also receive special Chapter Champion badging on their website as well as the Foundation website.

The monies raised at the **Wine Pull** during our MN ANFP conference this fall will support the Foundation and contribute towards our goal of maintaining our Chapter Champion status. Help out by buying a ticket for a bottle of wine (or two). Donations of wine (and cash) accepted!

### Volunteers Needed to Represent MN ANFP & Support the Credential!!

MN ANFP will need volunteers to staff a table at these events this fall.

- October 5, 2018 [MN Consultant Dietitians Fall Conference @Sysco MN](#) (CDMs also welcome to register and attend for CEUs)
- November 12-14, 2018 Care Providers of MN Annual Convention at Mystic Lake
- February 6-8, 2019 Leading Age Minnesota Institute and Expo

If you can help please let me (Shona) know at [lmahappystamper23@gmail.com](mailto:lmahappystamper23@gmail.com)

## Fall Conference Wine Pull

Purchase a ticket for a "mystery" bottle of wine. The Wine Pull will be held during the vendor show on Thursday. Tickets are \$20 for one bottle or \$30 for 2. All proceeds will go to support the National Foodservice Educational Foundation (NFEF)



Donations of wine to this event and/or cash are gladly accepted. Please let Jessica or Erin know if you are willing to donate a bottle to the event. Bring wine donations to the registration desk when you check in for the conference.

[jessicaweisbrich@oakhillsnewulm.com](mailto:jessicaweisbrich@oakhillsnewulm.com)

[aemeine12@gmail.com](mailto:aemeine12@gmail.com)

**NFEF is proud to support grant opportunities for nutrition and foodservice professionals and students!**

Special grants are available for members to cover registration fees to ANFP educational events that include the Annual Conference & Expo and Regional Meetings. The Foundation also offers grants to off-set ANFP Approved School costs and CDM Exam registration fees.

Visit the [NFEF \(Foundation\) website](#) to learn more and/or an open grant today.



## Membership Report

Kathryn Hagen,  
CDM CFPP  
Membership  
Chair



With the changes to CMS regulations and an increased need for CDMs in MN I want to keep our chapter updated on new CDMs and our MN ANFP membership.

Good News! Our MN Membership Numbers are Increasing. We now have 509 total members—441 of those are CDMs which is an **increase of 34 more CDMs since January**.

Congratulations to all of those new CDMs. 21 are allied members, those are usually vendors or RDs who belong to our association and 41 are pre-professionals. They are students going through the program. Please encourage them in their pursuit of the credential. This is where mentoring is so important. So if you know someone going through the course, support them in any way you can!

ANFP membership provides a far greater value than the dues you pay each year. ANFP published this infographic to show what you get for your membership and its real value!

Member Counts as of September 04, 2018

### Minnesota ANFP Chapter

Member Type	Not Certified	Certified	Total
Allied Professional	21	0	21
Pre-Professional	41	0	41
Professional	6	437	443
Retired Professional	0	4	4
	<b>68</b>	<b>441</b>	<b>509</b>

**ANFP**® Association of  
Nutrition & Foodservice  
Professionals

## WHAT IS THE REAL VALUE OF ANFP MEMBERSHIP?



**TOTAL VALUE**  
**\$1,420+**

TAKE ADVANTAGE OF YOUR BENEFITS TODAY. VISIT [WWW.ANFPONLINE.ORG](http://WWW.ANFPONLINE.ORG).

Keep in mind that your certification dues (\$58) are added to your association membership if you are a CDM CFPP.

## Awards, Recognition & Leadership Development Report

*Congratulations to the MN ANFP Award Winners who became National Award Winners in Orlando.*



MN ANFP has been busy changing Awards and Award titles to align with National ANFP. You can see the changes on the Nomination form in Survey Monkey that came out on June 30<sup>th</sup>.

Remember to nominate your peers for these awards. By nominating your peers, you will be entered into a drawing for a FREE registration for next year's fall conference.

If you are nominated for one of the state awards you will automatically be nominated for the National Award.

We are always welcoming new volunteer members, so if you would like to join one of our MN ANFP committees please reach out to one of the chair/committee members or email [mnanfp@gmail.com](mailto:mnanfp@gmail.com).

Erin Meine, CDM, CFPP  
Committee Chair

### **MN ANFP WINS MORE AWARDS At National Conference in Orlando**

- **State Achievement Award—Platinum Level**
- **Communications Award**
- **Government Affairs Award**
- **Membership Award**



## Treasurer's Report

We have been working on allocating costs to the various committees that are a part of our organization. With this process, we will be able to develop budgets for the various committees and monitor expenses better. The big ticket cost for the association is the fees/food from Holiday Inn for the fall conference. This past year it came at a cost of **\$10,459.90**.



