

Good morning!

I hope you all had a great Valentines Day! It didn't snow yesterday, so that made it a good day for me. Of course it DID snow on Saturday. I am REALLY over winter. That Groundhog had better be right!

Please go to the Event Details page on IA ANFP website for the spring agenda. Looks good! Thanks education committee! In case you're wondering, Tastes, Bites and Sips involves fruit, chocolate and wines...hmmm...

Also, Chris is going for a record 50 vendors for his show. Not sure he's going to make it, but he needs your help! He's looking for any vendors that you would like to see there. Please hit REPLY and let me know if you think of someone.

Barb Thomsen has set up the Blood mobile to come on March 31st.

Blood donation matters every day for cancer patients undergoing treatment, for accident and trauma patients and for individuals being treated for various blood disorders. LifeServe Blood Center needs to collect over 3,000 units of blood a week to meet the needs of hospital patients.

Iowa ANFP would like to make a difference in our community by holding a blood drive during our March 31<sup>st</sup> Spring Conference in Altoona, IA. Please respond to this email with simple YES if you would be willing to donate blood and join us in giving back to the community. We just need a count over 20 persons to secure the bloodmobile for the day!

BIG thanks to all and see you March 31<sup>st</sup> in Altoona!

*Barbara*

Sign me up Barb! And for everyone else, please hit REPLY and let us know you can make a difference. Let's see how many people we can get!

Deb Dawson is working hard on the newsletter. Look for it in a few weeks.

Our PAYPAL connection dropped off our website, but they are working to get it back on.

Don't forget that you can go to [www.prairiemeadows.com](http://www.prairiemeadows.com) and reserve your room directly using the ANFP group code. Deadline is March 11 for the cheaper rate.

Have a good rest of February!

Sharon

Below is the information from the Iowa Consulting Dietitians, who have invited us to their meeting in April.

## **2016 ID-HCC ANNUAL SPRING MEETING**

Expanding Knowledge and Sharpening Skills

FRIDAY, APRIL 8, 2016

DMACC Ankeny Campus FFA Enrichment Center  
1055 SW Prairie Trail Parkway Ankeny, Iowa 50023

You can find more info at their website,

<http://eatrightiowa.org/id-hcc/>