

PRAIRIE BREEZES

In This Issue...

- ✓ News from the President
- ✓ Nomination Forms -
Dietary Manager of the Year
Administrator of the Year
- ✓ Pride in Food Service Week
- ✓ DMA Meeting Notes
- ✓ Impact Team & PHOTOS!

Volume XXXII

Issue 1

Published Quarterly

January 2008

From The President...

Happy New Year to all NDDMA Members,

Seems hard to believe that Christmas has come and went and now we are into the New Year already. I hope everyone had some time to relax for a bit and enjoy some time with family and friends.

Feb. 4 - 8 th is right around the corner. These are the dates for the Annual Pride in Foodservice Week Celebrations. At our last membership meeting many of you shared stories of things that you are doing throughout the year to celebrate at your facilities. Just a reminder to write up a quick paragraph or two on what you are doing to celebrate and email to me or drop it in the mail. I like to use these when I am working on the state achievement award application.

The Credentialing Exam is coming up on March 29th, 2008. Good Luck to all of you who may be taking the exam. In April, I will be going to Iowa to be a part of the Item Writer's Committee. This is a committee that is trained at the ACT headquarters and then assists with writing questions for the Credentialing Exam. I am looking forward to the training and some homework and will give you an update on my trip at the Spring Convention.

This month we are looking for nominations for the Certified Dietary Manager of the Year award and also for the Administrator of the Year Award. I have sent the Certified Dietary Manager of the Year nomination form out to all of the Administrators that belong to NDLTCA and asked for them to consider nominating one of you. If you would like to nominate someone for the CDM of the Year or your Administrator, please fill out the form and return by the deadline listed on the form. These awards will be given out during the Spring NDLTCA Convention April 29 - May 2 nd 2008.

In the next month or two you are going to be getting a form asking you to consider being on a committee or to possibly chair a committee. I am asking you to start to consider this now. I can only speak for myself, but being a volunteer in this organization has been one of the best things that I have did. I have been able to meet so many wonderful people across the United States and made so

Cont. on Pg. 2



ND DMA Executive board for 2007-2008

Bottom row: L to R: Deb Anderson, Heather Weber, Ellen Schafer.

Top row: L to R: Yvonne Foyt, Wendy Haegle, Lana Charvat, Vicki Dulmage, Cheri Schroeder



ND DMA President Heather Weber, right, is pictured accepting the Platinum Level State Achievement Award at the National DMA Convention held in San Diego, CA in July, 2007.

From the President Cont. from Pg. 1

many great friendships that I would not have else wise. Volunteering does not take much time and has so many great rewards. Look for volunteer forms to come out soon.

The NDDMA website is currently under construction. It should be revamped within the next week or two. Please take a few minutes out to check it out and give me any feedback on what you would like to see added, etc. We have added several new items, but there is always room for more. The website address is: www.dmaonline.org/ND . If you have any pictures that you would like to add to the picture gallery please get to me and I will get them added. You can send digital to me via email or send in the mail and I will scan on my computer at home and add to the website. We always like new pictures.

Yvonne has been busy with the Impact Team. She was in Washington D.C. in October and will most likely be back out there in another month or two again. She will have an update in the newsletter on their progress. Thanks Yvonne for all your work at both the State and National level.

If I do not talk to you before then, I hope to see all of you at the Spring Convention in Bismarck. The dates again are: April 29 - May 2

Best Wishes for the New Year - Heather Weber, CDM, CFPP

Impact Team

October 3 & 4th, 2007 I had the opportunity to meet with our ND Legislators and their staff in Washington, DC re: their support of legislation for the director of dietary services to have a minimum of the CDM credentialing. In the Federal Guidance to Surveyors under F361 (Staffing) it states "A director of food services has no required minimum qualifications...". Because the director of food services is on the front-line day to day caring for our vulnerable population in Long Term Care, it just makes sense to require training.

We had a busy, but very productive 2 days. All the Legislators were supportive of the requirements, but it is difficult to find someone to actually sponsor a bill. Our legal consult in Washington, Bob Herbolscheimer, has been so helpful keeping in contact with the key legislators so this issue is kept on the "front burner".

There is another Day at the Capitol scheduled in Spring 2008, so hopefully good things will continue to happen. I'll keep you posted.

