



Dietary Managers Association

Beaver State Newsletter

Oregon Dietary Manager's Association

DMA Newsletter

Spring 2007

2006-2007 Officers

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Oregon DMA Food Hunger Bowling



Just a Thought...

Every day I get up and look through the Forbes list of the richest people in America. If I'm not there, I go to work. Robert Orben

A word from the EI Presidente

Wow! Our third newsletter! I hope everyone has enjoyed receiving all the information we pass along through our Beaver State Information line.

Let's see, we survived National Food Hunger Week. I hope that in some way everyone did something for this cause. The South District had a successful



canned food drive. They donated seven grocery bags full, of non-perishable food to The Access Food Share. The Central District has been collecting money from the last fall state meeting and the spring state meeting along with district meeting from the raffles. Along with a generous donation from Willamette Lutheran Retirement Community – who gave \$200.00, and our Bowling fund-raiser we raised \$629.00 total for The Salem/Keizer Meals on Wheels, Senior Townhouse Inc. Great Job! Please let Mark, our newsletter editor, know of any other things some of you might have done in your facilities.



I would like to express to all DMA members that if you have the opportunity to attend a National Conference you should go! It is a great time for peer-exchange, some good sessions are planned and you will make some great long lasting friendships. I guarantee that!!! This year National Conference is July 1-5, 2007 in sunny San Diego and then some members are off to sunny warm Hawaii.

Last, but not least, I would like to touch base on those friendships and how important it is to have friends in your industry who can sometimes help you through difficult times. One of my favorite all time sayings is actually known as the Girl Scout Song/Motto – Make new friends but keep the old one is silver and the others gold. John Lennon was famous for his “I’ll get by with a little help from my friends.” I can tell each and everyone of you as DMA members, that the only way I succeeded in my role as Oregon DMA State President was from the help of my colleagues – I would like to extend a special thanks to Bernadette Jacobs, Norma Hersha, Betty Beilstein, Richard Farmer, Mark Dougherty, Virginia McClellan and anyone else that has assisted me from the first day I said I would be president-elect. Eleanor Roosevelt knew way back when that friendship with one self is pertinent. She says “friendship with ones self is all- important because without it one cannot be friends with anyone else in the world.” I would like to leave you with a couple of last things on friends that a teenager named Jessica Romenesko states. “I’ve learned that a friendship has many memories, both good and bad, but all important.” Also, “I’ve learned that nothing ever sounds stupid, funny, or unbelievable to a friend, and you never feel stupid saying whatever it is.” And last, but not least, “I’ve learned that your heart is forever touched by a friend, no matter how things end up.”

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Oregon State DMA President
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Congratulations !!

Leona Hazen
Medford, OR

and

Lezlie Hempsted
Lebanon, OR

Winners of Paid Registration to the Annual Conference

Drawing was held at our Spring Meeting...

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Welcome New Members

Kimberly Primrose, CDM, CFPP
McMinnville, Oregon

Linda Saunders, CDM, CFPP
Albany, Oregon

Stacey Fisher, CDM, CFPP
Roseburg, Oregon

Lucy Hampton, CDM, CFPP
Myrtle Creek, Oregon

Student Members

Dave Gall
Phoenix, Oregon

Matthew Gerst-Mitchell
Lebanon, Oregon

Lisa Rueppell
Portland, Oregon

Teresa Metzgus
Myrtle Point, Oregon

Brian Williams
Salem, Oregon

Ken Henry
Hubbard, Oregon

Goal Achieved!!

One of Melissa's goals for this year was to increase membership 5%. As of May First Oregon has **102 Active Members!**

Oregon DMA Spring Meeting A Chance to Get to Know your next Best Friend

Hosted by the team at Food Services of America the Spring Meeting was filled with a wide variety of information as well as the opportunity to exchange great ideas and meet new friends.

Our meeting started with Michelle Reeser of Disel Fitness who literally showed us the fat of getting ourselves energized to exercise. Her inspiring words got us all to thinking but then she had us “Take your shoes off and step out of your comfort zone!”



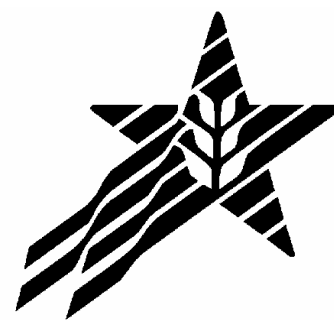
FSA was able to work on getting us tuned into the CMS Broadcast of “How to Enhance the Quality of Dining Assistance”. This was a very informative presentation presenting a great deal of statistics on Quality Dining Service. If you missed this presentation you should try to find a copy!

Our next presenter was Susan Kinderick from the Oregon Department of Agriculture, Food Safety Division. She discussed the role of state agencies in Food Safety.

Right after a wonderful lunch prepared by FSA we were treated to a Garnish Presentation by Chef Rod Healea. His Mastery and presentation woowed the audience as well as gave us many great ideas to take back with us!

Presentations by Cesar Grandjean from Ecolab got us all bugggy for the coming season on pest control. Beyond the creepy crawly’s though he talked a great deal about Ecolabs wonderful program “360°s of protection and products”. Another focus of Ecolab’s focus on Food Safety and prevention of Food Borne Illness.