Currently we have total net assets of \$29,565 in our checking and savings accounts with \$10,598 of this set aside for scholarships. At the beginning of the quarter we had \$17,380.39 in our savings account with a small change of \$4.34 in interest. The beginning quarter balance for the checking account was \$13,609.37. Three checks totaling \$1,428.95 had been written.

The scholarship dollars came from the districts when they disbanded. Watch our newsletter and monitor the website for information regarding the application for scholarships if attending our state conference becomes a financial hardship for you. These dollars are there to help members so don't hesitate to apply if you need it.

Gail Schwanbeck, CDM, CFPP  
Outgoing Treasurer

## Spokesperson, Government Affairs, Impact Team Report

Colleen Zenk, CDM CFPP  
Committee Chair



### FDA 2017 Food Code Released

The United States Food and Drug Administration (FDA) released the 2017 Federal Food Code in February 2018. The 2017 Food Code is the ninth edition and is based on current scientific understanding of food safety best practices. Some notable changes in the 2017 Food Code are as follows:

- The Food Code now states that anyone who is a designated **Person in Charge (PIC)** must complete an approved food safety training course such as ServSafe® and become a Certified Food Protection Manager. Operations were allowed to just have one person with this designation (usually manager) but now expands that requirement. Minnesota has not expanded this requirement. **CDMs should check with their regulatory authorities to see if this additional certification is needed in your setting.**
- Single-use gloves must now be worn over any bandage or finger cot that is covering a wound on the hand to assure that bandages don't get in the food. This has been best practice for some time but wasn't written into the code until this edition.
- Cooking times and temperature specifications have been harmonized with those of the USDA. Changes have been made as to the amount of time certain foods need to be held at proper cooking temperatures. For example, ground meats now need to reach a temperature of 145°F for **17 seconds** to be safe, rather than 15 seconds as in the previous codes.
- The 2017 Food Code also now requires a **written emergency operation plan** that has been approved by the Regulatory Authority.

For more information on the 2017 FDA Food Code visit the [FDA Food Code](#) website. You can download a PDF copy of the code there.

## Revisions to Minnesota Food Code Effective January 1, 2019

Source: Minnesota Department of Health (MDH)

The official "[Notice of Adoption](#)" of the revised Minnesota Food Code (Minnesota Rules, Chapter 4626) was published in the State Register on Tuesday, September 4, 2018.

### Get ready for the new rules

The revised Code will take effect on January 1, 2019. Until that date, the current Code still is in effect. To learn more about the coming changes, register for the [Food Safety Partnership video-conference on September 19, 2018](#). FSP is free and open to anyone. Registration is required only if you would like to receive continuing education credit (REHS/RS or CFM).

MDA and MDH have not received a complete clean version of the revised Code from the Office of the Revisor of Statutes. They will post a Revisor Office document containing all of the revised Code and send out an update when it is received

For more information visit the [MDH Food Code Rule Revision](#) website.

You can also subscribe to the [Food Safety Partnership of MN](#) newsletter. This provides information on related food safety meetings, video conferences and resources for food safety.

**More information  
will be shared at  
the fall ANFP  
conference in a  
presentation by  
Colleen Zenk**







*Minnesota Chapter one of three finalist for the coveted Diamond Award. Congratulations to North Carolina and leader Omar Humes on Winning the Award!*





**Ken Hanson &  
CarieAnn Williams as  
Last Session Presenters**



**MN Chapter  
Delegation  
ACE  
Highlights**



**Fabulous  
Food &  
Presentation**



**President Jess & Family enjoy a vacation  
following the Conference**





# Honors Gala

Saturday, June 2, 2018

The ANFP Honors Gala will begin with a cash bar reception followed by a sit-down dinner and awards presentation. ANFP and NFEF awards will be presented.

The evening will conclude with entertainment and dancing.

## Schedule of Events

**5:30 PM - 7:30 PM**

Professional Headshots  
for NFEF Donors

**6:30 PM**



Silent Auction Opens

**6:30 PM - 7:15 PM**

Cocktail Reception

**7:15 PM - 8:30 PM**

Dinner & Awards Program

**8:30 PM - 10PM**

Dancing

**9:30PM**

Silent Auction Closes



# Awards & Honorees

Saturday, June 2, 2018

## Ambassador Award

Candas Schouvieller, LNHA

## Partnership Award

Michelle Cramm, CDM, CFPP

## Dining Distinction

Lisa Berrett, CDM, CFPP

## Horizon Award

Robin Hilbird-Bardgett, CDM, CFPP

## Innovation Award

Amy Foote, CDM, CFPP

## Distinguished Service Award (Corporate Member)

Cynthia Cysewski, MS, RD, LDN

## Distinguished Service Award

Larry Jackson, CDM, CFPP

## CDM Spotlight

Lisa A. Hoffman, CDM, CFPP

## Legacy Award

Dorothy Radermacher, CDM, CFPP

## Foodservice Department of the Year Award

Cook Medical Center

## Diamond Award

Recipient to be Announced