

DMAME Newsletter



What's on the Menu for the Dietary Managers Association of Maine



FROM THE PRESIDENT

Hello Maine Dietary Managers,

The summer is gone, the harvest has come in and winter is fast approaching. Maine DMA has made more accomplishments this year. We had a few

members attend the national meeting, we received the Platinum State Achievement Award for 2007-2008 and a Certificate of Achievement for completion of the DMA Newsletter Award. The newsletter award was presented to Diana Carey as the Newsletter Editor. Congratulations to Maine DMA members for all your hard work. Only a TEAM of volunteers can achieve these types of accomplishments.

We also held a summer meeting at Calais Regional Hospital with over twenty people attending. We would like to thank Susan Casey and Heather Rambjor for hosting the meeting at the hospital.

We need to thank all the student members this year that have shown interest in our organization and that have attended meetings. This is great exposure for new membership.

Our fall meeting is going to be very successful as the agenda is attracting many responses from both, members, non-members and students.

Please mark your calendars for our Spring Workshop at Verillo's Convention Center on April 17, 2009 with Becky Dorner as our guest speaker. We are looking at a great topic to review "The Obesity Challenge". Stay tuned for more information as we move into 2009.

As we all continue to move through the rest of 2008 the challenge in front of us is the unstable economy and continuous price increase in all food, paper and cleaning products. How do we control them. How can we reduce them. How do we meet budget. How do we control our own household budgets. In all cases take a step back and look at where you can save the pennies as the pennies will add up to larger dollars. Ask your major food suppliers to assist you in looking at your top fifty or one hundred volume items you purchase. Tell them to find comparable quality items that might save some small amounts of pennies that add up to big dollars. I did this back in April and was able to, so far, reduce the dietary budget by \$ 25,000. So far, even with that budget reduction I am still on budget. It can be done, but it is very hard work.

We'll take care everyone—and enjoy the upcoming holidays.

DAVID F. KESSLER, CDM, CFPP
President, Dietary Managers Association of Maine

There's more online at www.dmaonline.org/ME

Mark your calendars ...

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for the Dietary Managers
Association of Maine

Winter 2009

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Dates to Remember

Spring Conference

April 17, 2009

Verrillo's Convention Center, Portland, Maine

Summer Conference

June 11, 2009

Franklin Memorial Hospital, Farmington, Maine

National DMA Conference

August 9 – 13, 2009

Hyatt Regency Hotel, Atlanta, Georgia

Fall Conference

October 2009—Date to be Determined

PFG North Center Food Service

*Please remember to visit the Maine DMA website to review
all that is happening in Maine and find the ongoing updated dates
for conferences in 2009*

Need more info? Contact David Kessler by
email dkessler@thecedarsportland.org
or call (207) 221-7170

Welcome New Members!

Congratulations to our newest members and
student members!

Sherry Hall

Christa Parker

Joyce Pelletier

Jeanne Singer

Jared Antill

Barbara Haskell

Jane Keene

Lisa Smith

Veronica Roy

DMA's Mission

Dietary Managers Association (DMA) is a national not-for-profit association established in 1960 that today represents more than 14,000 professionals dedicated to the mission of providing optimum nutritional care through foodservice management.

DMA is the premier professional organization for food service managers, directors, and those aspiring to careers in food service management - particularly in healthcare and other non-commercial food service settings. DMA achieves its mission through networking, education, research and advocacy. The association provides food service reference, publications and resources, employment services for members, continuing education and professional development, and a certification program.

DMA members are employed in the following areas of food service:

Nursing Homes 53%
Hospitals 21%
Assisted Living 17%
Schools 5%
Correctional Facilities 3%
Other 1%

Learn more online at
www.dmaonline.org/ME.



Maine DMA's State Benefit Project

At our fall meeting David Kessler challenged the members attending the meeting to identify a project that would benefit people in the state of Maine in need.

Since we are an organization that has our roots deep in food, what better idea than the do something related to food.

After much discussion it was voted as follows:

- Our project would be to raise money to donate to The Good Shepard Food Bank through various fund raisers.
- Bonnie McAlister will be the committee chair on this project and she will have four other members volunteering their time to assist in the project.
- Bonnie will communicate the ideas to the state board which in turn will communicate to all Maine members.
- The membership voted to have our chapter donate a sum of \$ 500.00 to the project.
- The total gift will be presented to a representative of The Good Shepard Food Bank at our spring workshop at Verrillo's Convention Center, in Portland, Maine on April 17, 2009.
- We would like all Maine chapter members to think of ways to raise money for this cause also.

This type of project will also get the Maine Dietary Manager Association name out there and expose us to many more people, businesses and healthcare organizations as to who we are and what we do.



Make your gift At gsfb.org!

Make our Chapter gift just the beginning. Visit The Good Shepard Food Bank website at www.gsfb.org and click on the "Please Donate" button. Give your gift in honor of DMA!

Did you know that \$25 will feed a family of three for over a month? That \$50 becomes 244 meals? That \$100 becomes 488 meals? Every donation counts—and shows our investment in our community.

Get your CDM online!

Become a Certified Dietary Manager online or by mail through the University of North Dakota's Continuing Education department.

Reasonable tuition, convenience, expert instruction and experience are just some of the benefits to achieving your CDM.

For this and other educational opportunities, check the Maine DMA website!



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