Yvonne R. Foyt, CDM, CFPP - ND DMA Spokesperson

IMPACT TEAM GOALS FOR 2007 – 2008

The sole purpose of this Impact Team is to better the DMA image through regulatory actions and public relations activities while focusing on the overall morale and character of the organization.

1. Legislative
 - A. Continue working with key state and federal legislative personnel and National DMA to get support for federal language change to require CDMs as head of dietary department.
2. Regulatory
 - A. Monitor regulations involving DMA issues.
3. Chapter Relations
 - A. Keep members informed through Newsletter Articles.
 - B. Invite a Legislative State Representative or Senator to speak at a state meeting.
 - C. Draft letter to administrators re: their supporting all Dietary Managers to become certified.
4. Public Relations
 - A. Maintain Allied Association contact
 - B. Promote ND DMA through Career Days at local schools and continued relationship with LTC.
 - C. Encourage new graduates to become certified.

Impact Team in Washington, DC





**Pride in Foodservice
Week - Feb. 4- 8, 2008**

**TIPS FOR CELEBRATING PRIDE
IN FOOD SERVICE WEEK
FOR THE STAFF**

- Decorate the dining area(s) with place mats, balloons, and streamers.
- Recognize the Dietary Staff. Spotlight food service workers on the bulletin board with pictures and information about their contribution in the dietary department. Give appreciation gifts.
- Involve the entire facility. Goodies for everyone!
- Make the Week an Educational Event. Have a dietary trivia contest, produce a mini dietary newsletter, offer cholesterol testing.
- Publicize celebration plans. Indicate on the menu that it's Pride in Food Service Week.
- Invite suppliers to participate. Ask longstanding suppliers to sponsor the event(s) by helping to fund the activities.
- Put current pictures of dietary staff on bulletin board on one side and baby pictures on the other and have a contest to see who can identify the most.
- Have a Pureed Food contest for staff to guess what it is and have a free dinner at a local restaurant as the prize.
- Present flowers, mugs, or other small gift items to food service staff at a special luncheon acknowledging them.
- Treat the food service staff to a dinner at a local restaurant and present them with your facilities' sweat-shirt/golf shirt with the food service logo.

- Play a special bingo game using associates' names; gives prizes donated by vendors.

**SHOW YOUR PRIDE TO YOUR
COMMUNITY**

- Bring in a local congressman/woman to address certification in your state.
- Have a salad bar, serve pizza, and make-your-own sundae event.
- Conduct a food pantry collection during the week and offer a prize to the department bringing in the most items.
- Have a "Make-A-Sub" lunch, with fixings for sub sandwiches, fresh fruit and dessert.
- Take a survey of your residents/patients to determine favorite foods and cook them during Pride in Food Service Week. One facility cooked a turkey dinner!
- Sponsor a Poster Contest. If your facility serves young people, encourage them to illustrate some aspect of nutrition awareness.
- Publish a "Healthy Fare" newsletter that highlights recipes and nutrition Web sites; serve popcorn in the dining room for a snack.

**ND DMA
Members...**

Submit to Cheryl Gartner-Boyce, NDDMA Newsletter Editor, a description of the projects you do for Pride in Food Service Week, along with photos, to be used in future NDDMA Prairie Breezes Newsletters.



ND DMA donated \$500 to the Northwood community. ND DMA presented the check to Janet Bratlie, a dietary manager of the Northwood, ND nursing home. A devastating tornado went through the town of Northwood this past summer.

**Congratulations
and Welcome
to the new
Certified
Members
(CDM, CFPP)**

- Lori King
- Marjorie Mae Fiedler
- Tillie Holzer
- Valerie Weber

ND DMA

**Membership Meeting Minutes
September 18, 2007
Bismarck N.D.**

President Heather Weber called the meeting to order. Heather welcomed all members and introductions of all in attendance were made.

Secretary/Treasurer Report: Deb Anderson

- Minutes from the last meeting were read and approved
- Treasurer report was read and approved.

President Elect/Membership Report: Lana Charvat

- Lana was unable to attend due to commitments at another session.
- Currently there are 120 members (90 certified, 1 retired, 16 students and 13 active) of ND DMA.