Continued next page



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Continued...

Dorothy Darnell, CDM, CFPP presented a wonderful piece on Amerinet and how group purchasing organizations work. She explained how Amerinet is different than other GPO's and their history. Amerinet offers many money saving options, direct manufacturer pricing, operational resources, regional meetings, and even CEU's, as well as prime vendor audits.



Oregon DMA Reaches out to Administrators

Melissa took on the task of sending 601 letters to facilities in Oregon promoting the Dietary Managers Association as well as our Fall Newsletter "Star" promotion to support Dietary Managers, certified or not. For more information on our "Star" promotion contact Mark at 971.219.1696 or mark@gfr2000.com.

Oregon Impact Team Minutes

3-16-07, Wilsonville, Oregon

Present:

Bernadette Jacobs Spokesperson, Melissa Davis President, Shirley Boehmer President Elect, Shelia Blair Secretary, Betty Beilstein Retired, Richard Farmer Treasurer, Virginia McClellan, and Mark Dougherty

We met in Wilsonville to touch base on how we are achieving our goals for this year.

Goals

Increase membership by 5%. We are following up on dropped members. We have made inroads with the school offering the Dietary Managers course at Central Oregon Community College in Bend, Oregon. Julie Hood MS, RD, LD is the program director and gave an interview to Mark Dougherty our newsletter editor for publication in the newsletter. We are offering to have CDM's go to the school to talk about career opportunities for the students of the program.

Newsletter. We are very proud that Mark Dougherty has published two newsletters since our goal was set and the information contained in both has been very good.

Hunger week is approaching and plans are set to in each district to participate. Central district is having a Bowl-A-Thon to raise funds for Meals on Wheels. Southern district is continuing with a canned food drive.

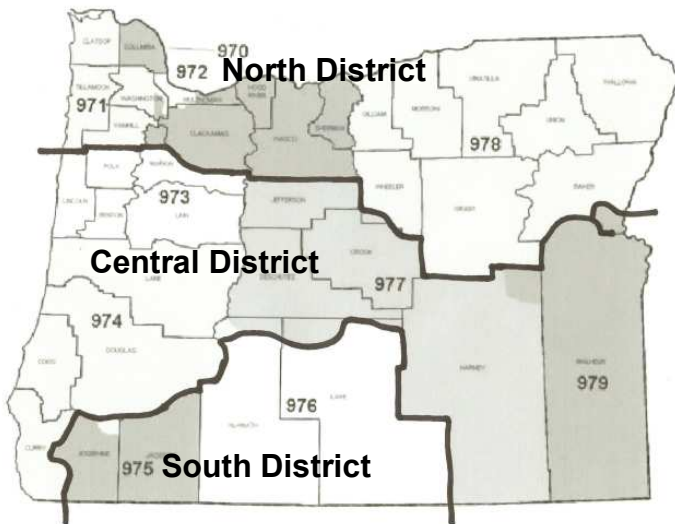
Web site is still pending.

We are continuing to plan a state capital visit. Melissa Davis and Betty Beilstein are interested in participating.

Requests for information on how Oregon had CFPP credentials accepted were made by members in Maryland. Bernadette will contact Wayne Kuhn, Spokesperson to let him know how this was accomplished in Oregon.

Next meeting will be in Wilsonville, September 27, 2007. Meanwhile we stay in contact by e-mail and phone.

District News



Oregon DMA's success
comes from all of us!

North District

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South District

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Central Region Spring Meeting April 20, Cascade Manor, Eugene

Fun filled opportunities to learn and network again were hosted by the Central District and Sheila Blair at Cascade Manor.

The first presenter was Renea Shorey of Sysco Food Service who covered a wide range of topics central to our industry today. From Trans Fats, Disaster Plans and Sustainability to the many wonderful programs Sysco has to make our jobs easier.

Right before lunch the program took a different swing with a presentation by Lorrie Norma of Sweet Cheeks Winery. Her presentation on wine growing and processing crept into fun topics such as the health benefits of wine and then tasting.

Christina Mills, Human Resources at Cascade Manor, presented a most helpful presentation on Hiring and Training, Valuing Employees, and Communication. This was a great refresher on topics we sometimes overlook or forget their value! Thanks Christina!


The day rounded off with some networking time followed by another great presentation by Tamara Wilhite, Environmental Health Specialist. Her presentation covered all the important reminders on food safety, rounding off with our mantra...

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For more information, please contact your local foodservice representative:
Travis Johnson; Cell 1-603-560-4391 tjohnson2@hormel.com

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Website is Coming...

Throughout this year we have been slowly getting ready to roll out the Oregon DMA webpage on the DMA website. It has been a slow process, but soon to become a reality. Stay tuned for future developments!

Advertise in the Beaver State Newsletter

If you have a vendor or your facility would like to support the Oregon DMA by placing an ad in your newsletter, contact Mark or Melissa to get an Advertising Packet.

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B.Z. Toons

by Erian Zalkowski



It's late, and we still don't have any proof. Are you going to get in here and help me or not?

Be a part of the fun...

Oregon DMA

