

Inside:

Spring Meeting

The World of Birdhouses

This-n-That

Leadership

Pride in Food Service

Hunger Week

Officers

FYJ:

Did you know you can now find DMA on Twitter, Facebook, and LinkedIn?

New 2009 Food Code Available at www.fda.gov



www.dmaonline.org/MO/index.html



Dear DMA Members

I would like to take this opportunity to express my thanks and gratitude for your support and dedication to the DMA in 2009. It is because of all of you that our agenda was adhered to and our goals either met or exceeded. As we enter 2010, as your new president, I would like to ask what I can do to maintain that same level of support and dedication that will allow us to not only meet our goals, but, explore and expand into new territory to allow the DMA to become even more prominent to the industry.

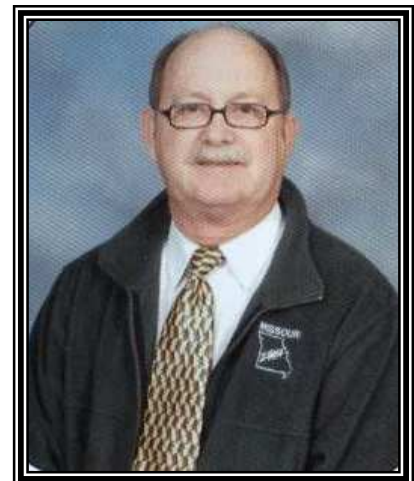
At our spring meeting at the Lodge of the Ozarks in Branson, Missouri, I hope to have the opportunity to meet with each of you on an individual basis and would appreciate any ideas and suggestions that you might offer.

Thanks to Angie Hough, CDM, our news letter is again in publication, however for it to be effective she will need information directly from your district, please offer your assistance with this. Angie works at the Missouri Rehab Center in Mount Vernon, Missouri and feel free to contact her at 417-461-5484.

Pam Boyd is the President Elect and I feel confident that she would enjoy meeting everyone personally at the spring meeting, I know without asking that you all will offer her the same support and consideration that you have to me.

Again, thank you for your support and for the opportunity to serve you.

Charlie L. Cagle CDM, CFPP



Charlie Cagle, Missouri State Chapter President



Flying High with DMA

2010 Spring Meeting & Workshop

Lodge of the Ozarks
Branson, Missouri

Wednesday, 21 April 2010 Room 251

2:00-4:00PM, Learning What it Takes to be a District Officer,
Mary Miller, CDM, CFPP, Debbie Padilla, CDM, CFPP, 2.0 General CEU
5:00PM- Adjournment, Board Meeting

Room 251

7:00-9:00PM, Staying On Track with Sanitation, Cathy Wheatley, CDM, CFPP,
Margaret Fish, CDM, CFPP (Prize for the winning team), 2.0 Sanitation CEU

Thursday, 22 April 2010, Club Vegas

07:00-08:15, Registration/Breakfast (Hotel Restaurant)
08:15-08:45, Charlie Cagle, CDM, CFPP, Presidents Welcome
08:45-10:15, David Oliver, Gerontologist,
University of Missouri, School of Medicine,

Why Won't Grandmother Eat.

10:15-10:30, Break

10:30-12:00, Sally Shaver, BS, MA, Ames, Iowa, Humor and Your Health,
Keeping Your Head Above Water

12:00-1:00, Lunch, (Hotel Catering)

1:00-1:30, Business meeting

1:30-3:00, Food Expo, Crystal Hall

3:00-4:00, Legislative Update, Glenna Johnson, CDM, CFPP, Jack Goodman,
State Representative

Friday, 23 April 2010, Club Vegas

07:00-08:15, Registration/Country Breakfast

08:15-08:30, Charlie Cagle, CDM, CFPP, Presidents Welcome

08:30-09:30, Sharon Sachenski, MA, RD, Healthcare Specialist,
Vitality Food Service, A Person Directed Dining Model

09:30-09:45, Break

09:45-10:45, Roger Eilts, BA,

Food Service Specialists, Springfield, Using Herbs & Spices

10:45-11:45, Linda Rapue, MHSA, RD, LD,

Healthcare Manager, SYSCO, Kansas City,

Culture Change

11:45-12:30, Evaluation, State & District Raffles

12:30-Adjournment w/ To Go Lunch

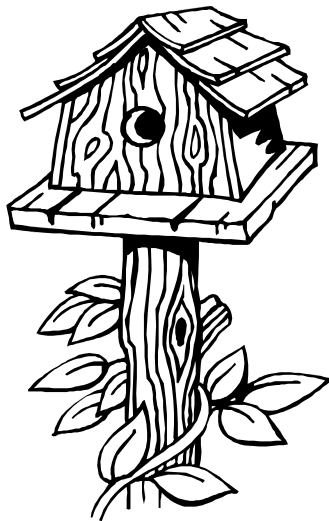
Total 9 Gen. CEU's, 1.5 Food Show, 2 Sanitation