Newsletter/Historian Report: Cheryl Gartner-Boyce

- Cheryl was not present.
- Newsletter was out last week. Some errors with the printer. Printer was notified and corrections have been made.
- Discussed having newsletter on email for those that would prefer this. Also, have newsletter sent to administrators on email.
- There will now be 3 newsletters annually. There will be a newsletter in November or December asking for DMA/administrator of the year nominations, one in March or April with a ballot for election of officers and a summer edition.
- Reminder to send pictures and stories of creative ideas and fun events at work to Cheryl to put in the newsletter.

LTC Committee Report: Ellen Schafer

Ellen let the group know about the upcoming topics and speakers for the Spring 2008 convention. Dates will be April 30th, May 1st and May 2nd.

Nominations/Awards Report: Pat Heit

- Pat reported to the group the need for 3 or 4 more volunteers to help the nominations committee. This will be to help count votes once a year.
- Suggestions were made for more details needed in the letter being sent out to administrators regarding DMA of the year. Need information on who can nominate and the nomination form should be made clearer. A suggestion to email this information to the activity director. Heather will do some follow-up on this.

Impact Team Report: Yvonne Foy

Yvonne is on a National Legislative Committee for Dietary Managers. She will be going to Washington DC on October 3 d and 4 th to meet with Pomeroy, Dorgan and Conrad. The committee is trying to find a congressman to introduce a bill at the federal level promoting a Certified Dietary Manager by employed in nursing homes to promote food safety and protect seniors from food borne illness. A letter to administrators on "why to hire a certified dietary manager" will be sent out in January. A suggestion was made for an addition to the letter explaining the need to support continuing education for dietary managers. This revision will be made.

Past-President/Fundraising: Vicki Dulmage

- Avon fundraiser will be done again this fall. Nancy Reagan gave a brief explanation of the fundraiser. Those present at the meeting were asked to pick up packets in the back of the room following the meeting.
- Vicki informed the group that in 2008 we would try a Tastefully Simple fundraiser. Profits are 35% of sales for this fundraiser.
- Vicki presented a check from NDDMA for \$500 to Janet Bratlie from Northwood Nursing Home for the "Adopt an Employee" from Northwood program. This program was started by NDLTCA following the devastating tornado that went through Northwood. Janet gave a brief update on the damage from the tornado and progress of the Northwood Nursing Home since the tornado.

Old Business:

- Heather talked about the national convention. There were great motivational speakers and great networking. Heather has worked with SD DMA president on finding speakers for their fall convention and on setting up a website.
- 2008 National Convention will be July 27th -31st in Philadelphia.

New Business:

- Chapter audit completed by Barb Meis was very positive. She said we were an exceptional chapter.
- The policy and procedure manual was reviewed. There were no changes. Policy and Procedure manual was approved as is.
- Heather informed the group that our State Achievement Award received 550 of 555 points. We received a platinum award.
- Heather informed the group of being asked if NDDMA would write an article and put it in the local paper on the DMA of the year. The membership group agreed that this was the responsibility of the facility.
- Heather explained the interest forms she had at the meeting asking members to sign up if they are interested in being an officer, on a committee or to help with the trade show or theme hospitality room. Informed group that membership would be separated from the president elect as there was too much time commitment doing both.
- Heather reviewed the goals for 2006-2008.
- Heather informed the group that she would send a "good luck" packet to students taking the CDM exam in the fall.
- Heather asked all members present to sign several cards. These will be presented to new members.
- Heather informed the group that the website will be updated. Some suggestions for additions to the website were the newsletter, volunteer forms and by-laws. Heather asked to give further suggestions to Wendy. The group shared fun activities they do at their facility throughout the year. Some of the shared ideas were a Steak Fry, Pitch Fork Fondue, Food Show, Ethnic Theme, Cowboy Days and Ladies' or Men's Luncheon.

The meeting was adjourned.

North Dakota DMA Budget for 2007-2008

Income	Last Year Actual 2006-2007	Last Year Budget 2006-2007	Next Year Budget 2007-2008
State Meeting Booth	\$ 2,000.00	\$ 2,000.00	\$ 2,000.00
State Meeting Booth	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00
State Meeting Booth	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00
State Meeting Booth	\$ 7.15	\$ 10.00	\$ 10.00
State Meeting Booth	\$ -	\$ -	\$ -
State Meeting Booth	\$ 2,992.98	\$ 4,000.00	\$ 4,000.00
Other	\$ 420.00	\$ -	\$ -
TOTAL INCOME	\$ 4,413.03	\$ 8,000.00	\$ 8,010.00

Expenses	Last Year Actual 2006-2007	Last Year Budget 2006-2007	Next Year Budget 2007-2008
Project Year: Basic Paper & Marketing Materials	\$ 240.85	\$ 350.00	\$ 350.00
Newsletter Expenses	\$ 464.77	\$ 600.00	\$ 600.00
College Printing Copies	\$ 25.84	\$ 200.00	\$ 200.00
Gifts and Box Signs	\$ 64.19	\$ 200.00	\$ 200.00
Member Convention Expenses	\$ 1,050.00	\$ 1,000.00	\$ 1,000.00
Member Expenses	\$ 346.50	\$ 500.00	\$ 500.00
Member	\$ -	\$ -	\$ -
State Meeting Booth	\$ 39.30	\$ 200.00	\$ 200.00
Member and Student	\$ 100.00	\$ 100.00	\$ 100.00
Member Expenses	\$ 1,094.54	\$ 1,200.00	\$ 1,200.00
Member Expenses	\$ 873.17	\$ 1,000.00	\$ 1,000.00
Member Expenses	\$ 388.00	\$ 500.00	\$ 500.00
Member Expenses	\$ 200.00	\$ 200.00	\$ -
TOTAL EXPENSES	\$ 6,604.16	\$ 11,250.00	\$ 10,250.00

EXPENSES ARE BUDGETED HIGHER THAN INCOME. THIS LEAVES INTO ACCOUNT A TREASURY BALANCE OF \$605.84.



*Pride in
Foodservice Week -
Feb. 4- 8, 2008*

**ND DMA
Executive Board Meeting Minutes
September 17, 2007
Bismarck N.D.**

Attendees included: Heather Weber, Lana Charvat, Vicki Dulmage, Ellen Schafer, Yvonne Foyt, Cheri Schroeder, Pat Heit, Wendy Wohlk, Charlie Eggert and Deb Anderson

President Heather Weber called the meeting to order

Secretary/Treasurer Report:

Deb Anderson Minutes from the last meeting were read and approved. Treasurer report was read and approved. 2006-2007 budgets reviewed. 2007-2008 budget revisions made. Revised budget was approved. Treasurer's books audited 9-1-06 through 8-3107. This is done annually.

President Elect/Membership Report: Lana Charvat Membership listing is updated. Lana gave an update on the members. Currently there are 120 members (90 certified, 1 retired, 16 students and 13 active) of ND DMA.

Newsletter/Historian Report: Cheryl Gartner-Boyce

Cheryl was unable to attend.

The newsletter came out last week. There were errors from the printer. The printer has been contacted on the errors.

Long Term Care is changing the time for DMA of the year. Because of this, the time of the newsletter will need to change.

We will need 3 newsletters annually in the future. We will need a newsletter in November or December asking for nominations of DMA and Administrator of the year, a newsletter in March or April with information on candidates running for office and a summer newsletter.

Will ask Cheryl to check into the newsletter online for those interested. Printing and postage for newsletters going up and also an additional newsletter needed annually. Nationals will help with this. The state of Georgia is already doing this.

Reminder to get information and/or pictures you may have for the newsletter to Cheryl. A picture of the members of the board will be taken for the newsletter after the meeting is adjourned.

LTC Committee Report: Ellen Schafer Ellen let the group know about the upcoming topics and speakers for the Spring 2008 convention.

Nominations/Awards Report: Pat Heit

• Pat indicated the need for 3 or 4 more members on the Nominations Committee. This would be to help count votes once a year. Will ask for volunteers at Membership Meeting on September 18th .

• Newsletter in November or December asking for nominations for CDM and Administrator of the Year. A letter will be sent to administrators informing them of the upcoming nominations for CDM of the year.
• Ballots will be out in a March newsletter for election of new officers.

Impact Team Report: Yvonne Foyt

• Yvonne is on a National Legislative Committee for Dietary Managers. She will be going to Washington DC on October 3 d and 4th to meet with Pomeroy, Dorgan and Conrad. The committee is trying to find a congressman to introduce a bill at the federal level promoting a Certified Dietary Manager be employed in nursing homes to protect seniors from food borne illness and promote food safety.