Hotel Accommodations:

Lodge of the Ozarks

3431 W. 76 Country Boulevard
Branson, MO 65616
(417) 334-7535
www.lodgeoftheozarks.com

**Reserve by April 6, 2010 to ensure our premium rate:
\$79.00/night**



2010 Missouri Spring Meeting Registration:

Name: _____

Member #: _____

Address: _____

District: _____

Phone: _____

Facility Name: _____

Facility Phone: _____

Facility Email: _____

Dates Attending: ___ Wednesday, Apr. 21 ___ Thursday, Apr. 22 ___ Friday, Apr 23

Interested in the Leadership Session, Wednesday Apr. 22, 2-4 p.m.? _____

Cost:

Members:

Students/First Timers: \$35.00

\$65.00 **postmarked by APRIL 6, 2010**

Retirees: Free

\$75.00 after April 6

Please send check or money order, payable to **MO DMA**, with the registration form to:

Marsha Lutjen, CDM,CFPP
23765 Butterfield Trail
Warsaw, MO 65355
(660)547-3071

Missouri



Would like to thank the following vendors & brokers:

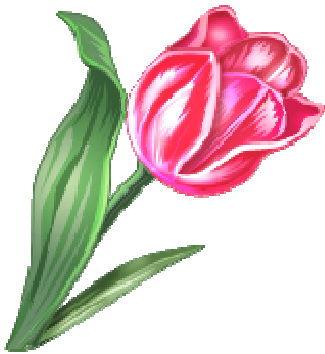
SYSCO
Vitality
Folgers
Food Service Specialists
Menu Marketing

Missouri DMA Wants YOU!

Have you ever just sat there, staring off into space, thinking “Man, I would really like to help with DMA! I could do ...” or “I know a guy who knows a guy that would ...”? And then you stop and think “I don’t know enough about the duties or functions to feel I could make a difference. I’m sure there are probably others more qualified than me anyway.”



Spring is the season of new beginnings, and now is your chance to “Fly Away with DMA.” Enhance and enrich your DMA experiences by getting involved, at your district level, as well as the state level. There are many opportunities in which our district and state Chapter(s) would value the experience and knowledge each of us possess. During the 2010 Spring Meeting and Workshop in Branson, there will be a chance to hear from officers, past and present. They will share how their experiences have enriched their daily lives, and will motivate you to sharing the great skills each of you may be able to contribute. They will encourage and cultivate future leaders and officers.



Leadership is a gift that should be shared with many. Allow your talents to be like spring flowers and open those petals wide for all to see. Please join us Wednesday afternoon, April 21, 2010 @ 2 p.m., in Branson, for an energetic and empowering session for those who would like to become more involved in leadership within the organization in the future. As our theme implies, lets ALL “Fly Away with DMA” this year!

Please indicate your desire to attend on the registration form found on page 3 of this publication. It’s going to be a great beginning to an exciting journey!

Pride in Food Service Week ***February 1-5, 2010***

Show off your pride by sending photos, along with a short story, about how you celebrated Pride in Food Service Week. Below are a few photos of appreciation luncheon prepared for Dietary staff at the Missouri Rehab Center by Julie Morrison, CDM student. The assignment was to plan, create, prepare, and serve a catered event. All were invited to enjoy a colorful Italian meal, complete with their choice of sauces and desserts. Including Julie, MRC has a total of 3 students currently working their way through the Certified Dietary Managers course.



Luscious Desserts
Photo taken by Julie Morrison



Julie Morrison, Student
Food Service Supervisor



The Italian Meal
Photo taken by Julie Morrison

Hunger Week ***April 12-16, 2010***

Below are a few photos of District 6 members, submitted by Wayne Foster CDM, CFPP, as they volunteered March 18, 2009. March 12, 2010, they will be at the Kitchen in Springfield, MO.



Characteristic of Great Leaders: Could This Be You?