• A letter to administrators on "why to hire a certified dietary manager" will be sent out in January.

• We will need to order pens to hand out in the spring vendor booth.

Past-President/Fundraising: Vicki Dulmage

Heather has been working with Patty from Avon on getting tax-exempt status.

There is a new process this year.

Avon packets will be handed out at tomorrows membership meeting.

New fundraising ideas didn't come in from the spring membership meeting.

Vicki suggested putting a flyer together for the spring meeting. The flyer would include small cooking utensils and bake ware. Will also check into selling some Tastefully Simple items.

NDDMA will participate in the "Adopt an Employee" from

Northwood Nursing Home program. This was started by NDLTCA following the devastating tornado that went through their town. We will donate \$500 to Janet Bratlie the dietary manager at the nursing home. This will be presented to her at the membership meeting tomorrow.

Old Business:

• Heather attended the National Convention. She really enjoyed the convention. There were great speakers and great networking.

• Heather was introduced to the South Dakota Chapter President at the National Convention. That chapter is currently struggling. Heather is working with them to find speakers for their fall convention and to set up a website.

• Next National Convention in Philadelphia on July 27th - 31st, 2008.

New Business:

• Our State Achievement Aware scored 550 of 555 points. We missed 5 points in the Impact section. This will be easily corrected for next year. We received the platinum award. The diamond award went to a chapter that had been inactive and became active.

• Chapter audit done by Barb Meis was very positive. Barb reported the ND chapter is doing above and beyond what is expected of a small chapter.

• Annual Policy and Procedure review was completed. No new updates. Policy and Procedure Manual was approved.

• Heather had been asked if NDDMA would be responsible to write an article on the CDM of the year and put it in the local paper. It was discussed and decided the facility should be responsible to do this. There may be some CDM's that would not want it put in the local paper.

• Heather will pass around an interest form at the membership meeting. Members will be asked to sign up if they are interested in being a committee member or an officer.

• Heather reviewed the 2006-2008 goals for NDDMA.

• Heather and Wendy will be working on the website. Asking for suggestions from members what they would like to see on the website.

• Heather will send a "good luck" packet to students taking the CDM exam in the fall.

The meeting was adjourned.

NDDMA Treasurer's Report

May 2007 to September 2007

Balance on hand May 1, 2007	\$8,102.81
Income=	\$2,421.96
TOTAL	\$10,524.77
Expenses=	\$1,377.91

Balance on hand September 18, 2007 \$9,146.86

INCOME

Spring Conference Refund = \$2000
National Registration Refund = \$420
Interest Earned = \$1.96

EXPENSES

Fundraiser #1444 = \$106.00
Mileage = \$192.50
Student Dues (3) = \$105.00
NDLTC Banquet Tickets = \$60
Spring NDLTC Misc = 135.35
Airfare Nationals = \$354.80
Hotel Nationals = \$410.20
Postage for Mailings = \$14.06

FALL CONVENTION

These are pictures of the fall convention held in Bismarck, Sept 18 through the 21st.



Dates to Remember

Jan. 15- Deadline for Registration for the March 29 Credentialing Exam

Feb. 4- 8 – Pride In Foodservice Week

February is American Heart Month

March is National Nutrition Month

March 29 – Credentialing Exam – Grand Forks ,ND

April 29 – May 2 – North Dakota Long Term Care Spring Convention

May 11 - 17 is National Nursing Home Week

July 27 – 31 – Annual Meeting – Philadelphia

In Sympathy...

Diane Eider

Diane, a ND DMA member, passed away this winter.

Diane was born and raised in the Arvilla, ND, area. She was a very caring person and cared for her father and brothers and sisters after the death of her mother. Diane did work at Valley Memorial Homes for a time and was working at the Exchange at Grand Forks Air Base at the time of her death. Diane was always making baby afghans and did some quilting also and would give these as gifts to family and friends and she also would donate items to the Sox for Kids program in Northwood. Diane was always a cheerful person and full of fun. She would brighten anyone's day with a smile and a joke.

North Dakota



Nominations Form

To

Recognized Certified Dietary Manager Association Member of the year

This form can be used to nominate or have a nomination completed for you

Warning: This form can not be submitted.