L T Q O I A N D D D Z T P Y W C Q R I E M L L Y A E Y D E D
 D A K E V H D R T N V Q Y A K A V O H Z E Z V E V H L E S E
 O E N Z S C K G S V C T W Z Y F N Z E E B K I I T X M T I V
 Q R T O T N E M E V E I H C A J T N C O S X T R C E J E C O
 X O I A I U U Z O L A W J R N Y Q X E M U C O B C U V R N T
 D M H G C S V E F Y T A C K I P Q G S A U W V N M E H M O E
 L E V Z I I S B R A I N S T O R M E R R T S E E S I V I C D
 W Y T B X N D E G F J V W J Z U A E T S F T N Q Z X S N J C
 H C T T L J A E F V C D M E G K U S U F U A J O T O Q E E Y
 D O U N I W V L D O T U Q U J Q N R D E T I C X E H L D S V
 I X N U J M L R M W R O O L F O T A A V E F L Q Q I Z V X R
 F K I E G X M K L U W P Y O C M A B X O M S X A D C I M V E
 Z B H J S M B O V N C I B D S K J U E Z T M B W X R K A C S
 Q F C X T T U Q C J R P U F G P U P F O T I G C N L G E J P
 A D P H D O B Q E N T H U S I A S T I C C U J R E I L R S E
 T X N E A H B W L J M X R Z R E S P E C T A B L E B E A U C
 B U V X D L F F J N G X A I T Z G N V Z Z P D R A S I J O T
 G D S P F G L A T H M Z A K T N N T O A T B Q E P X Z C E F
 E X G E L D N E O K Z C R U B L C N W E P A G O N B W W G U
 S Q D C M Q P K N I J X P E V I T A E R C D N H A S Q G A L
 N S W T P C B L J G P M R P T U T S G T E S U I Y R I P R F
 E G U A V R N I Q J I L S E B W J Q J L I X S G O E X M U C
 S J M T S T M V G P N N E I W U G I W B F D R H H B R C O B
 Q G I I N G R N L H T Y G Q Y H D O L A G J S H T U B R C K
 S R C O U X O G U O J W F O P S N E K E O Q G T X U A I I P
 P W F N T R X V X G T L A M W K X E K C K I H O A C D J E W
 K D K S T U E N I D W K X R N S M B P E K M S W J B S Y S J
 G C J S J T K E Z W K R Q Z A Y Q R B R W X W C L X L A J S
 C R C R E X F G T G B I Z S S N I X L Q E H V A V B L E M O
 V P E K U O Z I G O X V D Y Y N Y H A C U D J P Z U X U M K

Locate each of the traits listed below within the puzzle.
 (Solution on page 5 of this publication)

BRAINSTORMER
 CHALLENGING
 COMMITTED
 CONCISE
 CONSTRUCTIVE
 COURAGEOUS
 CREATIVE
 DEDICATED
 DETERMINED
 DEVOTED
 ENTHUSIASTIC
 EXCITED

HIGH EXPECTATIONS
 HONEST
 KNOWLEDGEABLE
 ORIGINAL
 PROFESSIONAL
 RESPECTABLE
 RESPECTFUL
 RESPONSIBLE
 SENSE OF ACHIEVEMENT
 STABLE
 STRONG
 TRUSTWORTHY

Missouri DMA Officers

Contact Information

Please feel free to contact any one of us. We are here to help you succeed as a Dietary Manager!

President

Charlie Cagle CDM, CFPP
Hillsboro, MO
Home: (314) 789-4607
Work: (314) 353-7225 ext 106
charlie9420@yahoo.com

President-Elect

Pam Boyd CDM, CFPP
St. Louis, MO
Work: (314) 741-9101
boystuff@aol.com

Secretary

Cathy Wheatley CDM, CFPP
Windsor, MO
Home: (660) 525-1112
Work: (660) 647-2182
cwheatley@pbhc.org

Treasurer

Marsha Lutjen CDM, CFPP
Warsaw, MO
Home: (660) 547-3071
Work: (573) 893-3000 ext 193
mlutjen@menumakerfoods.com

Immediate Past President

Mary Miller CDM, CFPP
Hannibal, MO
Home: (573) 406-1184
Work: (573) 209-3615
mmiller@marktwain.net

News Letter Editor

Angie Hough CDM, CFPP
Miller, MO
Home: (417) 379-5461
Work: (417) 461-5484
hougha@health.missouri.edu

Ways & Means

Ralph Pace CDM, CFPP
St. Louis, MO 63111
Home: (314) 416-8897
Work: (314) 353-7225
rpace@stlouisaltenheim.com

Program Chair

Wayne Foster CDM, CFPP
Devils Elbow, MO
Home: (573) 336-3346
Work: (573) 329-1909
wayne.foster@amedd.army.mil

Travel Coordinator

Cathy Wheatley CDM, CFPP

Spokesperson (Impact)

Glenna Johnson CDM, CFPP
Everton, MO
Home: (417) 860-8320

Webmaster

Debra Padilla CDM, CFPP
Mt. Vernon, MO
Home: (417) 461-4460
Work: (417) 461-5486
debcdm@yahoo.com

Teller

Pat Bauer CDM, CFPP
Appleton City, MO
Home: (660) 476-2321
Work: (417) 876-2531

Education & Membership

Judy Green CDM, CFPP
Cuba, MO
Home: (573) 885-0599
Work: (573) 775-5815 ext 120

Missouri Dietery Managers Association
Angie Hough CDM, CRPP
308 E. 4th St.
Miller, MO 65707

Fly Away With DMA in 2010

Enclosed is your personal invitation to a fun and exciting Missouri State DMA Spring Meeting, April 21-23, 2010