Name

Submitted By

Name of Member

Work Address

Home Address

Work Experience

Date	Organization	Job
.....
.....

Please complete the nomination form and mail this form by Feb. 15, 2005 to:

Meeting Manager, DMAA, 138 Ave. N., Wahpeton, ND 58075

Administrator of the Year

Criteria used in determining candidates should be:

- A) Candidates who demonstrate an interest in and support of the association
- B) Candidates who encourage the member to attend all association meetings
- C) Candidates who support the member in health endeavors to be active in the association

This receipt of the application to the State Committee will allow the determination of the year and the DMAA will recommend further will be submitted and will be submitted to the administrator.

Application for Administrator of the Year Award

1. How does your administrator support you?
 - A.....
 - B.....
 - C.....
2. How does your administrator demonstrate awareness of DMAA and 2010 program?
 - A.....
 - B.....
 - C.....
3. How is your administrator receptive to your ideas?
 - A.....
 - B.....
 - C.....

Administrator:

Dietary Manager:

Facility Address:

Please contact the association for registration information: TEL: 701-338-7000 or

Meeting Manager, DMAA, 138 Ave. N., Wahpeton, ND 58075

**DMA TOLL FREE
NUMBER:
1-800-323-1908**

**Visit DMA'S
WEBSITE:**

<http://www.dmaonline.org>

**North Dakota's
DMA'S WEBSITE:**

<http://www.dmaonline.org/ND>

DMA MISSION STATEMENT

The Dietary Managers
Association is an
organization of
Professionals dedicated to
achieving excellence in
the food service industry.

North Dakota DMA Officers: 2008-2010

PRESIDENT

Heather Weber, CDM, CFPP
Work - (701) 795-5425 or
(800) 831-7318
Email - Heather.Weber@usfood.com or
hsweber@wah.midco.net

PRESIDENT-ELECT

Lana Charvat, CDM, CFPP
Work - (701) 223-2671
Email - LanaC@LifeAtTheView.com

SECRETARY / TREASURER

Debrah Anderson, CDM, CFPP
Work - (701) 227-7999
Email - deb.anderson@smphs.org

NEWSLETTER EDITOR

Cheryl Gartner-Boyce, CDM, CFPP
Work - (701) 764-5682
e-mail: cboyce@hthc.org

IMMEDIATE PAST

PRESIDENT/FUNDRAISING CHAIR
Vicki Dulmage, CDM, CFPP
Work - (800) 372-6245 ext. 857
Email: Vicki_Dulmage@fsafood.com

**FUNDRAISING COMMITTEE
MEMBERS:**
Nancy Retterath, CDM, CFPP

IMPACT TEAM

Yvonne Foyt, CDM, CFPP
Work - (701) 683-5239
Email - yfoyt@yahoo.com

MEMBERS OF COMMITTEE:
Claudia Rolph, CDM, CFPP

EDUCATION COMMITTEE CHAIR

Ellen Schafer, CDM, CFPP
Work - (701) 348-3242

EDUCATION COMMITTEE MEMBERS:

Wendy Haegele, CDM, CFPP
Bev Kennelly, Retired Member
Cheri Schroeder, CDM, CFPP
Olive Ann Turpin, CDM, CFPP

CONVENTION SET UP CHAIR

Lana Nelson, CDM, CFPP
Work - (701) 385-4296 ext. 339
Email: lamine@dnak.net

CONVENTION COMMITTEE MEMBERS:

Darlene Brown, CDM, CFPP
Lori King, CDM, CFPP
Brenda Seagren, CDM, CFPP

MEMBERSHIP &

NOMINATIONS/AWARDS CHAIR

Pat Heit, CDM, CFPP
39375 Hwy 10
Driscoll, ND 58532
Work - (701) 475-2257
Email: pheit@mohs.org

NOMINATIONS/AWARDS MEMBERS:

Brenda Seagren, CDM, CFPP
Website Coordinator
Wendy Haegele, CDM, CFPP
Work - (701) 754-2381
Email: wendbek@bektel.com



Dietary Managers Association
North Dakota

NDMA Newsletter Editor
Cheryl Gartner-Boyce, CDM, CFPP

FRST. STD.
U.S. POSTAGE
PAID
LAMOURE, ND 58458
PERMIT 196